ORLANDO
June 24-27, 1998

15th Annual Meeting of the American Society for Bariatric Surgery

Sponsored by: American Society for Bariatric Surgery
Orlando Regional Medical Center
Hyatt Regency Grand Cypress Resort
FIFTEENTH ANNUAL MEETING
AMERICAN SOCIETY FOR BARIATRIC SURGERY
Hyatt Regency Grand Cypress, Orlando, Florida
June 24 - 27, 1998

Jointly sponsored by:
Orlando Regional Medical Center
and the American Society for Bariatric Surgery

Purpose
Paper presentations of the most current research and invited lectures promote the exchange of information and experiences between those practiced in bariatric surgery and newcomers to the field. The primary goal in this ongoing learning process is continual improvement in the risk-benefit ratios for patients.

Target Audience
The conference is designed for all clinical and academic surgeons and their support staff, including any health professional involved in the care of the morbidly obese patient, who wish to increase their knowledge of the surgical and perioperative management of morbidly obese patients.

Educational Objectives
1. To prepare physicians and support staff to define, discuss, and solve specific problems in the treatment of morbidly obese patients in order to achieve maximum long-term safety and effectiveness.
2. To increase the comprehension of the development and use of new techniques to achieve weight loss by surgery in the morbidly obese.
3. To familiarize participants with a broad area of patient care services.
4. To provide participants with the skills to identify and understand the specific needs of bariatric patients and assist in targeting their care in a coordinated medical team effort.

Educational Methods
The 15th Annual conference of the American Society for Bariatric Surgery is offered by our educational program committee. Besides the plenary session presentation of scientific papers, a postgraduate course is offered dealing with subjects of perceived need and concern to practicing bariatric surgeons. A course encompassing the basics of bariatric surgery is offered for newcomers to the field. In addition, the Allied Health program covers associated subjects related to patient management, care, and economics. These presentations and discussions by experts focus on the trends in the surgical management of the morbidly obese patient.

Disclosure Policy
It is the policy of the American Society for Bariatric Surgery that speakers at a CME Category 1 event must disclose any financial or other relationship with: (1) any manufacturer(s) of commercial product(s) that may be discussed in the speaker's presentation; and/or (2) commercial supporters of the event. The intent of this policy is not to prevent a speaker with significant financial or other relationships from participating but rather to provide listeners with the information on which they can form their own judgments. It remains for the audience to determine whether the speakers' interests or relationships may influence the presentation.

Accreditation
This activity has been planned and implemented in accordance with the Standards and Guidelines of the Accreditation Council for Continuing Medical Education through joint sponsorship of the Orlando Regional Medical Center and the American Society for Bariatric Surgery. The Orlando Regional Medical Center is accredited by the ACCME to provide continuing medical education for physicians. The Orlando Regional Medical Center designates the continuing medical education activity for up to 20.5 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association.

- 3.5 hours for Postgraduate Masters' Course
- 3.5 hours for Essentials in Bariatric Surgery Course
- 12.5 hours for Thursday-Saturday session

Nursing Credits
Nursing credits for the General Session and Allied Health Sciences Special Session are sponsored by University of Tennessee College of Nursing Continuing Education.

- 14.0 hours for the General Session
- 11.0 hours for the Allied Health Sciences Special Session

Meeting Times
Registration
Tuesday, June 23, from 4:00 p.m. to 9:00 p.m.; Wednesday, June 24, from 7:00 a.m. to 4:00 p.m.; Thursday, June 25, from 7:00 a.m. to 2:00 p.m.; and Friday, June 26, from 7:00 a.m. to 1:00 p.m.; and Saturday, June 27, from 8:00 a.m. to 12:00 noon.

Special Sessions
The Allied Health Session on surgical support issues will be held on Wednesday, June 24, from 8:00 a.m. - 5:00 p.m., and on Thursday, June 25, from 10:00 a.m. - 12:00 noon. The Postgraduate Masters' Course will be held Wednesday, June 24, from 1:00 p.m. - 5:00 p.m.

General Session
Oral Papers Sessions begin Thursday, June 25, at 8:00 a.m. and continues until 2:00 p.m. Friday, the regular session continues from 8:00 a.m. - 1:00 p.m. followed by lunch (1:00 p.m. - 2:30 p.m.) and the ASBS Business Meeting (2:30 p.m. - 4:30 p.m.). The afternoon is free thereafter until the evening dinner/dance (7:00 p.m.). The meeting begins at 8:15 a.m. and concludes at 1:00 p.m. on Saturday, June 27.

Reception and Banquet
The welcome reception will be Wednesday, June 24, from 6:00 p.m. to 8:00 p.m. The 1st Annual Foundation Banquet will be Thursday, June 25, and our 15th Annual Meeting Dinner/Dance on Friday, June 26. See the Social Program section for more details.

Exhibits and Poster Sessions
An informative Vendor's Exhibit will run concurrently with the meeting. Scientific Posters will be on view in the exhibit hall during exhibit hours.
To make your hotel reservation, complete the enclosed housing form and contact the Grand Cypress by mail, fax, or phone: (800) 233-1234. Our designed golf, all weather tennis courts, a full service equestrian center, a Cypress offers a full range of activities including 45 holes of Jack Nicklaus Lodging
surroundings.

Escape to a tropical paradise of cascading waterfalls, sparkling pools, and tropical foliage at the Hyatt Regency Grand Cypress Resort, site of the 1998 meeting. In addition to luxurious tropical surroundings, the Grand Cypress offers a full range of activities including 45 holes of Jack Nicklaus designed golf, all weather tennis courts, a full service equestrian center, a spectacular free form pool, and water sports on a 21 acre lake. The Hyatt Regency Grand Cypress... a place for business and luxury in resort surroundings.

