

December

2019

*Varsity Only Practice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6:30-7:30am* 3:15-5:30pm	3 3:15-5:30pm	4 6:30-7:30am* 3:15-5:30pm	5 3:15-5:30pm	6 AWAY Invite @ Oak Forest	7 8-11:00am*
8	9 6:30-7:30am* 3:15-5:30pm	10 3:15-5:30pm	11 6:30-7:30am* 3:15-5:30pm	12 3:15-5:30pm	13 3:15-5:30pm	14 8-11:00am*
15	16 6:30-7:30am* 3:15-5:30pm	17 TRI @ Reavis w/ Argo 4:30pm	18 6:30-7:30am* 3:15-5:30pm	19 HOME vs. Lemont and Tinley Park 4:30pm	20 Tinley Park Invite 5:00pm	21 8-11:00am*
22	23 8-11:00am (Bring workout gear and swim gear)	24 Merry Christmas!	25 Merry Christmas!	26 8-11:00am (Bring workout gear and swim gear)	27 8-11:00am (Bring workout gear and swim gear)	28 8-11:00am*
29	30 8-11:00am (Bring workout gear and swim gear)	31 8-11:00am (Bring workout gear and swim gear)				