CHICAGO
14th Annual Meeting

American Society for Bariatric Surgery

Sponsored By: American Society for Bariatric Surgery
Northwestern University Medical School

Palmer House Hilton
June 4-7, 1997
### GUEST SPEAKERS

- **Richard Dreyfuss**  
  Director of Human Resources, Hershey Foods, Hershey, Pennsylvania, USA

- **The Honorable William Frist, MD**  
  Senator, Tennessee, USA

- **James N. Haug**  
  Director Socioeconomic Affairs Department, American College of Surgeons, Chicago, Illinois, USA

- **Walter Lindstrom, Jr.**  
  Attorney-at-Law, The Obesity Law and Advocacy Center, San Diego, California, USA

- **Kenneth G. MacDonald, MD**  
  Associate Professor of Surgery, East Carolina University, Greenville, North Carolina, USA

- **Barbara Moore, PhD**  
  President, Shape Up America, Bethesda, Maryland, USA

- **John Thomason, J.D.**  
  Senior Partner, Thomason, Hendrix, Harvey, Johnson & Mitchell, Attorneys at Law and Adjunct Professor of Law, University of Tennessee, Memphis, Tennessee, USA

- **L. J. Turkowitz, MD**  
  Medical Director, Tenet Healthcare, New Orleans, Louisiana, USA

### COURSE DIRECTORS

- **George S.M. Cowan, Jr., MD**  
  Professor and Director, Obesity Wellness Center, University of Tennessee, Memphis, Tennessee, USA

- **Georgeann Mallory, RD**  
  Executive Manager, American Society for Bariatric Surgery, Gainesville, Florida, USA

- **Louis F. Martin, MD**  
  Professor of Surgery, Louisiana State University, New Orleans, Louisiana, USA

- **Kenneth J. Printen, MD**  
  Chair, ASBS Local Planning Committee, Private Practice, Evanston, Illinois, USA

- **Mary Lou Walen**  
  Chair, Allied Health, Program Coordinator, Pacific Bariatrics, San Diego, CA, USA
Purpose:
The annual meeting brings together surgeons and other interested health care professionals involved in bariatric surgery. We will spend the four days in Chicago sharing information and experiences between those practiced in the techniques and new-comers to the field. The primary goal in this ongoing learning process is continual improvement in the risk-benefit ratio for patients.

Educational Objectives:
The objectives of this meeting are to prepare physicians and support staff to define, discuss and solve specific problems in the treatment of morbidly obese patients in order to achieve maximum long-term safety and effectiveness. Upon completion of the course, participants will be familiar with a broad area of patient care services. They will be able to identify and understand the specific needs of bariatric patients and assist in targeting their care in a coordinated medical team effort.

Meeting Times:
Registration will begin Tuesday, June 3 from 4:00 pm to 9:00 p.m.

The Allied Health Session will be held on Wednesday, June 4, from 8:00 am - 5:00 pm and on Thursday, June 5, there will be a workshop from 3:30 pm - 5:00 pm. The Physician’s Post Graduate Course will be held Wednesday, June 4, from 1:00 pm - 5:00 pm. The Wednesday Welcome Reception will follow at 6:30 pm.

Sessions continue all day Thursday and will be followed by a special poster viewing session and cocktail hour starting at 5:00 pm. Friday, the regular session ends at 1:00 pm followed by lunch (1:00 pm - 2:30 pm) and the business meeting (2:30 pm - 3:30 pm). The afternoon is free thereafter until the evening banquet. The meeting concludes at 12:00 noon on Saturday, June 7.

Exhibits:
An informative Vendor’s Exhibit will run concurrently with the meeting.

Lodging:
The Palmer House Hilton is in the heart of the city. For more than one hundred years, people have come from all over the world to experience the “real” Chicago both within and surrounding this landmark hotel. It is within Chicago’s loop business district and right next door to its financial district. Shopping at Marshall Field’s and Crate and Barrel is just three blocks away. The Art Institute is just a two minute walk. In five minutes you can walk to Orchestra Hall, the Shubert, Goodman and Auditorium theaters.

A block of sleeping rooms is being held at The Palmer House Hilton. To receive the guaranteed conference rate of $139.00 (single or double occupancy) plus tax, please make your reservations directly with the hotel before May 9, 1997. Request the group rate for this meeting, American Society for Bariatric Surgery. Reservations received after May 9, 1997 will be accepted based on availability. The American Society for Bariatric Surgery accepts no further responsibility for lodging.

Please mail or fax (312-917-1779) the enclosed registration card or call 1-800-HILTONS or 312-726-7500.

Discounted Air Fares:
Delta Air Lines and Tower Travel Cruises Inc. are the official air carrier and agency for our meeting. To take advantage of Delta’s quality service, convenient schedules and special fares call Tower Travel at 800-881-8693 (Monday-Friday 9:00 am - 6:00 pm and Saturday 9:00 am - 4:00 pm EST) If Delta does not serve your city, Tower Travel will recommend an alternate carrier. Please identify yourself as a Bariatric Surgery conference participant.

Chicago
Chicago, located in the center of the United States on the shores of Lake Michigan, is a cosmopolitan city of excitement, culture, and history. The skyscraper was born in Chicago. The world’s tallest building, the Sears Tower, is among the beautiful buildings that make up her magnificent skyline. Chicago offers something for everyone; sports, music, theaters, museums, hundreds of art galleries, a variety of restaurants from fine dining to deep-dish Chicago-style pizza and if you’re in the mood to shop, the Magnificent Mile is the hottest shopping street in the world.

Delta Air Lines and Tower Travel Cruises Inc. are the official air carrier and agency for our meeting. To take advantage of Delta’s quality service, convenient schedules and special fares call Tower Travel at 800-881-8693 (Monday-Friday 9:00 am - 6:00 pm and Saturday 9:00 am - 4:00 pm EST) If Delta does not serve your city, Tower Travel will recommend an alternate carrier. Please identify yourself as a Bariatric Surgery conference participant.
**Registration Information:**

General Session registration fees include:
instruction, continental breakfasts, refreshment breaks and lunches, Wednesday Welcome Reception, and Friday Banquet. Registration for the Allied Health Sciences and Physician's Post Graduate Course is separate. Other social events are optional and are noted in the Social Program section of this announcement.