To make your hotel reservation, complete the enclosed housing form and contact the Grand Cypress by mail, fax, or phone: (800) 233-1234. Our room block, at the rate of $165.00/night, will be held until May 24, 1998. After that date, reservation requests will be accepted on a space and rate availability basis. Do not delay in making your hotel reservation!

Discounted Air Fares
Delta Air Lines and Tower Travel Cruises, Inc. are the official carrier and agency for our meeting.

Included with General Session registration fee
Welcome Reception,
Wednesday, June 24, 6:00 p.m. - 8:00 p.m.
The welcome reception will be held at the Grand Cypress Resort. The exhibit hall will be open and scientific posters will also be on view during the reception. The reception is included in the fee for the general session. Guest tickets available for $38.00.

Reception and Banquet Friday, June 26, 7:00 p.m.
Reception and dinner in the Grand Ballroom of the Grand Cypress Resort. Join us for a magical night of dining, entertainment and dancing. Included in the fee for general session registrants. Guest tickets available for $68.00.

Optional Events
Friday, June 26, 1998, 10:00 a.m. - 4:00 p.m.
Historic Winter Park/Park Avenue Shopping Tour
Catch the bus to the quaint “Little Europe” shopping district. Strolling down Park Avenue is like being transported from the hustle and hurry of tourist centers to an enchantingly quaint village of brick streets, peaceful parks, and friendly locals. Visit the exclusive boutiques filled with one-of-a-kind treasures, as well as stores bearing the names of your favorite designers. While on Park Avenue also visit the Charles Hosmer Morse Museum of American Art which features the largest collection of Louis B. Tiffany glass in the world. Enjoy a luncheon at Park Plaza Gardens restaurant. Price: $45.00 per person

Thursday, June 25, 7:00 p.m. - 12:00 midnight
Foundation Banquet
Come join us at the 1998 ASBS 1st Annual Foundation Banquet and help shape the future. It will be a gala event with a celebrity guest (to be announced), entertainment and fine dining. The banquet will be held in the Ballroom of the Grand Cypress Resort. Banquet tickets are $200.00 and all proceeds will benefit the ASBS Foundation.

Saturday, June 27, 7:30 p.m. - 11:00 p.m.
Medieval Times Dinner & Tournament
Travel back to the days of yore. Feast on a four course regal banquet inside an 11th Century castle while watching daring knights on beautiful Andalusian horses in Medieval tournament games and jousting matches. Price: $43.00

Specially Priced Walt Disney World Tickets!
Avoid the ticket lines! Order specially priced tickets in advance. Buy two- or three- day passes good for admission to the Magic Kingdom, EPCOT Center, Disney-MGM Studios, Pleasure Island and the brand new Animal Kingdom. An order form will be mailed to you when we receive your ASBS meeting registration. Tickets are valid TEN (10) days after first use and can be used on nonconsecutive days. Tickets must be purchased 30 days in advance to assure receipt of tickets prior to your departure to Orlando.

