

October 2018

Central Wrestling 2017-2018



CHS Wrestling Family

Phone: 815-343-2439
E-mail: twilliams@cusd4.org

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 Weight-room 3:30pm to 4:15pm Condition to 5pm | 12 | 13 |
| 14 | 15 | 16 Weight-room 3:30pm to 4:15pm Condition to 5pm | 17 | 18 Weight-room 3:30pm to 4:15pm Condition to 5pm | 19 | 20 |
| 21 | 22 | 23 Weight-room 3:30pm to 4:15pm Condition to 5pm | 24 | 25 Weight-room 3:30pm to 4:15pm Condition to 5pm | 26 | 27 |
| 28 | 29 | 30 Weight-room 3:30pm to 4:15pm Condition to 5pm | 31 | | | |

November 2018

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|-----------|--|---|---|---|---|---|-----------|
| | | | | 1 Weight-room 3:30pm to 4:15pm Condition to 5pm | 2 | 3 | |
| 4 | 5 First Day! Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 6 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 7 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 8 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 9 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 10 | |
| | 11 | 12 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 13 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 14 TBA | 15 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 16 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 17 |
| | 19 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 20 @GCMS 5:30pm w/ RC Bus 3:20pm Meet in Café IW at Pilot 3:35pm | 21 Practice 9am-10:30am | 22 Thanksgiving Day Off!! Enjoy | 23 Bonus Day!! No Practice | 24 | |
| 25 | 26 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 27 @ Coal City 5:00pm w/ Pontiac Bus 3:00pm Meet in Café | 28 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 29 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 30 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | | |

December 2018

Central Wrestling 2017-2018



CHS Wrestling Family

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|--|---|---|--|
| | | | | | | 1 Seneca Invite 9:00am Start 6am Leave Time from CHS Obly |
| 2 | 3 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 4 Home 6pm- SJO and Oakwood Meet in Café 4:00pm | 5 Away- 5:30pm @Herscher w/ Mac Bus 3:30pm CHS Only IW at CHS 3pm | 6 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 7 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 8 Central Quad Home- 9am Wrestlers |
| 9 | 10 Away- Manteno 5pm Bus 3pm, IW at CHS by 2:50pm | 11 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 12 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 13 Home- Seneca 5:30pm Meet in Café 3:30pm IW | 14 Away- Uni- ty Duals 5:30pm Bus 3pm IW Pilot 3:15pm | 15 Wilmington JV Tournament Bus Leaves 6:45 am CHS and IW |
| | 17 Home- 5:30pm Rantoul/ GP Meet in Café at 3:30pm | 18 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 19 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 20 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 21 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 22 |
| | 24 Off Christmas Eve | 25 Off Christmas Day | 26 Practice 9am-10:30am | 27 Practice 9am-10:30am | 28 Abes Challenge Springfield Prairie Civic Center TBA | 29 Abes Challenge Springfield Prairie Civic Center TBA |
| 30 | 31 New Years Eve- Off Day | | | | | |

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January 2019

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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|---|---|--|
| | | 1 Practice 9am-10:30am | 2 Practice 9am-10:30am | 3 Practice 9am-10:30am | 4 Pricneton Invite-TBA | 5 Princeton Invite-TBA |
| 6 | 7 Off Day!! | 8 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 9 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 10 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 11 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 12 Reed Custer Comet Classic 9:00am Bus Leaves 6:15am |
| | 14 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 15 Home- 5:30pm Wilming- ton Meet in Café 3:30pm | 16 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 17 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 18 TBD | 19 |
| | 21 Practice 9am-10:30am | 22 Away- Peotone 5:30pm Bus Leave 3:30pm CHS | 23 Home- Ottawa 5:30pm Meet in Café 3:30pm | 24 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 25 Away- Dwight 5:30pm w/ Ridgeview Leave CHS Only 3:30pm IW 3:10 at CHS | 26 |
| 27 | 28 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 29 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 30 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 31 Weight-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | | |

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February 2019

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|-----|--|--|--|--|---|------------------------------------|
| | | | | | 1 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 2 Regionals TBD |
| 3 | 4 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 5 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 6 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 7 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 8 Sectionals TBD | 9 Sectional TBD |
| | 11 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 12 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 13 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 14 IHSA Individual State TBD | 15 IHSA Individual State TBD | 16 IHSA Individual State TBD |
| | 18 Practice 9am-10:30am | 19 IHSA Team Sectional TBD | 20 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 21 Wegt-Room 3:30pm-4:15pm Practice 4:15pm-6:00pm | 22 IHSA Team State TBD | 23 IHSA Team State TBD |
| 24 | 25 | 26 | 27 | 28 | | |

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