

2018 Central Cougar Volleyball Camp/Clinic

June 25, 26, & 27

All Skills Camp

Girls Entering Grades 4th & 5th (8:00 AM – 9:45 AM)

All Skills Camp

Girls Entering Grades 6th, 7th & 8th (10 – 11:45 AM)

Hitting/Setting Clinic

Girls Entering 6th – 8th grade (12- 1:30)

All Skills Camp: Provide campers with instruction and training on the fundamental skills (passing, serving, setting, & hitting) along with technical instruction on more advanced skills and teamwork.

Hitting/Setting Clinic (6th-8th grade only):

Hitting: Train both beginner and experienced hitters to learn and practice several aspects of attacking, including arm swing training, timing, approach footwork, and shot selection.

Setting: Training for both beginner and experienced setters covering hand position, footwork, proper setting form, tactics, location, and strategy.

Price: All Skills Camps \$50/Player

Hitting/Setting Clinic (6th-8th only) \$50/Player

All Skills AND Clinic (6th-8th only) \$80

All Campers will receive a ball and camp shirt.

*If your daughter attends both camps, please have her pack a snack.

Check one of the following to begin registering your daughter.

_____ 4th & 5th grade All Skills Camp \$50

_____ 6th – 8th grade All Skills Camp \$50

_____ 6th – 8th grade Hitting/Setting Clinic \$50

_____ 6th – 8th grade All Skills Camp AND Hitting/Setting Clinic \$80

Player Name: _____

Address: _____

Parent Phone Number: _____

Entering Grade: _____ Position: _____

Shirt Size: (Youth Sizes): S M L

(Adult Sizes): S M L XL

Total Amount enclosed: _____

Make checks payable to: Central High School

Send entry fee/form to: Central High School
Attn: Cris Toennies
7740 Old U.S. 50
Breese, IL 62230

Any questions contact Coach Toennies: 526-4578

I understand that neither Central High School or the Central Cougars Volleyball Camp provide insurance coverage for any accidental injury sustained by my daughter as a result of her participating in the activities of the camp. In the event of such an injury I will not hold Central High School or the Central Cougars Volleyball Camp liable. I understand that primary health and accident insurance is the responsibility of the parent and/or legal guardian.

Parent/Guardian Signature: _____