

High Jump Procedures

Provided Equipment: Measuring tape; jumping system.

Provided Supplies: Clipboard, scoring forms, pen, stopwatch

Event Runner's Role

To supervise the safety of all competitors during the warm-up and competition, and to accurately measure/record each jump.

Sign Ups:

1. During sign ups, record each grade and gender on a different sheet (six or more sheets). Record Last Name, Competitor Number, School Name.
2. Inform competitors that they will compete in the same sequence in which they are signed-up. Line up athletes, as that will reduce confusion.
3. At the start of each division competition conduct a quick Official's Meeting to explain procedures.

Competition Procedures

1. Each competitor will receive a total of three attempts at each height.
2. The bar is raised up 2" each round and the starting heights are:
 - 6th Grade Girls start at 3'06"
 - 7th Grade Girls start at 3'08"
 - 8th Grade Girls start at 3'10"
 - 6th Grade Boys start at 3'08"
 - 7th Grade Boys start at 3'10"
 - 8th Grade Boys start at 4'00"
3. Athletes must check out with officials to compete in another event and have 10 minutes to check back in. The bar will not rise during that time.
4. Athletes may choose to pass heights - if they have not returned from another event after 10 minutes, they choose to pass the height.
5. The bar is not to be lowered under any circumstances. It only goes up.
6. A player is eliminated once they have had three fouls at any one height.

Measurement

Each time the bar is raised, the height of the bar should be measured from the ground to the top of the middle of the bar. Do not rely on the standards for knowing the height.

Time Limit

Time limit is 1 minute. Attempt must be started within the time limit.

Fouls

A foul jump is not measured, but is counted one of the three attempts. It is a foul if the competitor:

- takes off from two feet
- displaces the cross bar in an attempt to clear it
- touches the ground or landing area beyond the plane of the bar without attempting to clear the height
- after clearing the bar, stumbles against the upright and displaces the cross bar
- after clearing the bar, attempts to steady the cross bar

Safety

Check the location of the standards and supervise every practice attempt.

Calls

The following calls are made:

- Up – the current jumper is announced (“Smith is Up”)
- On Deck – the jumper who will jump after the current jumper is alerted (“Smith is up, Jones is on deck ”)
- On Hold – the third jumper in the group is alerted (“Smith is up, Jones is on deck and Baker is on hold ”)

Tie-Breakers

The fewest total trials at the height at which the tie occurs shall be awarded the higher place. If that is a tie as well, the fewest total number of unsuccessful trials throughout the entire competition shall be awarded the higher place.

Awards

Please score the division as soon as it is completed. Gather the athletes and handout awards. If an athlete is not present, label the award with their complete name and school and return it to the scoring table. Indicate on recording sheet athletes have received their award and return score sheet to results table.

TOP 6 GO TO COUNTY NEXT THURSDAY, MAY 18TH AT WILLOW GLEN HS.

