

2020-2021 Athletics and Extracurricular Activities Code of Conduct

The Board of Education and staff of Roxana Community Unit School District No. 1 have adopted this Extra-curricular Code which applies to all students in grades 6-12 who currently or may, in the future, participate in extra-curricular, athletic, IHSA, or IESA sponsored activities. This Code stands in addition to other policies, rules and regulations concerning student conduct and imposes additional requirements on extra-curricular participants in addition to school disciplinary procedures.

RCUSD believes in and is committed to the idea that interscholastic competition in athletics is an important part of the school curriculum and plays a vital role in the development of young men and women. Athletics are also an educational experience beneficial to all and thus participation in an athletic program can contribute to the development of physical health and mental wellbeing. All athletic activities in the School District shall be coordinated with the general instructional program and be in complete harmony with all the aims and objectives of the total school program. A good athletic program is one which teaches those who participate, that cooperation, as well as competition, are important parts of the society in which they live. An athletic program, properly administered, should teach victory and the acceptance of defeat and keep both in their proper perspective. To the degree that the athletic program succeeds in any of the above, is the degree to which that program is a success. Innovation is encouraged and thus individuality of coaches and the special relationships developed with their athletes is recognized. It is expected that all concerned will be aware of certain basic methods of operation and rules of conduct that must be abided by. Adherence to these few minimal rules will insure the best possible co-curricular experience for all students participating in our athletic program.

Roxana Senior High School believes in and is committed to the idea that interscholastic competition in athletics is an important part of the school curriculum and plays a vital role in the development of young men and women. Athletics are also an educational experience beneficial to all and thus participation in an athletic program can contribute to the development of physical health and mental wellbeing. All athletic activities in the School District shall be coordinated with the general instructional program and be in complete harmony with all the aims and objectives of the total school program. A good athletic program is one which teaches those who participate, that cooperation, as well as competition, are important parts of the society in which they live. An athletic program, properly administered, should teach victory and the acceptance of defeat and keep both in their proper perspective. To the degree that the athletic program succeeds in any of the above, is the degree to which that program is a success. Innovation is encouraged and thus individuality of coaches and the special relationships developed with their athletes is recognized. It is expected that all concerned will be aware of certain basic methods of operation and rules of conduct that must be abided by. Adherence to these few minimal rules will insure the best possible co-curricular experience for all students participating in our athletic program.

Extra-Curricular Participant (9:20)

Any boy or girl enrolled in grades 6 through 8 at Roxana Junior High School or grades 9 through 12 at Roxana High School, or who otherwise has authorized administrative permission to participate and who is participating and/or intends to participate in any extra-curricular activity, interscholastic sport, or IHSA sponsored activity approved by the Roxana Community Unit School District No. 1.

For high school students, selection of members or participants is at the discretion of the teachers, sponsors, or coaches, provided that the selection criteria conform to the District's policies. Participation in co-curricular activities is dependent upon course selection and successful progress in those courses. In order to be eligible to participate in any school-sponsored or school-supported athletic or extracurricular activity, a student must maintain a passing grade in six (6) courses. Any student-participant failing to meet these academic criteria shall be suspended from the activity for 7 calendar days.

Extra-Curricular Activity (9:30)

Activity means any tryout, practice, game, event, camp, contest, competition, tournament, match or recreation connected to the conduct of an extra-curricular function, including school sponsored weight training, summer league, camp or open gym. Activities include, but are not limited to, the following:

All athletic activities (including cheer and dance), as well as extra-curricular activities and clubs, including, but not limited to Scholar Bowl, IHSA band and choral contests, theatre productions, Homecoming/Prom/TWIRP Courts, Student Council, National Honor Society, Science Olympiad, and WYSE.

Team Membership Limitations (9:40)

We believe that every team and organization be composed of as many members as possible and that each member participate to the greatest extent as possible so long as these numbers do not prohibit or impair the intent of the activity and detract from the capabilities of a coach or sponsor to perform his/her duties while providing time for active and contributory participation of team members.

