

Grades 7 & 8 Fall Sports 2019 Information

All boys and girls entering grades 7 or 8 in the fall of 2019 are eligible to play on Seven Hills teams that compete in the Miami Valley Conference. Fall sport options include: boys or girls soccer, boys or girls cross country, girls tennis, girls volleyball, or co-ed golf.

The teams have practices or competitions most days during the school week and play occasionally on the weekends. **Practices for the fall sports will tentatively on Monday, August 12th.** Coaches will contact families in early August with specific practice days and times.

Seventh and eighth graders playing on a team must have the Ohio High School Athletic Association (OHSAA) pre-participation physical exam form completed for the 2019-2020 school year on file in the Athletic office. **All OHSAA Physical forms must be on file prior to first day of practice. If an Athlete does not have a physical form turned in by Aug 12th, they will not be able to participate in practice until the form is turned in to the Athletic Office.** This form needs to be fully completed (including student and parent signatures) to enable participation, or please make an early summer appointment now with your child's physician for the required physical examination. The OHSAA Physical form and all other pre-participation athletic forms can be accessed at <https://sevenhills-oh.finalforms.com/>. Incoming 7th graders or students who haven't registered need to sign up with Final Forms initially to be entered into the system. All parents need to log in to Final Forms to review and make edits for the 2019-2020 school year. If you have any questions regarding the Physical forms and/or Final Forms, please contact Amy Ilg, 728-2440 or amy.ilg@7hills.org.

To register, please download the Fall Sports Registration form and return the completed form to the Middle School office by Friday, May 10th. **A space on a Seven Hills organized team cannot be guaranteed if registration is received after this date.**

Please note: OHSAA rules dictate that if an athlete plays on a school team, he/she may not play that same sport concurrently for any other team. i.e., fall season select soccer members may not play for Seven Hills. Please refer to the Seven Hills Athletic Handbook for more specific information regarding the operation and rules of the Seven Hills athletic program.

Please contact Roger Schnirring, Middle School Athletic Director, with any questions at 728-2443 or roger.schnirring@7hills.org.

7th and 8th Grade Fall 2019 Sports Registration

****Return this registration form to the Middle School office by Friday, May 10th**

Student's Name: _____ Grade: _____

Parent's E-mail Address: _____

Home Phone: _____ Cell Phone: _____

I wish to register for

Girls Soccer _____
Girls Cross Country _____
Girls Volleyball _____
Girls Tennis _____
Boys Soccer _____
Boys Cross Country _____
Coed Golf _____
 Golf Shirt Size _____

Parents Signature: _____

Please note: All 7th-12th grade students who wish to participate on a school team must have the Ohio High School Athletic Association's Pre-Participation form completed and on file in the Athletic Department prior **FIRST DAY OF PRACTICE, tentatively Monday, August 12th. If an Athlete does not have a physical form turned in by Aug 12th, they will not be able to participate in practice until the form is turned in to the Athletic Office.** This form needs to be fully completed (including student and parent signatures) to enable participation, so please make an early summer appointment now with your child's physician for the required physical examination. The OHSAA Physical form and all other pre-participation athletic forms can be accessed at <https://sevenhills-oh.finalforms.com/>. Incoming 7th graders or students who haven't registered need to sign up with Final Forms initially to be entered into the system. All parents need to log in to Final Forms to review and make edits for the 2019-2020 school year. If you have any questions regarding the Physical forms and/or Final Forms, please contact Amy Ilg, 513-728-2440 or amy.ilg@7hills.org.

Some options to get a physical:

1. If you choose to see your own physician, please remember to make a summer appointment now.
2. Throughout Greater Cincinnati, Beacon Orthopedics, and other health organizations offer pre-participation physicals that are required by OHSAA. Please check with your child's physician or contact your local health center, urgent care etc. to learn more. **To participate in Athletics this form must be completed and returned to the Seven Hills Athletic Department PRIOR TO PARTICIPATING in any activity with the team. Athletes will not be able to participate with teams until physicals are turned in.**