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**NASOLACRIMAL DUCT
OBSTRUCTION STUDY
NLD1**

**A Prospective Study of Primary Surgical Treatment of
Nasolacrimal Duct Obstruction in Children Less Than Four
Years Old**

PROTOCOL

Version 2.0

June 10, 2005

23 **NASOLACRIMAL DUCT OBSTRUCTION STUDY**

24 **A Prospective Study of Primary Surgical Treatment of Nasolacrimal Duct Obstruction in**
25 **Children Less than Four Years Old**

26 **PROTOCOL AMENDMENT 6-10-05**

27
28 This amendment provides for an additional follow up visit for patients who at the outcome visit
29 have symptoms of an upper respiratory infection and meet criteria for treatment failure.

30
31 **Previous Protocol**

32 The protocol previously stated that the parent will be given written instructions that indicate if a
33 patient has an upper respiratory infection (URI), the parent should reschedule the outcome exam
34 for when the patient is no longer symptomatic. However, if the patient *comes in to the outcome*
35 *exam* with a URI the exam should proceed and not be rescheduled.

36
37 **Current Protocol**

38 The protocol has been changed to add an additional follow up visit 1-3 weeks later for patients
39 who have symptoms of a URI at the outcome visit and meet criteria for treatment failure. All
40 assessments for the outcome visit will be repeated at the additional visit (clinical signs, Dye
41 Disappearance Test, Questionnaire). Outcome data from the additional visit will be analyzed in
42 the primary analysis.

43
44 Parents will be instructed to reschedule this additional visit in 1-3 weeks if the patient has a URI,
45 however, if the patient presents for the additional visit with URI symptoms all assessments will
46 be completed and the patient will have no further study follow up.

47
48 **Rationale for Protocol Change**

49 About 13% (5 of the first 39) of patients completing the outcome visit have been reported to
50 have URI symptoms at the time of the visit. When assessing for clinical signs of NLDO in the
51 presence of URI symptoms, we can be confident in the classification of treatment success, but
52 we can be far less confident in the classification of treatment failure as the clinical sign(s) and
53 symptoms present could be a product of the URI as opposed to being a sign of persistent NLDO.

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CHAPTER 1: BACKGROUND AND SUMMARY

125

1.1. Rationale for the Study

127 Nasolacrimal duct obstruction (NLDO) is a common ocular condition in the first year of life.
128 Most cases will resolve spontaneously or with massage.¹⁻³ Many studies of primary treatment of
129 nasolacrimal duct obstruction have been reported. These case series have largely been
130 retrospective, uncontrolled, and conducted in single centers.

131

132 Peterson and Robb found that 58 of 65 (89%) blocked ducts spontaneously resolved by 8-13
133 months of age, in children with NLDO symptoms.² Paul reported 51 of 55 (91%) with infantile
134 NLDO were open at twelve months.⁴ Paul did note in an extrapolation of his data that 70% of
135 children with NLDO symptoms at 6 months were clear by 12 months of age. Nelson and
136 colleagues noted that 107 of 113 (95%) infants with a history or findings of NLDO (onset 2 to 7
137 months of age) spontaneously resolved by 13 months of age.⁵ Thus about 70-90% of cases will
138 experience spontaneous resolution by 13 months of age.^{2,5}

139

140 Simple probing is the most widely-used initial treatment for NLDO in infancy. Two differing
141 approaches to simple probing have been most often been used, immediate office probing (early
142 probing – generally after 6 months of age), and medical management (episodic antibiotic drops
143 with massage of the lacrimal sac) until 9-13 months of age followed by probing under general
144 anesthesia (late probing). The possible advantages of early probing are the avoidance of general
145 anesthesia, immediate resolution of symptoms, lesser cost, and prevention of fibrosis from
146 inflammation in the nasolacrimal duct. The advantages of late probing include more comfort
147 with the procedure and possible avoidance of the procedure completely.