The registration fees must be paid in U.S. dollars. The registration fees must accompany the registration form. Please make check payable to: American Society for Bariatric Surgery. Visa and MasterCard are accepted.

Registration can be made by mail or FAX.

FAX Number: 352-332-3583

**Cancellation Policy:**

Registration fee, less a $25.00 administration charge, is refundable if the ASBS is notified in writing at least ten (10) days prior to the start of the course.

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**Accreditation:**

The Northwestern University Medical School is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The Northwestern University Medical School designates this continuing medical education activity for up to 21 credit hours in Category 1 or the Physician's Recognition Award of the American Medical Association.

- 3.25 hours for optional Wed. Session
- 17.75 hours for Thurs.-Sat. Session

Nursing credits for the General Session and Allied Health Sciences Special Session are as follows:

- 14.00 hours for the General Session
- 12.00 hours for the Allied Health Sciences Special Session

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**SOCIAL PROGRAM**

**Wednesday, June 4, 1997, 6:30 pm - 8:30 pm**

**Welcome Reception**

Welcome reception at The Art Institute of Chicago.

**Thursday, June 5, 1997, 9:30 am - 2:30 pm**

**Windy City's Melting Pot (optional)**

Behind the famous Loop, towering skyscrapers and magnificent lakeshore, lies Chicago's very own melting pot. Explore a fascinating "behind the scenes" look at some of the Windy City's ethnic communities.

Visit Chicago's Little Italy, rich in pride and heritage. In Little Italy, visit a popular family-owned bakery that is over 80 years old. After the tour you will receive a sampling of some of the bakery's many goodies.

Tucked between the Windy City's Italian and Polish neighborhoods is a small French community. Your Windy City Events guide will take you into Notre Dame, a 105 year old church with 16 x 40 foot stain glass windows and the largest church in Chicago without obstructing pillars.

Visit one of the few neighborhoods that has maintained its purpose as a neighborhood for recent immigrants. Your Windy City Events tour guide will show you why Pilsen is known as the "community of murals". See the Mexican Fine Arts Center Museum, the largest Museum of its kind in the Nation. Enjoy lunch in Chinatown. After lunch you will have the opportunity to browse through some of Chinatown's interesting shops and boutiques.

Cost: $45.00

**Friday, June 6, 1997, 7:00pm**

**Reception and dinner**

Reception and dinner in the Grand Ballroom of the Palmer House Hilton. Entertainment and dancing with the Ray Sassetti Orchestra.
Saturday, June 7, 1997, 2:00 pm - 7:00 pm
A Century of Chicago Architecture (optional)

Chicago is a living museum of landmark architecture, old and new. From the 19th century birth of the skyscraper to the shimmering steel and glass towers of today, the buildings of Chicago stand as monuments to the thoughts and aspirations of each succeeding generation.

Experience the vastness of Chicago’s architecture as you travel to the Loop where your experienced guide will point out the many famous steel, bronze, and aluminum sculptures including Pablo Picasso’s 50 foot high sculpture of Cor-Ten steel that was created for the people of Chicago.

After seeing our city’s architecture from a street-level vantage point, you will board a riverboat and cruise along the Chicago River, passing the ornate Wrigley Building and Tribune Tower. Your experienced guide will tell you about the architectural masterpieces that grace Chicago’s skyline.

Complete your day by dining in Greektown. Shout “OOPA” as your waiter ignites the flaming saganaki, savor the excellent main course dishes along with a glass of Greek wine, and end your meal with a flaky, mouthwatering piece of baklava.

Cost: $58.00 (Rain or Shine)

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**Social Program**

**Presenters**

Joseph Amaral, MD  
Associate Professor of Surgery, Director of Laparoscopic Surgery, Brown University School of Medicine, Providence, RI, USA

Gay Andrews, PhD, MFCC  
Private Practice, St. Luke Medical Center, Pasadena, CA, USA

N. Aviram, MD  
Mount Sinai School of Medicine CUNY, New York, NY, and VAMC, Bronx, NY, USA.

Miliku Belachew, MD  
Service de Chirurgie Universitaire, Centre Hospitalier Hutois, Belgium

Phélie L. Belva, MD  
Hôpitaux Civils du CPAS, Charleroi, Belgium

P. Mark Bloomston, MD  
University of South Florida, Tampa, FL, USA

Robert E. Brolin, MD  
UMDNJ-Robert Wood Johnson Medical School, New Brunswick, NJ, USA

Henry Buchwald, MD, PhD  
Professor of Surgery and Biomedical Engineering, University of Minnesota, Minneapolis, MN, USA

Cynthia K. Buffington, PhD  
University of Tennessee and the Obesity Wellness Center, Memphis, TN, USA

Amitul R. Carmichael, MD  
Leeds General Infirmary, Leeds, United Kingdom

George S.M. Cowan, Jr., MD  
Department of Surgery and the Obesity Wellness Center, University of Tennessee, Memphis, TN, USA

G.S. Marshall Cowan, III, MS  
Department of Surgery and the Obesity Wellness Center, University of Tennessee, Memphis, TN, USA

Philip R. Costanzo, PhD  
Department of Psychology, Social and Health Sciences, Duke University, Durham, NC, USA

Diane L. Crumley  
Private Practice, Houston, TX, USA

Joseph J. Cullen, MD  
University of Iowa College of Medicine, Iowa City, IA, USA

Jerome Dargent, MD  
Private Practice, PolyClinique de Rillieux, Lyon, France

Cynthia Harter DeBlanc, MSW, BCSW, ACSW  
Louisiana State University Medical Center, New Orleans, LA, USA

Joan M. DiGregorio, PhD  
Private Practice, Ft. Lauderdale, FL, USA

Cornelius Doherty, MD  
University of Iowa College of Medicine, Iowa City, IA, USA