For More Information Contact:
Georgann Mallory, Executive Director, American Society for Bariatric Surgery
PH: (352) 331-4900
FAX: (352) 332-3583
E-Mail: Mallorygn@aol.com
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<tr>
<th>GUEST SPEAKERS</th>
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<tr>
<td><strong>William Castelli, MD</strong>  &lt;br&gt; Medical Director, Framingham Cardiovascular Study, Framingham Cardiovascular Institute, Framingham, Massachusetts, USA</td>
<td><strong>George S.M. Cowan, Jr., MD</strong>  &lt;br&gt; Professor and Director, Obesity Wellness Center, University of Tennessee, Memphis, Tennessee, USA</td>
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<td><strong>S. Ross Fox, MD</strong>  &lt;br&gt; Private Practice, Tacoma-Seattle, Washington, USA</td>
<td><strong>Alex M.C. Macgregor, MD</strong>  &lt;br&gt; Private Practice, Gainesville, Florida, USA</td>
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<td><strong>Ted Ganiats, MD</strong>  &lt;br&gt; Director, University of California San Diego Health Outcomes Assessment Program, University of California, San Diego, California, USA</td>
<td><strong>Georgeann Mallory, RD</strong>  &lt;br&gt; Executive Director, American Society for Bariatric Surgery, Gainesville, Florida, USA</td>
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<td><strong>Barry Johnson, Esq.</strong>  &lt;br&gt; B. Eliot Johnson &amp; Associates, Los Angeles, California, USA</td>
<td><strong>Louis F. Martin, MD</strong>  &lt;br&gt; Professor of Surgery, Louisiana State University, New Orleans, Louisiana, USA</td>
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<td><strong>Louis F. Martin, MD</strong>  &lt;br&gt; Louisiana State University Department of Surgery, New Orleans, Louisiana, USA</td>
<td><strong>Mary Lou Walen</strong>  &lt;br&gt; Chair, Allied Health Sciences Program Director, Pacific Bariatric Institute for Obesity Surgery, San Diego, California, USA</td>
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<th>PRESENTERS</th>
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<tr>
<td><strong>Subhi Abu-Abid, MD</strong>  &lt;br&gt; Department of Surgery B &amp; C, Tel Aviv Sourasky Medical Center, Tel Aviv, Israel</td>
<td><strong>George S.M. Cowan, Jr., MD</strong>  &lt;br&gt; Obesity Wellness Center, University of Tennessee, Memphis, Tennessee, USA</td>
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<td><strong>Rafael Alvarez-Cordero, MD</strong>  &lt;br&gt; Hospital Angeles del Pedregal, Mexico City, Mexico</td>
<td><strong>Laurie Dancik, LVN</strong>  &lt;br&gt; Alvarado Hospital, San Diego, California, USA</td>
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<tr>
<td><strong>Joseph Amaral, MD</strong>  &lt;br&gt; Brown University School of Medicine, Providence, Rhode Island, USA</td>
<td><strong>Jerôme Dargent, MD</strong>  &lt;br&gt; Private Practice, Lyon, France</td>
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<tr>
<td><strong>P. A. Aslam, MD</strong>  &lt;br&gt; Private Practice, Augusta, Maine, USA</td>
<td><strong>Cynthia H. DeBlanc, MSW</strong>  &lt;br&gt; Private Practice, New Orleans, Louisiana, USA</td>
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<td><strong>Mlitku Belachew, MD</strong>  &lt;br&gt; Service de Chirurgie Universitaire, Centre Hospitalier Hurois, Huy, Belgium</td>
<td><strong>Mervyn Deitel, MD</strong>  &lt;br&gt; Private Practice, North York, Ontario, Canada</td>
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<tr>
<td><strong>Robert E. Brolin, MB</strong>  &lt;br&gt; UMDNJ-Robert Wood Johnson Medical School, New Brunswick, New Jersey, USA</td>
<td><strong>Joan M. DiGregorio, PhD</strong>  &lt;br&gt; Center for Severe Obesity, Florida Medical Center South, Ft. Lauderdale, Florida, USA</td>
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<td><strong>Cynthia K. Buffington, PhD</strong>  &lt;br&gt; The University of Tennessee, Memphis, Tennessee, USA</td>
<td><strong>Cornelius Doherty, MD</strong>  &lt;br&gt; University of Iowa, Iowa City, Iowa, USA</td>
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<tr>
<td><strong>Rafael F. Capella, MD</strong>  &lt;br&gt; Hackensack University Medical Center, Hackensack, New Jersey, USA</td>
<td><strong>Janet Duce, RN</strong>  &lt;br&gt; Midwest Bariatric Center, Wentzville, Missouri, USA</td>
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<tr>
<td><strong>Brett E. Casey, BA</strong>  &lt;br&gt; Department of Surgery, Louisiana State University Medical Center, New Orleans, Louisiana, USA</td>
<td><strong>Franco Favretti, MD</strong>  &lt;br&gt; Surgical Department, University of Padova, Italy</td>
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<tr>
<td><strong>G. Wesley Clark, MD</strong>  &lt;br&gt; Private Practice, San Diego, California, USA</td>
<td><strong>Kathleen M. Finigan, RN</strong>  &lt;br&gt; Louisiana State University Department of Surgery, New Orleans, Louisiana, USA</td>
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<tr>
<td><strong>Bertha Clarke, RN, MS</strong>  &lt;br&gt; Private Practice, Augusta, Georgia, USA</td>
<td><strong>Latham Flanagan, Jr., MD</strong>  &lt;br&gt; Private Practice, Eugene, Oregon, USA</td>
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<td><strong>Colleen M. Cook</strong>  &lt;br&gt; St. Mark's Center for the Surgical Treatment of Obesity, Salt Lake City, Utah, USA</td>
<td><strong>Louis Flancbaum, MD</strong>  &lt;br&gt; Ohio State University, Columbus, Ohio, USA</td>
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<tr>
<td><strong>M.A.L. Fobi, MD</strong>  &lt;br&gt; Private Practice, Bellflower, California, USA</td>
<td><strong>S. Ross Fox, MD</strong>  &lt;br&gt; Private Practice, Tacoma-Seattle, Washington, USA</td>
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PRESENTERS (continued)

**Martin Fried, MD, PhD.** Charles University Teaching Hospital, Prague, Czech Republic

**G. Gaggiotti, MD.** Clinica di Semeiotica e Methodologia Chirurgica Università Studi di Ancona-INRCA, Italy

**E. Kerry Gallivan, MD, MPH.** Departments of Surgery and Medicine, New England Medical Center, Boston Massachusetts and Englewood Hospital, Englewood, New Jersey, USA

**John D. Halverson, MD.** State University New York, Syracuse, New York, USA

**John R. Kirkpatrick, MD.** Washington Hospital Center, Washington DC, USA

**Walter Lindstrom, Jr., Esquire.** The Obesity Law Advocacy Center, San Diego, California, USA

**Mark T. Jaroch, MD.** Akron General Medical Center, Akron, Ohio, USA

**Leslie Jester, CRNP.** Alvarado Hospital, San Diego, California, USA

**Myrna Karsten, RN.** University of Iowa Hospitals and Clinics, Iowa City, Iowa, USA

**Sallie E. Hildebrandt, PhD.** Private Practice, Bowling Green, Ohio, USA

**Douglas S. Hess, MD.** Private Practice, Bowling Green, Ohio, USA

**S. Kyzer, MD.** Department of Surgery, Tel Aviv University, Tel Aviv, Israel

**Jean-Marie Zimmermann, MD.** Private Practice, Marseille, France

**John J. O'Leary, MD.** Louisiana State University Department of Surgery, New Orleans, Louisiana, USA

**Robert R. Rakbin, MD.** Pacific Institute for Surgery for Obesity, Ventura, California, USA

**Kathleen Renquist, BS.** International Bariatric Surgery Registry, University of Iowa College of Medicine Department of Surgery and Preventative Medicine, Iowa City, Iowa, USA