Coaches at any level may conduct tryouts. Coaches may limit team members based on the following criteria:

1. Availability of personnel in sufficient numbers to ensure adequate supervision and safety of participants
2. Character and personality of the individual
3. Work habits and loyalty to the program(s)
4. Positions needed for the team or activity
5. Final determination on an athlete's team membership will be made by the district athletic director

Communication

Parents have a right to be informed about the program their son/daughter is involved in. Parents, coaches, sponsors, and administration should act as a support group for the welfare of the student.

Pre-season Meeting for Athletics

Coaches/Sponsors shall have a pre-season meeting with parents and athletes. The purpose of the pre-season meeting is to promote cooperation and understanding between the parents, athletes, and coaching staff. It is MANDATORY that a parent or guardian attends the preseason meeting and HIGHLY RECOMMENDED that the athlete attend. Parental attendance is required so all parties are fully aware of the rules and regulations of the athletic activity.

Communication from the Coach/Sponsor

Good communication is essential to the success of a program. Therefore, parents can expect the following communication from the coach/sponsor:

1. Philosophy, goals, and rules of the activity
2. Expectations of participants
3. Location and time of practices
4. Expected financial obligations for fees, fundraising, special equipment, etc.
5. Attendance, discipline, and varsity lettering policies

Communication from the Parent/Guardian/Fan

Successful relationships are formed between the coach, parent, guardian, and fan by showing:

1. Support and respect for all participants (including all officials and workers)
2. Good sportsmanship at all times (KNOW YOUR ROLE)
3. Courteous and appropriate communication
4. Notification of scheduled absences is given well in advance of an event.

Scheduled Conferences Required

It is recognized that situations may arise when a parent needs to discuss an issue with the coach. Open communication is encouraged, but this communication should follow guidelines to prevent potential conflict. Appropriate discussions with the coach/sponsor should include how to help your son/daughter improve through academics, skill and strength development. Parents/guardians should ask how to improve through summer and off season programs. Behavioral concerns and concerns with your child's social development can be brought to the coach/sponsor's attention. Issues that are not appropriate to discuss include game strategy, play calling, playing time, and other participants in the activity. The following procedure should be followed to help promote a resolution to issues of concern:

1. **Do not** confront the coach/sponsor with a concern immediately before or after an event.
2. Call Stephanie Palmer, Athletic Secretary, at 254-7553 to leave a message for the coach to contact you.
3. Call Mark Briggs, District Athletic Director, at 254-7553 if the coach does not respond in a reasonable time.
4. If needed, a conference between the parent/guardian, coach, and district athletic director or principal may be scheduled.

Conference and IHSA Affiliation (9:60)

Roxana High School is a member of the South Central Conference (SCC) and the Illinois High School Association (IHSA).

Requirements for Participation in Athletics (9:70)

A student must have the following fully executed documents on file at the school office wherein the athlete is in attendance before the athlete's first participation in any activity:

1. A current physical examination report completed by a physician licensed in Illinois to practice medicine in all its branches which finds the participant is physically able to participate. The physical is current if it is dated within 395 days of the last date of participation in any given activity. The physical must not expire during the dates of participation in that activity.
2. Proof the athlete is covered by medical insurance.
3. A receipt showing the participant and his/her parent(s)/guardian(s) received a copy of the Extra-Curricular Code, understand the terms of the Code, and agree to abide by its terms and conditions.
4. A receipt showing the participant and his/her parent(s)/guardian(s) received concussion information each school year.

Academic Eligibility for IHSA (9:80)

Eligibility for most athletics is also governed by the rules of the South Central Conference for high school students and the Illinois High School Association and if applicable, these rules will apply in addition to this Athletic Code. In a case of a conflict between the conference, IHSA, and this Athletic Code, the most stringent rule will be enforced.

High School Athletic Academic Eligibility (9-12)

To retain eligibility, a student must have passed a minimum of 3.5 semester hours of academic course work in the semester preceding his or her eligibility and must have passed 3.5 semester hours of academic course work in the week preceding his or her eligibility.

