

Arsenal Tech High School



North Central Conference

Member Schools

Anderson Indians

Arsenal Tech Titans

Harrison Raiders

Kokomo Wildcats

Lafayette Jefferson Bronchos

Logansport Berries

Marion Giants

McCutcheon Mavericks

Muncie Central Bearcats

Richmond Red Devils

Athletic Handbook

2018-2019

THE TECH HIGH SCHOOL CREED

**AS A STUDENT OF TECH HIGH SCHOOL,
I BELIEVE THAT THE REPUTATION OF THE SCHOOL
AND MY SELF-RESPECT AS A MEMBER OF THE STUDENT
BODY DEPEND UPON MY ATTITUDE AND BEHAVIOR.**

FAILURE IS NOT AN OPTION

I SHALL ATTEMPT AT ALL TIMES:

**TO EXHIBIT GOOD MANNERS, GOOD SPEECH, GOOD SPORTSMANSHIP,
AND FRIENDLINESS TOWARD ALL. . .**

**TO STRIVE FOR HIGH SCHOLASTIC STANDING AND TO SUPPORT
SCHOOL ACTIVITIES TO THE BEST OF MY ABILITY. . .**

**TO HONOR, RESPECT, AND COOPERATE WITH MY SCHOOL, MY
TEACHERS, MY FELLOW STUDENTS, AND MY COMMUNITY.**

THEREFORE,

**MAY THE EXPERIENCE OF MY FOUR YEARS AT TECH HIGH SCHOOL BE
ALWAYS AN INSPIRATION FOR BETTER CITIZENSHIP.**

INTRODUCTION

Athletics can make a material difference to the development of young adults. The purpose of athletics is to provide an atmosphere in which every willing participant can actively develop their athletic talents to the best of their abilities. Athletics is a process that can be used to cultivate leadership, friendship and partnership that will last long into adulthood. This process is best accomplished within a framework of fair play, teamwork, loyalty, and dedication. These qualities are highly valued by institutions of higher learning as well as employers. Careful reading of this handbook will greatly augment your athletic experience at Arsenal Tech High School.

A great amount of money is spent every year to purchase and maintain our facilities and equipment. Your parents, your friends and you help to finance our program in many ways. Do your part to help keep these costs down by taking pride in what we have and in exercising good judgment in its use.

Your presence on an athletic squad draws the focus of public attention to you as a representative of Tech High School. Arsenal Tech has a great tradition in interscholastic athletics. Our athletic teams are respected by all. Your decision to participate on an athletic team at Tech indicates that you are willing to make a commitment to uphold the tradition that has been earned by many great athletes.

CHECKLIST FOR ATHLETIC PARTICIPATION

- **Annual Physical – IHSAA requirement. Cannot be more than 395 days old at any point during season.**
- **Parent Permission and Emergency Medical Authorization Form – must be completed before the season.**
- **Check Tech Extra-Curricular website:**
www.arsenaltechtitans.com for athletic dates and times.
- **Attend Sports Information Meeting for each individual sport in which you participate.**

ATHLETIC HANDBOOK

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PARENT/COACH COMMUNICATION

Both parenting and coaching are different vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our children. As a parent, when your child becomes involved in the Tech athletic program, you have a right to understand what expectations are placed on him/her. This begins with clear communication from the coach of your child's program.

Communication you should expect from your child's coach:

- Philosophy of the coach.
- Expectations the coach has for your child as well as all athletes on the team.
- Locations and times of all practices and contests.
- Team requirements, i.e. fees, special equipment, off-season conditioning.
- Disciplinary actions that may result in the denial of your child's participation.

Communication coaches should expect from parents:

- Concerns to be expressed directly to the coach.
- Advance notification of any schedule conflicts.
- Specific concerns in regard to a coach's philosophy and/or expectations.

As your child becomes involved in the athletic program at Tech High School, he/she will experience some of the most rewarding moments of his/her life. It is important to understand that there may also be times when things do not go the way your child wishes. At these times, discussion with the coach is encouraged.

Appropriate concerns to discuss with the coach:

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior.

