

## **Hawks Athletics Code of Conduct**

### Statement of Philosophy of Sporting Activities

The Board of Education believes that all students benefit from participation in extra curricular activities. Therefore, the Board wants to encourage all students to participate in extra curricular activities to the best of their ability. Coaches are provided to help students develop a positive attitude about the experience. Within a safe environment, the coach will teach basic skills, emphasize fair play, and will see that each student athlete develops a sense of self-worth. The Board believes the best way to accomplish these goals is to allow each student athlete the opportunity to develop the skills within that extra curricular activity. Fans, parents, and the public should support each coach and student athlete in their respective extra curricular activity for their efforts regardless of the outcome of the win-lost record.

### No Cut Policy

Each student athlete who signs up for an extra curricular activity shall be a member of that activity. Each student athlete on the team shall be provided a similar uniform.

The no cut policy and the 15-person roster for tournament play are not inconsistent. When applicable, the coach will explain the roster limitation rule at the beginning of the season to the students. It is at that time “cuts” will be allowed for any extra-curricular activity. Any student athlete that completes a season up to the 15-person roster and is not part of that roster, shall still remain part of the team, being recognized at the end of the year awards ceremony.

The Board recognizes the no cut policy will in some instances create a need for volunteer assistances for the coaches. The coaches for the sport will request administrative approval for any volunteer assistances.

### Division of Teams

The Board understands that we have two separate teams within our programs. The 7th grade team, referred to as “JV”, and an 8th grade team, referred to as “Varsity” will have designated separate schedules. If available, there will be a separate schedule for the 5/6th grade teams as well. However, when a separate 5/6th grade game is not available, those athletes will become part of the JV or Varsity team.

### Home School Students

Students who are being home schooled are not eligible for membership on any extra curricular activity.

### Practices

All athletes will be given quality practice time. Practice is a learning time and all students involved should be given an opportunity to learn the fundamentals of the activity. The coaches shall design instructional activities of drills that provide all athletes with an opportunity to improve their skills.

The establishment of a practice schedule should be considerate of the needs of the student athlete. Practices will only be scheduled from 4-5:30 pm at one of our three practice facilities. Coaches have the possible days for scheduling a practice: Monday, Tuesday, Thursday, Friday, and Saturday. Wednesdays are only available during

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tournament play with the Athletic Directors approval. Sundays are never allowed as a practice day.

Coaches will determine if a practice is closed to parent/guardians of a student athlete.

### Parent Orientation

Parent/guardians are required to attend a parents orientation meeting before practices begin for each respective extra curricular activity. The purpose of the meeting is to:

- hand out game schedules and practice schedules
- discuss equipment the parents/guardians need to provide
- help the coaches understand the needs and concerns of the parents/guardians
- enable the parents/guardians to become acquainted with the coaches
- educate the parents/guardians about the goals of the coaches and the district
- inform parents/guardians about the specifics of the program and what is expected of the students and parents/guardians

The Hawks Extra-Curricular Code of Conduct must be signed by the coaches, students, and parents/guardians before the student may participate in that extra curricular activity. This will be required to be signed one time per school year and will be placed on file with the Athletic Director. This code of conduct will be available as part of the registration packet and at the first extra curricular activity that the athlete participates.

### Contract for Hawks Extra Curricular Code of Conduct

The parent/guardians agree to:

1. Recognize that youth sports are first and foremost a disciplined play activity
2. Be supportive, but involved the child in decisions about participation and levels of achievement
3. Help their children understand how to give their maximum effort
4. Realize that yelling instructions or criticisms at their student athlete distracts the athlete and interferes with effective coaching.
5. Help the student athlete be responsible for their efforts
6. Help the student athlete set realistic goals
7. Be interested in feedback from the coaches about the student athlete's skill development
8. Show the student athlete self control
9. Accept the student athlete's triumphs and disappointments
10. Not make negative comments to players, coaches, parents, officials of the opposing team or our team
11. Not to interfere with their student athlete's coach while coaching at practice or a game

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- 12.Ensure that the extra curricular experience contributes positively to the student athlete and their ability
- 13.Pick up your student athlete promptly after practices and games
- 14.Sign out your student athlete after a road contest and arrange for transportation home from home contests.
- 15.Agrees to respect the coach in a professional manner. This means that if a conference is desired, the parent will follow the correct protocol that is established within this code of conduct. There will be no meetings held after a contest played that day.