After School Tutoring Policy

1. Tutoring for athletes may be required each week, whenever deemed necessary by the coach.
2. Tutoring will have to be worked out with individual teachers, coaches, and student athletes.
3. If there is a shortened week due to a holiday, weather cancellation, or other unforeseen circumstance, the principal/athletic director/coach may allow for alterations to the tutoring procedures.

Absence from School/Truancy/Suspension (9:90)

An athlete/participant who is absent from school after 10:30 a.m. on the day of an activity is ineligible for any activity on that day unless the absence has been excused and participation in the activity has been approved by the principal or district athletic director. Examples of approved absences may include prearranged medical absence, a death in the

student's family, or other approved personal absences. A student who is absent from school on Friday before a Saturday event may be withheld from Saturday activities at the discretion of the coach/sponsor or at the direction of the administration. A student who has one or more trancies from school may be suspended from participation in athletic and/or extra-curricular activities by the administration. A student who is suspended from school will be withheld from participation in that day's activity. A student who serves an In School Suspension (ISS) may be withheld from participation in that day's activity at the discretion of the principal, district athletic director, or coach.

Attendance at Practices and Events (9:100)

For the protection of the health and safety of students, and to protect the integrity of the team, team members shall be required to attend all regularly scheduled practices, meets, games and events of the team. Failure to attend by a team member may result in discipline, including suspension or dismissal from the team.

Quitting (9:110)

Following the two week try-out period, any student who decides to quit an athletic team by giving verbal or written notice to the coach(es) before the season is completed will be prohibited from rejoining the team for the remainder of the season. However, within twenty-four (24) hours after the student notified the coach(es) of his/her decision to quit the team, a student may ask the coach(es) for permission to rejoin the team. In the event a student requests to rejoin the team, the coach(es) will schedule a meeting with the student and parent(s)/guardian(s) and principal/athletic director to discuss the student's proposed return to the team. The principal/athletic director retains sole discretion in deciding whether the student will be permitted to rejoin the team. The principal/athletic director's decision is final. If a student quits an athletic team, the student will not be allowed to try out for or participate in another athletic team before the end of the season of the activity the student quit, unless given approval by the principal/athletic director.

Consent Form for Performance Enhancing Substance Testing by the IHSA (9:120)

Before participating in interscholastic sports, the student and the student's parent/guardian shall consent, in writing, to random drug testing in accordance with the IHSA or the District. The student's and parent's signature on this extra-curricular code authorizes random performance-enhancing substance testing by the IHSA. Participants that fail to take part in random testing will be considered ineligible to participate in the activity. Selection of athletes to be tested: Students will be selected at random from a list of all those students participating in IHSA-sponsored state series competitions at which drug-testing takes place. The IHSA Board of Directors shall determine on an annual basis those state series competitions that shall be subject to testing for a given school term.

By signing this Extra-Curricular Code of Conduct, both Roxana High School students and parent(s)/guardian(s) agree to comply with the IHSA drug testing policy.

Dress and Grooming (9:130)

Rules regulating the dress or grooming of students may be developed by the coach/sponsor of each respective sport provided, however, that such rules are limited to health or safety regulations.

Use of Equipment/ Lockers (9:140)

Team uniforms and equipment shall be required. Students shall be responsible for the care and maintenance of all equipment issued to them. Each student issued equipment/uniform shall return the equipment/uniform in the condition in which it was received, normal wear and tear excepted, to the coach/sponsor within one week of the completion of the season for which the equipment/uniform was issued, or within one week of the end of the student's participation in the activity for the season, whichever comes first. If a student fails to return equipment/uniform as required, or returns it in damaged condition, the student may be charged for replacement or repair, or otherwise disciplined as appropriate. Lockers are school property and are loaned to students for their temporary use. Lockers are subject to search by school officials at any time.

