

2017-2018



**Pre-Season Parents &
Players Meeting**

Sports Offered 2017-2018

- Middle School Level
 - Fall: Soccer (Boys Only); Volleyball; Cheer
 - Winter: Boys and Girls Basketball; Cheer
 - Spring: Baseball; Fastpitch
- High School Level
 - Fall: Football; Volleyball; Cheer
 - Winter: Boys and Girls Basketball; Cheer
 - Spring: Track & Field; Fastpitch



What It Means To Be An RCS Athlete

The Lion Chaser Manifesto

Quit living as if the purpose of life is to arrive safely at death.

Run to the roar.

Set God-sized goals. Pursue God-given passions.

**Go after a dream that is destined to fail
without divine intervention.**

Stop pointing out problems. Become part of the solution.

Stop repeating the past. Start creating the future.

Face your fears. Fight for your dreams.

Grab opportunity by the mane and don't let go!

Live like today is the first day and last day of your life.

Burn sinful bridges. Blaze new trails.

Live for the applause of nail-scarred hands.

**Don't let what's wrong with you
keep you from worshiping what's right with God.**

Dare to fail. Dare to be different.

Quit holding out. Quit holding back. Quit running away.

Chase the lion.



Player Expectations

- What it means to be an RCS athlete
 - Be involved:
 - Practices
 - Contests
 - Fundraising
 - Self-Preparation



Parent Expectations

- **Let the coaches coach**
- **Officials**
 - We are to be examples of the fruits of the Spirit (gentleness, patience, long-suffering, self-control...)
 - Remember that we will have the same officials for many games and potentially many years, we want to develop a good relationship with them
- **All the student-athletes are someone's child**

Conflict Resolution

- Allow 24 hours after the situation to address the coach
- keep it private
- 45% of parental complaints are due to playing time. → 95% of the time, the answer to playing time issues are “work harder and remove all doubt”.
- 45% of parental complaints are due to “lack of communication” → this is the athlete’s responsibility first of all, secondly refer to the website for schedules, and thirdly ask coaches other questions regarding practices, etc.

Conflict Resolution

- Matthew 18:15-17:
 - “If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over. But if he will not listen, take one or two others along, so that ‘every matter may be established by the testimony of two or three witnesses.’ If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, treat him as you would a pagan or a tax collector.”
- Go directly to that person.
- Go to that person with one other person (involve A.D.).
- Take the issue to the church (school leadership; Principal).
- Disassociate with that person (more aggressive action).



What to Expect

- Open Practices
- Volunteer. Volunteer, Volunteer!
- Communication w/Coaches:
 - When you have a questions, always refer first to the athletics site.
 - Weekly emails from the coaches.
 - Sign up to receive texts and emails via website



Website – Main Source for Information

- Check Website for:
- Scores/Schedule
- Departure Times/Location
- Pictures
- Articles/Writeups/Team News
- Misc. Information and Links
- Emails/Text Messages – Sign Up to receive information about game cancellations, postponements, etc.)
- **www.rcsmustangs.org**



Registration Process

- Check rcsathletics.org for Registration process
- Student-Athletes CANNOT participate unless student has been registered.
- Student must participate in 10 practices at HS level and 8 practices at MS level before their first game.
- Insurance
 - Parent's MUST let us know if insurance changes
 - School insurance doesn't count as player insurance and if player's do not have health insurance they are not allowed to play. If this is an issue please contact an administrator.

Doctor's Notes

- If athlete sees a doctor then they must hand in a “Return to Play” report from the Doctor to the AD before they are clear to play;
- Parents/Players need to disclose injuries to AD/Coach.



Transportation

- In general, the school seeks to provide transportation to contests and practices and students **SHOULD** use that transportation. After contests students are released with **their parents** with coaches permission.
- RCS **MAY** provide transportation to Black Diamond Camps and other venues that we use for practices.
- Students **MAY** drive themselves to/from practice but **MAY NOT** drive other students.
- Picking up of students - please arrive **EARLY** to pick your students up from practices and contests (both home & away).
- It is the expectation that students drive back on bus after games unless there is a special circumstance.

Specialization & Involvement

A stylized, light blue and grey horse head logo is positioned in the background, facing right. The horse has a white blaze on its face and a flowing mane. The logo is semi-transparent, allowing the text to be overlaid on it.

GET INVOLVED! BE PRESENT!

- School Spirit and Stores
- Clock/Score Keeper/Concessions/Gate
- Fundraising
- Team Mom/Dad
- Photographer/Journalists

A stylized, light blue and grey graphic of a horse's head in profile, facing right. The horse has a flowing mane and a detailed eye. The word "Fundraising" is overlaid on the top part of the horse's head.

Fundraising

GET INVOLVED! BE PRESENT!

- Flip Give – www.flipgive.com
- Fundly – www.fondly.com
- Golf Tournament
- Mattress Fundraiser

Important Information & Dates

- **First Day of Practice: Monday, August 21th for HS**
 - **Monday, Sept. 11th for Middle School**
- **Sports Photos: TBD**
- **Homecoming: Friday, October 20th , 7pm @ KWHS**
- **VB Senior Night: Tuesday, October 2nd , 6:00pm @ TBD**
- **FB Senior Night: Monday, October 20th , 7pm @ KWHS**
- **Mattress Fundraiser**
 - **September 9th. 10 AM – 5 PM**
- **Golf Tournament**
 - **September 23rd , Washington National – All Athletes Required to be present at the beginning.**