Elizabeth M. Englett  
Private Practice, Houston, TX, USA

Franco Favretti, MD  
University of Padova, Padova, Italy

Dan Fertel, MD  
Louisiana State University, St. Charles General Hospital Weight Management Center, New Orleans, LA, USA

Kathleen, M. Finigan, RN, CNOR  
Louisiana State University, St. Charles General Hospital Weight Management Center, Louisiana, New Orleans, LA, USA

Latham Flanagan, Jr., MD  
Private Practice, Eugene, OR, USA

S. Ross Fox, MD  
Private Practice, The Medical Services Organization, L.L.C., Tacoma-Seattle, WA, USA

Joel S. Freeman, MD  
Ottawa General Hospital, University of Ottawa, Ottawa, Ontario, Canada

Martin Fried, MD, PhD  
Charles University Teaching Hospital, Prague, Czech Republic

Becky Hepler, BSSC  
Rocky Mountain Associated Physicians, Salt Lake City, UT, USA

Mark Jaroch, MD  
Northeastern Ohio Universities College of Medicine, Akron General Medical Center, Akron, OH, USA.
<table>
<thead>
<tr>
<th>Name</th>
<th>Institution and Location</th>
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<tbody>
<tr>
<td>Kenneth B. Jones, Jr., MD</td>
<td>Private Practice, Shreveport, LA, USA</td>
</tr>
<tr>
<td>Melissa A. Kalarjian, MS</td>
<td>University Behavioral Healthcare, New Brunswick, NJ, USA</td>
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<tr>
<td>Walter Lindstrom, Jr.</td>
<td>The Obesity Law and Advocacy Center, San Diego, CA, USA</td>
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<tr>
<td>Saundra MacD. Hunter, PhD, MSW</td>
<td>Louisiana State University Medical Center, New Orleans, LA, USA</td>
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<tr>
<td>Alex M.C. Macgregor, MD</td>
<td>Private Practice, Gainesville, FL, USA</td>
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<tr>
<td>Salvatore R. Maddi, PhD</td>
<td>University of California, Irvine, CA, USA</td>
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<tr>
<td>Louis F. Martin, MD</td>
<td>Louisiana State University, St. Charles General Hospital Weight Management Center, New Orleans, LA, USA</td>
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<tr>
<td>William Marx, DO</td>
<td>SUNY Health Science Center at Syracuse, Syracuse, NY, USA</td>
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<tr>
<td>Jill G. Meador, RNBC</td>
<td>Medical College of Virginia, Richmond, VA, USA</td>
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<tr>
<td>Barbara Metcalf, RN</td>
<td>Pacific Bariatric Institute, Ventura, CA, USA</td>
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<tr>
<td>Melodie K. Moorehead, PhD</td>
<td>Private Practice, Ft. Lauderdale, FL, USA</td>
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<tr>
<td>Ann M. Myers-Farrell, BA</td>
<td>University of Vermont, Burlington, VT, USA</td>
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<tr>
<td>Horacio E. Oria, MD</td>
<td>Private Practice, Houston, TX, USA</td>
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<tr>
<td>Leslie J. Patterson, RD</td>
<td>Akron General Medical Medical Center, Akron, OH, USA</td>
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<tr>
<td>Walter A. Pories, MD</td>
<td>Department of Surgery, East Carolina University School of Medicine, Greenville, NC, USA</td>
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<tr>
<td>J. Edward Raab, RN</td>
<td>University of Iowa Hospitals and Clinics, Iowa City, IA, USA</td>
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<tr>
<td>J. Gabrielle Rabner, MS, RD</td>
<td>The Mount Sinai Medical Center, New York, NY, USA</td>
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<tr>
<td>Kathleen E. Renquist, BS</td>
<td>International Bariatric Surgery Registry, University of Iowa College of Medicine, Iowa City, IA, USA</td>
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<tr>
<td>Marek Rokicki, MD, PhD</td>
<td>Silesian Medical Academy, Zabrze, Poland</td>
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<tr>
<td>Wojciech Rokicki, MD, PhD</td>
<td>Silesian Medical Academy, Zabrze, Poland</td>
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<tr>
<td>James C. Rosen, PhD</td>
<td>University of Vermont, Burlington, VT, USA</td>
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<td>Alberto Salinas, MD</td>
<td>Private Practice, Caracas, Venezuela</td>
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<td>Peter A. Salmon, MD</td>
<td>Private Practice, Eugene, OR, USA</td>
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<tr>
<td>James A. Sapala, MD</td>
<td>Detroit Riverview Hospital, Detroit, MI, USA</td>
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<tr>
<td>Bruce Schirmer, MD</td>
<td>University of Virginia Health Sciences Center, Charlottesville, VA, USA</td>
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<tr>
<td>Nicola Scopinaro, MD</td>
<td>University of Genoa School of Medicine, Genova, Italy.</td>
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<tr>
<td>James R. Shamblin, MD</td>
<td>Private Practice, Shreveport, LA, USA</td>
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<td>Sherman Smith, MD</td>
<td>Private Practice, Salt Lake City, UT, USA</td>
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<tr>
<td>Laurie Spaulding, MD</td>
<td>University of Vermont College of Medicine, South Burlington, VT, USA</td>
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<tr>
<td>Patricia A. Staten, RN</td>
<td>Detroit Riverview Hospital, Detroit, MI, USA</td>
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<tr>
<td>John Stoner, MD</td>
<td>Davenport Medical Center, Davenport, IA, USA</td>
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<tr>
<td>Richard S. Stubbs, MD</td>
<td>Wakefield Hospital, Wellington, New Zealand</td>
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<tr>
<td>John Talieh, MD</td>
<td>University of Nevada School of Medicine, Las Vegas, NV, USA</td>
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<tr>
<td>Jose C. Torres, MD</td>
<td>Private Practice, Jeffersonville, IN, USA</td>
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<tr>
<td>Gretchen Walker</td>
<td>Atlantic Surgical Associates, Virginia Beach, VA, USA</td>
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<tr>
<td>Rebecca Walker, RN</td>
<td>Department of Surgery and the Obesity Wellness Center, University of Tennessee, Memphis, TN, USA</td>
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<tr>
<td>Debra A. Walter, RN, CNII</td>
<td>Columbia St. Marks Hospital, Salt Lake, UT, USA</td>
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<tr>
<td>Sandi Warren, BSSC</td>
<td>Rocky Mountain Associated Physicians, Salt Lake City, UT, USA</td>
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<tr>
<td>Hosein Yasrebi, MD</td>
<td>Private Practice, Jacksonville, FL, USA</td>
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<tr>
<td>Jean-Marie Zimmermann, MD</td>
<td>Private Practice, Polyclinique Clairval, Marseille, France</td>
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<tr>
<td>Rebecca L. Zorn, BSN, RN, CNOR</td>
<td>Mercy Healthcare, San Diego, CA, USA</td>
</tr>
<tr>
<td>Pablo G. Zorrilla, MD</td>
<td>Private Practice, Monterrey, Mexico</td>
</tr>
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REGISTRATION FORM