Drugs, Alcohol and/or Tobacco (9:150)

The use by an athletic or extra-curricular participant of tobacco, alcohol, drugs, or performance altering substances not prescribed by a physician for medical purposes for the patient who is using them in the manner in which they were prescribed is prohibited at all times. The use of these items by a student who participates in athletic and/or extra-curricular activities presents a hazard to the health, safety and welfare of the student, as well as those with whom the student participates or competes. In addition, students are in violation of this Code of Conduct if they are in attendance at a party where under-age consumption of alcoholic beverages and/or illegal drugs is present. Likewise, students will be in violation if they are in a vehicle where alcohol and/or illegal drugs are being transported. Except with respect to prescription drugs used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug, drug paraphernalia, controlled substance, look-alike, tobacco or tobacco product or any other substance which, when taken into the human body is intended to alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. For purposes of this policy, students who are under the influence of prohibited substances shall be treated in the same manner as though they had prohibited substances in their possession.

Any student found to be in violation of this policy shall be subject to discipline in accordance with the school districts regular and extra-curricular discipline policies, rules and regulations as provided herein.

The district may elect to work with parents, the student, and a mutually agreed upon agency to provide counseling and/or education related to violations of this section. This may or may not impact the length of suspension time required of the students.

A posting of banned drug classes shall be prepared annually by the IHSA Sports Medicine Advisory Committee and approved by the IHSA Board of Directors. It shall be subject to

updates at any point during a school term. A complete posting of the current year's banned drug classes list can be accessed at [IHSA Sport Medicine](#)

Injury/Illness/Medical Conditions (9:160)

The student shall promptly report all injuries and illnesses or medical conditions, regardless of severity, and whether or not caused by athletic competition to the head coach of the sport or sponsor of the activity in which the student is participating.

Medical Release to Return

When there is any question of a student's medical fitness to practice or compete, coaches/sponsors or school officials may require the student to provide a release to participate, signed by a physician licensed to practice medicine, before allowing the student to engage in further activity. In each instance when a student has been directed by a coach/sponsor or other school official to seek medical examination or treatment, the student shall provide a release to participate, signed by a physician licensed to practice medicine, before the student is allowed to engage in further activity.

Concussions and Head Injuries (9:170)

A student athlete who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice or game will be removed from participation or competition at that time. A student athlete who has been removed from an interscholastic contest for a possible concussion by any person deemed appropriate under the return-to-play protocol shall be allowed to return only after all statutory prerequisites are completed, including without limitation, the return-to-play and return-to-learn protocols developed by the Concussion Oversight Team. An athletic coach or assistant coach may not authorize a student's return-to-play or return-to-learn.

Imposition of Discipline (9:180)

Coaches/sponsors and school officials shall impose discipline appropriate to the offenses committed. The discipline imposed for any particular offense shall be at the sole and exclusive discretion of the coaching staff and school officials. Extra-curricular discipline is in addition to whatever other discipline may be imposed under the student disciplinary code applicable to all students.

Code of Conduct (9:190)

Rules in Effect

The following regulations are in effect during all the years a student attends Roxana Junior/Senior High School, including summer vacations. The Code of Conduct applies to student-athletes 24 hours a day, 7 days a week, and 365/366 days a year. Penalties for Level I, II, and III shall be cumulative for each independent level beginning with and throughout the student's participation in extra-curricular activities while at RJHS/RHS. The activities governed by these regulations shall include all extra-curricular activities. The following violations and consequences represent guidelines that will be followed. It should be noted that participation in extracurricular activities is a privilege, and each code

of conduct violation will be considered based upon the specific circumstances of the incident. Consequences will be administered accordingly.

Application of the consequences involving Code of Conduct violations will be administered in both athletics and for each extra-curricular activity independently and separately unless a student who violates the code is involved in an activity and an interscholastic sport simultaneously. In this case, the consequence for the code infraction will run concurrently. For example, a student has a Code of Conduct violation in November and is involved in Student Council, National Honor Society and plays baseball. The student will serve the Student Council and National Honor Society suspensions immediately, however will have to wait until the baseball season to serve his athletic suspension. In situations when a student is involved in an activity and a sport that occur at different times during the school year, the student will serve his/her consequence at the time the respective seasons commence. Once a student has successfully served the consequences in an activity and an interscholastic sport, the discipline for the code infraction will be considered adequately served.

