



## Providence Catholic Varsity Dance Team Tryout Information

*Providence Catholic is a 1 level Varsity Competitive Dance team. Varsity level technique, expectation, commitment and dedication is required. Being a member of the Providence Catholic Dance team is a large commitment on top of being a student. In addition to practices, games, performances, and competitions, athletes are also expected to volunteer at various events throughout the year. Everyone is expected to manage their time and keep track of their schedules. Dance team is nearly a year-round commitment. We start practices in June and end our winter season in February depending on boys' basketball post-season.*

### **Summer Schedule MANDATORY**

**Practices:** Monday June 3<sup>rd</sup> - Wednesday June 26<sup>st</sup>. Monday July 8<sup>th</sup> - Friday July 19<sup>th</sup>.  
*Off- Thursday June 27<sup>th</sup>- Sunday July 7<sup>th</sup>. Saturday July 20<sup>th</sup>- Sunday August 11<sup>th</sup>*

**UDA Home Routine Choreography:** Tuesday June 4<sup>th</sup>

**Professional Pictures:** Wednesday June 5<sup>th</sup>

**UDA Camp (Peoria):** Sunday June 23<sup>rd</sup> - Wednesday Jun 26<sup>th</sup>

**Choreography (2 routines):** Friday July 12<sup>th</sup> – Monday July 15<sup>th</sup>

**Parent/Dancer Annual Pool Party:** Sunday August 11<sup>th</sup>

### *Expectations for Season:*

1. Perform/sidelines at all home football games
2. Attend all team bonding events
3. Attend all volunteer events
4. Participate in team fundraising
5. Participate in all Homecoming festivities
6. Attend/perform at all home Basketball games
7. 100% dedicated to Competitive season. Either as a performer or as an "alternate/opportunity spot"

The Varsity Dance Teams perform at football games in the fall. The Varsity dance team typically practices 3-4 times a week (during sideline & competitive season). In the winter they compete through IHSA and perform at basketball games. These teams are considered competitive and technical. The skills listed below will be evaluated and considered necessary for earning a place on the team. Skills should be executed with correct technique. Our performance season runs from the summer through the end of October. Our competitive season runs from end of October through the end of January. We continue to perform at basketball games until the end of their season. Practices are after school and on weekends. The dance team performs at all home football and boys' basketball games, and pep assemblies.

### ***Skills assessed at tryout:***

Varsity: **ADVANCED LEVEL OF TECHNIQUE IS REQUIRED TO MAKE TEAM.** MIN skills include: Triple pirouette, 4 a la seconde (seconds), 2 advanced leaps, flexibility skills, and any additional skills in routine. Dancers should have a strong posture and knowledge of ballet and jazz technique. We compete in a Jazz/lyrical/contemporary/Pom style.

**Grades:** Dance team grades are checked weekly, and all student athletes must maintain eligibility to perform and/or compete. Failing grades= ineligible.

**Financial Obligations:** There is a financial commitment from each dancer and family. Startup fees for NEW dancers are approximately \$2500. Returning members startup fees are approximately \$1500. Payment plans are utilized to assist families with payments. Returning members have a lower cost because many items are reused every year!

### **Common question?**

*Can I dance competitively for a dance studio in addition to dancing for PCHS?*

According to IHSA rules dancers CANNOT compete with an outside studio during the high school dance competitive season. HOWEVER dancers can take class and partake in company rehearsal until IHSA state (end of Jan) is over. After IHSA state dancers may partake in competitive season within their studio.

### **Providence Catholic Tryout Expectations**

- All paperwork/money must be completed by Tuesday April 30<sup>th</sup> in order to participate.
- Respect the coaches, other dancers, and yourself. This can be a stressful week, be kind to one another! Talking back, eye rolling, speaking while coaches/seniors are speaking, etc. will not be tolerated.
- Please arrive on time (or early!). Warm-up/stretching will be led by former senior members on day 1 and 2 of clinics.
- If member doesn't participate in the 2 day clinic he/she is responsible in knowing both routines to be performed at tryouts! If an illness/injury is stated on Day 1 he/she is still required to attend clinics and a revised tryout will be discuss with coach.
- You must have shoes on at all times. NO SOCKS!
- Clothing must be school appropriate and all black/white (no inappropriate symbols or words, midriff must be covered) and your hair must be up at all times – in a bun if length allows.
- All athletes will receive a tryout number.
- All athletes will be videotaped at clinics/tryouts.
- NO JEWELRY (don't even bring it!), NO GUM, NO FOOD, ONLY WATER!
- No cell phones (if there is an emergency please let a coach know immediately)
- Tryouts are **closed** to the public. Parents, family members, and friends, please be respectful of this. Athletes need to be focused at all times during tryouts.

### **Providence Catholic Dance Team Tryout Schedule**

- **Tuesday April 30<sup>th</sup> 2019 :**
  - Information Meeting 5:00-6:00pm- Commons
  - Clinic 6:00-8:00pm- Big Gym
    - Athletes will learn 2 combinations and review tryout technique.
    - Warm up will be led by former senior members
- **Wednesday May 1<sup>st</sup> 2019:**
  - Clinic Day 2: 6:00-8:00pm- Big Gym

- Athletes will review the 2 combinations and review technique
  - Warm up will be led by former senior members
  - Athletes will receive an order for tryouts.
  - Athletes will be able to tape tryout routines at end of day 2
- **Thursday May 2<sup>nd</sup> 2019:**
  - Tryouts 6:00pm- TBD- Small Gym
    - Athletes will tryout in groups of 3 in the order they were given on day 2
    - Athletes will be able to warm up and review dance in old cafeteria.
    - No formal warm up will be given. **MUST ARRIVE BEFORE 6PM!**
- **Friday May 3<sup>rd</sup> 2019:**
  - Athletes will be emailed by head coach if they made or did not make the squad
  - **All Decisions are FINAL with NO exceptions.** Please respect the coaches and the decisions they have made.
  - All dancers who did not make the squad will be emailed with comments on what to work if they were to try out next season.
  - All dancers who did make the squad will be emailed with all details required to bring/review for the parent/dancer meeting.
- **Tuesday May 7<sup>th</sup> :** 6:00pm- TBD in Blanchette Learning Commons
  - ***Mandatory meeting for parent and athlete who has rostered.***

### **FEEDBACK**

If after tryout, athletes would like to further discuss their end result, they should contact Stephanie Coglianese ([pchscelticpoms@yahoo.com](mailto:pchscelticpoms@yahoo.com)) to schedule a meeting to discuss. All feedback will be given to student directly, **NOT to parent.**

Athletes will only be provided information regarding their own tryout.

Athletes' scores will not be released.

Dance is now considered to be a competitive sport, therefore it is treated as such. Not every athlete will roster. Once rostered, not every athlete will perform. As a program, we strive to focus on teachable moments - adversity being one of those.

***REMEMBER:*** *Being a Providence Catholic Dance Team member is a volunteer activity. Your only reward will be the satisfaction of a job well done, and lasting friendships formed within the squad. You must have a commitment to the team and the program or you will not be successful. Your peers will be your greatest critic if you fail to live up to your commitment, so please remember this when trying out. If you cannot put Dance Team before other outside activities (including a work schedule & studio), then please do not try out.*