148

149 Both early and late probing approaches are usually successful for treatment of NLDO. Early
150 office probing was successful in 92% of children in a series of 2369 infants.⁶ These authors
151 found a decline in success proportions with this office-based approach after 9 months of age.
152 Success proportions of 77% to 97% have been reported in children younger than 18 months with
153 conventional probing with anesthesia. A number of studies have found that probing was highly
154 successful and without an age-related decline until at least 4 years of age and beyond.⁷⁻¹⁰ Robb
155 noted success proportions of 93% after 18 months of age.⁷ However, there is a suspicion among
156 other clinicians of a clinically-important decline in the success proportions among progressively
157 older age groups of preschool children.¹⁰⁻¹² Katowitz and Welsh found an overall success
158 proportion of only 55% after 13 months of age and 41% after 18 months of age.¹¹ Kashkouli et al
159 recently noted a smaller age effect with success proportions of 89% in children 13-24 months of
160 age and 72% in children 25-60 months of age.¹³ The authors speculated that this reduction in
161 overall success was due to more patients with complicated NLDO undergoing late treatment.
162 Clinicians have argued that the decline would be expected due to increasing fibrosis of the
163 nasolacrimal duct. Because of this experience, many clinicians will do a more complicated initial
164 procedure for children after 18 months of age, including infracture of the inferior turbinate,
165 nasolacrimal duct intubation, multipass probing,¹⁴ and balloon catheter dilation.¹⁵ A large
166 prospective interventional case series might help to clarify whether there is an age-related
167 decline in success.

168

169 Balloon catheter dilation has become popular for the initial surgical treatment of NLDO
170 especially in children older than one year. This procedure involves probing of the nasolacrimal
171 duct with a semiflexible wire probe with an inflatable balloon on the tip. The most commonly
172 used product is the LacriCATH (Quest Medical, Inc, An Atrion Company, Allen, Texas,
173 formerly Atrion Medical Products). This procedure has been reported to be highly successful.
174 Becker and colleagues found a 96% success proportion (26 of 27 patients).¹⁵ One retrospective
175 case series comparing probing to balloon dilation as a primary treatment has been reported.¹⁶
176 Success proportions of 86% and 90% respectively were reported (29 patients in each group). The
177 authors further noted no decline in success with balloon dilation beyond 36 months of age.

178
179 Nasolacrimal intubation has been used for primary treatment by clinicians in older children or
180 when the duct feels tight. While generally successful, there is less certainty of the success
181 proportions for this procedure when performed as a primary treatment. It is also unknown how
182 often this procedure is used for initial treatment.

183
184 Probing of the nasolacrimal duct for the repair of NLDO is a very successful procedure in
185 infancy and childhood. Simple probing has long been the standard approach, though the age at
186 which the procedure declines in effectiveness is controversial. Clinicians have been urged by
187 manufacturers of medical equipment to consider intubation and balloon dilation even in the age
188 range in which probing is highly successful, to further increase the chance of success.

189
190 The high success proportions of primary surgical procedures and the varied approaches to the
191 timing and use of general anesthesia make a randomized clinical trial at this time impossible to
192 develop within the PEDIG structure, even with the addition of investigators from the American
193 Society of Oculoplastic and Reconstructive Surgery (ASOPRS). A prospective non-randomized
194 study of the outcomes from many centers of all strategies might allow better estimates of success
195 for the techniques most often used over an extended age range. Such a study might help to
196 define factors associated with failure of each of the techniques.

197
198 PEDIG is conducting a separate randomized clinical trial (RCT) comparing treatments for
199 persistent NLDO. The study procedures and infrastructure developed for that trial are to be used
200 for this study, reducing the overall costs of this project.

201
202 Outcomes of nasolacrimal duct obstruction surgery have generally been assessed with a report of
203 symptoms by parents and an assessment of signs by the surgeon. Published case series have
204 generally used the same approach, often categorizing the results in terms of both symptoms and
205 signs with four- or three-level scores.^{3,17} A mail-in questionnaire was utilized in one
206 retrospective study as the sole measure of the outcome.¹⁸ The authors' questionnaire evaluated
207 the presence of watery or sticky eyes, as well as the aggravation of these symptoms by colds,
208 allergy, or windy conditions.

