

BOYS TRACK JANUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		Winter Break *NO PRACTICE	Winter Break *NO PRACTICE	Winter Break *NO PRACTICE	Winter Break *NO PRACTICE
6	7	8	9	10	11
*Practice 2:30-4:30pm inside	*Practice 2:30-4:30pm inside		*Practice 2:30-4:30pm inside		
13	14	15	16	17	18
*Practice 2:30-4:30pm inside	*Practice 2:30-4:30pm inside		*Practice 2:30-4:30pm inside		
20	21	22	23	24	25
No School *NO PRACTICE	FIRST DAY *Practice 2:30-4:30pm	*Practice 2:30-4:00pm *Explorations Night	*Practice 2:30-4:30pm	*Practice 2:30-4:00pm	*Practice 10am-noon (whole FH) *check with your event coach
27	28	29	30	31	
*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4:00pm	*Practice 2:30-4:30pm	*Practice 2:30-4:00pm	*Practice 8-10am (whole FH) *check with your event coach

****Get Registered on 8to18!!**

****Get Your Physical Up To Date!!**

****Start thinking about your season goals and what you can do to achieve them!!**

****Follow on Twitter @BengalsTrack.**

BOYS TRACK FEBRUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8
SIP DAY *Practice 2:30-4pm	*Practice 2:30-4:30pm inside	*Practice 2:30-4:00pm inside	*Practice 2:30-4:30pm inside	*Practice 2:30-4pm inside	*Practice 8-10am (whole FH) *check with your event coach
10	11	12	13	14	15
*PARENT MEETING @ 5pm *Practice 2:30-4:30pm inside *FH3	*Practice 2:30-4:30pm inside *FH3	*Practice 2:30-4:00pm inside	*Practice 2:30-4:30pm inside	*Practice 2:30-4pm inside *FH2	*Practice 8-10am (whole FH) *check with your event coach
17	18	19	20	21	22
NO SCHOOL *Practice 8-10am (whole FH) *check with your event coach	*Practice 2:30-4:30pm *FH3	*Practice 2:30-4pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm *whole FH	Meet @ PSHS @ 9am *meet at PS at 8am – no bus
24	25	26	27	28	25
*Practice 2:30-4pm *whole FH	*Practice 2:30-4:30pm *whole FH	*Practice 2:30-4:00pm *whole FH	*Practice 2:30-4pm *whole FH	NO SCHOOL Meet @ HUNTLEY @ 4:30pm *Bus at PE at 1:45pm	NO PRACTICE

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BOYS TRACK MARCH CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	Meet @ home @ 4:30pm *Draw Raffle	*Practice 2:30-4:30pm	NO PRACTICE
9	10	11	12	13	14
SIP DAY * Meet (Relays Only) @ NCC @ 6pm *Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	*Practice 2:30-4pm	Meet @ P. North @ 10am *No Bus, meet there as 8:30am
16	17	18	19	20	21
*Practice 2:30-4pm	NO SCHOOL Meet @ P. North @ 5:30pm *Bus at PE @ 4pm	*Practice 2:30-4pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	Meet @ LEWIS @ 10am *Bus @ 8am
23	24	25	26	27	28
*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	Meet @ Prep Top Times *Bus @ 9:30am
30	31				
SPRING BREAK *Practice 8-10:30am	SPRING BREAK *Practice 8-10:30am				

BOYS TRACK APRIL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		SPRING BREAK *NO PRACTICE	SPRING BREAK *NO PRACTICE	SPRING BREAK *NO PRACTICE	SPRING BREAK *NO PRACTICE
6	7	8	9	10	11
*Practice 2:30-4:30pm	*Practice 2:30-4pm	*Practice 2:30-4pm	*No Practice Meet @ Bellville *leave after school	NO SCHOOL Meet @ Bellville @ 11am	*NO PRACTICE
13	14	15	16	17	18
*Practice 2:30-4pm	Meet @ home @ 4pm *Senior Night	*Practice 2:30-4pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	Meet @ Matea Valley @ 10am *Bus @ 8am
20	21	22	23	24	25
*Practice 2:30-4:30pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	*Practice 2:30-4pm	Meet @ Rock Island @ 4pm *bus @ 10:30am	*NO PRACTICE
27	28	29	30		
SIP DAY *Practice 2-4pm	*Practice 2:30-4:30pm	*Practice 2:30-4pm	Meet @ P. Central @ 4:30pm	*Practice 2:30-4pm	*NO PRACTICE

BOYS TRACK MAY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
				*Practice 2:30-4pm	*NO PRACTICE
4	5	6	7	8	9
Meet @ Minooka @ 4:30pm	*Practice 2:30-4pm	*Practice 2:30-4pm	*Practice 2:30-4pm	Meet @ Lockport @ 5pm	*NO PRACTICE
11	12	13	14	15	16
*Practice 2:30-4pm	*Practice 2:30-4pm	Meet @ P. North – Conference	*Practice 2:30-4pm	*Practice 2:30-4pm	*NO PRACTICE
18	19	20	21	22	23
*Practice 2:30-4pm for Varsity *Meet @ Nap. Cent. @ 5pm F/S	*Practice 2:30-4pm	FINALS *Practice 11:30am-1pm	FINALS Meet @ Ottawa - Sectionals	FINALS *Practice 10-11:30am	*NO PRACTICE
25	26	27	28	29	30
MEMORIAL DAY	*Practice 9-10:30am	*Practice 9-10:30am	Meet @ IHSA State	Meet @ IHSA State	Meet @ IHSA State