



Dear Athlete/Parent/Guardian,

OSF HealthCare, in conjunction with **HENRY-SENACHWINE CUSD #5**, is continuing a program for the athletes that will assist the team physician/certified athletic trainer and your licensed healthcare provider in evaluating and treating head injuries. There will be no charge for this pre-season assessment as OSF HealthCare will complete this as part of their Outreach Program.

A concussion is a disturbance in brain function caused by a direct or indirect force to the head. It results in a variety of non-specific signs and / or symptoms (some examples are listed below) and most often does not involve loss of consciousness. Concussion should be suspected in the presence of **any one or more** of the following: Symptoms (e.g., headache), Physical signs (e.g., unsteadiness), Impaired brain function (e.g. confusion) or Abnormal behavior (e.g., change in personality).

To assist in the management of concussions sustained by the student-athletes, we will be conducting a pre-season baseline SCAT5 (Sport Concussion Assessment Tool) assessment. The Child SCAT5 will be utilized for athletes age 12 and under. The SCAT5/Child SCAT5 is designed for use by medical professionals. This tool assists with the concussion evaluation process by utilizing a standardized method of evaluating injured athletes. Pre-season baseline assessments can be helpful in interpreting post-injury test scores.

The assessment tool, SCAT5/Child SCAT5, begins with a brief medical history questionnaire and current symptom checklist. This baseline concussion assessment involves verbal questions and physical activities. The assessment measures your athlete's cognitive skills to include: memory, orientation, and concentration, as well as physical functioning such as balance, coordination and neck range of motion/strength.

Cognitive and physical assessments may require focused effort leading to temporary fatigue or stress, and the athlete may become frustrated by difficult questions or tasks. In addition, given the settings in which baseline assessments will be conducted (school, fields, gyms, athletic training room, etc.) as there will be other athletes completing baseline assessments, there are potential threats to confidentiality. All efforts to preserve confidentiality of test performance will be made by spacing of the athletes with an understanding that it is not possible to assure absolute confidentiality of your athlete's performance on the SCAT5/Child SCAT5.

All of the information collected from this evaluation will remain strictly confidential and will be kept secure. Only the OSF HealthCare athletic training staff, or their designee, which is directly involved in your athlete's medical care will have access to this information. You may request that the information be provided to others by contacting the OSF HealthCare certified athletic trainer at your school.

There are some important exceptions to confidentiality, conditions under which information may be released with or without consent. These exceptions are as follows:

1. Suspected child abuse/neglect.
2. Suspected elder abuse/neglect.
3. Suspected intentions on the part of the patient to harm him/herself or to harm another individual.

State law mandates that health professionals report the above situations to the appropriate agencies.

A court of law could subpoena the records. In such cases, you will be contacted to discuss the information requested. Every effort will be made to keep confidentiality. However, if your medical provider receives a court order to submit records, s/he is likely to have to do so in order not to break the law.

OSF Orthopedics

309.676.5546 phone 309.676.5045 fax

www.osfmedicalgroup.org



If a concussion is suspected, the athlete will re-take the SCAT5/Child SCAT5 assessment if seen by an OSF HealthCare certified athletic trainer during the Outreach Program. Both the pre-season and post-injury test data will be used to assist in evaluating the injury. If your athlete is seen by a physician/licensed healthcare provider following the post-test; this information will be available to take to that appointment so the provider is aware of the testing and the results. Baseline test scores on the SCAT5/Child SCAT5 serve as an indicator of pre-injury functioning, if your athlete sustains a concussion in the field of play, or in any outside extracurricular activity, baseline test results can assist your physician/licensed healthcare provider make important decisions about return-to-play, return-to-learn, school accommodations, and other health-related recommendations.

Please contact a member of the OSF HealthCare athletic training staff at 309-676-5546 if you have any questions or wish to discuss this test and/or results.

Consent for Pre-Season SCAT5 Assessment

Your signature below indicates you understand to your satisfaction information regarding the baseline concussion assessment, utilizing the SCAT5/Child SCAT5 (Sport Concussion Assessment Tool) administered at **HENRY-SENACHWINE CUSD #5** by a certified athletic trainer from OSF HealthCare, and allow your athlete to take part in this assessment.

DISCLOSURE – Demographic information may be added to this form after signature for identification purposes.

Athlete Date of Birth:	_____
Athlete Legal Name (Printed):	_____
Athlete Signature:	_____
Date of Signature:	_____

When patient/athlete is a minor, Parent/Guardian signature is required.

Parent/Guardian Name (Printed):	_____
Parent/Guardian Signature:	_____
Date of Signature:	_____