209
210 Some clinicians have relied on the fluorescein Dye Disappearance Test, in which the clearance
211 of fluorescein added to the tear film after 5 minutes is considered evidence of nasolacrimal
212 patency to aid in the diagnosis.¹⁹ MacEwen and colleagues, rather than relying on time or on
213 recovery of the dye in the nose, proposed a 4-level grading scheme for the amount of dye
214 remaining in the tear film at 5 minutes.²⁰ They classified stages 0 and 1 as normal, while stages 2

215 and 3 were abnormal. In this study we propose a modification of this classification with a 3-level
216 scheme consisting of normal, abnormal, and indeterminate, the details of which are covered in a
217 separate procedures manual.

218
219 The study is being coordinated by the Jaeb Center for Health Research in Tampa, Florida and is
220 being funded through a cooperative agreement from the National Eye Institute. The
221 organizational structure of the study group and study policies are detailed in the Pediatric Eye
222 Disease Investigator Group (PEDIG) Bylaws.

223

224 **1.2. Definitions**

225 **Nasolacrimal duct obstruction (NLDO)** is a blockage of the tear drainage system leading to
226 epiphora, increased tear film, and/or mucous discharge from the eyes in the absence of an upper
227 respiratory infection, ocular surface irritation or glaucoma.

- 228 • **Simple NLDO**— a single obstruction in the nasolacrimal duct which is easily passed during
229 the probing procedure
- 230 • **Complex NLDO**— a blockage or multiple blockages anywhere along the tear drainage
231 pathway that causes more difficulty than usual with probe passage, such as a blockage at the
232 valve of Hasner, a tight inferior turbinate blocking flow, canalicular problems, or multiple
233 obstructions in the NLD

234

235 **Congenital NLDO** is the onset of NLDO symptoms prior to 6 months of age.

236

237 **Epiphora** is tear overflow onto the periocular skin.

238

239 **Simple probing** is the passage of a metal nasolacrimal probe through one or both canaliculi and
240 through the nasolacrimal duct.

241

242 **Balloon catheter dilation** is the probing and dilation of the nasolacrimal duct with a hydrostatic
243 balloon catheter. LacriCATH from Quest Medical Inc., An Atrion Company, Allen, Texas.

244

245 **Nasolacrimal intubation** is the probing and placement of a temporary stent. The stent may be
246 mono- or bi-canalicular.

247

248 **Inferior turbinate infraction** is the nasal displacement of the inferior turbinate performed
249 surgically.

250

251 **1.3. Study Objectives**

252 The primary objective of the study is to report the success proportions of simple probing within
253 different age groups of patients under 2 years of age. Secondary objectives are to obtain
254 descriptive data regarding symptoms and quality of life in patients receiving simple probing.
255 Additional objectives are detailed in a separate analysis plan.

256
257 **1.4. Synopsis**

258 **Enrollment**

259 Children 6-<48 months of age with presence of epiphora, increased tear film, and/or
260 mucopurulent discharge, who are undergoing a primary surgical procedure for NLDO are
261 consented and enrolled into the study prior to surgery. It is estimated that the study will enroll
262 800 children.

263
264 At enrollment, the exam will include an assessment for clinical signs of NLDO, a Dye
265 Disappearance Test (DDT), and an ocular exam. The parent will complete a questionnaire on the
266 child's symptoms and quality of life.

267
268 **Surgery**

269 Selection of the surgical procedure to perform is at investigator discretion. If both of a patient's
270 eyes are undergoing procedures, the surgeon must be planning prior to the surgery to perform the
271 same procedure on both eyes.

272
273 **Follow Up**

274 Follow up normally consists of a single outcome exam, with the timing of the visit dependent on
275 the surgical procedure as follows:

- 276 • Patients treated with simple probing or with balloon dilation will have an outcome exam 1-
277 month (\pm 1 week) after surgery
- 278 • Patients treated with intubation will have an outcome visit 1 month (\pm 1 week) after tube
279 removal (note: tube removal should occur between 8 weeks and 5 months after surgery)

280 The outcome visit will be completed earlier if the investigator determines that a second surgical
281 procedure is warranted before the start of the visit window for the outcome exam. The outcome
282 exam will take place prior to performing the second procedure.

