

June 13, 2016

Dear Soccer Parents/Guardians:

In May 2007, the Massachusetts Interscholastic Athletic Association (MIAA) voted to rescind its mouth guard mandate in soccer. Now mouth guards will only be “highly recommended” in soccer instead of “required.”

Given the physical nature of soccer, the Athletic Department at Assabet Valley Regional Technical High School will continue to offer mouth guards to student-athletes if they so choose to wear a mouth guard during the soccer season.

Your signature below indicates that you have received this letter, read this letter, and will make a family decision regarding the wearing a mouth guard, which will be in the best interest of your son/daughter.

As an aside, if you so choose to have your son/daughter wear a mouth guard, I would like to make you aware of the Massachusetts Dental Society’s Grin and Wear It Program. The Grin and Wear It Program is a mouth guard program in which more than 175 Massachusetts Dental Society dentists throughout the state have volunteered to provide custom-made mouth guards for a discount or nominal fee. Custom-made mouth guards are by far the best mouth guard in terms of their fit, comfort, and protection. To access a list of dentists participating in the Grin and Wear It program, log onto www.massdental.org and click on Public Awareness/For Parents/Educators. Or you may call the Massachusetts Dental Society at (800) 342-8747 x 253.

Please return this signed form to your son’s/daughter’s soccer coach.

Athlete’s Name (Please Print): _____

Signed: _____ Date: _____

My son/daughter will wear a mouth guard during the 2016 soccer season.

My son/daughter has permission and **will not wear** a mouthguard during The 2016 soccer season.