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AMBLYOPIA TREATMENT STUDY
ATS9

**A Randomized Trial Comparing Patching Versus
Atropine for Amblyopia in 7 to <13 Year Olds**

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PROTOCOL

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CHAPTER 1: BACKGROUND AND SUMMARY

1.1 Study Objectives

To compare the effectiveness of weekend atropine plus near activities and daily patching plus near activities for moderate amblyopia (20/40 to 20/100) and severe amblyopia (20/125 to 20/400) in 7 to <13 years olds.

To determine the maximum improvement with each treatment.

1.2 Rationale for the Study

Although there is consensus that amblyopia can be treated effectively in young children, many eye care practitioners believe that treatment beyond a certain age is ineffective. Some clinicians have believed that a treatment response is unlikely after the age of 6 or 7 years, while others have considered age 9 or 10 years to be the upper age limit for successful treatment. The American Academy of Ophthalmology Preferred Practice Pattern for amblyopia recommends treatment up to age 10 years. The opinion that amblyopia treatment is ineffective in older children may have arisen because the age of 6 to 7 years is thought to be the end of the “critical period” for visual development in humans. This belief, however, was not based on adequate prospectively-collected data.

To address this issue of the response of amblyopia to treatment in children 7 years and older, the Pediatric Eye Disease Investigator Group (PEDIG) conducted a randomized trial of 507 patients (aged 7 to <18 years) with amblyopic eye visual acuity ranging from 20/40 to 20/400.¹ Patients were provided with optimal optical correction and then randomized to a Treatment Group (2 to 6 hours per day of prescribed patching of the sound eye combined with near visual activities for all patients plus atropine one drop per day in the sound eye for 7 to <13 year olds) or an Optical Correction Group (optical correction alone). Patients whose amblyopic eye acuity improved 10 or more letters (2 lines) by 24 weeks were considered *responders*. In the 7 to <13 year olds (N=404), 53% of the Treatment Group were responders compared with 25% of the Optical Correction Group (P<0.001). In the 13 to <18 year olds (N=103), the responder rates were 25% and 23% respectively overall (adjusted P=0.22), but 47% and 20% respectively among patients not previously treated with patching and/or atropine for amblyopia (adjusted P=0.03). Most patients, including responders, were left with a residual visual acuity deficit.

The use of multiple modalities (patching, atropine, near visual activities) in the treatment regimen for the 7 to <13 year olds in this trial (ATS3) was an effort to maximize the therapeutic response. Patients age 13 years and older were prescribed patching but not atropine because of concern that the continual optical blur from the atropine could have a deleterious effect on their ability to drive and perform other activities. Prescribed patching was 2 to 6 hours a day to limit patch wear to nonschool hours and because our prior studies of 3 to <7 year olds demonstrated that as little as two hours of patching a day (when combined with near visual activities) is as effective as a greater number of hours. Instructing patients to perform at least one hour of near activities while wearing the patch was based on the unproven clinical opinion that near activities can augment the effect of the occlusion therapy. A PEDIG pilot study suggested that near activities are beneficial and this question of benefit of near activities is currently being studied in another randomized clinical trial. Atropine placed in the sound eye once a day² and two days a week³ has been demonstrated in younger children to be beneficial to the acuity of the amblyopic eye, presumably due to its cycloplegic effect of blurring vision in the sound eye especially at near fixation. In a study comparing daily and weekend atropine, daily atropine was not found to be superior.³

179 The unanswered question from this completed clinical trial is whether prescribing patching or
180 atropine alone could have produced a response similar to the combination therapy, or whether in
181 this age group, one treatment is better than the other. A poll of PEDIG investigators at an
182 investigator meeting on January 15, 2005 indicated that very few are following the treatment
183 regimen used in the prior study (ATS3); rather, most are prescribing monotherapy—either patching
184 or atropine—as the initial treatment for amblyopia in the 7 to <13 year age range. Thus, a trial
185 comparing atropine and patching as amblyopia treatments in 7 to <13 year olds is needed.

186
187 There are data available from prior PEDIG trials on the effect of patching in moderate and severe
188 amblyopia. However, for atropine, at present, prospective data are only available for moderate
189 amblyopia. Although a randomized treatment trial of atropine for severe amblyopia has not been
190 conducted, there are several published case series on the outcome of pharmacological penalization
191 that specifically discuss the outcomes for patients with severe amblyopia. In nearly all of the
192 following studies atropine was prescribed daily. Ron and Nawratzki reported on 16 patients with
193 initial acuities of 20/200 and 13 patients with initial acuities of 20/100.⁴ In all but two children the
194 vision improved and in 18 improved to 20/30 or better. North and Kelly included only one such
195 case in their series of 20 patients with longitudinal follow-up.⁵ Repka and Ray reported on 79
196 patients treated with atropine.⁶ They stratified patients on the basis of initial amblyopic eye acuity,
197 20/100 or worse, 20/80 to 20/50, and 20/40 or better. They found that the 20/100 or worse group
198 improved the most. Of those children who improved an octave (3 logMAR lines) or more, the initial
199 mean acuity was 20/113. Foley-Nolan and colleagues reported a prospective randomized study of
200 occlusion versus atropine.⁷ The treatments appeared equally effective. Ten of the 18 patients
201 randomized to atropine had acuity worse than 20/100. After treatment all 10 children were better
202 than 20/80 and 7 were 20/40 or better. Simons and coworkers specifically mentioned that they
203 observed visual acuity improvement with atropine treatment for initial amblyopic eye acuities of
204 <20/100.⁸ Eight patients with 20/200 to 20/600 best corrected initial visual acuity (geometric mean
205 = 20/287) were managed recently at the Wilmer Institute with atropine penalization and best glasses
206 correction (unpublished data – Michael X. Repka). Visual acuity testing was not masked. The
207 acuity of 6 of 8 patients improved, with the mean geometric acuity of 20/80 at outcome for all 8
208 patients.

209 210 **1.3 Synopsis of Study Design**

211 Major Eligibility Criteria (*see section 2.2 for a complete listing*)

- 212 • Age 7 to <13 years
- 213 • Amblyopia associated with strabismus, anisometropia, or both
- 214 • Visual acuity in the amblyopic eye 19 to 71 letters on E-ETDRS (20/40 to 20/400 inclusive)
- 215 • Visual acuity in the sound eye 79 letters or better on E-ETDRS (20/25 or better)
- 216 • Interocular difference ≥ 15 letters (3 lines)
- 217 • No amblyopia treatment (other than spectacles) in the last 6 months
- 218 • No myopia (more than -0.25D spherical equivalent) in either eye
- 219 • Spectacles, if needed, worn for at least 16 weeks or visual acuity documented to be stable

220 221 Treatment Groups

222 Each patient is randomized to either:

- 223 • Atropine 1% once each weekend day in the sound eye plus near activities for at least one
224 hour every day (with increase to daily atropine at 5 weeks if acuity not improved by at least
225 5 letters)

- 226
227 • Patching 2 hours per day plus near activities for one hour while patching (with increase to 4
228 hours per day for moderate amblyopes and \geq 4 hours per day for severe amblyopes at 5
229 weeks if acuity not improved by at least 5 letters).

230
231 Sample Size
232 Moderate Amblyopia (20/40 to 20/100): a minimum of 180 patients
233 Severe Amblyopia (20/125 to 20/400): patients to be enrolled until enrollment ends in the moderate
234 amblyopia trial

- 235
236 Visit Schedule
237 • Visits at 5 weeks and 17 weeks. Patients who are using atropine at the time of the 17-week visit
238 will return for an additional off-atropine visit in two weeks.
239 • Partial responders at 17 weeks (see section 4.3 for definition) will continue to be followed at 8-
240 week intervals after the 17-week visit until there is no further improvement.

