

# 2017-2018 WASHINGTON BLUE LION VOLLEYBALL DATES

## FREE PHYSICALS

**Monday June 5<sup>th</sup> @ 5pm**

There will be physicals offered for athletes in grades 7-12 in the Medical Arts Building 1.  
Physical Form must be brought filled out and signed by parent/guardian

## OPEN GYM @ WCHCS HIGH SCHOOL

Tues-Thurs 6-8PM starting June 6th

## JUNIOR HIGH CAMP (6<sup>TH</sup>, 7<sup>TH</sup> AND 8<sup>TH</sup> GRADES)

June 19<sup>th</sup>- Session I: 12pm-3pm

June 20<sup>th</sup>- Session II: 12pm-3pm

June 21<sup>st</sup> – Session III: 12pm-3pm

## HIGH SCHOOL CAMP (9<sup>TH</sup>, 10<sup>TH</sup>, 11<sup>TH</sup> AND 12<sup>TH</sup> GRADES)

June 19<sup>th</sup>- Session I: 4pm-7pm

June 20<sup>th</sup>- Session II: 9am-11:30am

June 20<sup>th</sup>- Session III: 4pm-7pm

## CONDITIONING

JULY 24th-July 28<sup>th</sup> (may change)

## TRYOUTS

Must have physicals and registered on 8to18 by Aug. 1<sup>st</sup> to attend

AUGUST 1st-3rd 6-9PM

*\*No Weight Lifting or Plyo\**

## PRACTICE

AUGUST 4th: 6-9PM

## SEASON BEGINS

Scrimmages- TBA

AUGUST 21<sup>st</sup> – Waverly – Home Opener

Schedules are posted on school's Athletic Calendar.

Head Coach: Ashley DeAtley: 740-505-6593

Facebook: [www.facebook.com/BlueLionsGirlsVolleyball](http://www.facebook.com/BlueLionsGirlsVolleyball)

Twitter: @BlueLionVB