

Calamity Day Practice Schedule

In the event that there is a calamity day the following practice schedule will be followed.

No Junior High Practice for any sport

No Freshman Basketball Practice

Varsity Boys Basketball will practice: 1 - 3

Varsity Wrestling Practice 1 – 3

Varsity Cheerleading 3 - 5

Varsity Girls Basketball will practice: 3 – 5

Swimming is normal practice schedule

Weightlifting is 3 – 5

Girls and Boys Bowling is 3 – 5

In the event that the administration feels that the weather is too bad to practice, Head Coaches will be notified by 11:00AM.

Check the Athletic Department website for updates.

Practice on calamity days are optional.