**Alex M. Robinson, MSW.** Louisiana State University Department of Surgery, New Orleans, Louisiana, USA

**Amande Rouse, RN, MS, CS, ANP.** Private Practice, Richmond, Virginia, USA

**Amanda Rouse, RN, MSN.** Pitt County Memorial Hospital, Greenville, North Carolina, USA

**Audrey Ruderman, PhD.** The University of Illinois, Chicago, Illinois, USA

**James A. Sapala, MD.** Department of Surgery, Gastroenterology and Pathology, Detroit Riverview Hospital, Detroit, Michigan, USA

**Ron Saunders, MSW, LCSW.** Private Practice, Richmond, Virginia, USA

**Michael A. Schweitzer, MD.** Medical College of Virginia, Virginia Commonwealth University, Richmond, Virginia, USA

**Nicola Scopinaro, MD.** Department of Surgery, University of Genoa School of Medicine, Genoa, Italy

**Paul M. Selinkoff, MD.** Private Practice, San Antonio, Texas, USA

**Jacquelyn K. Smiertka, RN.** Private Practice, Bloomfield Hills, Michigan, USA

**Sherman C. Smith, MD.** Private Practice, Salt Lake City, Utah, USA

**Rudy Steffen, MD, PhD.** Private Practice, Berne, Switzerland

**Steven M. White, MPH.** Louisiana State University Department of Surgery, New Orleans, Louisiana, USA

**Alan C. Wittgrove, MD.** Private Practice, San Diego, California, USA

**Anna M. Wolf, MD.** Evangelisches und Johanniter Klinikum, Dinslaken, Germany

**Jean-Marie Zimmermann, MD.** Private Practice, Marseille, France
ESSENTIALS OF BARIATRIC SURGERY COURSE  
WEDNESDAY, JUNE 24, 1998

There has been a resurgence of interest in the treatment of obesity which is reflected in the growing number of surgeons involved in the care of the morbidly obese patient. This course is designed to give an overview of the surgical approach to management of the severely overweight patient, including indications for surgery, physiologic and metabolic consequences, surgical alternatives and complications.

The course is directed to general surgeons new to the field of bariatric surgery and to experienced surgeons who wish to refresh their understanding of the discipline.

On completion of the course participants should be able to:

1. Understand the physiologic basis of surgery for obesity.
2. Comprehend the consequences of post surgical weight loss.
3. Define appropriate surgical candidates.
4. List the surgical operations, their advantages and disadvantages.
5. Recognize and understand the management of common early complications.
6. Identify, prevent and treat postoperative metabolic deficiencies.

Moderator: Alex Macgregor, MD

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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>8:00 A.M.</td>
<td>Introductory remarks&lt;br&gt;Ross Fox, MD, President ASBS</td>
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<tr>
<td>8:05 A.M.</td>
<td>Gastrointestinal Physiology and Bariatric Surgery&lt;br&gt;John D. Halverson, MD&lt;br&gt;State Univ NY, Syracuse, NY</td>
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<tr>
<td>8:30 A.M.</td>
<td>Semi-starvation&lt;br&gt;Louis Flanchbaum, MD&lt;br&gt;Ohio State Univ, Columbus, OH</td>
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<tr>
<td>8:50 A.M.</td>
<td>Patient selection&lt;br&gt;J. Patrick O'Leary, MD&lt;br&gt;LSU, New Orleans, LA</td>
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<tr>
<td>9:10 A.M.</td>
<td>Vertical Banded Gastroplasty&lt;br&gt;Cornelius Doherty, MD&lt;br&gt;Univ of Iowa, Iowa City, IA</td>
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<tr>
<td>9:30 A.M.</td>
<td>Laparoscopic Banding&lt;br&gt;Louis F. Martin, MD&lt;br&gt;LSU, New Orleans, LA</td>
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<tr>
<td>9:50 A.M.</td>
<td>Break</td>
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<tr>
<td>10:10 A.M.</td>
<td>Gastric Bypass&lt;br&gt;Kenneth G. MacDonald, MD&lt;br&gt;E. Carolina Univ., Greenville, NC</td>
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<tr>
<td>10:30 A.M.</td>
<td>Acute Complications&lt;br&gt;Michael A. Schweitzer, MD&lt;br&gt;Med Coll. Virginia, Richmond, VA</td>
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<tr>
<td>10:50 A.M.</td>
<td>Metabolic Deficiencies and Supplements following Bariatric Surgery&lt;br&gt;Robert E. Brolin, MD&lt;br&gt;Robert Wood Johnson Med School, New Brunswick, NJ</td>
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<tr>
<td>11:10 A.M.</td>
<td>Biliopancreatic Diversion&lt;br&gt;Nicola Scopinaro, MD&lt;br&gt;Univ of Genoa, Italy</td>
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<tr>
<td>11:30 A.M.</td>
<td>Question time</td>
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<tr>
<td>11:55 A.M.</td>
<td>Closing remarks&lt;br&gt;Ross Fox, President ASBS</td>
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<tr>
<td>12:00 NOON</td>
<td>Adjourn</td>
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Course Goals and Objectives.
This course is designed to provide each attendee with new information and new approaches to the peri-operative problems found with bariatric surgery and to the methodologies of plastic reduction surgery needed after the massive weight reduction following bariatric surgery. These will be addressed in a friendly, informal climate with candid, honest, open interchange and discussion with instructors who have expertise in the field.

The goal is to increase and enhance the attendee’s skill in managing peri-operative complications, and in performing different anatomic areas of plastic reduction surgery including abdominoplasty, arm and thigh tucks. Liposuction apparatus, techniques and patient management will also be discussed in detail.

These topics will move the attendees closer in their continuing quest to find answers to their many questions involving ever-improving care of their patients and using answers to provide better care, as well as, possibly, an extended range of services offered to and for these patients.

