

December 4, 2020

Viking Families,

As you know, the state of Illinois is still in Tier 3 Resurgence Mitigations. Until those are lifted, all athletic activities will remain paused. The IHSA Board had an update discussion on Dec. 2<sup>nd</sup>. Click [here](#) for the full update. Most pertinent in their discussion is the hope to be able to restart low-risk winter sports after the New Year. The IHSA does not anticipate any sports restarting prior to Jan. 1<sup>st</sup>. Also, the Board determined that schools are able to decide whether or not their weight rooms fit the criteria of a health or fitness club under the Tier 3 Mitigations. We are happy to report that we have rented our space to Brad Leshinske and Primetime Sports Performance to operate a fitness center out of our Grunhard Fitness Center. He will be communicating opportunities for our student-athletes to work-out in the GFC over the next couple of weeks.

The IHSA Board will have a full meeting on Dec. 14<sup>th</sup>. We really hope to have some answers on what the winter season will look like and if there will be any other changes to the sports seasons for the rest of the school year. As always, we will continue to provide updates as they become available.

In the meantime, I encourage all of our student-athletes to contain to work on your skills at home and be ready for the resumption of athletics. You all have shown a tremendous amount of resiliency and we are proud of the work you have put in despite all of the uncertainty.

Regards,

Tim Chandler, CMAA  
Athletic Director