The Coaches agree to:

1. Help athletes master new skills, enjoy competing with others and feel good about themselves
2. Realize that his/her initial assessment of an athlete's competence may need to be revised continually as the season progresses
3. Help each athlete understand that losing a game is not a sign of failure or a threat to their personal value.
4. Help young athletes understand that they are never losers if they give their maximum effort.
5. Make clear expectations regarding the student's attendance at practice and having the proper equipment.
6. Communicate the values of the program and his or her coaching philosophy.
7. Provide feedback to the student regarding the student's ability, skill development, and training needs, and share that information with the parents/guardians
8. Be honest with the parents/guardians about the student athletes
9. Be well versed in the techniques and skills of their sport and to teach these skills to young people.
- 10.Recognize that youth sports are first and foremost a disciplined play activity.
- 11.Realize that one of the greatest contributions that sports can make to young athletes is to build character.
- 12.Show the student self-control
- 13.Accept the student athlete's triumphs and disappointments
- 14.Determine how he or she will form preseason or early season expectations for each athlete.
- 15.Design instructional activities or drills that provide all athletes with an opportunity to improve their skills
- 16.Respond to skill errors in games or practice with corrective instruction and convey the attitude that all athletes can improve their skills performance.
- 17.Recognize that winning is an important goal but not the most important objective.
- 18.Maintain discipline at a level that enables each student to fully and enjoyably participate.
- 19.Maintain a practice environment that minimizes the possibility of injury to the student athlete.
- 20.Develop uniform return procedure and explain that to the parent and players.
- 21.Explain all the criteria for winning a letter in the respective sport they coach.

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22. Explain travel arrangements to and from athletic contests, providing a sign out sheet for road contests.

The student athlete agrees to:

1. Have fun
2. Recognize that sports are first and foremost a disciplined play activity
3. Understand that I am not a loser if I give my best efforts
4. Support, encourage and help other members of the team
5. Treat other players on my team with dignity and respect
6. Remember that academic work comes first
7. Follow all school rules of athletic conduct
8. Set goals I think I can meet
9. Maintain self-control
10. Not make derogatory comments or gestures to players, coaches, or officials
11. Attend all practices and have the proper equipment
12. Follow the instructions of the coaches
13. Do the best I can
14. Be on time
15. Learn as much as I can about the extra curricular activity
16. Be unselfish
17. Be honest
18. Attend all other activities associated with the extra curricular activity outside of practice and games.
19. Be responsible for the care and maintenance of all equipment, including uniforms. If these are lost or destroyed then the athlete must pay for replacement.

### Gender Equity

The Board believes both girls and boys should have the opportunity to participate in a variety of team sports and competitions.

### Fifth/Sixth Grade Involvement in Athletic Teams

The 5/6th grade students have the opportunity to participate in Junior High Athletics as part of the JV or Varsity teams. When available, contests at the 5/6th grade level will be scheduled exclusively for those grades.

While a 5/6th grade students to have the opportunity to participate in specific Junior High Athletics, coaches are not required to give equal playing time to those that have moved up. However, when available, during a 5/6th grade contest, equal playing time is required by the coaches. The Board believes that during a 5/6th grade contest, this is the opportunity for them to improve their skill development during a game atmosphere.

While a 5/6th grade student is playing at the JV or Varsity level, they will follow any practice or game schedule for that respective extra curricular activity. That student will also be allowed to participate in 5/6th grade games and practices during the same

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season, within the standards of the IESA. It will be the coach of their respective sport on the travel limitations to road games 5/6th grade athletes will have while participating on a JV or Varsity team.

### **Academic Requirements:**

In order to be eligible to participate in interscholastic athletic/activities in the Crescent-Iroquois CUSD #249 district, a student must have passing work in all subjects per week. Passing work is considered a D- or above on the districts grading scale, or Pass grade in a Pass/Fail class. Grades will be cumulative throughout each nine weeks, and will begin with a new cumulative grade at each of the nine weeks.

This eligibility will be checked on a weekly basis, every Thursday afternoon by 2 pm. If it is a shortened week, the grade check will happen on the day of dismissal closest to Thursday of that week. All grades 5-8 will have this weekly grade check.

Eligibility will begin the date of the first scheduled practice and run until the date of the last scheduled contest or practice. The Athletic Director will send a formal letter to coaches, athletes, and parent/guardians when an athlete has become ineligible.

An athlete will follow the 3 strikes rule. Strike One will allow the athlete to participate in practice, but will not allow them to participate, dress, or attend any games with the team of that such week. Strike Two will not allow the athlete to participate in any practices in that such week. Furthermore, the athlete will not be allowed to participate, dress, or attend any games with the team in that week. Strike Three an athlete will be dismissed from the team, and will be required to turn in the assigned uniform to the Athletic Director immediately.