It is very difficult to accept your child's not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all student-athletes involved.

As you have seen from the list, certain things can and should be discussed with your coach. Other things, such as the following, should be left to the discretion of the coach.

Issues not appropriate to discuss with coaches:

- Playing time.
- Team strategy.
- Play calling.
- Other student athletes.

There are situations that may require a conference between the coach and the parent. This is encouraged. It is important that all parties have a clear understanding of each other's position. When a conference is necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

Procedures to follow if you have a concern to discuss with a coach:

- Call to set up an appointment to see the coach. Plan on having your student-athlete be part of the meeting.
- If the coach cannot be reached, call the Athletic Director's Office. We will get the message to the coach.
- Please do not attempt to confront the coach before or after a practice or contest. These confrontations can be emotional for both the parent and coach. Meetings of this nature do not promote resolutions.

What a parent can do if the meeting with the coach does not provide a satisfactory resolution:

- Call to set up an appointment with Athletic Director to discuss the situation.
- At this meeting, an appropriate next step will be determined.

Research indicates that students involved in extracurricular activities have a greater chance for success during adulthood. Many of the character traits required to be successful participants in these activities are exactly those that will promote successful lives after high school.

Our hope is that the information in this document will help make your experience and your child's experience with the Tech High School Athletic Program more enjoyable.



Arsenal Tech High School Athletics is a member of the IHSAA and abides by all of its policies. Information on all policies and guidelines can be found at www.ihsaa.org.



NORTH CENTRAL CONFERENCE

Arsenal Tech High School is also a member of the North Central Conference and abides by all of its policies and Guidelines. Information on all policies and guidelines can be found at: www.northcentralconference

NCAA ELIGIBILITY CENTER QUICK REFERENCE SHEET



Core Courses

- **NCAA Division I requires 16 core courses.** See the chart below for the breakdown of this 16 core-course requirement.
- **NCAA Division II currently requires 14 core courses.** Division II will require 16 core courses for students enrolling on or after August 1, 2013. See the breakdown of core-course requirements below.

Test Scores

- **Division I** uses a sliding scale to match test scores and core grade-point averages. The sliding scale for those requirements is shown on page two of this sheet.
- **Division II** requires a minimum SAT score of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes only the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a sum of the following four sections: English, mathematics, reading and science.
- **When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.**

Grade-Point Average

- **Be sure to look at your high school's List of NCAA Courses on the NCAA Eligibility Center's website (www.eligibilitycenter.org).** Use the list as a guide.
- **Only courses that appear on your school's List of NCAA Courses will be used in the calculation of the core grade-point average.** Use the list as a guide.
- **Division I** core grade-point-average requirements are listed on the sliding scale on Page No. 2 of this sheet.
- **The Division II** core grade-point-average requirement is a minimum of 2.000.
- Remember, the NCAA grade-point average is calculated using NCAA core courses only.

DIVISION I 16 Core Courses
4 years of English.
3 years of mathematics (Algebra I or higher).
2 years of natural/physical science (1 year of lab if offered by high school).
1 year of additional English, mathematics or natural/physical science.
2 years of social science.
4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

DIVISION II 14 Core Courses
3 years of English.
2 years of mathematics (Algebra I or higher).
2 years of natural/physical science (1 year of lab if offered by high school).
2 years of additional English, mathematics or natural/physical science.
2 years of social science.
3 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

DIVISION II 16 Core Courses (2013 and After)
3 years of English.
2 years of mathematics (Algebra I or higher).
2 years of natural/physical science (1 year of lab if offered by high school).
3 years of additional English, mathematics or natural/physical science.
2 years of social science.
4 years of additional courses (from any area above, foreign language or comparative religion/philosophy).