At the completion of this course, participants should be able to:
- describe criteria for diagnosis of peri-operative problems including, but not limited to, post-operative bleeding, pyrexia, tachycardia, hypotension, hypertension, sinusitis, depression, nausea, vomiting, atelectasis, pneumonia and leaks.
- have learned additional or altered ways of managing these peri-operative problems.
- perform improved abdominoplasty procedures or, at least, become informed of alternative procedures.
- become knowledgeable about other ancillary procedures for the more cosmetic areas of bariatric surgery following profound weight loss including arm and thigh plastic reductions.
- understand the basic concepts and applications of liposuction alone or in conjunction with a plastic surgical procedure.

1:00 P.M. Brief Introduction Comments by the Course Director and Moderator.
George S.M. Cowan, Jr., MD, Professor and Director, Obesity Wellness Center, Department of Surgery, University of Tennessee, Memphis, Tennessee.

1:05 P.M. Fundamentals of Liposuction and Liposuction Surgery.
The David Miller Distinguished Lecturer

1:50 P.M. Break

2:05 P.M. “How I Perform Abdominoplasty.” Three bariatric surgeons well experienced in abdominoplasty will describe their technique.
S. Ross Fox, MD, M.A.L. Fobi, MD, George S.M. Cowan, Jr., MD.

3:00 P.M. Peri-Operative Bariatric Surgery Problems Workshop: Attendees will discuss in five groups, different problems and their potential solutions.
Facilitators for each workshop group: Joseph Amaral, MD, G. Wesly Clark, MD, George S.M. Cowan, Jr., MD, Mervyn Deitel, MD, M.A.L. Fobi, MD, S. Ross Fox, MD, Nicola Scopinaro, MD.

4:00 P.M. Peri-Operative Bariatric Surgery Problems Workshop: Each discussion group leader reports group consensus recommendations to all attendees (five minutes each). Discussion and dynamic interchange among larger group of attendees follows.
Facilitators for each workshop group: Joseph Amaral, MD, G. Wesly Clark, MD, George S.M. Cowan, Jr., MD, Mervyn Deitel, MD, M.A.L. Fobi, MD, S. Ross Fox, MD, Nicola Scopinaro, MD.

4:55 P.M. Brief Summation by the Course Director and Moderator.
George S.M. Cowan, Jr., MD.

5:00 P.M. Adjourn
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<td>8:00 A.M.</td>
<td>Opening remarks: Mary Lou Walen</td>
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<tr>
<td>8:10 A.M.</td>
<td>1. Changes in body image one year after gastric LAP-BAND.</td>
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<td>Alex M. Robinson, MSW, Kathleen M. Finigan, RN, Louis F. Martin, MD</td>
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<tr>
<td>8:30 A.M.</td>
<td>2. The role of laparoscopy in morbid obesity treatment.</td>
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<td>Martin Fried, MD, PhD, Marie Peskova, MD, Mojmir Kasslicky, MD</td>
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<tr>
<td>8:55 A.M.</td>
<td>3. Improvements in depression one year after placement of gastric LAP-BAND.</td>
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<td>Steven M. White, MPH, Julie A. Lurrie, PhD, Kathleen M. Finigan, Alex M. Robinson, MSW, Louis F. Martin, MD</td>
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<td>Cynthia K. Buffington, PhD, George SM Cowan, Jr, MD</td>
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<tr>
<td>9:40 A.M.</td>
<td>5. Patients with morbid obesity don’t get life-saving bone marrow transplants.</td>
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<td>Bertha Clarke, RN, MS, Harold Engler, MD</td>
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<td>10:00 A.M.</td>
<td>Break</td>
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<td>Roima Saunders, MSW, LCSW</td>
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<tr>
<td>10:35 A.M.</td>
<td>7. Dumping and weight loss following gastric bypass: Fears regarding dumping and potential placebo effects.</td>
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<td>Joan M. DiGregorio, PhD, Norman Samuels, MD, Oscar Chan, MD, Lisa Less-Rosinsky, RD, LD.</td>
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<tr>
<td>10:55 A.M.</td>
<td>8. What patients have to say about bariatric surgery and why it doesn’t always work.</td>
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<td>Jacqueline K. Smiertka, RN, Marek Lutzykowski, MD</td>
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<td>Colleen M. Cook, Charles B. Edwards, MD</td>
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<tr>
<td>11:45 A.M.</td>
<td>Break</td>
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<tr>
<td>12:00 P.M.</td>
<td>Lunch</td>
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<td>SPECIAL GUEST SPEAKER: Edward E. Mason, MD. The “Father” of bariatric surgery looks at the past, present and future.</td>
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**AHSS-SURGICAL SUPPORT ISSUES**