283
284 At the outcome exam, a study-certified examiner other than the surgeon will perform an
285 assessment for the presence of epiphora, increased tear film, or mucous discharge.

286
287 A Dye Disappearance Test will also be completed and the parent will complete a questionnaire
288 on the child's symptoms and quality of life.

289
290 Additional visits are at investigator discretion.

CHAPTER 2: ENROLLMENT VISIT

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2.1. Eligibility Assessment and Informed Consent

Patients undergoing a primary procedure for NLDO will be enrolled. For patients enrolling with bilateral NLDO who are undergoing a first procedure on both eyes, both eyes will be enrolled in the study.

The study consent may be obtained and patient enrollment completed when the consent for the surgical procedure is obtained or up to and including the day of the surgical procedure.

2.2. Eligibility Criteria

The following criteria must be met for the patient to be enrolled in the study:

- Age 6 - < 48 months
- Parent/guardian has the ability to complete a written questionnaire
- *For patients with two eyes requiring surgery at enrollment:* investigator is planning to perform the same type of surgical procedure on both eyes
- None of the following are present:
 - Craniosynostosis
 - Goldenhar sequence
 - Clefting syndromes
 - Hemifacial microsomia
 - Midline facial anomalies

For the study eye(s):

- Onset of NLDO symptoms and/or signs prior to 6 months chronological age
- Presence of epiphora, increased tear film, and/or mucopurulent discharge in the absence of an upper respiratory infection or an ocular surface irritation
- No history of nasolacrimal duct surgery including simple probing, nasolacrimal intubation, balloon catheter dilation, or dacryocystorhinostomy
- Undergoing primary NLDO surgery
- At least one punctum present
- No glaucoma present
- No corneal surface disease
- No history of ipsilateral trauma to the lacrimal drainage system
- Microphthalmia not present

2.3. Historical Information

The following data will be placed in the research record: demographic data (including gender, race, ethnicity, date of birth,) onset of symptoms, use of topical antibiotics, use of NLD massage, and presence or absence of clinically-evident dacryocele. Presence or absence of Down Syndrome will also be recorded.

2.4. Screening/Examination Procedures

The following screening/examination procedures will be performed on the study eye(s):

335 1. Assessment for the clinical signs of NLDO
336 Inspection of ocular surface and tear film should be completed and the following should be
337 recorded as present or absent:

- 338 • Epiphora
- 339 • Increased tear film
- 340 • Mucous discharge

341 For study eligibility, at least one of the above clinical signs must be present in the absence of an
342 upper respiratory infection or an ocular surface irritation.

343
344 This assessment should be completed prior to the Dye Disappearance Test. Also, if eyedrops
345 (cycloplegic or otherwise) are to be administered at the visit, the assessment of clinical signs of
346 NLDO should be performed either before administration of the drops or at least 30 minutes
347 afterwards.

348
349 2. Dye Disappearance Test

350 The Dye Disappearance Test is performed after the assessment of clinical signs of NLDO. Also,
351 if eyedrops (cycloplegic or otherwise) are to be administered at the visit, the Dye Disappearance
352 Test should be performed either before administration of the drops or at least 30 minutes
353 afterwards.

354
355 The procedures for performing and evaluating the Dye Disappearance Test are detailed in a
356 separate procedures manual.

357
358 3. Parent Questionnaire

359 Once the patient has been consented to the study, the patient's parent or guardian will complete a
360 Likert-style questionnaire. The questionnaire will contain symptom-related questions and quality
361 of life questions.

- 362 ▪ Each symptom-related question which will be answered separately for each study eye,
363 and a symptom score will be calculated for each.
- 364 ▪ The quality-of-life questions will be answered at the person level and are designed to
365 assess both the patient's and parent's quality of life.