NCAA DIVISION I SLIDING SCALE CORE GRADE-POINT AVERAGE/ TEST-SCORE		
Core GPA	SAT <small>Verbal and Math ONLY</small>	ACT
3.550 & above	400	37
3.525	410	38
3.500	420	39
3.475	430	40
3.450	440	41
3.425	450	41
3.400	460	42
3.375	470	42
3.350	480	43
3.325	490	44
3.300	500	44
3.275	510	45
3.250	520	46
3.225	530	46
3.200	540	47
3.175	550	47
3.150	560	48
3.125	570	49
3.100	580	49
3.075	590	50
3.050	600	50
3.025	610	51
3.000	620	52
2.975	630	52
2.950	640	53
2.925	650	53
2.900	660	54
2.875	670	55
2.850	680	56
2.825	690	56
2.800	700	57
2.775	710	58
2.750	720	59
2.725	730	59
2.700	730	60
2.675	740-750	61
2.650	760	62
2.625	770	63
2.600	780	64
2.575	790	65
2.550	800	66
2.525	810	67
2.500	820	68
2.475	830	69
2.450	840-850	70
2.425	860	70
2.400	860	71
2.375	870	72
2.350	880	73
2.325	890	74
2.300	900	75
2.275	910	76
2.250	920	77
2.225	930	78
2.200	940	79
2.175	950	80
2.150	960	80
2.125	960	81
2.100	970	82
2.075	980	83
2.050	990	84
2.025	1000	85
2.000	1010	86

For more information, visit the NCAA Eligibility Center website at www.eligibilitycenter.org.

ATHLETIC GUIDELINES

ATHLETIC CODE – STATEMENT OF PHILOSOPHY

1. A code is a system of guiding principles and rules that communicates norms and values and helps individuals distinguish between what is right and what is wrong. This code outlines Arsenal Tech High School and Tech's expectations for students who choose to be involved in our extracurricular program.
2. Tech High School offers an extensive and diverse athletic program to provide additional learning opportunities to students who wish to develop special interests, skills, and talents to a higher level. Involvement in these activities is voluntary and a privilege; students choosing to participate take on extended responsibilities as representatives of their school and community. These extended responsibilities justify holding students who choose to participate in the athletic program to a higher standard of conduct as a condition of participation.
3. Students who choose to participate in the athletic program are responsible for behaving in accordance with this code.

EXPECTATIONS

Students may be suspended from participation in athletic activities for misconduct including but not limited to the following. All participants **MUST**:

1. Realize the importance of academic excellence. (Indianapolis Public Schools require the participant to receive a C grade or above in all but two (2) course classes to maintain eligibility for the quarter.
2. Not use or possess tobacco, alcohol, or illegal drugs. ("Possession" as used in this code shall mean having knowledge of, and any control over, an item.)
3. Practice good citizenship in all environments by respecting the property and rights of others. (Poor citizenship includes actions such as stealing, vandalism, and other illegal acts.)

4. Realize the existence of and be held accountable for the individual rules as outlined by the coach or sponsor, other than those outlined in the code.

ATHLETIC CODE – PARENTAL PERMISSION FORM

The Athletic Code applies to all students who choose to participate in athletic activities. Students are encouraged to discuss any questions regarding the code with the coaches or sponsors.

The Athletic Code-Parental Permission Form is to be signed by a parent (guardian) and participant prior to his/her participation. The commitment that those signatures represent will remain in effect for ONE CALENDAR YEAR from the date of last participation by the student. In order for the student to participate after that date, the participant and parent must once again sign said form, which in turn will commit the participant just as stated above. Code violations do, however, carry over from one year to the next.

ATHLETIC CODE SUBSTANCE VIOLATIONS

A participant who uses or possesses tobacco, alcohol, or illegal drugs is in violation of the Athletic Code. A verifiable Code violation is deemed to have occurred when:

- A. A District employee and/or law enforcement agency, and/or representative thereof, personally confirms the participant's possession or consumption of tobacco, alcohol, or illegal drugs;

OR

- B. A participant admits to the Athletic Director that he/she has consumed or possessed any of the above said substance in violation of this Code;

OR

- C. Verification by parent/guardian or District employee or law enforcement agency, or representative thereof, confirming consumption of tobacco, alcohol, or illegal drugs at any gathering hosted on private property by the parent(s) (guardian) or family of participant(s) who are subject to the Indianapolis Public School District and Tech High School and Athletic Code Commitment.