241
242 At baseline and at each visit, distance visual acuity will be assessed in each eye using the E-ETDRS
243 protocol. At the 17-week visit, the visual acuity testing will be done by a masked examiner.

244
245 Primary Analysis
246 All primary analyses will include only the patients with moderate amblyopia (20/40 to 20/100).
247 Analyses of data from patients with severe amblyopia (20/125-20/400) will be exploratory.

248
249 The primary outcome assessment is visual acuity at 17 weeks for the amblyopic eye, and 17 weeks
250 or 19 weeks for the sound eye.

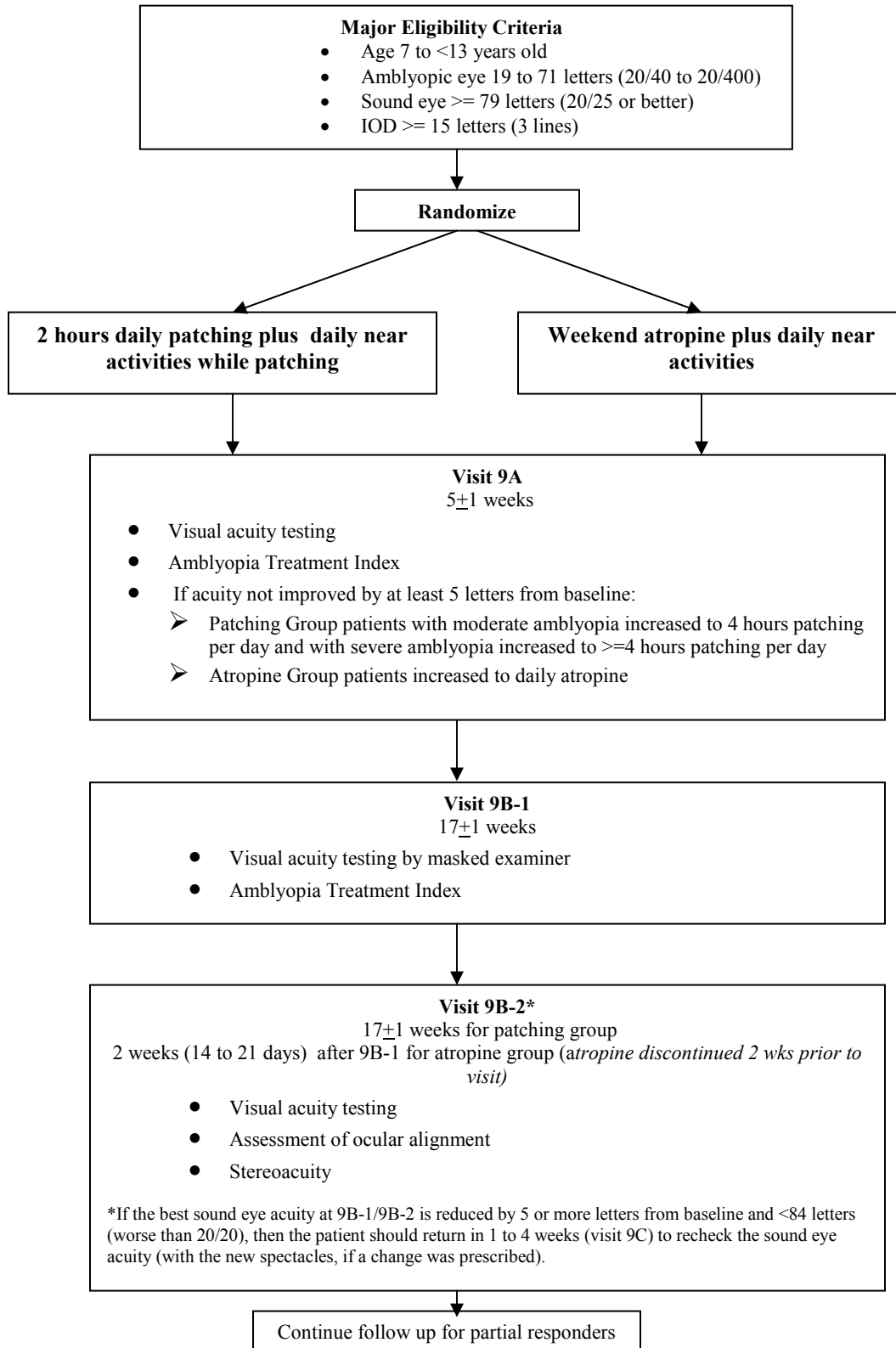
251
252 The primary analytic approach for the amblyopic eye acuity will involve constructing two one-sided
253 confidence intervals on the difference in means obtained in an analysis of covariance model.
254 Treatment equivalence will be declared if the two 1-sided 95% confidence intervals constructed on
255 the difference between adjusted mean visual acuity scores for the two groups are completely
256 contained within the designated equivalence interval of ± 0.1 logMAR.

257
258 Sound eye acuity data will be reported for each treatment regimen at the 17-week visit for patching
259 group patients and 2 weeks after the 17 week visit for atropine group patients as mean change from
260 baseline and as the distribution of the numbers of lines of change from baseline.

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1.4 Study Summary Flow Chart



CHAPTER 2: SCREENING AND ENROLLMENT VISIT

2.1 Eligibility Assessment and Informed Consent

A patient is considered for the study after undergoing a routine eye examination by an investigator (as part of standard care) that identifies amblyopia meeting the eligibility criteria. As noted in subsequent sections, refractive error if present must be corrected with glasses (as is the case in standard patient care) before a patient can be enrolled into the trial.

For patients who appear eligible for the study following a “standard-care” or preliminary examination, the study will be discussed with the child and the child’s parent(s) or guardian. Parents or guardians who express an interest in the study will be given a parent information sheet and a copy of the informed consent form to read. Written informed consent must be obtained from the parent or guardian and written assent from the child (unless waived by the IRB) prior to performing any study-specific procedures that are not part of the patient’s routine care.

2.2 Eligibility Criteria for Enrollment

Below are the eligibility criteria for enrollment.

The following criteria must be met for the patient to be enrolled in the study:

1. Age 7 to < 13 years
2. Amblyopia associated with strabismus (comitant or incomitant), anisometropia, or both
 - a. Criteria for strabismus: At least one of the following criteria must be met:
 - Heterotropia at distance and/or near fixation on examination (with or without spectacles)
 - History of strabismus surgery (or botulinum)
 - Documented history of strabismus which is no longer present (which in the judgment of the investigator could have caused amblyopia)
 - b. Criteria for anisometropia: At least one of the following criteria must be met:
 - ≥ 0.50 D difference between eyes in spherical equivalent
 - ≥ 1.50 D difference between eyes in astigmatism in any meridian
 - c. Criteria for combined mechanism amblyopia: Both of the following criteria must be met:
 - Criteria for strabismus are met (see above)
 - ≥ 1.00 D difference between eyes in spherical equivalent **OR** ≥ 1.50 D difference between eyes in astigmatism in any meridian
 - *Note: the spherical equivalent requirement differs from that in the definition for refractive/anisometropic amblyopia*
3. Visual acuity, measured in each eye without cycloplegia within 7 days prior to randomization using the E-ETDRS protocol on Electronic Visual Acuity Tester, as follows:
 1. Visual acuity in the amblyopic eye between 19 to 71 letters inclusive (20/40 to 20/400 inclusive)
 2. Visual acuity in the sound eye ≥ 79 letters (20/25 or better)
 3. Inter-eye acuity difference ≥ 15 letters (i.e., amblyopic eye acuity at least 3 lines worse than sound eye acuity)
4. No amblyopia treatment (other than spectacles) in the past 6 months
 - *any treatment more than 6 months prior to enrollment is acceptable*
5. No current vision therapy or orthoptics