366
367 4. Ocular exam

368 An eye examination should be performed documenting normal lids, ocular adnexa, and anterior
369 segment structures.

370
371 5. Additional procedures

372 A refraction, fundus examination, and intraocular pressure may be performed at investigator
373 discretion.

374
375 **2.5. Scheduling Surgery**

376 The timing of the surgery will be chosen by the investigator but should occur within one month
377 of the enrollment visit. Study informed consent should be obtained within the time frame
378 guidelines of the site's governing IRB. Surgical consent should be obtained according to the
379 investigator's routine practice.

CHAPTER 3: SURGERY

380

381

382 The timing of the surgery will be chosen by the investigator, but should occur within one month
383 of enrollment.

384

385 Selection of the surgical procedure to be performed is at investigator discretion, with the
386 stipulation that if both of a patient's eyes are undergoing procedures at this time, the surgeon
387 must be planning to perform the same type of procedure on both eyes.

388

3.1. General Considerations

1. Preoperative medications

391 • Topical and systemic antibiotics are at investigator discretion. Systemic steroids may be
392 given as clinically indicated (e.g., for treatment of reactive airway disease).

393

2. Anesthesia

395 • For office procedures, topical anesthesia and restraint are chosen by the investigator. For
396 procedures performed with conscious sedation or general anesthesia, the medications and
397 airway management are chosen by the surgeon and anesthesiologist.

398

3. Nasal packing

400 • The nose may be packed with gauze soaked in phenylephrine, oxymetazoline, or similar
401 agent for vasoconstriction of the nasal mucosa per the investigator's surgical routine.

402

4. Post-operative medications

404 • Topical antibiotics, systemic antibiotics, and topical steroids may be used at the
405 discretion of the investigator. Oral steroids may be used at investigator discretion.

406

5. Surgical cancellations

408 • If the procedure is cancelled due to a medical reason, reschedule at investigator discretion
409 based on the medical condition and NLDO symptoms.

410

3.2. Surgical Procedures

412 Selection of the surgical procedure to perform is at investigator discretion; however, the selected
413 procedure should be performed according to the methods summarized below.

414

415 A form to be completed after surgery will document the following data: preoperative
416 medications, postoperative medications, through which punctum(a) the nasolacrimal duct was
417 probed, classification of the blockage as either simple or complex, description of the nature of a
418 complex blockage, whether patency was confirmed, whether the procedure was done in the
419 office or under anesthesia (or sedation), and whether inferior turbinate infraction was performed.
420 Additional data specific to the procedure are listed with the appropriate procedure.

421

3.2.1. Simple Nasolacrimal Duct Probing

423 Simple nasolacrimal duct probing consists of punctal dilation of at least one punctum and the
424 passage of a probe into the nose. The type and style of the probe is at investigator discretion.

425 Patency should be confirmed with metal on metal, visualization of probe beneath the inferior
426 turbinate, or recovery of fluorescein-colored saline from the nose after irrigation through the
427 nasolacrimal duct.

428
429 Inferior turbinate infraction is at investigator discretion.

430

431 **3.2.2. Balloon Catheter Nasolacrimal Duct Dilation**

432 Balloon catheter nasolacrimal duct dilation consists of punctal dilation of at least one punctum
433 and the passage into the nose of a semiflexible wire probe with an inflatable balloon on the tip.
434 Probing prior to passage of the balloon is at investigator discretion. Passage of the balloon
435 catheter to the nasal floor should be confirmed with metal on metal or by visualization. The
436 manufacturer's inflation protocol is followed. Inflate balloon to 8 atmospheres (atm) for 90
437 seconds (using LacriCATH inflater filled with saline), deflate for one minute, reinflate for 60
438 seconds and then deflate. Withdraw to the point at which the 10 mm mark is located 5 mm from
439 the punctum, inflate for 90 seconds, deflate for one minute, reinflate for 60 seconds, then deflate
440 and remove.

441

442 Inferior turbinate infraction is at investigator discretion.

443

444 Balloon catheters are available in both 2mm and 3mm diameter sizes. It is suggested (not
445 required) that the 2mm balloon be used in children 30 months and younger, while the 3mm
446 balloon be used in children 31 to <48 months old. The catheter is not reusable.

