

		<b><u>MHS Indoor Track</u></b>		
<b><u>Day</u></b>	<b><u>Date</u></b>	<b><u>Opponent</u></b>	<b><u>Location</u></b>	<b><u>Time</u></b>
Saturday	11/17/18	Dash For Doobie (2 Mile XC only)	Ronald Reagan HS, Winston Salem	TBD
Saturday	12/8/18	Visit Winston Salem Kickoff	JDL Fastrack, Winston Salem	10:00 a.m.
Wed.	12/12/18	East Rowan Meet	East Rowan HS	4:00 p.m.
Tues.	12/18/18	Wedd, Prov. Day, Lin. Charter, SValley, Parkwood	Weddington	3:45 p.m.
Wed.	1/9/18	East Rowan Meet	East Rowan HS	4:00 p.m.
Saturday	1/12/19	JDL Green and Gold	JDL Fastrack, Winston Salem	10:00 a.m.
Wed.	1/23/19	East Rowan Meet	East Rowan HS	4:00 p.m.
Sat.	2/9/19	NCHSAA 4A State Indoor Championships	JDL Fastrack	PM