- 319 6. Ocular examination within 6 months prior to enrollment showing no ocular cause for reduced
320 visual acuity
321 • *nystagmus per se does not exclude the patient if the above visual acuity criteria are met*
- 322 7. Cycloplegic refraction within 6 months prior to enrollment
- 323 8. No myopia (no more than -0.25 D spherical equivalent) in either eye.
- 324 9. Spectacle correction for measurement of enrollment visual acuity must meet the following
325 criteria and be based on a cycloplegic refraction that is no more than 6 months old (refractive
326 error must be corrected with spectacles and not contact lenses):
327 a. Requirements for spectacle correction:
- 328 1) For patients meeting criteria for strabismus (see #2a above)
329 • Hypermetropia if corrected must not be undercorrected by more than +1.50 D
330 spherical equivalent, and the reduction in plus sphere must be symmetric in the
331 two eyes. Otherwise, spectacle correction is at investigator discretion.
332
- 333 2) For patients meeting criteria for anisometropia or combined-mechanism (see #2b,c
334 above)
335 • Spherical equivalent must be within 0.50 D of fully correcting the anisometropia
336 • Hypermetropia must not be undercorrected by more than +1.50 D spherical
337 equivalent, and reduction in plus must be symmetric in the two eyes
338 • Cylinder power in both eyes must be within 0.50 D of fully correcting the
339 astigmatism
340 • Cylinder axis in the spectacle lenses in both eyes must be within 6 degrees of the
341 axis of the cycloplegic refraction when cylinder power is ≥ 1.00 D
342
- 343 b. Spectacles meeting above criteria must be worn either:
- 344 1) for at least 16 weeks immediately prior to enrollment, or
345 2) until visual acuity in amblyopic eye is stable (defined as two consecutive visual acuity
346 measurements by the same testing method at least 4 weeks apart with no improvement
347 of one logMAR line or more)
348 • An acuity measurement done any of the following ways may be considered the
349 first of two consecutive measurements: 1) in current glasses, 2) in trial frames
350 with full correction of hypermetropia with cycloplegia, or 3) by having the
351 patient return in new glasses for first measurement. The second acuity measure
352 does not have to be made through the same prescription as the first, if the second
353 measure is made through a more accurate prescription. *Note: since this*
354 *determination is a pre-study procedure, the method of measuring visual acuity is*
355 *not mandated although E-ETDRS testing is preferred if done as part of usual*
356 *care.*
357
- 358 10. No prior intraocular or refractive surgery
- 359 11. No known reaction to or development of systemic side effects (e.g., confused mental state,
360 somnolence, skin flushing, exacerbation of asthma) with prior use of atropine or other
361 cycloplegics and no known skin allergy to patch or bandage adhesives
- 362 12. Down Syndrome not present
- 363 13. Parent willing to accept randomized treatment, available for at least 4 months of follow-up, has
364 home phone (or access to phone), and willing to be contacted by Jaeb Center staff

365 **2.3 Examination Procedures**

366 **2.3.1 Historical Information**

367 Historical information to be elicited will include: date of birth, gender, race, ethnicity, prior
368 amblyopia therapy (e.g., glasses, patching, pharmacologic, filters), history of strabismus surgery,
369 and history of allergy/intolerance to bandage adhesive or atropine. Results of eccentric fixation
370 assessment of the amblyopic eye, if done as part of usual care within 1 month prior to
371 randomization, will be recorded on the enrollment form.

372

373 **2.3.2 Screening/Enrollment Examination Procedures**

374 The examination procedures are performed after the investigator has diagnosed amblyopia and has
375 determined that the patient is likely eligible for the study. The examination procedures are listed
376 below and detailed in the ATS Procedures Manual.

377

378 Examination procedures include:

- 379 1. Measurement of visual acuity in each eye (right eye first) by the E-ETDRS testing protocol on
380 the Electronic Visual Acuity Tester. The protocol for conducting the visual acuity testing is
381 described in the ATS Testing Procedures Manual. Aspects of the testing protocol that are
382 specific to this study are indicated below:
- 383 • Testing must be done without cycloplegia (with spectacles, if worn) no more than 7 days
384 prior to randomization.
 - 385 • Since the patient needs to be wearing spectacles that provide best visual acuity to be
386 enrolled, trial frames/phoropter with a different correction cannot be used to measure acuity
387 at enrollment.

388 2. Ocular motility examination

- 389 • Measurement of predominant alignment by Simultaneous Prism and Cover Test (SPCT) in
390 primary position at distance and near; and recording of the presence of primary position
391 nystagmus (with and without monocular occlusion).
- 392 • Testing must be done without cycloplegia (with spectacles, if worn) no more than 7 days
393 prior to randomization.

394 3. Ocular examination as per investigator's clinical routine to rule out a cause for reduced visual
395 acuity other than amblyopia, within 6 months prior to randomization.

396 4. Cycloplegic refraction using cyclopentolate 1% as per investigator's usual routine within 6
397 months prior to randomization

398 5. Binocularity testing (prior to cycloplegia): Titmus fly, Randot Preschool test

399

400 **2.4 Randomization of Eligible Patients**

401 1. The Jaeb Center will construct a separate Master Randomization List for moderate amblyopia
402 and severe amblyopia using a permuted block design stratified by site and by visual acuity
403 (20/40 to 20/100 and 20/125 to 20/400), which will specify the order of treatment group
404 assignments. A patient is officially enrolled when the website randomization process is
405 completed.

406 2. Once a patient is randomized that patient will be included regardless of whether the assigned
407 treatment is received or not. Thus, the investigator must not randomize a patient until he/she is
408 convinced that the parent/guardian will accept either of the treatment regimens.

409 3. Treatment must commence within 48 hours following randomization (patching group) or the
410 most immediate weekend day following randomization (atropine group); therefore, a patient
411 should not be randomized until both the investigator and parent are ready to start treatment.

412 4. Visual acuity and ocular alignment testing must be performed within 7 days prior to
413 randomization. If patient randomization is delayed beyond 7 days, the visual acuity and ocular
414 alignment testing must be repeated to confirm eligibility and establish the baseline acuity and
415 amblyopia classification for the study.

416

417 **2.5 Additional Testing in Patients Assigned to the Atropine Group**

418 **2.5.1 Assessment of Reading Ability**

419 Reading ability after cycloplegia of the sound eye will be assessed binocularly in patients
420 randomized to the Atropine Group.

421

422 Patients who (1) are unable to read the grade-appropriate print with the sound eye cyclopleged and
423 (2) will be attending school while on treatment will be prescribed single vision reading glasses to
424 use for desk (near) work in school and home (paid for by the study).

- 425 • The power of the reading glasses can either be prescribed as +2.50D greater than the
426 distance optical correction for each eye or at investigator discretion.
- 427 • If reading glasses are not prescribed at randomization but the patient later has difficulty
428 in school due to the reduced acuity in the sound eye, reading glasses will be prescribed at
429 that time.
- 430 • *Note: single vision reading glasses are being prescribed rather than bifocals to avoid*
431 *the problem of the bifocals being worn all of the time, thus potentially compromising the*
432 *effect of the atropine.*

433

434 If both eyes were cyclopleged during the randomization visit, near correction will be added for the
435 amblyopic eye.

436

437 **2.5.2 Fixation Preference**

438 Fixation preference will be assessed in patients randomized to the Atropine Group. Patients in
439 whom both eyes were cyclopleged during the randomization visit will skip this assessment.

440 Fixation preference testing will be done after cycloplegia of the sound eye. The procedures for
441 strabismic and non-strabismic patients are described in the ATS procedures manual.