447

448 Data to be collected include size of balloon used, whether the manufacturer's inflation protocol
449 was followed, and whether balloon tip was identified in the nose.

450

451 **3.2.3. Nasolacrimal Intubation**

452 Nasolacrimal duct intubation consists of punctal dilation of at least one punctum with the
453 passage of a flexible lacrimal probe into the nose and the placement of a temporary stent in the
454 nasolacrimal duct. The probe style and size as well as the brand of stent are chosen by the
455 investigator. Placement of monocular or bicanalicular stent is at the discretion of the
456 investigator. The method of securing the stent (when secured) is at investigator discretion.

457

458 Inferior turbinate infraction is at investigator discretion.

459

460 Data to be collected include: whether a monocular or bicanalicular stent was used, type of
461 stent used (e.g. Crawford, Crawford with internal suture, Monoka, Ritleng), and whether stent
462 was secured in the nose.

463

464 **3.2.4. Inferior Turbinate Infraction**

465 The nose may be packed with gauze soaked in neosynephrine, oxymetazoline, or similar agent
466 for vasoconstriction. Using a nasal speculum the inferior turbinate is identified. A pediatric
467 periosteal elevator or similar instrument is used to displace the turbinate nasally.

468 **CHAPTER 4: POSTOPERATIVE OBSERVATION PHASE AND OUTCOME EXAM**

469

470 **4.1. Visit Schedule**

471 Post-operative follow up normally consists of a single outcome exam to be timed as follows:

472 • For patients treated with simple probing or with balloon dilation: 1 month (\pm 1) week
473 after surgery

474 • For patients treated with intubation: 1 month (\pm 1 week) after removal of the tubes

475

476 Additional visits prior to the outcome exam are at investigator discretion.

477

478 **4.2. Removal of Tubes**

479 The silicone tubes may be removed after 8 weeks, but should be removed before 5 months.^{21, 22}

480 No study assessments will be performed at the visit at which the tubes are removed.

481

482 The following information will be recorded:

483 • The date the tubes are removed, or are displaced inadvertently by the patient leading to
484 removal

485 • Whether the tube was removed with the patient awake or with conscious sedation

486 • Whether the tube was completely removed

487 • If a Monoka tube was used, whether the footplate was in the correct location and not pulled
488 into the canaliculus.

489

490 **4.3. Medical Management**

491 Medical management (including the use of antibiotics) during the post-operative phase is at
492 investigator discretion.

493

494 **4.4. Re-operation**

495 The decision and timing to reoperate during the postoperative observation phase is at investigator
496 discretion. If another nasolacrimal procedure is planned prior to the start of the window for the
497 outcome exam, the outcome exam should be scheduled early and completed before the re-
498 operation.

499

500 Patients who undergo re-operation before the start of the window for the outcome exam will be
501 considered an automatic treatment failure.

502

503 **4.5. Outcome Exam**

504 The outcome exam consists of completion of the parent questionnaire, assessment of clinical
505 signs by a certified examiner other than the surgeon, and performance of the Dye Disappearance
506 Test.

507

508 Additional data to be collected at this visit will include:

509 • Presence of upper respiratory symptoms or ocular surface irritation

510 • Complications attributable to surgery including the following: punctal damage with a slit \geq 2
511 mm, nose bleeds requiring packing, dacryocystitis, pyogenic granuloma formation, and
512 corneal abrasion.

513

514 **4.5.1. Timing of Visit**

515 The outcome exam will be completed early if the patient is felt by the surgeon to require another
516 procedure prior to the protocol-specified time for the outcome exam (see section 4.4). In such
517 cases, the outcome exam must be performed prior to the second procedure, and the decision to
518 perform a second procedure will be recorded as the reason the exam is being performed out of
519 window.

520

521 Written instructions to the parent for this visit will include the advisory to reschedule the
522 outcome visit if the child has an upper respiratory infection or ocular surface irritation. If the
523 patient comes to the office with either of these conditions, the exam will be completed, although
524 an additional visit may be required (see section 4.6).