ATHLETIC CODE VIOLATION PENALTIES

NOTE: Participants are subject to disciplinary action for behavior not described in the substance abuse violation section of the Athletic Code. Disciplinary action for behavior in violation of school rules as described in the Tech High School Handbook may also subject participants to disciplinary action under the Athletic Code. Additionally, conduct resulting in the participant's arrest or conviction of an ordinance violation or crime may result in disciplinary action under the Athletic Code.

1st Offense

A. A meeting including the participant, parents (guardian), Athletic Director and coach and/or sponsor will be conducted to discuss the infraction and an intervention meeting may be recommended.

Following that:

B. The participant must accept suspension from participating contests totaling 25% of those contracted for the season or 30 days of activity participation. A prescribed amount of community service hours may also be assigned.

If the above suspension is not completed by the season/year's end, the suspension is continued to completion during the next season/year in which the student participates.

The student should continue to practice or attend meetings during his/her athletic suspension.

2nd Offense

A. A meeting as described above must be conducted.

Following that:

B. The participant must satisfactorily complete the appropriate school recognized intervention program before resumption of eligibility is considered.

AND,

C. The student is suspended from participation for a period of one calendar year from the date that the above joint meeting was held. The participant may not practice or attend meetings while serving his/her suspension.

Following that:

D. The student must submit a formal written request for participation reinstatement to the Principal, the Athletic Director, and the Head Coach/Sponsor. Upon receipt of such request, a favorable consensus may be rendered, therefore reinstating eligibility.

3rd Offense

Eligibility is terminated immediately for the remainder of the student's high school career.

NOTIFICATION OF SUSPECTED ATHLETIC CODE VIOLATIONS

Prior to imposing a penalty under this Athletic Code, the student and his/her parent/guardian will be notified of the suspected violation and will be given an opportunity to respond to the Athletic Director within 48 hours from the time the notice is given. The Athletic Director will give notice by attempting to contact the parent/guardian in writing and/or by telephone. The parent/guardian's response to the suspected Code violation must be made to the Athletic Director within 48 hours of when they first receive notice, whether by way of telephone or in writing. The Principal, Athletic Director, and coach/sponsor will consider the response of the parent/guardian before reaching a final decision. The decision of the Principal, Athletic Director and coach/sponsor will be final and binding on the participant. A follow-up letter outlining the final decision of the meeting will be sent to the parents/guardians.

VOLUNTARY ADMISSION

A participant may voluntarily admit a substance abuse problem prior to a verifiable offense to the Athletic Director. After admission of a substance abuse problem, the participant may, under some circumstances, be allowed to continue uninterrupted eligibility. However, continued eligibility will only be available to participants who have not previously been disciplined by substance abuse violations. The Athletic Director on a case-by-case basis will determine whether or not a participant who voluntarily admits a substance abuse problem will be allowed to continue uninterrupted eligibility.

APPEALS PROCESS

If an appeal is requested, the Principal or his designee will review the decision of the Athletic Director. During the appeals process, the decision of the Athletic Director shall be enforced.

HAZING

Hazing is defined as any physical, mental, emotional, or psychological act which subjects student who is joining or affiliating with a student organization to any situation or expectation that may potentially abuse, mistreat, degrade, humiliate, harass, harm, intimidate a student, denigrate either an individual or another group or compromises a student's inherent dignity as a person. Hazing includes a situation in which an older student subjects a younger student to rites of initiation. The fact that a student participates voluntarily in a hazing incident does not alter the high school's of prohibition of such conduct.

Hazing will not be tolerated and will be subject to disciplinary action which may include suspension/expulsion and police involvement if warranted. Students who are associated with teams/activities who consider engaging in acts against other students on a team or in an activity should understand that the school considers such behavior as hazing.

POLICY ON DISCONTINUING TEAM MEMBERSHIP

Any athlete who quits the team must have permission from the Athletic Director and head coach before he/she can participate in another sport or pre-season conditioning program. The provisions of this policy shall apply only to those sports that are "in season" at roughly the same time.

