



Homewood-Flossmoor High School Guidelines and Operations in Phase 4

In response to the recent guidelines, for those groups that received approval to access H-F to conduct their class/activity/sport/standardized test or when students return in a blended model, the Administration has developed a plan to ensure the health and safety of our students. The plan will continue to evolve as needed. Parents/Guardians will communicate with the teacher/sponsor/coach/Assessment Department regarding their personal position on participating on campus.

Phase 4 allows students to resume participation with strict social distancing and health and safety precautions and limitations. Guidelines must be followed. The guidelines below are derived from the IDEC, CDC, IDPH, ISBE, NFHS, and IHSA. Thank you in advance for your commitment to the safety of our school community.

Student and Parent Responsibilities

- Communicate with the teacher and Assessment Department for academic and standardized testing.
- Students will register on the 8to18 Dashboard for all extracurricular activities and athletic opportunities.
- Messages to participants and parents/guardians for athletics and activities will be communicated through the 8to18 Dashboard and other approved modes of communication through the sponsor/coach.
- Students shall bring their own water bottle (labelled with First and Last Name).
 - The use of locker rooms, shared team water coolers with cups, and water fountains are prohibited during IHSA Phase 4 for Athletics.
 - If a student-athlete does not have his/her own water bottle, he/she will be sent home.
- Students are encouraged to use the restroom at home prior to arriving on campus. Porta-Potties should be used for emergencies during Athletic practices and competitions.
- Students will wear gloves and use proper hand hygiene when working on a single item (i.e. engines).
- Students are encouraged to shower before/after participating on campus and to wash their clothing immediately upon returning home.
- The Athletic Training Staff will provide athletic coverage (No therapy/exercise during IHSA Phase 4). Student-Athletes need to schedule appointments with the Training Office for injury evaluation.
- **Face Coverings**
 - Face coverings are masks or other cloth face coverings that cover an individual's nose and mouth.
 - All students must comply with the district face covering requirements by properly wearing a mask that meets the district guidelines.
 - Reach above the nose, below the chin, and completely cover the mouth and nostrils.
 - Fit snugly against the sides of the face
 - Be made of multiple layers of fabric that you can still breathe through (i.e., no bandanas)
 - May not be constructed of material that is sheer or resembles mesh or netting
 - May not have a breathing valve
 - The mask must be worn properly AT ALL TIMES.
 - This includes on the yellow school bus and in the H-F Driver's Education Car.
 - If social distancing of 6 feet or more is not possible outside
 - As outlined in the IHSA Guidelines per sport
 - If the student does not have his/her own face covering mask, he/she will be sent home.

- **School Bus Information**

- Per the ISBE guidelines, up to 50 students may ride the bus with a mask on. However, our busses will average up to 25 students.
- Students will socially distance on the bus.
- Students will show the daily health self-certification form results email with their Student ID to the school bus driver in order to board the bus and prior to participation on campus.
- As students board the bus, they will load from back to front. Therefore, the first student picked up will sit in the back of the bus whereas the last student will sit in the front of the bus.
- In the event of contact tracing, any student within 3 seats in front or behind the suspected student will be considered in close contact. School bus video footage will assist in facilitating contact tracing.

- **Arrivals and Departures**

- All bus riders will be dropped off at South Building Door 1.
- All other students will enter through the North Building Atrium or South Building Door 12.
- Students should arrive no earlier than 15 minutes prior to the start of their scheduled session.
- Students need to exit the facility immediately after the session concludes and exit campus as soon as possible.
- Parents/Guardians must remain in their vehicle until their student messages that he/she passed the temperature screening.
- Once the temperature screening is completed, parents/guardians should exit campus and return to pick up their students 10 minutes prior to the conclusion of the session.

- **Online Health Self-Certification**

- Parents are required to complete a daily online health self-certification form for their student before boarding a school bus or coming on campus via an alternate mode of transportation.
- The daily health self-certification form will monitor students for symptoms of COVID-19 (fevers, chills, cough, muscle aches, shortness of breath, headache, sore throat, runny nose, nausea, vomiting, diarrhea, temperature, and loss of taste or smell).
- Students should stay home and contact their teacher/sponsor/coach if they have any symptoms.

- **Temperature Screening**

- Prior to each session, students will show the daily health self-certification form results email at the North Building Atrium, South Building Door 1 or Door 12, and/or the assigned exterior Athletic Facility prior to an onsite screening for a temperature $>100.4\text{F}/38\text{C}$ with a contactless thermometer.
- If symptoms are present, the student will not be allowed to participate and will be sent home.
- Students must report to their designated area at the facility directly after an approved temperature screening.

- **Limitations**

- Maintain social distancing by being 6 feet apart.
- Follow specific facility gathering guidelines or subgroups of 10 including the teacher/sponsor/coach.
- No parents/guardians, family members, or spectators are allowed in any facility during a session.

- **Routine Cleaning**

- Food and drinks other than water will not be permitted or consumed in the rooms.
- Each room will be cleaned nightly.
- Classrooms on Fridays will be cleaned between class periods.
- Delicate and specialized equipment will be cleaned by the teacher/sponsor/coach.

- **Notification of Symptoms**

- If a student develops symptoms or a temperature while on campus, the student will be directed to a Nurse's isolation room (214 or South Building Old Nurse's Office) or an Athletic Training Room.
 - Upon arrival, the student will wait outside the room for assessment.
 - In appropriate gear, the Nurse will monitor the student and contact parents for pick up.
- If a parent/guardian observes his/her child starting to have symptoms of COVID-19, immediately contact the teacher/sponsor/coach to inform the school of the symptoms.
 - The student tests positive for COVID-19.
 - The student exhibits one (or more) symptom(s) of COVID-19.
 - The student has a temperature $\geq 100.4F/38C$ with no other COVID-19 symptoms.
 - The student has had close contact with someone who tested positive for COVID-19 (within six feet for longer than 15 minutes).
 - The student has had close contact with someone who is exhibiting one or more COVID-19 symptoms, as confirmed by a medical provider.
 - The student has returned from a location with a sustained widespread transmission designated as [Travel Warning Level 3](#) by the Centers for Disease Control and Prevention or from locations that the Cook County Public Health Department or the State of Illinois have determined require a 14 day quarantine upon return.
- You must keep your child home until cleared by your primary care provider or health care professional before returning to the class/activity/sport.
- School nurses will review reports and possibly the Cook County Department of Public Health.
- Depending on the unique circumstances of the case, the school district may initiate contact tracing efforts and may take additional preventive measures to reduce the spread of COVID-19.