

## Information

For additional information, please contact:

Coach Motley at OHS at 919-732-6133 ext. 20602 or the OHS Athletic Department at 919-732-7253.

Coach Condron at OHS at 919-732-6133 ext. 20701.

## Application Form

Name: \_\_\_\_\_

School: \_\_\_\_\_

Grade for 2016-17 school year:  
\_\_\_\_\_

Parent(s) Name(s): \_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

## Hard Work Breeds Success



# BASKETBALL CAMP

## SUMMER 2017

JUNE 26-29



## ORANGE HIGH SCHOOL

## Camp Staff

This year's camp will be led by Coach Greg Motley, head coach of the Orange High School Men's Basketball team and Coach BJ Condrón, head coach of the Orange High School Lady Panthers Basketball team. The camp will be staffed by the OHS basketball staff and players.

## Camp Goals

The goal of the Basketball Camp is to provide an understanding and appreciation of the basics of basketball to each participant. Both offensive and defensive techniques will be covered. Basketball players of all ages will benefit from the fun and exciting learning experience of this camp.

## Enrollment

Enrollment is limited to a total of 80 campers (boys and girls). Enrollment for the camp is on a first come first serve basis. Any shortage of one group may allow for extra participants in another group. The camp is open to rising 3rd through 10th graders.

## Snacks

We will sell snacks during breaks.

## Camp Info

The Basketball Camp will start Monday, June 26th and will run through Thursday, June 29th, 2017. The camp runs from 8:00a.m. until 12:00p.m. each day. Participants should be dropped off at the Orange High School Gymnasium.

## Cost

The cost for the Basketball Camp is \$75. A deposit of \$25 must accompany your application. The cost will cover the camp instruction, a camp t-shirt and insurance coverage for the camp. ***Please make checks payable to:***

**Orange High School**



## Deadlines

All applications should be completed and returned by June 23th, 2017 to:

**Greg Motley  
Orange High School  
500 Orange High School Road  
Hillsborough, NC 27278**

## What to Bring

Each camper is responsible for having gym shorts, a t-shirt, and basketball shoes each day of camp.

## Daily Schedule

The following schedule will be used each day of the camp to ensure that the camp goals are achieved:

- **Stretch/Calisthenics**
- **Group Drill Work**
- **Instructional Stations:**
  - ◇ Offensive Techniques
  - ◇ Defensive Techniques
  - ◇ Fundamentals (passing, ball handling, rebounding, etc.)
  - ◇ Shooting Instruction
- **Team Play Techniques**
- **Team Games**

During the camp, there will be a free throw, hot shot, and 3 point competition.