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<tr>
<td>1:00 P.M.</td>
<td>10. Judgement of health status and life quality.</td>
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<td>Emmanuel Hell, MD, Karl Miller, MD</td>
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<td>Melodie K. Moorehead, PhD.</td>
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<td>Janet Duce, RN, James Stephen Scott, MD</td>
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<tr>
<td>2:00 P.M.</td>
<td>13. A comparative vitamin laboratory study - post-op distal gastric bypass patients with duodenal switch.</td>
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<td>Barbara Metcalf, RN, Robert A. Rabkin, MD</td>
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<td>Amanda Rouse, RN, MSN, Bobbie Lou Tripp, RN, BSN, Sharon Shipley, RN, ADN, Paul Cunningham, MD, Kenneth MacDonald, MD, Walter Fories, MD</td>
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<td>2:40 P.M.</td>
<td>Break</td>
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<td>3:00 P.M.</td>
<td>15. Identification and treatment for problems in performing activities of daily living due to morbid obesity.</td>
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<td>Myrna Karsten, RN, Nancy Fisher, OTR/L</td>
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<td>3:20 P.M.</td>
<td>16. The international obesity surgery support group and your patients’ role in promoting obesity surgery.</td>
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<td>Walter Lindstrom, Jr.</td>
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<td>3:45 P.M.</td>
<td>17. Why me? Why do I need a support group?</td>
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<td>Janet Duce, Program Director.</td>
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<td>The importance of bariatric patient attendance at support groups will be discussed. Information and instruction on forming a new support group will be given with comparison with those patients who do and those patients who do not attend support groups.</td>
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<td>4:00 P.M.</td>
<td>18. Effects of participation in bariatric support group after Roux-en-Y gastric bypass surgery.</td>
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<td>Sallie E. Hildebrandt, PhD.</td>
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<td>4:25 P.M.</td>
<td>19. Are we getting the most therapeutic benefit from our support groups?</td>
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<td>Part II: A bariatric surgery psychologist’s perspective.</td>
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<td>Melodie K. Moorehead, PhD.</td>
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<td>4:45 P.M.</td>
<td>Questions/discussion</td>
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<td>5:00 P.M.</td>
<td>Adjourn</td>
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9:00 A.M. Workshop #1A: Everything you ever wanted to know about getting surgery approvals but were afraid to ask. Walter Lindstrom, Jr., Marla S. Lobenstein, San Diego, CA. Once the patient commits to surgery, perhaps the most critical aspect of patient care until the day of surgery is properly handling, and ultimately obtaining, insurance approval for the procedure. This workshop will discuss each critical element in obtaining approvals.

9:00 A.M. Workshop #1B: Setting up and running a bariatric surgery practice. Gretchen Walker, Virginia Beach, VA. This comprehensive workshop will cover how to screen patients on their initial contact with your office and chart preparation. Learn the importance of the initial educational consultation and medical history to pre-determination of benefits and pre-authorization. Pre-operative and post-operative handouts will be available.

9:45 A.M. Workshop #2A: Post-gastric bypass nutrition: A “hands-on” workshop. Leslie Jester, CRNP, Laurie Dancik, LVN, San Diego, CA. A chronological review of nutritional guidelines for the Roux-en-y gastric bypass beginning with the surgical date to one year post-surgery will be given. Information will include food choices, behavioral changes and rationale for these principles. Food diaries and alternative protein choice handouts will be given.

9:45 A.M. Workshop #2B: Patient outcomes in surgical treatment of obesity made easier. Kathleen E. Renquist, BS, John Raab, RN, Edward E. Mason, MD, PhD, Iowa City, Iowa. Learn about the new “user friendly” standardized data collection and analysis software program for use in the bariatric surgeons offices to collect data on patient outcomes. IBSR software has been converted to utilize features compatible with Microsoft Access. Instruction will be given on new data entry features such as drop down lists for many selected fields.

10:15 A.M. Break

10:30 A.M. Workshop #3A: The organization and coordination of multiple support groups. Colleen M. Cook, Patient Coordinator, Salt Lake City, Utah. This presentation will include information on the coordination and organization of multiple support groups with instruction on group leader selection and training, monthly communication system and meeting agendas. Other topics will include physician lecture series, patient newsletter, annual patient reunion conference, volunteer hospital visits and hospital to support group transition program.

10:30 A.M. Workshop #3B: Post-gastric bypass nutrition: A “hands-on” workshop. Leslie Jester, CRNP, Laurie Dancik, LVN, San Diego, CA. A chronological review of nutritional guidelines for the Roux-en-y gastric bypass beginning with the surgical date to one year post-surgery will be given. Information will include food choices, behavioral changes and rationale for these principles. Food diaries and alternative protein choice handouts will be given.

11:15 A.M. Workshop #4A: Everything you ever wanted to know about getting surgery approvals but were afraid to ask. Walter Lindstrom, Jr., Marla S. Lobenstein, San Diego, CA. Once the patient commits to surgery, perhaps the most critical aspect of patient care until the day of surgery is properly handling, and ultimately obtaining, insurance approval for the procedure. This workshop will discuss each critical element in obtaining approvals.

11:15 A.M. Workshop #4B: Setting up and running a bariatric surgery practice. Gretchen Walker, Virginia Beach, VA. This comprehensive workshop will cover how to screen patients on their initial contact with your office and chart preparation. Learn the importance of the initial educational consultation and medical history to pre-determination of benefits and pre-authorization. Pre-operative and post-operative handouts will be available.
GENERAL SESSION

Thursday, June 25, 1998

7:50 A.M. Welcome

LONG TERM RESULTS
Moderator: Donald J. Booth, MD

8:00 A.M. 1. Cardial sphincter function and esophageal motility after vertical banded gastroplasty and laparoscopic adjustable band. Karl A. Miller, MD, Andreas Amerhause, MD, Lukas Rettenbacher, MD, Emanuel Hell, MD.


8:30 A.M. 3. Intermediate to long-term control of diabetes mellitus type II with bariatric surgery. Alan C. Wittegrove, MD, G. Wesley Clark, MD, Richard Catlin, MD.


9:15 A.M. 6. Long term results of biliopancreatic diversion with distal gastrectomy and 50 cm common channel. Frédéric-Simon Houla, MD, Picard Marceau, MD, PhD, Simon Biron, MD.