442

443

444 **CHAPTER 3: RANDOMIZATION AND TREATMENT GROUP ASSIGNMENT**

445
446 **3.1 Randomization Groups**

447 Each patient will be randomly assigned to one of two treatment groups:

- 448 1. 2 hours of daily patching of the sound eye combined with one hour of near visual activities
449 while patching (increased at 5 weeks if acuity has not improved by at least 5 letters: increased to
450 4 hours patching per day for patients who were enrolled with amblyopic eye acuity 48-71 letters
451 (20/40-20/100) and increased to 4 or more hours patching per day for patients who were
452 enrolled with amblyopic eye acuity 19-47 letters (20/125-20/400)).
- 453 2. Atropine 1% once each weekend day in the sound eye combined with one hour of near visual
454 activities every day (increased to daily atropine at 5 weeks if acuity has not improved by at least
455 5 letters).

456
457 The study will provide the patches and atropine.

458
459 Spectacle wear, if prescribed, will be continued.

460
461 **3.2 Patching Group**

462 The Patching Group is initially prescribed two hours of patching per day plus near visual tasks to
463 be done while wearing the patch for at least one hour per day.

464
465 At the 5-week visit, if the amblyopic eye acuity has not improved at least 5 letters from baseline,
466 patching will be increased. Patients who were enrolled with moderate amblyopia (amblyopic eye
467 acuity 48-71 letters (20/40-20/100)) will be increased to 4 hours daily. Patients who were enrolled
468 with severe amblyopia (amblyopic eye acuity 19-47 letters (20/125-20/400)) will be increased to 4
469 or more hours daily at investigator discretion. If amblyopic eye acuity has reached 20/25 or better
470 by the 5-week visit, the patching regimen may be continued or tapered but must be at least one hour
471 per day (patching should not be stopped prior to the 17-week outcome exam unless an adverse
472 effect of treatment occurs).

473
474 **3.3 Atropine Group**

475 The Atropine Group is prescribed atropine 1% to be placed in the sound eye on Saturday and
476 Sunday of each week plus near visual tasks to be done at least one hour per day. If reading glasses
477 have been prescribed, near activities must be done without the use of reading glasses for at least an
478 hour a day.

479
480 If the amblyopic eye acuity has not improved at least 5 letters from baseline to the 5-week visit,
481 atropine will be increased to 1 drop in the sound eye daily. Atropine should not be stopped prior to
482 the 17-week outcome exam unless an adverse effect of treatment occurs.

483
484 Patients using atropine will be advised to wear spectacles or sunglasses with UV protection and a
485 brimmed hat when outdoors.

486
487 As noted in section 2.5, patients in the Atropine Group who (1) are unable to read the grade-
488 appropriate print with the sound eye cyclopleged and (2) will be attending school while on
489 treatment will be prescribed single vision reading glasses to use during school and for necessary
490 homework (paid for by the study).

493 **3.4 Near Activities**

494 The investigator may use his/her discretion with regard to which specific visual activities to
495 prescribe based on what he/she believes are suitable for the child's age and may be beneficial.

496 These tasks may include:

- 497 ➤ Crafts, coloring, tracing, cutting out objects, dot-to-dot connecting, 'fill in the symbols,'
498 'symbol sequence,' or other activities requiring eye-hand coordination
- 499 ➤ Hidden pictures and word finds
- 500 ➤ Video games (e.g., Game Boy/Nintendo)
- 501 ➤ Computer/internet
- 502 ➤ Written homework
- 503 ➤ Reading
- 504 ➤ Building models, knitting, stringing beads
- 505 ➤ Other near accommodative tasks

506
507 **3.5 Home Calendar Logs**

508 A calendar will be provided on which the child/parent will record the treatment received each day.

509 These logs will be turned in at each of the protocol visits. At each visit, the logs will be reviewed
510 and an assessment of compliance will be recorded on the Follow-up Examination Form.

CHAPTER 4: FOLLOW-UP EXAMINATIONS

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4.1 Visit Schedule

Protocol-specified follow-up visits will occur at the following times from randomization:

- Visit 9A: 5 ± 1 week
- Visit 9B-1: 17 ± 1 week
- Visit 9B-2: 17 ± 1 week for the Patching Group and 2 weeks (14 to 21 days) after 9B-1 for the Atropine Group (2 weeks after atropine is discontinued)

For the Patching Group and for patients in the Atropine Group who have discontinued use of atropine, visits 9B-1 and 9B-2 can be performed on the same day.

Additional visits can be performed at the discretion of the investigator. A Follow-up Examination Form should be completed on the study website for every exam (not just the minimum required exams).

4.2 Testing Procedures

The table below summarizes the testing procedures at each follow-up visit.

Test	9A <i>5 ± 1 wk</i>	9B-1 <i>17 ± 1 wk</i> <i>Masked exam</i>	9B-2 <i>17 ± 1 wk for patching group</i> <i>and 2 weeks (14-21 days) after 9B-1</i> <i>for atropine group</i>
Distance acuity amblyopic eye*	X	X	X
Distance acuity sound eye*	X	X	X
Amblyopia Treatment Index	X	X	
Ocular alignment**			X
Stereoacuity***			X

*Using E-ETDRS acuity testing protocol on the EVA. The testing at visit 9B-1 will be done by a masked examiner

**Assessed at each visit but only quantified at visit 9B-2 after atropine discontinued (at other visits, the development of a new or increased deviation will be reported)

***Titmus fly, Randot Preschool Test

4.2.1 Visual Acuity Testing

At each visit, visual acuity is measured by a certified examiner using the E-ETDRS acuity protocol on the Electronic Visual Acuity Tester.

- While atropine is being used, the sound eye will be tested with the current full cycloplegic correction (if the glasses do not correct the full amount of hyperopia, clip-ons or trial frames will be used).
- The visual acuity measurement of the amblyopic eye at visit 9B-1 (17 weeks) will be done by a masked examiner. This is accomplished by having the sound eye patched before the examiner sees the patient.

4.2.2 Amblyopia Treatment Index

The Amblyopia Treatment Index (questionnaire) is completed by the patient and by a parent or guardian at visit 9A and 9B-1.

- The questionnaire consists of 18 questions concerning the effect of the patching and atropine on the child and parent. For the parent, the questionnaire will be self-administered and for the patient, it will be administered by site staff
- The questionnaire should be completed prior to the investigator's examination of the patient.
- The questionnaire is meant for the child's parent or guardian who is responsible for administering the patching or atropine drop. If the child is brought to the visit by an

553 individual who is not involved in the treatment, this is indicated on the questionnaire and it
554 is not completed.

555
556

557 **4.2.3 Testing at Visit 9B-2**

558 For patients in the Patching Group and for patients in the Atropine Group who have discontinued
559 use of atropine, visit 9B-2 can occur on the same day as the masked examination (visit 9B-1). For
560 patients in the Atropine Group who are still using atropine at the time of the 9B-1 visit, the atropine
561 will be discontinued and the patient will return in two weeks for the 9B-2 visit.

562

563 At this visit, testing will include the following:

- 564 • Visual acuity testing of both the amblyopic eye and sound eye using the E-ETDRS protocol
- 565 ○ If the patient completes visit 9B-1 on the same day as 9B-2, visual acuity will be
- 566 tested again even though it was already tested once this day. The testing may be
- 567 done by the same or a different examiner.
- 568 ○ See section 4.2.3.1 for protocol regarding retesting of visual acuity in the sound
- 569 eye.
- 570 • Titmus fly and Randot Preschool test
- 571 • Ocular alignment assessed with the SPCT
- 572 • Cycloplegic refraction and retesting of acuity in sound eye if it is decreased from baseline
- 573 (see below)

574

575 **4.2.3.1 Retesting of Visual Acuity in the Sound Eye at Visit 9B-2**

576 If the better sound eye acuity at visits 9B-1 and 9B-2 is 5 or more letters (1 line) worse than the
577 baseline sound eye acuity and is <84 letters (worse than 20/20), a cycloplegic refraction should be
578 performed on the sound eye, lenses adjusted in trial frames/phoropter, and then the acuity should be
579 tested again, modifying the refractive correction in trial frames if indicated.

