

Downers Grove North Athlete and Parent:

Community High School District 99 and the Illinois High School Association have specific mandates we must adhere to each school year.

Attached are links to provide you with information and a verification process to record that we are all in compliance with these mandates.

These requirements have to be completed once each school year.

NEW:

If you are a family with multiple athletes, please complete the links with every athlete at the same time. Verify for one athlete, then, send an e-mail to [Jolie Fredette](#) with names of other athletes and she will verify them for you. (If you prefer to let each athlete view and verify, you can do that as well.)

If you have any questions, please contact our office at 630-795-8417.

Thank you,
Denise Kavanaugh
Athletic Director
Downers Grove North

(You do not have to view all links at one time)

Directions:

Please click on [Athletic Information](#) Video and [Student Assistance Coordinator Message](#) link to begin.

After viewing the Athletic Information Video, return to this e-mail and click on [IHSA steroid video](#) link.

After viewing the steroid video, return to this e-mail and click on [IHSA concussion link](#).

After completing the three presentations, return to this e-mail and click on [Verification Link \(form\)](#)-follow directions to get credit for participation.