9:30 A.M. 7. Results of biliopancreatic diversion with sleeve gastrectomy, duodenal switch and 100 cm common channel. Picard Marceau, MD, PhD, Frédéric-Simon Houla, MD, Simon Biron, MD

9:45 A.M. Break

QUALITY OF LIFE RESULTS
Moderator: Louis F. Martin, MD


10:45 A.M. 10. Improvement in mental health after gastric bypass is not sustained in long-term follow-up. Kenneth G. MacDonald, Jr., MD, Melvin S. Swanson, PhD, Harold J. May, PhD, Paul Cunningham, MD, Bobbie Lou Tripp, RN, Sharon Shipley, RN, Brenda Brown, RRA, Walter J. Pories, MD.

11:00 A.M. 11. Preliminary PCS and MCS results following bariatric surgery. Kathleen Renquist, BS, Elizabeth Ludington, MD.

11:15 A.M. Introduction of guest speaker.

11:30 A.M. BASIC SCIENCE LECTURE. Quality of Life Instruments in Cost-effective Analysis. Ted Ganiats, MD.

12:15 P.M. Break

SEQUELAE AFTER BARIATRIC PROCEDURES
Moderator: Antos W. Kuvhenguhwa, MD


1:00 P.M. 13. Gastro-gastric fistulas and marginal ulcers in gastric bypass procedures for weight reduction. Rafael F. Capella, MD, Joseph F. Capella, MD.


1:45 P.M. 16. Reconstructive body contouring after bariatric surgery: surgical technique, management and outcomes. S. Ross Fox, MD, Katherine M. Fox, RN, Ki Hyun Oh, MD.

2:00 P.M. Afternoon free.

Friday, June 26, 1998

RISK AND SUPPORT ISSUES
Moderator: Louis Flancbaum, MD

8:00 A.M. 17. Continual Quality Improvement (CQI) methodology. Arlene Rollins, RN, MS, CS, ANP, Carolyn Hall, RN, Neil E. Hutcher, MD.
GENERAL SESSION (continued)

Saturday, June 27, 1998

George S.M. Cowan, Jr., MD.

Mervyn Deitel, MD

RESIDENT/TRAINEE CANDIDATES

9:00 A.M. 27. Impact of resting energy expenditure and fat 
oxidation to predict weight loss after restricted 
bariatric surgery. Philipp Hauri, MD, R. Steffen, 
Fritz Horber, MD.

9:15 A.M. 28. Biliointestinal bypass, a safe and efficient 
alternative for surgical treatment of obesity. 
Francois Patonu, MD, Emmanuel Muliniez, MD, 
Marc Decoulx, MD, Pierre Fontaine, MD, Patrice 
Gross, MD, Monique Romon, MD, Charles A.G. 
Proye, MD

9:30 A.M. 29. Dissociation of serum leptin levels and body fat 
content following biliopancreatic diversion. 
Roberto M. Taccino, MD, Laura DeMarinis, 
MD, Antonio Mancini, MD, Domenico Valle, 
MD.

Mason, MD, PhD. William W. Hesson.

10:00 A.M. 32. Do indigent patients have worse outcomes after 
gastric LAP-BAND®? Kathleen M. Finigan, RN, 
Alex M. Robinson, MSW, Julie A. Larrieu, PhD, 
Merritt Ayad, PhD, Cynthia H. DeBlanc, MSW, 
Louis F. Martin, MD.

10:45 A.M. 33. To what extent does obesity go hand in hand with 
nervotic personality traits? Brigetta van Wegberg, 
PhD. F. Steinemann, E. von Rohr, P. Hauri, Fritz 
Horber, MD.

11:00 A.M. 34. Initial experience on 100 cases of adjustable 
gastric banding, followed from 6 to 24 months. 
Rafael Alvarez-Cordero, MD, R. Castillo, GA, 
Ramirez-Wiella, GA.

11:15 A.M. 30. Case studies of three patients who required 
conversion from adjustable gastric banding to 
gastric bypass to lose weight. Cynthia H. 
DeBlanc, MSW, Kathleen M. Finigan, RN, Kimet 
Taylor, RD, Alex M. Robinson, MSW, Louis F. 
Martin, MD.

11:30 A.M. 31. The Swedish Adjustable Gastric Band (SAGB). 
A single institution experience with the first 184 
cases. Rudy Steffen, MD, PhD, Fritz Horber, MD, 
PhD.

11:45 A.M. 32. Introduction of President. 
Kenneth G. MacDonald, Jr., MD

12:00 P.M. 33. Presidential Address. 
S. Ross Fox, MD

1:00 P.M. 34. Lunch

2:30 P.M. 35. ASBS Business Meeting
12:00 P.M. 33. Seven years of bariatric surgery. Reasons for surgical revisions. Anna M. Wolf, MD, Burkhard Kortner, Hans Werner Kuhlmann, MD.


12:30 P.M. 35. Adjustable silicon gastric banding for reoperation of failed bariatric procedures. Subhi Abu-Abid, MD, and Amir Szold, MD.

12:45 P.M. 36. Ten commandments to avoid peri-operative complications of laparoscopic bariatric surgery. Mitiku Belachew, MD.

1:00 P.M. Adjourn

Poster Session


P2. Laparoscopic management of adjustable gastric band migration. Subhi Abu-Abid, MD, Amir Szold, MD.


P4. Gastric banding for morbid obesity. A review. Horacio E. Oria, MD.


P8. Is cholecystectomy truly necessary for all patients at time of gastric bypass? E. Kerry Gallivan, MD, MPH, Scott A. Shikora, MD, Edward Saltzman, MD, Peter N. Benotti, MD.

P9. Vertical banded gastroplasty versus gastric bypass: weight loss and impact on comorbid conditions. Susan Pekarovies, MD, William J. Raum, MD, PhD, Stanley R. Klein, MD.