580

581 If acuity is still reduced by 5 or more letters from baseline and <84 letters (worse than 20/20), then a
582 change in spectacle lens should be prescribed if indicated from the results of the cycloplegic
583 refraction (*the study will pay for this change*). The new prescription is at investigator discretion, but
584 should provide maximum visual acuity. If the best sound eye acuity at visits 9B-1 and 9B-2 is
585 decreased 5 or more letters from baseline, the patient should return in 1 to 4 weeks (visit 9C) to
586 recheck the sound eye acuity (with the new spectacles, if a change was prescribed). The patient
587 should remain off amblyopia therapy for either eye.

588

589 **4.3 Additional Follow-up for Partial Responders**

590 After visit 9B (or visit 9C if needed), follow up will end for patients who meet one of the following
591 criteria:

- 592 ➤ Amblyopic eye acuity (better of 9B and 9C acuities) is ≥ 84 letters (20/20 or better) OR if
- 593 worse than 20/20 is no more than 3 letters worse than sound eye acuity (better of 9B and
- 594 9C acuities)
- 595 ➤ Amblyopic eye acuity (better of 9B and 9C acuities) has improved by less than 5 letters
- 596 from baseline OR less than 3 letters from visit 9A (if not missed)
- 597 ➤ Sound eye acuity has worsened from baseline such that investigator believes reverse
- 598 amblyopia has occurred and does not believe that the randomized treatment should be
- 599 continued
- 600 ➤ Patient in the Atropine Group received patching for one or more weeks or patient in the
- 601 Patching Group received atropine for one or more weeks

602

603 Follow up will continue for patients who are considered to be *partial responders*. To be considered
604 a partial responder, both of the following criteria must be met:

605 • amblyopic eye acuity (better of 9B and 9C acuities) has improved 5 or more letters from
606 baseline and improved at least 3 letters from visit 9A (if not missed)

607 • amblyopic eye acuity (better of acuities at 9B and 9C) is <84 letters (worse than 20/20)
608 and 4 or more letters worse than sound eye acuity (better of acuities at 9B and 9C)
609

610 Patients continuing in follow up will continue using the randomized treatment or with an increased
611 dosage of the randomized treatment (at investigator discretion) and will have a follow-up visit every
612 8 ± 1 weeks until at least one of the following criteria are met:

613 (1) amblyopic eye acuity is ≥ 84 letters (20/20 or better) OR if worse than 20/20 is no more
614 than 3 letters worse than sound eye acuity

615 (2) treatment is discontinued because the sound eye worsened

616 (3) treatment other than the randomized treatment is used for one or more weeks

617 (4) there is no further improvement in the amblyopic eye acuity.

618 ○ ‘No further improvement’ is defined as visual acuity in the amblyopic eye that is
619 no more than 2 letters better than the measured acuity at the prior visit on two
620 tests of acuity at the same visit. At the first 8-week visit, the better amblyopic
621 eye acuity at visit 9B or 9C is used as the ‘baseline’ for evaluating improvement.
622 At subsequent visits, the acuity from the prior visit is used (or better acuity if
623 acuity was tested twice at that visit).
624

625 At each visit, distance visual acuity will be measured in each eye using the E-ETDRS acuity
626 protocol on the Electronic Visual Acuity Tester. If the amblyopic eye acuity is not improved by 3
627 or more letters from the prior visit, the visual acuity test will be repeated.
628

629 For patients remaining in the study, a cycloplegic refraction is encouraged if not performed within
630 the prior 6 months.
631
632

633
634 **CHAPTER 5: MISCELLANEOUS CONSIDERATIONS**
635

636 **5.1 Management of Optical Correction**

637 A refraction should be performed at any time the investigator suspects that refractive error may not
638 be optimally corrected.
639

640 **5.2 Management of Strabismus**

641 Strabismus surgery is not expected to be needed during the 17 weeks of the study prior to the
642 masked outcome exam. However, for patients who remain in the study as a *partial responder*,
643 surgery may be indicated before the patient completes the study. It is preferred that strabismus
644 surgery not be performed in the first 17 weeks, but such surgery is allowed at the discretion of the
645 clinician. This will be recorded in the comment section of the Follow-up Examination Form.
646

647 **5.3 Intercurrent Events**

648 If visual acuity should worsen in the amblyopic eye (or in the sound eye and does not recover with
649 cessation or reversal of treatment), the investigator should evaluate this condition using best clinical
650 judgment and perform whatever work up is clinically indicated to assess for an alternate cause (i.e.,
651 other than amblyopia) for the visual loss. Patients found to have a cause other than amblyopia that
652 fully explains the visual loss (i.e., amblyopia was never present) will be dropped from the study.
653 This will be reported on the Patient Final Status Form.

654 Eye injuries or the development of an eye problem that might affect vision will be reported on the
655 Follow-up Examination Form. Likewise, the development of a serious medical problem that might
656 affect the patient's study participation will be recorded.
657

658 **5.4 Patient Withdrawals**

659 A patient (and in this case the parents or guardian) may withdraw from the trial at any time. This is
660 expected to be a very infrequent occurrence in view of the short duration of follow up and the
661 limited number of follow up visits. If the parents or guardian indicate that they want to withdraw
662 the child from the study, the investigator personally should attempt to speak with them to determine
663 the reason.
664

665 Patients who receive alternate treatment (e.g., patching for at least one week for patients assigned to
666 atropine and vice versa) will be dropped from the study after completion of the main outcome exam
667 (9B).
668

669 **5.5 Adverse Events/Risks**

670 The risks involved in the study are identical to those that would be present for a patient treated with
671 the study treatment regimens who is not participating in the study.
672

673 **5.5.1 Side Effects of Atropine**

674 Local side effects of minimal severity include allergic lid reactions, local irritation, conjunctival
675 hyperemia, and follicular conjunctivitis. Potential systemic side effects include dry skin and mouth,
676 tachycardia, fever, flushing irritability, mental confusion, constipation, aggravation of asthma, and
677 seizures. Systemic effects occur very uncommonly in the dosage schedule (one drop a day)
678 suggested in this protocol as noted in the previous studies of atropine treatment. Simons and
679 coworkers⁸ found the risk of allergic reactions to be less than 1%. Additional safety data can be
680 derived from the literature describing the chronic topical atropine treatment for the attempted
681 prevention of myopia. In the study by Brodstein and colleagues,⁹ 253 patients were treated for an

682 average of 33 months with daily atropine 1% drops. Neither local nor systemic side effects of any
683 significance were noted. In ATS1,² among 204 patients <7 years old, an ocular side effect was
684 reported at least once for 26% of patients, most commonly light sensitivity (18%), lid or
685 conjunctival irritation (4%), and eye pain or headache (2%). Parents were queried about the
686 occurrence of a systemic side effect at each follow-up visit during atropine treatment. Facial
687 flushing was reported for two patients, one of whom remained on atropine with no further problems
688 and one of whom was switched to homatropine. Atropine was not discontinued because of side
689 effects in any other patients. No other systemic side effects of atropine were reported. In ATS3,
690 among 201 patients 7 to <13 years old, atropine was generally well tolerated. Two patients were
691 switched from atropine to homatropine because of possible side effects although the relationship to
692 atropine was uncertain (vomiting in 1 patient, tachycardia in 1 patient) and atropine was
693 discontinued prior to the end of the randomized trial phase in 9 (4%) patients due to symptoms
694 related to cycloplegia (difficulty with near vision that was not satisfactorily treated with reading
695 glasses).