Sportsmanship/Appropriate Conduct

Coaches/sponsors shall personally exhibit and shall require of their students sportsmanship and appropriate behavior consistent with Board Policy and this Code.

Behavioral misconduct by students shall not be tolerated. Behavioral misconduct shall include but shall not be limited to:

- A. Insubordination; or
- B. Gross disrespect (confrontation with school officials, sponsors, participants from other schools, officials); or
- C. Theft; or
- D. Any behavior which is negligently or intentionally injurious to a person or property or which places a person or property at risk of injury or damage; or
- E. Any behavior which disrupts the appropriate conduct of a school program or activity; or;
- F. Hazing, bullying, or harassment of any kind; or
- G. Use of profanity; or
- H. Exhibition of bad sportsmanship; or
- I. Violation of the Extra-Curricular Code, training rules, or any other school policies, rules or regulations

Honesty Clause

The Honesty Clause is provided as an opportunity to self-report athletic code violations for a reduced consequence. If an athlete violates any portion of the "Athletic Code," they may invoke the "Honesty Clause" for a first offense only. It is the student-athlete's responsibility, not a parent, to contact the athletic director or high school administration within 48 hours of the violation. If the student-athlete is out-of-season, he/she must contact the athletic director or high school administration within the said time frame. By admitting their violation to the appropriate school representative within the 48 hour time frame, the student-athlete may have their first violation suspension reduced by one-half. If the student invokes the Honesty Clause, the appeal process is forfeited. If the student-athlete fails to notify any of the said individuals within 48 hours of the "Athletic

Code” violation, the athlete will serve the full consequence as outlined under the Code of Conduct-Violations section.

Level One - Violations:

- Use or possession of a controlled substance.
- Use or possession of an alcoholic beverage.
- Delivery of alcohol or illegal drugs.
- Hosting a party where under-age drinking or alcoholic beverages and/or illegal drugs are permitted.
- A student-athlete who is arrested for, charged with, or found guilty of a misdemeanor. Minor offenses that result in fines alone may be dealt with as a violation of the provisions of Level 2.

Consequences:

- **First Offense:** Participant will be suspended from all games/contests for a period of 40% of the season. (See “Buyback” Guidelines)
- **Second Offense:** Participant will be suspended from all games/contests for 70% of the calendar year
- **Third Offense:** Participant will be suspended from all extra-curricular activities for the remainder of his/her junior high and/or high school career.

Level Two - Violations:

- Use or possession of any tobacco substance or e-cigarette.
- Stealing or vandalizing community, school, or personal property that does not involve law enforcement
- Possession of drug paraphernalia.
- Violations of the rules and regulations of District #1 that results in an out of school suspension greater than three (3) days per semester.

Consequences:

- **First Offense:** participants will be suspended from all games/contests for a period of 15% of the season.
- **Second Offense:** Participant will be suspended from all games/contests for a period of 40% of the season. (See “Buyback” Guidelines)
- **Third Offense:** Participants will be suspended from all extra-curricular activities for a period of one (1) calendar year.
- **Fourth Offense:** Participant will be suspended from all extra-curricular activities for the remainder of his/her junior high and/or high school career.

Level Three - Violations:

- Attendance at parties where under-age drinking of alcoholic beverages and/or illegal drugs are present.
- In a car where alcohol or illegal drugs are being transported.

Consequences:

- **First Offense:** Probation: If the police report or if a participant states that he/she attended, but did not use alcohol or drugs, the participant will be advised by coach, director, or sponsor not to attend any similar functions again.
- **Second Offense:** Participants will be suspended from all games/contests for 15% of the season.
- **Third Offense:** Participant will be suspended from all games/contests for a period of 40% of the season. (See “Buyback” Guidelines)
- **Fourth Offense:** Participant will be suspended from all games/contests for a period of one (1) calendar year.
- **Fifth Offense:** Participant will be suspended from all extra-curricular activities for the remainder of his/her junior high and/or high school career.