525

526 **4.5.2. Testing Procedures**

527 The following testing procedures will be completed at the outcome visit:

- 528 • Symptom and quality of life questionnaire completed by the parent prior to the exam (see
529 section 2.4)
- 530 • Assessment for the clinical signs of NLDO by a certified examiner other than the surgeon
531 (see section 2.4 and section 4.5.2.1)
- 532 • Dye Disappearance Test performed by any certified examiner (see section 2.4)

533

534 **4.5.2.1. Assessment of Clinical Signs of NLDO**

535 A study-certified examiner other than the surgeon will perform a masked assessment of clinical
536 signs of NLDO in the enrolled eye(s). The examiner may be another investigator at the site, or
537 any other study personnel provided the individual is certified in the performance of the
538 assessment.

539

540 The assessment of clinical signs must be done before any other testing or the administration of
541 any eye drops. The evaluation will include inspection with a hand light for the presence of
542 epiphora, increased tear film, or mucous discharge. The presence of any of these signs would be
543 considered a failure.

544

545 **4.6. Additional Outcome Exam**

546 Patients who at the outcome exam have an upper respiratory infection and appear to be treatment
547 failures (i.e. one or more clinical signs of NLDO are present) will have an additional outcome
548 exam 1-3 weeks later to allow for re-assessment of treatment outcome once the upper respiratory
549 infection has resolved.

550

551 The assessments to be performed at this additional exam are the same as those performed at the
552 previous outcome exam, procedures which are outlined in section 4.5.2.

553

554 Parents of patients who need this additional visit will be instructed to reschedule it in another 1-3
555 weeks if the patient's upper respiratory infection still hasn't resolved, however, if the patient
556 presents for the additional visit with an upper respiratory infection all assessments will be
557 completed and the patient will have no further study follow up.

558 **CHAPTER 5: MISCELLANEOUS CONSIDERATIONS IN FOLLOW UP**

559
560 **5.1. Patient Withdrawals**

561 A patient (and in this case the parents or guardian) may withdraw from the study at any time.
562 Such withdrawal is expected to be a very infrequent occurrence in this study in view of the
563 testing procedures' similarity to routine clinical practice. If the parents or guardian indicate that
564 they want to withdraw the child from the study, the investigator personally should attempt to
565 speak with them to determine the reason.

566
567 **5.2. Risks**

568 There are no risks involved in this study that would not be part of usual care.

569
570 **5.3. Risks of Examination Procedures**

571 The procedures in this study are part of daily pediatric eye care practice in the United States and
572 pose no known risks.

573
574 **5.4. Risks of Surgery**

575 All surgical procedures are standard care. The risks involved in the study are identical to those
576 that would be present for a patient undergoing the same procedure, but who is not participating
577 in the study.

578
579 Some probing procedures may be performed in the office at investigator discretion following
580 their standard indications. For surgical procedures which are done under general anesthesia,
581 there is a very low risk of morbidity from general anesthesia in children in this age group. The
582 risk related to all NLDO surgery is aspiration. This risk is well recognized and would be the
583 same regardless of whether the procedure was performed as part of the study or in normal
584 clinical practice.

585
586 The simple probing procedure has a risk of self-limited nasal bleeding at the time of surgery and
587 for a few days postoperatively (< 10%). There is an unlikely chance of prolonged nasal bleeding
588 requiring nasal packing or cauterization (<1%). There is a risk of damage to the punctum through
589 which the probe is passed. These risks are likely the same when performed awake with restraint
590 or with general inhalational anesthesia.