696
697 Atropine produces dilation of the pupil, which can increase the light that enters the eye. Although it
698 has not been demonstrated that atropine used for several months duration will have harmful ocular
699 effects, excessive exposure to light theoretically could be toxic to the retina. Atropine has been
700 used long-term to prevent the progression of myopia without an apparent adverse effect on acuity.<sup>9-
701 12</sup>

702
703 To minimize risks, the following steps will be taken:

- 704 • Atropine will be dispensed in child-proof containers and parents will be instructed to keep
705 the atropine away from children.
- 706 • To minimize risk from pupil dilation, non-prescription sunglasses with UV protection (or
707 flip-ups, for patients who require glasses) will be provided, and the wearing of a brimmed
708 hat will be encouraged.

709
710 When a patient develops adverse effects serious enough to discontinue atropine, the investigator
711 should call a Protocol Chair to discuss the protocol to follow. If atropine is discontinued, then the
712 patient can be switched to homatropine 5%. Such a change in the treatment regimen will be
713 recorded on a follow-up examination form. Homatropine, if needed, will be sent directly to the
714 patient from the Jaeb Center.

715 716 **5.5.2 Side Effects of Patching**

717 Patching could cause mild skin irritation. However, in view of the small number of hours of daily
718 patching prescribed in the study, substantial skin irritation is highly unlikely.

719 720 **5.5.3 Reverse Amblyopia**

721 The study treatment for amblyopia could decrease the visual acuity in the sound eye, although this
722 is almost always reversible and is rare in the age group included in this study.

723
724 The diagnosis and management of reverse amblyopia is left to the investigator's judgment.

725 726 **5.5.4 Development of Strabismus or Diplopia**

727 The study treatment could precipitate the development of a manifest ocular deviation. If treatment
728 precipitates the development of an ocular deviation (e.g., esotropia), the parent will be advised to
729 have the patient see the investigator as soon as possible. If the deviation is confirmed on
730 examination, the decision as to whether to continue or discontinue therapy will be left to the
731 investigator's and parent's decision. If amblyopia treatment is to be discontinued during the

732 treatment period of the study, a Protocol Chair should be called to discuss the case. The
733 development of a new heterotropia is an accepted risk of amblyopia therapy as part of standard care.
734 Such an event occurred with both patching and atropine therapy with atropine in about 18% of cases
735 in ATS1. About 13% of patients had resolution of their preexisting strabismus $>8\Delta$ with treatment.
736 In ATS4, 2 of 168 patients developed a new esotropia $>8\Delta$, while 5 patients had resolution of a
737 small angle esotropia. This risk in this study is no greater than it would be with standard care of
738 amblyopia.

739
740 Diplopia has been considered to be a possible adverse effect of treating amblyopia in older children.
741 However, in ATS3, no patients developed constant diplopia during the randomized trial phase. In
742 the 7 to <13 year olds among patients not reporting diplopia at baseline, intermittent binocular
743 diplopia occurring more than once a day was reported by 4 patients in the Treatment Group and by
744 1 patient in the Optical Correction Group. For 3 of the 4 patients in the Treatment Group, diplopia
745 was not reported at the last study visit; 1 patient at the last visit reported diplopia once a day, while
746 the parent reported the diplopia once a week. While still on treatment after the end of the
747 randomized trial phase, an 8-year-old in the Treatment Group, who had a history of a prior sixth
748 nerve palsy and an esotropia at near at baseline, developed intermittent daily diplopia; at the last
749 visit the patient indicated diplopia was occurring several times a day but the parent indicated once a
750 week. In the 13 to <18 year olds, no patients reported binocular diplopia occurring more than once
751 a day.

752 753 **5.5.5 Risks of Examination Procedures**

754 The procedures in this study are part of daily ophthalmologic and optometric practice in the United
755 States and pose no additional known risks. Dilating/cycloplegic eye drops may normally be used as
756 part of an exam.

757 758 **5.6 Reporting of Adverse Events**

759 Each investigator is responsible for informing his/her IRB of serious treatment-related adverse
760 events and for abiding by any other reporting requirements specific to his or her IRB.

761 Data on the complications of the study treatments will be tabulated regularly by the Coordinating
762 Center for review by the Steering Committee. Serious complications will be reported expeditiously
763 to the Data and Safety Monitoring Committee, which will receive a full adverse event report semi-
764 annually. Following each DSMC data review, a summary will be provided to IRBs.

765 766 **5.7 Patient Payments**

767 The parent/guardian of each patient will be compensated \$25 per visit for completion of 9A and 9B
768 exams. (Completion of 9B-1 and 9B-2 exams will result in one visit payment for patients who
769 complete both on the same visit (i.e., patching group). Completion of 9B-1 and 9B-2 exams will
770 result in 2 visit payments for patients who complete 9B-2 two weeks after 9B-1 (i.e., atropine
771 group).) For patients remaining in follow up after the 9B visit, \$25 will be paid for each study visit,
772 up to a maximum of \$75 (maximum of \$150 for the entire study). If there are extenuating
773 circumstances, additional funds may be provided for travel if expenses exceed \$25 and the patient
774 will be unable to complete the visit without the reimbursement of the travel expenses.

775 776 **5.8 Discontinuation of Study**

777 The study may be discontinued by the Steering Committee (with approval of the Data and Safety
778 Monitoring Committee) prior to the preplanned completion of enrollment and follow-up for all
779 patients.

780

781 **5.9 Contacts by the Jaeb Center for Health Research**

782 The Jaeb Center serves as the PEDIG Coordinating Center. The Jaeb Center will be provided with
783 the parent/guardian's contact information. The Jaeb Center will maintain direct contact with the
784 parents or guardian of each patient. Permission for such contacts will be included in the Informed
785 Consent Form. The principal purpose of the contacts will be to develop and maintain rapport with
786 the family and to help coordinate scheduling of the outcome examination. One phone contact is
787 planned for each patient in the first month after enrollment. Additional phone and mail contacts will
788 be made if necessary to facilitate the scheduling of the patient for follow-up visits. A patient
789 newsletter, study updates, and a study logo item may be sent. Patients will be provided with a
790 summary of the study results in a newsletter format after completion of the study by all patients.
791

CHAPTER 6: SAMPLE SIZE ESTIMATION AND STATISTICAL ANALYSIS

The estimation of sample size and statistical analysis plan are summarized below and detailed in separate documents. A detailed statistical analysis plan will be written and finalized prior to the completion of the study. The analysis plan synopsis in section 6.2 contains the framework of the anticipated final analysis plan, which will supersede section 6.2 when it is finalized.

6.1 Sample Size Estimation

The sample size estimate has been computed for the primary study objective, to determine whether the visual improvement at 17 weeks obtained with pharmacologic therapy and occlusion therapy are equivalent, in concert with the analytic approach for this objective (analysis of covariance) as described in section 6.2.

The primary analysis will include only patients with moderate amblyopia (visual acuity of 20/40 to 20/100) because of the lack of available data on the outcome of atropine treatment when acuity is worse than 20/100; therefore the sample size was estimated in order to have the needed power for analysis of these patients. Based on data from ATS3, we assumed a standard deviation for the 17-week outcome score of 0.20 logMAR and a correlation between baseline and 17-week outcome score of 0.30.

To select a sample size for the trial, it is necessary to set the equivalence limit, which represents the end of the 95% confidence interval for the difference in mean acuity between groups. A limit of 1 logMAR line (5 letters) was considered by the Steering Committee to provide sufficient evidence for equivalence. Because the study question is equally interested in whether patching is equivalent to atropine and atropine is equivalent to patching, it will be necessary to construct two one-sided confidence intervals in analysis.