P11. Obesity associated disorders, before and after weight reduction by VBG, in morbid vs. superobese individuals. J. Melissas, MD, G. Schoretzaniotis, MD, M. Christofooulakis, MD, E. Santidas, MD, D. Tsiftsis, MD.


P15. Eating attitudes and behaviors of women seeking gastric surgery for severe obesity. Audrey Ruderman, PhD, Amber Van Kessel, BS, Gloria Balague, PhD, Susan Oros, BA, Susan Morris, BA, Deborah Day, BA, Julie Weitlauf, BA, Lindsey Turner, MS, Heather Knight, MS, Joseph Vitello, MD, Jacqueline Sullivan, MS, RD.

### REGISTRATION FORM

Please PRINT and return to: ASBS, 6717 N.W. 11th Place, Suite C, Gainesville, FL 32605

<table>
<thead>
<tr>
<th>First Name</th>
<th>Middle Initial</th>
<th>Last Name</th>
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### REGISTRATION FEES

**THURSDAY THROUGH SATURDAY GENERAL SESSION**  
(Includes lunch on Friday, Welcome Reception, and Banquet)

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<tr>
<th>Prior to May 24, 1998</th>
<th>After May 24, 1998</th>
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<tr>
<td>Members</td>
<td>$285.00</td>
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<tr>
<td>Nonmembers (Physicians)</td>
<td>$425.00</td>
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<tr>
<td>Nonmembers (Allied Health)</td>
<td>$335.00</td>
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<td>Students</td>
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**OPTIONAL WEDNESDAY SESSIONS - JUNE 24TH**  
(Includes lunch for Allied Health Registrants - Does not include any other sessions or events)

**Allied Health Sciences - Surgical Support Issues (Thursday workshop included)**

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<tr>
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**Essentials in Bariatric Surgery Course (workbook included)**

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**Postgraduate Masters’ Course**

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SOCIAL EVENTS

Wednesday, June 24
Welcome Reception
(No charge for general session registrants)
I will attend the reception  Yes  No
Guest Tickets $38.00 ea.

Thursday, June 25
ASBS Foundation Banquet
Tickets $200.00 ea.

Friday, June 26
Historic Winter Park/Park Avenue Shopping Tour
Tickets $45.00 ea.

Friday, June 26
Dinner/Dance
(No charge for general session registrants)
I will attend the dinner  Yes  No
Guest Tickets $70.00 ea.

Saturday, June 27
Medieval Dinner
Tickets $45.00 ea.

TOTAL
(Registration fees plus social events)

____ Check Enclosed. (Make payable in U. S. funds to ASBS)
____ Visa
____ Mastercard

Card Number ___________________________ Expiration Date _____________

Signature ________________________________

Return to: American Society for Bariatric Surgery
6717 N. W. 11th Place - Suite C
Gainesville, FL 32605

Fax: 352-332-3583
HYATT REGENCY GRAND CYPRESS
WELCOMES
AMERICAN SOCIETY FOR BARIATRIC SURGERY

Name: _________________________________
Address: _______________________________
City: _________________________________
State: ______ Zip: __________ Country: ________________
Phone: ______________ Fax: ______________
Arrival Day/Date: _______________________
(please note check-in time of 4:00 P.M.)
Departure Date: ________________________
(please note check-in time of 12:00 NOON)

Please indicate accommodations requested:

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<tr>
<th>No. of Rooms</th>
<th>Rates*</th>
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<tr>
<td>______ Singles(s) 1 Person</td>
<td>$165.00</td>
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<td>______ Doubles(s) 2 Persons</td>
<td>$165.00</td>
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<tr>
<td>______ Triples(s) 3 Persons</td>
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<td>______ Quad(s) 4 Persons</td>
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*Sleeping room rate is taxable @ 11%

Name(s) of additional person(s) in room:

Due to a limited number of two-bedded guest rooms (double/doubles), bedding requests are honored on a first come, first serve basis and cannot be guaranteed. If suites are required, please call Hotel directly.

Bedding requests (please circle): KING  DBL/DBL
(one bed) (two beds)

Special requests: __________________________

Please check if confirmation is requested □
Reservations must be guaranteed by the first night’s prepayment, or an accepted credit card number and signature, which we will charge for a first night’s prepayment.

Please send deposit to:
Post Office Box 91-8030
Orlando, FL 32891-8030
Fax: (407) 239-3800

All reservations must be guaranteed within 14 days of booking or are subject to cancellation.

Gold Passport #: ______________________
Guaranteed by: ______ Check ______ Credit Card
Credit Card #: ________________________
Card Type: ____________________________
Expiration Date: ______________________

I understand that I am liable for one night’s room and tax, which will be deducted from my deposit or credit card in the event that I do not arrive or cancel 72-hours in advance of arrival rate.

Signature: ____________________________

*All reservations must be in by: May 24, 1998
Reservations received after this date cannot be assured of the convention rate or availability. A faxed reservation does not necessarily guarantee this reservation request.

Hyatt Regency Grand Cypress
One Grand Cypress Boulevard
Orlando, FL 32836 U.S.A.
Phone (407) 239-1234
Fax (403) 239-3800
Telex: 529324
15th Annual Meeting

American Society for Bariatric Surgery

June 24-27, 1998  Hyatt Regency Grand Cypress Resort  Orlando, Florida

Come join us and help shape the future...

Announcing the 1998
ASBS 1st Annual Foundation Banquet

The ASBS cordially invites you to join us for the debut of the
ASBS 1st Annual Foundation Banquet
Thursday, June 25, 1998