Level Four - Violations:

- Violations of rules and regulations of District #1 that results in a suspension of three (3) or fewer days per semester.
- Arrest for minor infractions.
- Truancy from class or school.

Consequences:

Each Offense: Participants will be suspended from all games/contests for a period of 5% of the season.

**If the violation occurs “out of season” then the one game suspension will carry over to the next sport season or participatory activity in which the student is involved.

Level Five - Violations:

- Assignment to In-School Suspension (ISS)

Consequences:

- **First through Third Offense:** Punishment will be by the coach/sponsor with notification given to the athletic director
- **Fourth Offense:** Participants will be suspended from all games/contests for a period of 5% of the season (consistent with a suspension of three (3) or fewer days per semester, see level Four Consequences).
- **Fifth or More Offenses:** Participant will be suspended from all games/contests for a minimum period of 5% of the season. Referral to the athletic director’s office for further appropriate action.
- Please note that the student will be expected to be at practice or game on the day of ISS unless communicated otherwise by administration.
- ISS will be cumulative for each semester.

Level Six - Violations:

- Unexcused absences from a contest, performance, or practice.
- Misconduct at a practice, contest, performance, or other athletic event or activity.
- Swearing or abusive language.
- Blatant disregard to the head coaches' expectations of participation. (game and practice)

Consequences:

- **First Offense:** Punishment will be by the coach/sponsor with notification given to the athletic director.
- **Second Offense:** Participant will be suspended from team/activity. Length of time is determined by the coach/sponsor with notification given to the athletic director.
- **Third Offense:** Repeated offenses in this area will be referred to the athletic director's office for appropriate action.

Due Process

A student will be advised of the charges against him/her and be given the opportunity to respond to the charges. The student and his/her parents will be advised by administration of any disciplinary action taken as a result of the charges.

Points of Emphasis

- The participant must complete the activity for the consequences to be considered served which includes attending practices. The student must start and finish the activity on the original starting and ending dates. The athletic director or principal has the prerogative to remove the athlete from the team due to a Code of Conduct violation and in this case any remaining participation days will be counted towards the days of suspension.
- **"In-season" violations** will carry over into the next sport season or participatory activity in which the student is involved.
- **"Out-of-Season" violations** will carry over into the next sport season or participatory activity in which the student is involved.
- **"Buy Back Guidelines":** When an infraction has been committed by a student/athlete in which a 40% of the season suspension has been incurred, he or she will have the option to "buy back" ½ of the penalty time (20% suspension) under the condition that the athlete and his parent or legal guardian agree to enter and to complete successfully a District approved rehab program. The funding for this program will be paid by the parent or athlete and must be approved by the school nurse and social worker as a legitimate program of rehabilitation. The scheduled appointments with the substance abuse program must be adhered to or the reduction will be null and void. Any absence or rescheduled appointment must have administrative approval. Any set appointment will take precedence over any practice or game activity. The athlete must petition the principal or athletic director to participate in this "buy back" option.
- Under IHSA rule, any **student who transfers** into or out of District #1 must serve his/her remaining consequence prior to participation in a new school system. It is the principal's obligation to identify Code of Conduct violations for incoming or exiting students.

- The coach/sponsor affected will be notified of what disciplinary action has been taken against a student in violation of the Code of Conduct.
- Disciplinary action relating to the Code of Conduct imposed by a coach/sponsor will be written and submitted to the athletic director.

Disciplinary Suspension (9:200)

Suspension is defined as removal of the student from participation in one or more practices, games, meets or other activities as defined by the extra-curricular code of conduct violations' level. The principal, district athletic director, or coach/sponsor may suspend a student from participation for violation of the extra-curricular code, training rules, or other appropriate policies, rules and regulations of the school district. The following procedures shall apply to disciplinary suspensions:

- A. Prior to suspension, the student shall be provided an explanation of the charges against him/her. The student shall be given an opportunity to present his/her version of the incident to the suspending school official.
- B. Upon written request within 10 days, the student may appeal his/her disciplinary suspension first to the district athletic director, then to the principal, then to the superintendent, and then to the Board of Education who shall have final and binding authority to determine the appropriateness of the suspension.