For a 1 logMAR line equivalence limit, a 95% confidence interval (in actuality, two 1-sided 95% confidence intervals), 90% power, a standard deviation of 0.20 and correlation between the baseline and outcome acuities of 0.30, the sample size required for the study was estimated to be 162, equally divided between the two groups. This was increased to 180 to account for up to 10% loss to follow up.

6.2 Primary Analysis for Efficacy

All primary analyses will include the cohort of patients with moderate amblyopia (20/40 to 20/100).

Because ATS9 is designed as an equivalence trial, treatment equivalence will be declared if the two 1-sided 95% confidence intervals constructed on the difference between adjusted mean visual acuity scores for the two groups are completely contained within the designated equivalence interval of ± 1 logMAR unit.

The adjusted means mentioned above will be obtained through application of an Analysis of Covariance (ANCOVA) model using baseline visual acuity scores as the covariate and six-month visual acuity scores as the dependent variable. Thus, a confidence interval will be formed around the difference between 17-week visual acuity mean scores after these means have been adjusted for the baseline acuity scores.

The primary analysis will follow the “intent-to-treat” principle.

841 As a secondary analysis, the proportions of patients in each group with acuity at 17 weeks of $\geq 20/25$
842 and the proportions improving 3 or more lines from baseline will be compared by constructing 2
843 one-sided 95% confidence intervals on the difference in proportions.
844

845 To explore whether there is a difference in the initial effect of treatment, the visual acuity data from
846 the 5-week visit will be used to compare the treatment groups in an analysis of covariance similar to
847 that described for the primary analysis.
848

849 The treatment effect in subgroups based on baseline factors will be assessed in preplanned
850 secondary analyses. The subgroups of most interest will be those based on baseline amblyopic eye
851 visual acuity ($\geq 20/50$, $< 20/50$), cause of amblyopia, age, and prior treatment.
852

853 **6.3 Primary Safety Analysis**

854 The primary safety analysis will be a treatment group comparison of logMAR sound eye visual
855 acuity score obtained at visit 9B-2, adjusted for baseline acuity scores in an analysis of covariance
856 (ANCOVA) model.
857

858 A second analysis will compare the proportion of subjects with a 3 or more line decrease from
859 baseline to visit 9B-2 in sound eye acuity with a Fisher's exact test.
860

861 **6.4 Severe Amblyopia**

862 In view of the small sample size, analyses will be exploratory. An equivalence analysis will not be
863 performed. Power will be limited for a direct treatment group comparison. However, point
864 estimates can be obtained to provide an indication as to (1) whether severe amblyopia can improve
865 with atropine and (2) the degree of expected improvement to help in the planning of a larger trial if
866 indicated.
867

868 **6.5 Interim Analyses**

869 No formal interim efficacy analyses of the outcome data are planned in view of the timing of its
870 collection as it seems unlikely that there would be sufficient data and reason to terminate the trial
871 early. However, an efficacy and safety report will be provided to the DSMC twice a year. DSMC
872 reports also will include tabulations of local and systemic adverse effects of atropine. Nevertheless,
873 a minimal amount of alpha spending (0.001) will be allocated for each DSMC review of the data.
874 There are projected to be two DSMC data reviews prior to the end of the trial. The final alpha level
875 at the end of the trial will be accordingly adjusted to 0.048 for the overall statistical comparisons of
876 the two treatment groups for declaring superiority of one treatment over the other.

877 **CHAPTER 7: A STUDY OF RETINAL NERVE FIBER LAYER THICKNESS IN**
878 **AMBLYOPIA**

879
880 **7.1 Introduction**

881 This ancillary study is part of the ATS9 protocol. Participation is optional for sites and, at
882 participating sites, participation is optional for each subject.

883
884 **7.1.1 Study Objective**

885 To determine whether amblyopia is associated with structural abnormalities of optic nerve fiber
886 layer.

887
888 **7.1.2 Background**

889 Amblyopia is generally attributed to abnormal development of the visual cortex due to strabismus,
890 image blur from refractive error, monocular form deprivation, or a combination of these factors. A
891 change in size of cell bodies in the lateral geniculate body of the thalamus have been seen with
892 amblyopia and amblyopia therapy in non-human primate models of amblyopia.¹³ However, some
893 have suggested that amblyopic eyes may also have abnormalities of the retinal ganglion cell, retinal
894 nerve fiber layer (RNFL), and optic nerve. It is not known if changes to the pregeniculate visual
895 system are congenital or acquired from abnormal postnatal sensory input. If the lack of
896 development of normal structures or loss of normal structures occurs prior to treatment, normal
897 structures may not be present and treatment might not be as likely to succeed.

898
899 It is possible that these changes in the optic nerve may be due to abnormal apoptosis. It has been
900 argued that correctly controlled apoptosis of the optic nerve needs a focused image. Abnormal
901 focused input due to amblyopia could lead to either too few or too many fibers remaining in the
902 optic nerve. Loss of optic nerve axons may also be due to transsynaptic degeneration following a
903 cortical lesion. These anatomic changes in the optic nerve fiber layer could play a role in the visual
904 acuity outcome with treatment.

905
906 Using computerized analysis of magnification-corrected optic disc photos from 205 amblyopic
907 subjects Lempert and Porter identified an abnormal optic disc appearance, they have termed optic
908 disc dysversion in 45.4% of eyes.¹⁴ A second study of 275 patients found such an appearance in
909 48% of the amblyopic eyes (mean age = 39.8 years).¹⁴ (The patients from the first study were
910 possibly included in this study.) The disc area was significantly smaller in the amblyopic eyes
911 compared to the sound fellow eyes, 1.58 mm² compared to 1.77 mm². However, these authors also
912 found that 74% of amblyopic eyes and 57% of fellow eyes had disc areas less than 2.05 mm²,
913 suggesting that the condition may be bilateral.¹⁵ They also noted microphthalmos and optic nerve
914 hypoplasia in the amblyopic eye in a more recent report.¹⁴ Lempert also reported that the optic disc
915 area of anisometric amblyopic eyes was smaller than their non-amblyopic eyes, even when
916 adjusted for axial length.¹⁶ These authors presumed that the small size of the optic disc implied a
917 subnormal number of optic nerve fibers. However, this analysis is complicated by the fact that
918 optic disc size and nerve fiber counts are not well-correlated.¹⁷

919
920 The RNFL arises from the unmyelinated axons of the retinal ganglion cells. The thickness is
921 greatest in the inferior and superior poles of the optic disc. The thickness of retinal nerve fiber layer
922 around the optic disc is a surrogate measure of the total number of optic nerve axons. A positive
923 correlation of RNFL thickness and optic nerve head size has been shown with optical coherence
924 tomography (OCT) (Carl Zeiss-Humphrey-Meditec, Dublin, CA).¹⁸ This complements earlier
925 histological studies in non-human primates and humans that showed that optic nerve fiber count
926 increases as optic disc size increases.^{19,17}

927
928 The overall RNFL thickness is reduced in eyes of adults and children with optic nerve atrophy from
929 glaucoma.^{20 21} However, Hoh and colleagues found significant overlap between normal eyes and
930 eyes with optic nerve pathology, primarily glaucoma in their study.

