



SIH Sports Rehabilitation

Sports Physicals

All athletes, dancers and cheerleaders from 7th–12th grade at Carterville are welcome

Screening includes endurance, strength and flexibility, baseline concussions, postural assessments, height, weight, vision and comprehensive physical exams per IHSA standards. No shots will be given.

\$10 donation suggested. Please make checks payable to CHS Athletics. All proceeds are given back to participating school athletic departments.

Questions?

877.656.4999

Physical forms can be found at IHSA.org or picked up outside the Athletic Office. Front page of form can be completed in advance of physical.

May 29, 2019

12:00 pm – 4:00 pm

Location:

Carterville High School
Athletic entrance on
south side of building

Physicals provided by