### **Multi-Sport Participation:**

A student may participate/compete in more than one athletic/activity during a particular season. The district encourages parents/guardians to consult with and assist the athlete in making the decision to participate in multiple activities in a single season.

Participation in athletics/activities is a privilege, not a right

If a locker is provided to a student, it is for the students use, however owned by the school district. Thus, school officials may conduct any search of these lockers when deemed appropriate.

Uniforms are provided to each athlete for use during a sport season. The uniform is to be cared for by the athlete in the appropriate manner. Any damage to the uniform, or a lost uniform, will be the responsibility of the athlete. If such damage or loss occurs, the Athletic Director will present the athlete with cost of replacement.

Equipment used for the particular activity is owned by the district. Any misuse of this equipment will not be tolerated. Any damage or loss of equipment due to misuse will be the responsibility of the athlete.

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### Substance Abuse

1. The use, possession, and/or delivery of alcoholic beverages, marijuana, or any other controlled substance (drug, look-alike, drug paraphernalia) are forbidden.
2. The use, possession, delivery of cigarettes, cigars, or chewing tobacco is prohibited.
3. Any violation of a local, state, or federal law is prohibited.
4. This policy will be in effect on a continuous basis during the school term and during those dates outside of the school term when students are actually participating in extracurricular activities.
5. Students who are found guilty of any of the above substance abuse conducts, will be disciplined by the Board of Education, as they feel appropriate.
6. Any discipline handed out by the Board of Education must be fulfilled prior to competing in another interscholastic athletic/academic activity.

### School Suspensions/Discipline

1. A student who has been disciplined with an out of school suspension, shall not be eligible to participate in the athletic season while on that suspension.
2. A student who has been disciplined with an in school suspension, will be allowed to participate in the athletic season with the Principal/Superintendents approval.
3. A student who has been disciplined with a detention, will be allowed to participate in the athletic season.

### Attendance of school

1. Student attendance is required for participation in interscholastic athletic/academic activities.
  - a. In order to participate, a student must be in attendance the entire day, unless approval from the Administration.
  - b. If a student misses the school day due to illness, they will not be permitted to participate in any afternoon or evening activities.
  - c. If a student is not in attendance for all day or part of a Friday, it is the parents/guardians discretion for any Saturday events.
  - d. If a student has an appointment, that removes the student from school, the student is allowed to participate in that evening's activities.
  - e. If a student is absent in the morning, they must be in session by 12:00 pm (noon), or have approval from the Principal/Superintendent, or the Athletic Director.

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### Sportsmanship

The Board of Education at C-I CUSD #249, believes that their student athletes, coaches, and fans are among the best in our area. Acknowledging this belief, inappropriate behavior includes, but is not limited to yelling, cursing, and use of alcoholic or drugs. The school district, Board of Education, and administration have established this high code of ethics for the fans, players, and coaches.

Spectators are expected to behave in a respectful manner at all contests. A respectful manner includes respect for the players, coaches, referees, and fellow fans, from both our district and our opponents. Should a spectator not behave in this manner, they will face the possible disciplinary acts listed below. Each act of behavior could result in any of the following sanctions. Each situation will be handled separately of any previous situation and dealt with accordingly.

### Disciplinary Actions:

1. Minor conference with school official to remind them of proper behavior
2. Spectator asked to leave the game and facility
3. Spectator banned for 1-5 games, board approval
4. Spectator banned from an entire season, board approval
5. Spectator banned from all events at C-I CUSD #249, board approval

These are not listed in the order of discipline sequence, with any act could result in the spectator receiving any of the above actions.

Appeal Process: The spectator has the right to appeal any decision. The appeal process will follow this protocol:

1. Athletic Director (unless coach of sport involved)
2. Principal
3. Superintendent
4. Board of Education

Spectators are expected to follow the 24-hour rule. Any parent/guardian that has an issue with a particular coach during their season, must wait 24 hours before approaching that coach. The parent/guardian must not approach a coach before or after a game or before or after a practice without a scheduled appointment with them. Communication is important between coaches and families, however, at the appropriate times. The process should follow this order for dealing with any issues that might occur:

1. Coach
2. Athletic Director (unless coach of sport involved)
3. Principal
4. Superintendent
5. Board of Education

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I have read and agree to abide by the contents of the Hawks Athletics Code of Conduct approved by the Board of Education for C-I CUSD#249. I understand my child may not participate until this form is signed and proof of completed physical are provided to the Athletic Director of C-I CUSD#249.

Date: \_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Coach Signature

\_\_\_\_\_  
Parents Signature