TRAINING ROOM

Our training room provides us with the equipment and the facilities to prevent injuries or provide a first aid treatment for them. Please do not consider it a lounge or meeting place. Go there only when necessary. Training supplies are expensive and very necessary. We, therefore, must ask you not to carry them out of the room, and please do not use them to repair equipment or hold up socks. We need your cooperation to keep the appearance of the training room neat and orderly.

INSURANCE

The School District does carry a policy insuring students against accidents and injuries while participating in any student athletics. However, this insurance plan covers athletes that have completed the necessary requisite paperwork.

SPORTS SCHEDULES

All contest dates and locations are subject to change. For up-to-date information, go to the website at www.arsenatechtitans.com

EQUIPMENT

An athlete is responsible for each item of equipment issued to him/her. Everything issued must be recorded on his/her file card. Coaches, managers and our equipment man are operating under definite regulations in equipment issuance. Please do not ask them to violate these regulations. **LOST EQUIPMENT MUST BE PAID FOR.**

Any athlete will not be permitted to participate in a subsequent sport or to purchase books the following year if equipment previously issued is not returned or paid for. Diplomas may be withheld from seniors who have not turned in equipment. If you are found to have unauthorized equipment, it will be taken from you and disciplinary action may be taken.

Please do not abuse your equipment. We spend considerable money to supply the best; we hope you will take pride in it. Hang up your equipment in your locker. Don't pile it on the bottom. See that it is exchanged and cleaned as directed and wear it ONLY at Tech contests or practices.

No one is allowed to enter equipment rooms except when personally supervised by a coach or our equipment person. Managers are to be in the equipment room only when performing a definite assignment for the equipment manager. Equipment must be checked in and out in detail.

BOOSTERS CLUB

The purpose of the Boosters Club is to support and encourage the athletic, social and other extracurricular activities of the students of Tech High School by providing moral and financial support for the benefit of all students. Any person may become a member of the Boosters Club by paying an annual membership fee. A member is also entitled to purchase, at a reduced rate, an annual activity ticket. For any further information, please contact the Athletic Office at (317) 693-5364 The coaching staff at Tech is very aware of the vital support that the Boosters Club has provided in the past and encourages all parents to join the organization.

ATHLETIC AWARDS

The following awards are given by Arsenal Tech High School and the North Central Conference:

1. VARSITY ATHLETICS

- An 8" letter "T" is given to those athletes who have performed up to the standards set up by the coaches at the varsity level.
- Second-year letter winners are awarded a bar.
- A diploma-type award is given to those seniors who are graduating from the program.
- Junior Varsity letters are given to members of a varsity squad who do not qualify for a Varsity letter.
- Team State Letters – Team members will be awarded a white state letter if their team places in the top eight teams in the state final meet.
- Individual State Letters will be awarded to individuals who win a medal at the state tournament.

Cross Country	1 st – 25 th	
Golf	1 st – 10 th	
Swimming	1 st – 12 th	
Tennis	1 st – 6 th	Singles and Doubles
Gymnastics	1 st – 5 th	
Badminton	1 st – 6 th	Singles and Doubles
Track	1 st – 8 th	
Wrestling	1 st – 6 th	

2. SOPHOMORE ATHLETICS

- A 6" letter is given to those sophomores who have completed the standards of competition on a sophomore or junior varsity team.
- Participation certificates are given to members of a sophomore squad who do not qualify for a letter.

3. FRESHMAN ATHLETICS

- Numerals are awarded to those athletes who successfully complete the season on a freshman, sophomore or varsity squad.
- Freshmen winning a varsity letter may be given their numerals.

4. MOST VALUABLE PLAYER AWARD

- Each varsity squad selects the player who is considered to be the most valuable to the team. The announcement of the winners of these awards is made at the awards program. Names are inscribed on the MOST VALUABLE PLAYER PLAQUE, and a plaque is awarded to the recipient.

5. CAPTAINS

- Each squad selects a CAPTAIN or CO-CAPTAINS. The procedure varies with each sport – either selecting the athletes before or after the season. The policy is determined by the individual coach.