931
932 **7.1.3 RNFL and Amblyopia**

933 The RNFL thickness in strabismic amblyopia has been measured with scanning laser polarimetry.
934^{22, 23, 24} The amblyopic eyes were mainly strabismic, and the RNFL thickness did not differ
935 significantly from the sound eyes in overall average, superior or inferior thickness values.²² Colen
936 and coworkers (N=20) and Baddini-Caramelli et al (N=21) showed no difference in RNFL with
937 strabismic amblyopia.^{23, 24} In a more recent study Yen and colleagues found the RNFL with OCT
938 to be thicker in the amblyopic eyes compared to the fellow eyes of children with anisometropic
939 amblyopia, but no difference between eyes of children with strabismic amblyopia.²⁵ Another
940 abstract from Rabbione and colleagues found no difference in the RNFL of the amblyopic eyes
941 compared to fellow sound eyes.²⁶ Atilla and colleagues measured the RNFL of hypermetropic and
942 anisometropic amblyopia adults (mean age about 17 years) and found no difference between
943 amblyopic eyes and eyes from a control group of non-amblyopic eyes.²⁷

944
945 Each of the published studies included small numbers. To date studies of the RNFL have not
946 resolved the question whether there is a difference in the number of optic nerve axons in the optic
947 nerve of amblyopic eyes compared to sound fellow eyes.

948
949 **7.1.4 Optical Coherence Tomography**

950 Optical coherence tomography has evolved to be a widely used, non-invasive technique that
951 measures nerve fiber layer thickness and other retinal features. The currently available instrument is
952 the OCT3. The OCT obtains cross-sectional, high-resolution images of the RNFL. The OCT
953 measurement is not substantially affected by axial length or refractive error between -5.00D and
954 +5.00D. Multiple techniques of sampling the retina and the retinal nerve fiber layer are included in
955 the instrument software. OCT testing requires dilated pupils. However, it is a non-contact device, so
956 no anesthetic drops are required. The testing requires steady fixation which may be difficult for
957 younger children and those with poorer central acuity. Testing of both eyes can be completed in less
958 than 15 minutes.

959
960 The simplest imaging software for the peripapillary optic nerve is the rapid RNFL analysis. In this
961 technique a circular sample is taken around the optic disc with a diameter of 3.44 mm. The circle is
962 manually centered by the technician while the patient fixates a target. The software takes three
963 images around each optic nerve which are averaged in the output. Each scan is performed in just a
964 few seconds. The thickness is determined by image processing software which identifies the first
965 bright reflection at the vitreoretinal interface and the posterior border of the bright RNFL image as
966 it changes to a less bright image. Average thickness values for each quadrant (superior, nasal,
967 inferior, temporal), each clock hour, and the RNFL as a whole are provided. Signal strength is rated
968 on a 10 point scale, with 5 or more considered acceptable.

969
970 No comparisons of amblyopic children with normal age-matched patients have been reported,
971 possibly because there are few normative data reported for OCT3 in children and young adults. The
972 commercially-distributed software does not include any children in the normal database. Hess and
973 colleagues reported RNFL data for 104 normal patients age 3 to 17 years using the OCT3 sampling
974 two concentric circles.²¹ They found fixation difficulties and movement artifact to be a problem in
975 a few patients. They reported data from superior and inferior quadrants for two different
976 peripapillary diameters, 2.9 and 6.8 mm. A difference between glaucomatous and normal eyes was

977 an average of 26%. These authors, focusing on glaucoma, published superior and inferior thickness
978 values, but did not include temporal thickness values. Temporal RNFL might be important for
979 children with amblyopia as a better marker of central visual function. Thus there are no normative
980 data available, either by sector or as a whole for a nerve, to be used as a comparison group with
981 young amblyopic patients.

982
983 RNFL measurements in adults with the OCT are reproducible.²⁸ No such test-retest data are
984 available for children. In addition, interpatient variability in adults is substantial which if also true
985 in children may make it difficult to detect relatively small differences in amblyopic eyes. Given the
986 likely small difference present in amblyopic eyes, the variability of thickness in the population, and
987 no available large database of normal adolescents, it is not possible to compare the RNFL of
988 amblyopic children to a normal population at this time. We propose comparing sound to amblyopic
989 eyes as our primary aim of this ancillary study. We have considered but do not believe it is feasible
990 in our network to develop a database of optic nerves from normal patients for analysis and
991 comparison to amblyopic eyes.

992
993 No prospective data are available correlating RNFL measurements or optic disc size with visual
994 acuity at baseline for both eyes, visual acuity at outcome, and the improvement of visual acuity of
995 the amblyopic eye. Thus the secondary study aim is to explore these relationships.

996
997 In a pilot study using rapid RNFL (4.0.3.1) software at the Wilmer Eye Institute, 18 amblyopic
998 patients 5 to 20 years were studied. Only one amblyopic eye could not be imaged (eETDRS letter
999 count on the EVA Tester = 17, 20/80 equivalent) (based on shape of NFL thickness plot and
1000 placement of scan path around optic nerve image). The other amblyopic eyes, many with worse
1001 acuity were successfully imaged. For the 17 patients in whom both eyes were imaged, the mean
1002 thickness of the sound eye was 109.2 microns, the amblyopic eye was 104.2 microns, and the
1003 average difference (sound eye – amblyopic eye) was 5.0 microns. The sound eye was 10 or more
1004 microns thicker than the amblyopic eye in 4 patients; the amblyopic eye was 10 or more microns
1005 thicker than the sound eye in 1 patient; and the difference was within 10 microns in 12 patients.

1007 **7.2 Study Protocol**

1008 **7.2.1 Informed Consent**

1009 At participating sites, written informed consent for participation in the ancillary study will be
1010 obtained from the parent (guardian) and assent from the subject. Participation will be optional.

1012 **7.2.2 Eligibility criteria**

- 1013 • Enrolled in ATS9
- 1014 • Refractive error in both eyes between -0.25 and +5.00D, inclusive (to avoid the need to
1015 adjust for refractive error)
- 1016 • Birth weight \geq 1500 grams
- 1017 • No history of CNS disease (e.g. IVH, PVL, meningitis, developmental abnormalities of the
1018 brain, hydrocephalus, cerebral palsy, hypoxic ischemic encephalopathy)

1020 **7.2.3 Testing Procedures**

1021 The OCT RNFL imaging will be performed either at the baseline examination or at one of the study
1022 follow up visits.

1023
1024 The subject's pupils will need to be dilated, if not already dilated as part of the exam. The RNFL
1025 scan will be performed on the right eye, followed by the left eye. The scan will then be repeated on
1026 both the right eye and the left eye. The procedures to be followed by the OCT operator will be

1027 detailed in a separate procedures manual. The results of the scans will be sent to the coordinating
1028 center.

1029

1030 **7.2.4 Risks**

1031 The OCT may cause discomfort from the flashing lights. This lasts just during the procedure.

1032 However there is no known risk. The drops to dilate the pupils may cause sensitivity to light for
1033 several hours.

1034

1035 **7.2.5 Payments**

1036 Subjects will be compensated \$25 for participation in this ancillary study.

1037

1038 **7.3 Statistical Considerations**

1039 Twenty-five subjects initially will be scanned. From those data, an assessment will be made as to
1040 the variability and the sample size will be re-estimated. Up to 100 subjects may be included in the
1041 study.

1042

1043 The analysis plan is detailed in a separate document. The primary analysis will be a binomial sign
1044 test for two dependent samples, testing for association between RNFL thickness and amblyopia.
1045 This will be based on the proportion of patients with greater thickness in the sound eye, out of all
1046 patients with a difference in thickness between the sound and amblyopic eye. Test-retest data for the
1047 first 25 patients will be reviewed to determine the level of difference to be considered within the
1048 variability of testing, and thus the range of size difference to be considered 'no difference'.

1049

1050 Secondary analyses will include exploratory analyses of the difference in thickness based on cause
1051 of amblyopia, baseline acuity and best acuity of the sound and amblyopic eyes.

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CHAPTER 8: REFERENCES

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