

DGN Athena Halftime Performance and Competition Dance Team



If the idea of involvement in your school, building friendships, and taking your dance abilities to the next level interests you, then this team is for YOU! During the season, team members dedicate 10-15 hours per week toward practice, training, games and events. A background in dance technique is preferred for placement on this team; however, any individual with a strong work ethic and desire to learn is an asset.

Open Auditions

**All new prospects as well as returning Athena
dance team members:**

CLINIC: April 15th. 6-9pm

CLINIC: April 16th. 6:30-9pm

TRYOUTS: April 17th 4-8pm

Where: DGN Field House

Varsity Coach: Dee Dee Johnson: deedee@batailledanse.com

JV Coach: Paulina and Angelina Crescimone: JV Athenas@gmail.com

****RETURNING ATHENA MEMBERS: you are expected to bring your complete football uniform to tryouts to turn back in. The uniform (shell, skirt, under armor) should be washed and hung on a hanger****

See you there 😊

Please carefully read this information packet. Applicants without this signed agreement or do not have all forms completed will NOT be considered for placement on this team. Points will be docked.

Who we are:

The DGN Athenas are a halftime performance and competition dance team that recognized by the IHSA as a competitive sport. Placement on either team is determined by ability not grade level. The Athenas also participate in halftime performances during home football and basketball games, community service, fundraising and numerous performances throughout the community.

Costs:

- Warm-ups approximately \$100
- Camp attire approximately \$100
- Summer camp, fall/winter athletic fees
- Varsity Only- UDA camp approximately \$350
- Basketball/performance uniform approximately \$100
- Shoes, tights, undergarments
- Make up & accessories \$50

Costuming, shell & skirt school uniform, and competition fees are paid through fundraising throughout season. **Missing planned, fundraising events will result in a fine to help cover your portion of the raised money.** Please note however, that there may be additional costs throughout the season.

Posting: Rosters will be available on the Athena website once teams have been decided.

Note that placement on this team is based on the level of ability and not grade level.

A spot on either team does not guarantee placement in performances or competition routines.

Please visit <http://dgnathenas.jigsy.com> for more information about the program.

Junior Varsity Suggested Skills

Ability to properly execute the skill or inability to properly execute does not “make or break” your position on the team

- Splits both right & left
- Double pirouette (a clean single may be considered)
- Right & left leaps
- Toe touch (Russian)
- High kick combination: high, fans, killers
- Chaîne/pique turns in combination

Varsity Suggested Skills

Ability to properly execute the skill or inability to properly execute does not “make or break” your position on the team

- Triple Pirouette
- A la seconds; performed with correct timing and completed with a double pirouette
- Right and Left Splits
- Right and Left Leg Hold
- Leg grab turn (needle) on either right or left
- Extension (preferred leg)
- High kick combination: high, fans, killers
- Right and left leap performed correctly in a full extended split
- Right and left switch leap
- Right and left leap in second (center)
- Toe touch (Russian) with height
- Turning center
- Calypso leap

- Please share with us headstands/handstands or any gymnastic/acro stunting. ONLY if it can be performed safely and with control.

Above skills are **suggested**. If potential is exhibited, that is considered

Appearance: It is important to have a clean and neat appearance. Hair should be pulled away from the face and excess jewelry should be left at home. All participants should wear flexible dance or exercise attire. Shoes are also a **must**. Any type of dance or athletic shoe is acceptable. Midriffs need to be covered and attire should adhere to the school dress code.

The coaches along with several other adults with dance background will be assessing the try out. **The Junior Varsity & Varsity coaches have the right to dismiss any participant who demonstrates lack of ability as well as accept any individual showing motivation, showmanship and potential within skills.**

Please check off and make sure you have the following completed by the first clinic:

- **Current physical**
- **Athletic code signed (online)**
- **Signed audition agreement (see below)**

The Athena Dance Team is a great way to become involved, build friendships, gain leadership, responsibility & character through dance. Academics are priority however; please also understand that the Athena Dance Program requires daily practice and weekend participation during football, basketball and competition season.

If chosen for either squad, placement in performances and competition routines is based upon execution of choreography, technique, performance, and attitude.

How to Register

(ALL DANCERS AUDITIONING MUST BE REGISTERED BEFORE TRYOUTS):

1. Go to the DGN Webpage (<http://www.csd99.org/north>)
2. Click on the “Athletics” Tab
3. Click on the “Registration” Tab
4. If you are not already signed up for an 8to18 account, please create one. If you have one already, please log in.
5. Once logged in, click on “Begin Registration”. The option for Athenas should pop up.