591
592 For both balloon catheter dilation and nasolacrimal intubation there is a risk of damage to the
593 punctum(a) ("punctal slitting"), nasal bleeding at the time of surgery and for a few days post-
594 operatively, as well as dacryocystitis. There is a very low risk of a need for nasal packing or
595 nasal cautery for nose bleeding that does not stop (<1%). For the intubation, there is also a risk
596 of premature loss of the tubes, pyogenic granuloma and corneal abrasion. There is little
597 information on the frequency of these problems with the surgical approaches being studied. Al-
598 Hussain and colleagues found after intubation punctal slitting in 10%, dacryocystitis in 2%, and
599 extrusion in 25%.²³ In 63 intubations in childhood, Dortzbach and colleagues reported 11
600 extrusions, 6 infections, 1 corneal abrasion, and 1 pyogenic granuloma.²⁴

602 **5.5. Reporting of Adverse Events**

603 Each investigator is responsible for informing his/her IRB of serious treatment-related adverse
604 events and for abiding by any other reporting requirements specific to his or her IRB.

605 Data on the complications of the study treatments will be tabulated regularly by the Coordinating
606 Center for review by the Steering Committee. Serious complications will be reported
607 expeditiously to the Data and Safety Monitoring Committee, which will receive a full adverse
608 event report semi-annually. Following each DSMC data review, a summary will be provided to
609 IRBs.

610

611 **5.6. Patient Payments**

612 The parent/guardian of each patient will be compensated \$25 for the single study follow-up visit.
613 If the patient requires and completes the additional follow-up visit specified in section 4.6, the
614 parent/guardian will be compensated an additional \$25.

615

616 If there are extenuating circumstances, additional funds may be provided for travel if expenses
617 exceed \$25 and the patient will be unable to complete the visit without the reimbursement of the
618 travel expenses.

619

620 **5.7. Discontinuation of Study**

621 The study may be discontinued by the Steering Committee (with approval of the Data and Safety
622 Monitoring Committee) prior to the preplanned completion of enrollment and follow-up for all
623 patients.

624

625 **5.8. Contacts by the Jaeb Center for Health Research**

626 The Jaeb Center serves as the PEDIG Coordinating Center. The Jaeb Center will be provided
627 with the parent/guardian's contact information. The Jaeb Center staff may make phone contacts
628 to facilitate visit scheduling. A patient newsletter, study updates, and a study logo item may be
629 sent. Patients will be provided with a summary of the study results in a newsletter format after
630 completion of the study by all patients.

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CHAPTER 6: SAMPLE SIZE ESTIMATION AND STATISTICAL ANALYSIS

The estimation of sample size and statistical analysis plan are summarized below and detailed in separate documents.

6.1. Sample Size Estimation

The study plans to enroll 625 children in the 6-24 month age range who are being treated for NLD by simple probing and who do not have Down Syndrome. The sample size estimation was based on the expected width of the 95% confidence interval on the proportion of successes for different age groups of patients undergoing simple probing. Assuming that success proportions vary with age, the expected width of the 95% confidence interval on the proportion of successes by age will be approximately $\pm .03$ for the 6 to 12 month age group (300 children with expected success proportion of 90%), and $\pm .05$ for the 13 to 24 month age group (300 children with expected success proportion of 80%).

Recruitment of children receiving other procedures (balloon or intubation), older children (>24 months) receiving simple probing, and children with Down Syndrome will proceed until the goal of 625 children eligible for the primary analysis is met.

It is estimated that the study will enroll about 800 children total.

6.2. Statistical Analysis

The primary analysis will include patients 6-24 months old who are undergoing simple probing procedure and who do not have Down Syndrome.

For the primary analysis, treatment success will be defined as the absence of any clinical signs (presence of epiphora, increased tear film, or mucous discharge) on assessment by a study-certified examiner other than the surgeon. Re-operation prior to the start of the visit window for the outcome exam will be considered an automatic treatment failure. For patients who require and complete the additional visit as specified in section 4.6, the results of the clinical signs assessment performed at this visit will be analyzed in the primary analysis.

Point estimates and 95% confidence intervals on the proportion of patients with treatment success will be calculated for each age group.

Secondary analyses will describe symptoms and quality of life in patients undergoing simple probing based on data obtained from the questionnaire.

Data from patients undergoing balloon catheter dilation or nasolacrimal intubation will be evaluated separately, as will data from patients with Down Syndrome.

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