Days of suspension for a code violation will begin immediately the day that the administration is notified of the offense if the violation occurs during the season. If the violation occurs during the off-season, the days of suspension will begin on the first day of the season or when the administration is notified if the season has begun. If a student athlete quits the current sport during the suspension, the suspension will carry over into the next sport season or participatory activity.

Disciplinary suspensions may be imposed pending dismissal proceedings.

Disciplinary Dismissal (9:210)

The coach/sponsor, upon consultation with and upon approval of school administration, may dismiss a student from athletic and/or extra-curricular participation for violation of this Code of Conduct, training rules, or other appropriate policies, rules and regulations of the school district. Dismissal from a team/activity is defined as removal of the student from participation in one or more practices, games, meets or other activities for the balance of a season. The following procedures shall apply to disciplinary dismissals:

- A. Prior to dismissal, the student shall be provided an explanation of the charges against him/her. The student shall be given an opportunity to present his/her version of the incident to the suspending school official.
- B. Within 10 days, an appeal may be filed upon written request by the parent or student whereupon the athletic director/principal shall schedule a meeting with the relevant parties and shall thereafter determine the appropriateness of the suspensions.
- C. If the student is dissatisfied with the decision of the athletic director and/or principal, they may make a written request within 10 days for appeal of this decision to the superintendent. The superintendent shall schedule a meeting with the relevant parties and shall thereafter determine the appropriateness of the suspension.

Disposition of Penalty Pending Appeal (9:220)

If a student appeals a penalty, a student remains suspended from the activity pending appeal of the penalty. Reinstatement shall be at the sole and exclusive discretion of school officials.

Attendance at School Dances (9:230)

Attendance at school-sponsored dances is a privilege. Junior High/High School students must be at school the day of the dance and not serving ISS or OSS the day of the dance. High School & Junior High School students must meet the IHSA & IESA scholastic standing requirement, during the week prior to the dance, of carrying a passing grade for the semester in at least six classes and meet the social probation requirements to attend a RHS/RJHS sponsored dance. Roxana High School holds three formal dances each year. Homecoming is held in the fall, TWIRP is held in the large gymnasium in February/March, and PROM is a May event at Lewis and Clark Community College. These dances are intended for high school students or recently graduated guests (no junior high school students are allowed to attend). The Junior High holds between 1-3 Student Council dances per calendar year. Our goal for these events is to provide a safe and enjoyable evening for our students. To this end, Roxana High & Junior High School students requesting to bring an off-campus guest must submit a formal request form to the high school office. Availability and due dates for these requests will be communicated through daily announcements. Students must receive prior approval for their guest to attend.

All school rules, including the school's discipline code and dress code are in effect during school-sponsored dances. In particular, students shall not:

1. Use, possess, distribute, purchase, or sell tobacco materials, electronic cigarettes, or e-cigarettes;
2. Use, possess, distribute, purchase, or sell alcoholic beverages.
3. Use, possess, buy, sell, barter, or distribute any illegal substance or paraphernalia;
4. Use, possess, buy, sell, barter, or distribute any object that is or could be considered a weapon or any item that is a "look alike" weapon;
5. Vandalize or steal;
6. Haze or bully other students;
7. Behave in a manner that is detrimental to the good of the school;
8. Be insubordinate or disrespectful toward teachers and chaperones; or
9. Demonstrate inappropriate dancing as determined by chaperones.

Students who violate the school's discipline code will be required to leave the dance immediately and the student's parent/guardian will be contacted. The school may also impose other discipline as outlined in the school's discipline code.

