



Student-athletes & Families:

The COVID-19 pandemic has forced all of us to be prepared for change, and that change may occur weekly, daily or by the hour. In addition to protocols and mandates issued by the CDC and Governor's Office, we continue to receive and share guidance from Warren County, the OHSAA, NFHS, Premier Health and Lebanon District officials as it relates to returning safely to athletic competition. We appreciate your patience, understanding, and cooperation. Here is some important information we have to date....

### **FALL SPORTS START AUGUST 1<sup>ST</sup>**

#### **What we know...**

- The OHSAA Office continues in moving forward with the normal start of the fall sports seasons, meaning practices will begin on August 1 and the OHSAA will conduct their usual series of tournaments in 10 fall sports.
- School vs. school scrimmages, contests and tournaments are permitted for **non-contact sports** (Golf, Tennis, Volleyball).
- School vs. school scrimmages, contests and tournaments for **contact sports** are permitted but WITH CURRENT OHIO HEALTH DIRECTORS ORDER THAT COVID-19 TESTING PROTOCOLS OCCUR.
- The pre-season parent meeting is still mandated by the OHSAA. We will share a video link to a virtual presentation next week. **THERE WILL NO LONGER BE AN IN-PERSON MEETING ON AUGUST 5<sup>TH</sup>**. Head Coaches may still conduct sport-specific in-person parent meetings at their discretion, abiding by social distancing and face covering requirements.

#### **What we are waiting to hear....**

- Guidance as it relates to spectator limitations.
- Will school vs. school competition be allowed for contact sports at the high school level without requiring negative COVID test results (which is a current requirement)?
- Return to play progression after a positive COVID-19 test. This could include a re-acclimation period beyond the quarantine requirement because of cardiac risks associated with COVID-19.

### **REGISTRATION**

Reminder to register for Fall Sports on the 8to18 portal if you haven't done so. Here is the link:  
<https://lebanon.8to18.com/accounts/login>

## **PHYSICALS**

An active physical is still required to be on file certifying your child has been cleared for athletic participation by a medical examiner (Bylaw 3-5-1). Physical Examination Form:

<https://s3.amazonaws.com/pubtemp/live/content/Lebanon/documents/20200420075057.pdf>

## **TRAVEL & QUARANTINE**

Governor DeWine announced last week a [travel advisory](#) for all individuals coming into Ohio from states reporting positive COVID-19 testing rates of 15 percent or higher. Those traveling from one of the following states should self-quarantine for 14 days at home or in a hotel: Alabama, Arizona, Florida, Georgia, Idaho, Mississippi, Nevada, South Carolina, Texas.

While we encourage following this guidance, the quarantine is NOT required. Warren County recommends that a student/staff member who chooses not to self-quarantine should ensure they wear a mask at all times while on campus, that their temperature and health screen are properly completed each day upon arrival, as well as continuing good hygiene including hand washing and sanitizing of training spaces. Additionally, as with all previous recommendations, if the individual becomes sick or exhibits symptoms, they should be immediately removed from the activity and the athletic trainers notified.

## **PARTICIPATION FEES**

Fall Sports fees are typically due in Mid-August. We plan to extend that deadline. We'll communicate once we receive confirmation that contact sport competition will proceed as scheduled.

## **OTHER GUIDELINES & RECOMMENDATIONS FOR SAFE RETURN**

1. It is required that all students returning to train have a COVID-19 Safe Return Waiver and the OHSAA Acknowledgement and Pledge form signed and returned by a parent or guardian before participating. (For new registrants, both will appear to sign electronically during the registration process).

- a. COVID-19 Assumption of Risk Waiver:

- <https://s3.amazonaws.com/pubtemp/live/content/Lebanon/documents/20200529091847.pdf>

- b. OHSAA Acknowledgement & Pledge Form:

- <https://ohsaaweb.blob.core.windows.net/files/Sports/2020/OHSAAAcknowledgmentAndPledgeForm.pdf>

2. All students should self-assess at home and not attend if displaying symptoms of COVID-19. Participants will continue to be asked to report and endorse "no symptoms" upon arrival. Any athlete or coach reporting or displaying symptoms will be asked to abide by "Return to Play" guidelines that are forthcoming.

3. It's required that students and coaches bring their own water bottles and face coverings.

## **OTHER GUIDELINES & RECOMMENDATIONS FOR SAFE RETURN (Cont'd)**

4. Face coverings are required by students and coaches at all times while on campus, except when training.
5. It's recommended that students bring their own hand sanitizer and work out towels.
6. Proper clothing (including shirts) must be worn during all training sessions both indoors and outdoors.
7. Students should follow the strict arrival, check-in, and departure logistics put in place by coaches at their specific training site.
8. Student athletes and/or coaches will clean and disinfect equipment after each use.
9. Facilities will only be opened for appropriately scheduled school-sanctioned activities and equipment/furniture will be cleaned and disinfected between sessions.
10. Only two athletes will be allowed in the training room at a time. Training room access will be limited to athletes with injuries, medical emergencies, and wound care, with an ATC present. Athletic Trainers will NOT be able to provide in depth treatments, taping or rehabilitation at this time.

### **SEASON PASSES & RESERVED SEATS**

We're holding off on the sale of season passes and reserved seating packages until further information is received regarding spectator restrictions.

### **REMINDER: HYDRATE NOW!**

Please encourage your child(ren) to hydrate, starting now! Especially for students competing outdoors. Since we are not able to provide group drinking stations, you need to bring the appropriate amount of water for the duration of your training. A single 20-ounce bottle of water is not anywhere near enough!! Please follow the recommendations of your coaches and Athletic Trainers.

It is our goal, along with the OHSAA, to get student-athletes back to competition safely and as soon as possible. More to come...

**Keith Pantling**

Athletic Director

[pantling.keith@LebanonSchools.org](mailto:pantling.keith@LebanonSchools.org)