Please PRINT - Return to: ASBS, 6717 N.W. 11th Place, Suite C, Gainesville, FL 32605

Mr. ☐ Mrs. ☐ Ms. ☐ Dr. ☐ First Name ☐ Middle Name ☐ Last Name

Address

City ☐ State ☐ Country ☐ Zip Code

Phone: ☐ FAX ☐ Internet

☐ General Practitioner ☐ Student

☐ Specialists (specify) ☐ Other (specify)

REGISTRATION FEES

Thursday through Saturday General Session
(Includes lunch on Thursday and Friday, welcome reception, and banquet. Does not include Allied Health Session or Physician’s Post Graduate Course.)

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<th>Prior to May 9 1997</th>
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<td>Members</td>
<td>$285.00</td>
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<tr>
<td>Nonmembers</td>
<td>$425.00</td>
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<tr>
<td>Nonmembers (Allied Health)</td>
<td>$310.00</td>
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<tr>
<td>Students</td>
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OPTIONAL WEDNESDAY SESSIONS - June 4th
(Includes lunch for Allied Health Registrants - Does not include any other sessions or social events)

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<th>Prior to May 9, 1997</th>
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<tr>
<td>Allied Health Sciences (Also includes workshop on Thursday, June 5, from 3:30 pm - 5:00 pm)</td>
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<tr>
<td>Members</td>
<td>$75.00</td>
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<tr>
<td>Physician’s Post Graduate Course</td>
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<td>Members</td>
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<tr>
<td>Nonmembers</td>
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SOCIAL EVENTS

Wednesday, June 4, 1997
Welcome Reception
No charge for general session registrants
I will attend the reception ☐ Yes ☐ No
Extra Reception Tickets: ☐ @ $38.00 each $_______

Thursday, June 5, 1997 (Optional)
Windy City’s Melting Pot
Tickets: ☐ @ $45.00 each $_______

Friday, June 6, 1997
Dinner/Dance
No charge for general session registrants
I will attend the Dinner/Dance ☐ Yes ☐ No
Extra tickets: ☐ @ $58.00 each $_______

Saturday, June 7, 1997 (Optional)
A Century of Chicago Architecture
Tickets: ☐ @ $58.00 each $_______

TOTAL $_______ (Registration fees plus social events)

☐ Check Enclosed. Make payable in U.S. funds to ASBS

☐ Visa ☐ Mastercard

Card Number: ___________________________ Exp. ______ Signature: ________________________________

FOR MORE INFORMATION CALL: (352) 331-4900
The purpose of this questionnaire is to aid in determining the number and types of bariatric procedures being performed. It will be compared with earlier questionnaires to illustrate trends in bariatric surgery. REGARDLESS OF WHETHER YOU PLAN TO ATTEND THE MEETING, we would appreciate your filling out and returning the Questionnaire to:

ASBS, 6717 NW 11th Place, Suite C, Gainesville, FL 32605

1. The Procedure I currently perform most often is
   ___ a. gastric bypass, anterior loop gastrojejunostomy
   ___ b. gastric bypass, posterior loop gastrojejunostomy
   ___ c. gastric bypass, anterior Roux-en-Y reconstruction
   ___ d. gastric bypass, posterior Roux-en-Y reconstruction
   ___ e. gastroplasty, greater curvature outlet
   ___ f. horizontal gastroplasty, lesser curvature outlet
   ___ g. horizontal gastroplasty, mid-stomach outlet
   ___ h. gastrogastrostomy
   ___ i. vertical gastroplasty
   ___ j. biliopancreatic diversion with gastric bypass
   ___ k. biliopancreatic diversion with gastrectomy

   Answers 2-9 should be in relation to the procedure selected in Question 1

2. I routinely
   ___ a. divide the stomach
   ___ b. staple the stomach in continuity with 1 application of the double-raw stapler
   ___ c. staple the stomach in continuity with 2 applications of the double-raw stapler
   ___ d. staple the stomach in continuity with 1 application of the quadruple-raw stapler

3. I do ___ do not ___ reinforce the staple line.

4. I measure volume of the pouch at
   ___ a. < 20ml
   ___ b. 20 to 50 ml
   ___ c. > 50 ml
   ___ d. estimated, not measured

5. I gauge pressure during volume measurement at
   ___ a. < 30 cm above level of the cricoid
   ___ b. 31 to 50 cm above level of the cricoid
   ___ c. 51 to 69 cm above level of the cricoid
   ___ d. 70 cm or greater above level of the cricoid
   ___ e. estimated, not gauged.