6. ALL-CONFERENCE

- The ALL-CONFERENCE selections are made by the coaches at the annual NCC coaches meeting for each sport. This is the official ALL-CONFERENCE TEAM.

7. TITAN AWARD

- A certificate is awarded by the athletic department in recognition of a senior who is a major award winner in a sport and who has a cumulative grade point average of 3.75 or above.

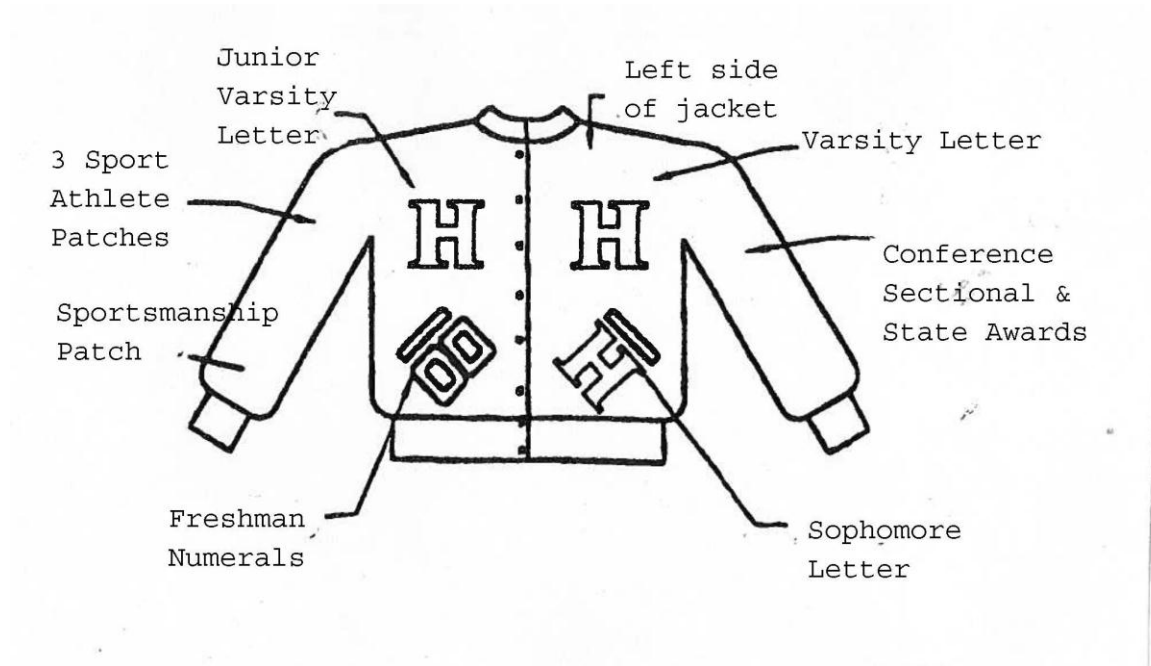
8. TECH SCHOLAR ATHLETE AWARD

- A certificate is awarded to all juniors and seniors who have a cumulative grade point average of 3.5 or above.

9. IHSAA SCHOLASTIC ACHIEVEMENT AWARD

- A certificate is awarded to all juniors and seniors who have a cumulative grade point average of 4.0 or above.

PLACEMENT OF TECH'S ATHLETIC AWARDS



PROPER DISPLAY OF ATHLETIC AWARDS

1. VARSITY LETTERS – May be worn ONLY on the front body of the letter jacket and additional letters may be worn if desired.
2. NUMERALS – May worn ONLY on the right front pocket of the letter jacket.
3. Only one set of numerals may be worn on a letter jacket.
4. Conference and/or state tournament championship patches may be worn on the left sleeve of the letter jacket.
5. Three-Sport Athlete patches may be worn on the right sleeve of the letter jacket.
6. Pins should be worn on the corresponding letter for which the pin was awarded.
7. Sportsmanship patches may be worn on the left sleeve of the letter jacket.

CONTACT LIST

Arsenal Tech High School

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