

Interscholastic Random Athletic Drug Testing

1. Each athlete and at least one parent must attend a training rule session once throughout their high school career.
 - a. At this meeting, the drug testing consent portion on the Athletic Code of Conduct form must be signed.
 - b. Failure to do so will result in an immediate suspension from the athletic program.
 - c. Subsequent years of athletic participation will only require signing the Code of Conduct form each year.
2. Onsite Procedures/Information
 - a. The Athletic Department selects 15 dates for the school year.
 - b. Each athlete is assigned a drug testing number.
 - i. Numbered marbles are rolled from a shaker to select 10 students for each of the 2 sessions.
 - ii. The athlete with the corresponding number is placed on the list
3. Testing will be conducted in the Nurse's Office for boys and girls.
 - a. A private room with a restroom is used for the collection of a specimen.
 - b. Testing will be done by qualified medical personal.
 - c. Alcohol and drugs will be tested through a urine sample.
4. Testing days will be selected at random.
5. The athlete's name will be posted on the windows at 7:30am in the following locations:
 - a. North Building Dean's Office
 - b. North Building Assistant Principal's Office
 - c. North Building Room 120
 - d. South Building Athletic Office
 - e. South Building Dean's Office
 - f. South Building Library
6. Athletes will be given a specific time to report for testing.
 - a. Go during the passing time.
 - b. Athletes will be given a pass back to class.
7. Things to bring to the test site:
 - a. A student ID or some form of picture identification
 - b. List of all prescription and over the counter drugs taken within 30 days.
8. If absent, you will automatically be tested on the next test day.
9. Notification of Results
 - a. The Athletic Office notifies parents/guardians by mail in 5 days of all negative results.
 - b. Positive Results
 - i. Prescription Medications
 1. Fax a copy of the script to the lab or bring in the bottle with the label attached.
 2. Give the doctor permission to phone Ingalls with the medical information.
 - ii. Illegal Substances
 1. The Student Assistance Coordinator notifies the parents/guardians within 48 hours.
 2. An assessment interview must take place with a chemical dependency counselor within 48 hours from notification of results.
 3. The Student Assistant Coordinator will suggest assessment from a list of available facilities.
 4. If assessment is refused, the athlete will be suspended from athletics until an assessment occurs.
 5. When assessment is completed, a recommendation from the chemical dependency counselor will be considered to determine future athletic eligibility.
 6. An athlete may have the specimen tested in a laboratory of his/her choice within 24 hours of notification of a positive result at his own expense.