6. I calibrate the outlet at
   ___ a. < 10 mm (30F) in diameter
   ___ b. 11 mm (32F) in diameter
   ___ c. 12 mm (34F) in diameter
   ___ d. > 12 mm in diameter
   ___ e. estimated, not calibrated

7. I reinforce the outlet at
   ___ a. 5.5 cm
   ___ b. 5.0 cm
   ___ c. 4.5 cm
   ___ d. 4.0 cm
   ___ e. estimated, not calibrated

8. I reinforce the outlet
   ___ a. with running Prolene suture
   ___ b. with Marlex mesh
   ___ c. with _______________________
   ___ d. I do not reinforce the outlet

9. I do approximately ___ cases per month
   (_______ new cases and ________ re-operations)

10. In my series, I have approximately
    ___ gastric-bypass patients
    ___ gastroplasty patients
    ___ other bariatric patients

11. I think the surgeon’s fee should be __________

12. Currently I am using an
    ___ a. IBM compatible personal computer
    ___ b. Apple or Macintosh personal computer
    ___ c. other _______________________

13. Currently I am experiencing difficulties with
    ___ a. obtaining Medicare/Medicaid type approval for my bariatric patients
    ___ b. obtaining private insurance approval
    ___ c. other _______________________

Thank you for taking the time to complete this questionnaire.

The American Society for Bariatric Surgery
SPECIAL SESSION - Allied Health Sciences

WEDNESDAY, JUNE 4, 1997

Chairperson: Mary Lou Walen

8:00 a.m. Opening remarks: Mary Lou Walen, Program Director

Moderator: Rebecca Walker, RN

8:10 a.m. 1. Pre-operative education for gastric bypass surgery. Jill G. Meador, RNBC, Margaret McLellan, RD, Eric J. DeMaria, MD, John M. Kellum, MD and Harvey J. Sugerman, MD

8:30 a.m. 2. Pre-operative weight loss does not predict better initial post-operative weight loss. Kathleen M. Finigan, RN, CNOR, Alex Robinson, MSW, Kimet Taylor, LDN/RD and Louis F. Martin, MD

8:50 a.m. 3. Obesity stigma and coping: Relation to mental health symptoms, body image and self-esteem. Anna M. Myers-Parrelli, BA, James Rosen, PhD, Colleen S.W. Rand, PhD and Alex M.C. Macgregor, MD

9:10 a.m. 4. Effects of gastric bypass surgery on binge eating and related psychopathology. Melissa A. Kalarchian, MS, Robert E. Brolin, MD, Lisa Bradley, MS, RD and G. Terence Wilson, PhD

9:30 a.m. 5. Behavioral treatment of chronic vomiting following bariatric surgery. James Rosen, PhD, Laurie Spaulding, MD and Anna Myers-Parrelli, BA

9:50 a.m. BREAK

Moderator: Katherine Fox, RN

10:05 a.m. 6. The psychological relationships of binge eating among the morbidly obese. G.S. Marshall Cowan, III, MS, Cynthia K. Buffington, PhD, Susan Vickerstaff, PhD and George S.M. Cowan, Jr., MD

10:25 a.m. 7. IgE mediated latex allergy: Special considerations for the atopic patient undergoing roux-en-y gastric bypass. Patti A. Staten, RN, BSN, James A Sapala, MD, Michael H. Wood, MD, Mary E. Burkhardt, MS, RPh, Donna Rebidas, CRNA, MS and Thomas M. Blake, Jr., MD

10:45 a.m. 8. Retrospective review of peri-operative care of the bariatric patient: A Three Year Experience. Rebecca L. Zorn, BSN, RN, CNOR, Julia W. Stevens, RN, CNOR, Leo J. Murphy, MD, Eugene W. Rumsey, Jr., MD, Laurence K. Tanaka, MD and George G. Zorn, MD

11:05 a.m. 9. Waking up with the gastric bypass patient. Debra A. Walter, RN, CNII and Sherry Majors, RN

11:25 a.m. 10. Investigational laparoscopic adjustable gastric banding: Insurance coverage patterns; implications for patient insurance carrier choice. J. Gabrielle Rabner, MS, RD and Robert J. Greenstein, MD

11:45 a.m. Questions & Discussion

12:00 p.m. Lunch

SPECIAL GUEST SPEAKER: Surgery, current socioeconomic status. James N. Haug, Director Socioeconomic Affairs Department, American College of Surgeons, Chicago, Illinois

Moderator: Eileen Shellenberger

1:00 p.m. 11. Abdominal wound management in the bariatric surgical patient. Rebecca Walker, RN, George S.M. Cowan, Jr., MD, M. Lloyd Hiler, MD, PhD and Evan Murray, MD

1:15 p.m. 12. Measures to ensure data quality in IBSR data collection. J. Edward Raab, RN, Edward E. Mason, MD, Kathleen E. Renquist, BS and Dwight T. Barnes

1:30 p.m. 13. How to write a professional or technical paper: Workshop overview. Gretchen Walker and Jennifer Scholz

1:40 p.m. 14. Weight changes in family members of distal roux-en-y-gastric bypass patients. Leslie Patterson, RD, Mark Jaroch, MD and Debbie Pasini, RN

2:00 p.m. 15. Nutritional follow-up: Distal gastric bypass/duodenal switch. Barbara Metcalf, RN, and Robert A. Rabkin, MD

2:20 p.m. 16. Intimate saboteurs. Gaye Andrews, PhD, MFCC
<table>
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<tr>
<th>Time</th>
<th>Session Description</th>
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<tbody>
<tr>
<td>2:40 p.m.</td>
<td>Break</td>
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</table>
| 3:00 p.m. | **Moderator:** Mary Lou Walen  
17. Are we getting the most therapeutic benefit from our support groups? A bariatric psychologists perspective.  
*Melodie K. Moorehead, PhD* and Norman Samuels, MD |
| 3:20 p.m. | 18. What's up doc? Ask Two for Ten (2 patients-10 years). We double dare you.  
*Sandi Warren* and *Becky Hepler* |
| 3:35 p.m. | 19. A pre-surgical psychological immunization protocol to offset the depression mediated complications of gastric-bypass surgery: Implications of the structure house study of the morbidly obese.  
*Philip R. Costanzo, PhD*, *Gerard Musante, PhD* and *Kelli Friedman, MA* |
| 3:15 p.m. | **Presentation with workshop overview**  
Philip R. Costanzo, PhD, Gerard Musante, PhD and Kelli Friedman, MA  
A seminar with discussion group on the recent discoveries of work at Structure House and Duke University related to depression in the morbidly obese. |
| 3:45 p.m. | 20. Improving treatments for obesity with organizational design, CQI, and outcomes research: A simple approach.  
*Saundra MacD. Hunter, PhD, MSW*  
**Presentation with workshop overview.** |
| 3:55 p.m. | 21. If they start the fight, we choose the weapon: How to obtain a 98% approval rate for bariatric surgery.  
*Diane L. Crumley and Elizabeth M. Englett*  
**Presentation with workshop overview.** |
| 4:05 p.m. | 22. How to maximize your chances of getting an insurers approval the first time.  
*Walter Lindstrom, Jr.* |
| 4:30 p.m. | Discussion  
5:00 p.m. Adjourn |