Absences due to Vacations, Thanksgiving, Christmas and Spring Break

A commitment to be a part of the Athletic Program carries with it a responsibility to attend scheduled athletic team events and practices during Thanksgiving, Christmas and Spring Break vacation periods. This is especially true at the varsity level. At the same time, we realize that occasionally it may be desirable or necessary for a student to travel with his/her family during one of these vacation periods and miss scheduled practices, games or meets. Here are some guidelines and criteria we will use to handle such circumstances:

1. The athlete shall continue as a team member provided the student gives advance notification to the coach at least one week prior to the first scheduled contest of the season.
2. The athlete may be required, upon return from vacation, to 'sit out" a number of contests, games, meets or practices based on the number of days missed while on vacation. This is based on the belief that a sense of fairness is owed to those individuals who did not miss and were daily a part of the practices and competitions. These students, themselves, may have sacrificed a vacation opportunity to be a part of the team.
3. The athlete is not guaranteed the same position or amount of playing time as when he/she left. The athlete who replaced him/her may have earned the position; it is the responsibility of the athlete who was gone to earn the spot back.
4. Particular care should be given to the District calendar that outlines the starting times and tryout times for various activities.

❖ Questions and discussion, regarding absences during tryouts, should be directed to the District Athletic Director.

KEY PROVISIONS REGARDING IHSA RULES

1. ATTENDANCE

- ❖ You may only represent the school you attend (coops allowed).
- ❖ You must be enrolled and attending classes no later than the 11th school day of the semester.
- ❖ Attending 10 or more days during any one semester counts as one of the 8 possible semesters for eligibility.
- ❖ A lapse of school connection for 10 or more days makes the student ineligible for the rest of the semester.

2. SCHOLASTIC STANDING

- ❖ You must pass 25 credit hours of work per week
- ❖ You must have passed and received credit for 25 semester hours in the previous semester

3. RESIDENCE

- ❖ Your eligibility is dependent on the location of your residence where you live full time with your parents, parent assigned custody by the court, or court appointed legal guardian.

4. TRANSFER

- ❖ In all transfer cases, both the principal of the school you are transferring from and the principal here must agree with the transfer in writing on the IHSA form. You are ineligible until this form is on file in our office.
- ❖ If you transfer after classes begin you will be ineligible for thirty days from the first day of attendance.

- ❖ If you participated in a sport this year at the school you are transferring from you are ineligible for that sport the entire school term. This would include participating in tryouts as well.
- ❖ Transfers are subject to the rules regarding residence discussed above.

5. AGE

- ❖ You will become ineligible on the date you become 20 years of age or if you will be 20 during a season you are ineligible from competing in that sport season.

6. PHYSICAL EXAMINATION

- ❖ You must annually have on file at the high school a signed physical performed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. The exam is good for 395 days from the date of the exam.

7. AMATEUR STATUS

- ❖ If you win or place in actual competition, you may accept a medal or trophy for that accomplishment without limit to cost.
- ❖ For participation, you may receive an award other than money, valued up to \$75. Violating the amateur rule may cause you to become ineligible for that sport.

8. RECRUITING OF ATHLETES

- ❖ The rules prohibit recruiting students for athletics. If you are being solicited to enroll or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.

9. SCHOOL TEAM SPORTS SEASONS

- ❖ Each sport has a starting and ending date. Our school may not organize a team, begin practice or participate in contests until the authorized starting date. We cannot continue to practice or participate after the authorized ending date.
- ❖ During the school year, you may not participate on a non-school team coached by any member of our school's coaching staff unless it meets specific by-law criteria.
- ❖ No school coach may require you to participate in an out of season sport program as a requirement for being a member of a school team.

10. PLAYING IN NON-SCHOOL COMPETITION

- ❖ During the time you are participating on a school team in a sport you may neither play on a non-school team nor compete in a non-school competition as an individual in that same sport or in any skill of that sport. You may try out for a non-school team in that same sport, but cannot then participate in practice, receive instruction, participate in workouts or participate in competitions until your school season has ended.

11. ALL-STAR COMPETITION

- ❖ After you have completed your school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in 3 all-star contests in any of those sports and still play for other school teams.
- ❖ You can lose your eligibility for other sports if you violate this rule. You are not restricted from participating in all-star competition in sports other than football, basketball, soccer, or volleyball except that you may do so during the school season for that sport.

The Complete set of IHSA By-Laws and Policies is available at: www.ihsa.org