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### WORKSHOP SESSION - Allied Health Sciences

**THURSDAY, JUNE 5, 1997**

<table>
<thead>
<tr>
<th>Time</th>
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| 3:15 p.m. | **Workshop #1:** A pre-surgical psychological immunization protocol to offset the depression mediated complications of gastric-bypass surgery: Implications of the Structure House study of the morbidly obese.  
*Philip R. Costanzo, PhD*, *Gerard Musante, PhD* and *Kelli Friedman, MA*  
A seminar with discussion group on the recent discoveries of work at Structure House and Duke University related to depression in the morbidly obese. |
| 3:45 p.m. | **Workshop #2:** How to write a professional or technical paper: A thirty minute workshop.  
*Gretchen Walker* and *Jennifer Scholz*  
A working session on writing a professional or technical paper from conception of the idea, including background, opening, methods, results to conclusion. Handouts included with a final section on delivery of the paper. |
| 4:15 p.m. | **Workshop #3:** If they start the fight, we choose the weapon: How to obtain a 98% approval rate for bariatric surgery.  
*Diane L. Crumley* and *Elizabeth M. Englett*  
A presentation on how to create a comprehensive, personalized medical profile of the bariatric surgical candidate using computerization with specialized software. Learn the importance of vigorously contesting denials. Would you like a 98% approval rate? |
| 4:40 p.m. | **Workshop #5:** Improving treatments for obesity with organizational design, CQI, and outcomes research: A simple approach.  
*Saundra MacD. Hunter, PhD, MSW*  
Managed care, capitation, integrated interventions bring new requirements to the field of bariatric surgery. This session will focus on how to collect outcomes information using simple forms and free software; patient-treatment matching; a system to end discrimination against treatments for obesity as well as many other important issues. |
| 5:00 p.m. | Adjourn |
This course is designed to provide each attendee with new information and new approaches to the practice of bariatric reoperative surgery, laparoscopic surgery and to medical-legal courtroom issues in a friendly informal climate with candid, honest, open interchange and discussion with well-known experts in the field.

The goal is to increase and enhance the surgeon's laparoscopic and reoperative technique and patient management knowledge base as well as provide familiarity with the workings of a courtroom as applied to malpractice lawsuits and the defendant surgeon's positive/negative potential therein.

<table>
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<tr>
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<tbody>
<tr>
<td>1:00 p.m.</td>
<td>Brief Introductory Comments by the Course Director and Moderator - George S. M. Cowan, Jr., MD</td>
</tr>
<tr>
<td>1:05 p.m.</td>
<td>Bariatric Surgery Moot Court and Related Entities. THE DAVID MILLER DISTINGUISHED LECTURER, John Thomason, J.D.</td>
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<tr>
<td>2:50 p.m.</td>
<td>Break</td>
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<tr>
<td>3:05 p.m.</td>
<td>Fundamentals of Laparoscopy and Laparoscopic Bariatric Surgery Including Banding and Gastric Bypass Joseph Amaral, MD</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Re-Operative Bariatric Surgery HOT BOX SESSION: Problem Cases From Attendees and Moderator Will Be “Thrown At” Panelist To Answer Candidly and Thoroughly S. Ross Fox, MD, Alex M.C. Macgregor, MD, Walter Pories, MD, Peter Salmon, MD and Nicola Scopinaro, MD</td>
</tr>
<tr>
<td>4:55 p.m.</td>
<td>Brief Summation by the Course Director and Moderator - George S. M. Cowan, Jr., MD</td>
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</table>
8:00 a.m. Welcome

I. New Indications/Controversial Uses for Bariatric Procedures

Moderator: Kenneth G. MacDonald, Jr., MD

8:15 a.m. 1. Symptomatic and clinical improvement in morbidly obese patients with gastroesophageal reflux disease following Roux en Y gastric bypass.
  Sherman Smith, MD, Charles B. Edwards, MD and Gerald N. Goodman, MD

8:25 a.m. 2. Roux-Y gastric bypass: An effective antireflux procedure in the less than morbidly obese.
  Kenneth B. Jones, Jr., MD

8:35 a.m. Discussion.

8:45 a.m. 3. Gastric obesity surgery combined with partial ileal bypass for hypercholesterolemia.
  Henry Buchwald, MD, PhD, and Joyce L. Schone

9:00 a.m. 4. Bariatric surgery in less than 100 pounds overweight.
  Alberto Salinas, MD, Edwin Santiago, MD, PhD, Luciana Lualdi, MD, and Queta Ferro, RD

9:15 a.m. 5. Over-night hospitalization for gastric bypass surgery.
  Hosein Yasrebi, MD

9:30 a.m. 6. The use of anorectics to improve weight loss and correct weight gain in post bariatric surgery.
  Jose C. Torres, MD

9:45 a.m. BREAK

10:15 a.m. BASIC SCIENCE LECTURE: Obesity, will it replace cigarette smoking as America's leading cause of death?
  Barbara Moore, PhD

11:00 a.m. Obesity: How it's viewed by American law, the insurance industry, and business.

Moderator: Louis F. Martin, MD
Panelists: Walter Lindstrom, Jr.
  L. J. Turkowitz, MD
  Richard Dreyfuss

12:00 p.m. LUNCH

II. Psychological Issues

Moderator: Peter N Benotti, MD

1:30 p.m. 7. Munchausen's Syndrome in post-operative bariatric surgical patients.
  George S.M. Cowan, Jr., MD., Allen O. Battle, PhD, Cynthia Buffington, PhD, Rebecca Walker, RN, and G.S. Marshall Cowan, III, MS

1:40 p.m. 8. Carbohydrate "addictive" craving and psychological distress among the morbidly obese.
  G.S. Marshall Cowan, III, MS, Cynthia K. Buffington, PhD, Susan Vikerstaff, PhD, and George S.M. Cowan, Jr., MD

1:50 p.m. 9. Psychosocial interventions and gastric banding treatment outcomes.
  Cynthia Harter DeBlanc, MSW, BCSW, ACSW, Louis F. Martin, MD, Alex Robinson, MSW, Kimet Taylor, LDN, RD, Julie A. Larrieu, PhD, and F. Merritt Ayaó, PhD

2:00 p.m. 10. Psychological adjustment after bariatric surgery - Phase II preliminary findings.
  Joan M. DiGregorio, PhD,1 Norman Samuels, MD, and Rick Overman, PsyD

2:10 p.m. 11. Psychosocial factors in depression among the morbidly obese.
  Salvatore R. Maddi, PhD, Deborah M. Khoshaba, Felicia Bleecker, and Gregory VanArdsdall

2:20 p.m. 12. How well do we really know our patients?: A five year psychological case study of a bariatric surgical patient.
  Melodie K. Moorehead, PhD

2:30 p.m. Panel

3:00 p.m. BREAK

III. Complications of Bariatric Surgery

Moderator: Gerald N. Goodman, MD

  Robert E. Brolin, MD, J.H. Gorman, MD, R.C. Gorman, MD, A.J. Petschenik, MD, L.J. Bradley, MS, RD, H.A. Kenler, PhD, RD and R.P. Cody, PhD
### General Session

3:45 p.m. 14. Revising the failed vertical banded gastroplasty: A "simple" approach to a complex problem.  
*Joseph J. Cullen, MD, Alfredo Ramirez, BS, Edward E. Mason, MD, PhD, David H. Scott, MD, Cornelius Doherty, MD and James W. Maher, MD*

4:00 p.m. 15. Failures of vertical ring gastroplasty: Adjustable gastric banding versus re-do.  
*Jerome Dargent, MD*

4:15 p.m. 16. Intra-abdominal sepsis secondary to gastrointestinal leaks in the bariatric surgical patient.  
*S. Ross Fox, MD, Katherine M. Fox, RN, MPH, and Ki Hyun Oh, MD*

4:30 p.m. 17. Late gastric outflow obstruction following vertical banded gastroplasty.  
*Bruce Schirmer, MD and Anna D. Miller, RN*

4:45 p.m. 18. Marginal ulcer after near total gastric bypass: A preliminary report in 173 patients.  
*James A. Sapala, MD, Michael H. Wood, MD and M. Andrew Sapala, MD*

5:00 p.m. Poster Session  
Special viewing session and cocktail hour.

### Friday, June 6, 1997

#### IV. Bread and Butter Issues

**Moderator:** Alan C. Wittgrove, MD

8:00 a.m. 19. Bariatric analysis and reporting outcome system (B.A.R.O.S.).  
*Horacio F. Orià, MD*

8:15 a.m. 20. Gastric bypass for morbid obesity: A consensus surgical technique.  
*John Talieh, MD, Daniel Kirgan, MD, and Barry L. Fisher, MD*

8:30 a.m. 21. Preliminary health status profile for bariatric patients.  
*Kathleen E. Renquist, BS, Shenghui Tang, MS, Edward E. Mason, MD, Dwight T. Barnes, Samuel F. Cox, MD, Raymond Dew, MD, Ardean Ediger, MD, Mal Fobi, MD, P. Galupo, MD, WJ. Hollingsworth, MD, Hoi Lee, MD, Oscar Lirio, MD, William Roll, MD, William Rupp, MD, Norman Samuels, MD, Stephen A. Schechner, MD*

8:45 a.m. 22. Silastic ring gastric bypass (SRGB): Comparison of two ring sizes.  
*Richard S. Stubbs, MD, Vadim Izvornikov and Nicholas Crampton*

9:00 a.m. 23. 1900 Silastic ring vertical gastroplasties without a malpractice suit: How this experience could help your practice.  
*James R. Shamblin, MD*

9:15 a.m. 24. A forty-two month follow up of the silastic ring vertical banded gastroplasty.  
*John Stoner, MD, Patricia Stoner, RN and Janet Sytsma, CMA*

9:30 a.m. 25. Weight loss after extended gastric bypass (G3P).  
*Joel B. Freeman, MD and Mark Kotlarewsky*

9:45 a.m. 26. The respective importance of the alimentary limb (AL) and the common limb (CL) in protein absorption (PA) after BPD.  
*Nicola Scopinaro, MD, G. Marinary, E. Gianetto, MD, G.F. Adami, MD, D. Friedman, MD, E. Traverso, MD, G. Camerini, G. Baschieri, MD, B. Vitale, MD, P. Gandolfo, MD and A. Simonelli, MD*

10:00 a.m. BREAK  
**Moderator:** S. Ross Fox, MD

10:30 a.m. 27. Weight changes in family members of distal Roux Y gastric bypass patients.  
*Mark Jarech, MD, Leslie Patterson, RD and Debbie Pasini, RD*

10:45 a.m. 28. Outcomes following bariatric surgery in super vs. morbidly obese patients: Does weight matter?  
*P. Mark Bloomston, MD, Emmanuel E. Zervos, MD, Sarah E. Goode, RN and Alexander S. Rosemurgy, MD*

11:00 a.m. 29. Quality of life after a new, more physiological anti-obesity operation: The Magenstrasse and Mill procedure.  
*Antul R. Carmichael, MD, David Johnston, MD, David Owen, MD, Roderick King, MD, Ian G. Martin, MD and Henry Sue-Ling*

11:15 a.m. E. E. MASON FOUNDERS LECTURE: Obesity and the Federal Government.  
*The Honorable William Frist, MD, Senator*

12:00 p.m. PRESIDENTIAL ADDRESS  
Kenneth G. MacDonald, Jr., MD

12:45 p.m. LUNCH

2:15 p.m. ASBS Business Meeting (Members)
### GENERAL SESSION

**SATURDAY, JUNE 7, 1997**

**V. Gastric Banding Procedures**

**Moderator:** Louis F. Martin, M.D.

- **9:00 a.m.** 34. Bariatric surgery in the Czech Republic: History and some technical aspects.  
  Martin Fried, MD, PhD, Marie Peskova, MD, DrSc and Mojmir Kasalicky, MD

- **9:15 a.m.** 30. An initially small pouch and more gastrogastric sutures will reduce the rate of pouch dilatation and/or stomach slippage after laparoscopic adjustable gastric banding (LAGB).  
  Mitiku Belachew, MD

- **9:25 a.m.** 31. Laparoscopic adjustable gastric banding (LAP-BAND®): How to avoid complications.  
  Franco Favretti, MD, Guy Bernard Cadiere, MD, Gianni Segato, MD, Eli Chelala, MD, Francesco De Marchi, MD, Mario Lise, MD and John Bruyns, MD

- **9:35 a.m.** 32. Obesity treatment with gastric banding: Importance of calibration balloon inflation volume.  
  Philippe L. Betan, MD, Mazen Takieddine, MD, Jean C. Lefebvre, MD and Pol Vaneukem, MD

- **9:55 a.m.** 33. French experience of laparoscopic adjustable gastroplasty: Preliminary results about 283 cases in two centers.  
  Jean-Marie Zimmermann, MD, Jerome Dargent, MD, G. Michel, MD, J.M. Jaboulay, MD and E. Zimmermann, MD

### POSTER SESSION

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<th>No.</th>
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<tr>
<td>P1</td>
<td>Vertical silastic ring gastroplasty revisions.</td>
<td>Cornelius Doherty, MD, Edward E. Mason, MD, Joseph J. Cullen, MD, David Scott, MD and James W. Maher, MD</td>
</tr>
<tr>
<td>P2</td>
<td>Can anti-obesity surgery prevent coronary heart disease?</td>
<td>Amtul R. Carmichael, MD, David Johnson, MD, David Owen, MD, Roderick King, MD, Jan G. Martin, MD and Henry Sue-Ling, MD</td>
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<td>P3</td>
<td>Impact of small bowel resection on incidence of stomal stenosis after gastric bypass.</td>
<td>Laurie Spaulding, MD</td>
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<td>P4</td>
<td>Vertical banded gastroplasty in a patient with multiple personalities: Nuances and Complexities of Care.</td>
<td>P. Mark Bloomston, MD, Emmanuel E. Zervos, MD, Sarah E. Goode, RN, and Alexander S. Rosemurgy, MD</td>
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<td>P5</td>
<td>Micronutrient status after distal Roux Y gastric bypass.</td>
<td>Mark T. Jaroch, MD</td>
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<td>P6</td>
<td>Anti-oxidant enzyme activities in red blood cells of morbidly obese pre-operative bariatric patients.</td>
<td>Cynthia K. Buffington, PhD, Ritchie J. Feuers, PhD, Ronald W. Hart, PhD and George S.M. Cowan, Jr., MD</td>
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<td>P7</td>
<td>Serial EKG assessment after distal Roux Y gastric bypass.</td>
<td>Mark T. Jaroch, MD, and Elliot Schprechen, MD</td>
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<tr>
<td>P8</td>
<td>Silastic ring gastric bypass (SRGB): Results in 64 patients.</td>
<td>Richard S. Stubbs, MD, Vadim Izvornikov, MD and Nicholas Crampton, MD</td>
</tr>
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</table>
P9. The Hill hernia repair in the morbidly obese combined with gastric restrictive operations. John Stoner, MD

P10. Profound postoperative atelectasis developing in a morbidly obese patient following elective bariatric revisional surgery. John Stoner, MD

P11. Obesity surgery psychological scale: A preliminary report of its design and development. Joan M. DiGregorio, PhD and Norman Samuels, MD

P12. Dumping and weight loss following gastric bypass surgery. Joan M. DiGregorio, PhD, Norman Samuels, MD and Lisa Less-Rosinsky, LD, RD

P13. Vertical banded gastroplasty - Gastric bypass in Mexican patients with severe obesity. Pablo G. Zorrilla, MD, Ricardo J. Salinas, MD, and Ana M. Salinas, MD, MPH, DrPH

P14. Bariatric surgery: Can bariatric surgery be successfully performed and followed-up on controlled actively psychotic patients? Norman Samuels, MD, Melodie K. Moorehead, PhD

P15. Body image in bariatric surgery candidates. James Rosen, PhD and Anna Myers-Parrelli, BA

P16. Challenging experiences in bariatric surgery from the patient's perspective. James Rosen, PhD, BA, Anna Myers-Parrelli, BA, Colleen Rand, PhD, and Alex M. MacGregor, MD

P17. Experimental studies on an influence of gastric restrictive surgery on chosen biochemical parameters in rats blood serum. Marek Rokicki, MD, PhD, Wojciech Rokicki, MD, PhD, Boguslawa Sieron-Rokicka, MD and Jadwiga Rokicka, MD

P18. Influence of gastric banding on some metabolic parameters in liver of white rats. Wojciech Rokicki, MD, PhD, Marek Rokicki, MD, PhD, Jadwiga Rokicka, MD, Boguslawa Sieron-Rokicka, MD


P21. Videoscopic upper gastrointestinal examples of gastric LAP-BAND®: Working well and not working well. Dan Fertel, MD, Kathleen Finigan, RD and Louis F. Martin, MD

P22. Laparoscopic vertical banded gastroplasty: A new technique. William Marx, DO, and John D. Halverson, MD

P23. IgE mediated latex allergy: Special considerations for the atopic patient undergoing roux-en-y gastric bypass. James A Sapala, MD, Michael H. Wood, MD, Patti A Staten, RN, BSN, Mary E. Burkhardt, MS, RPh, Donna Rebidas, CRNA, MS and Thomas M. Blake, Jr., MD
14th Annual Meeting

American Society for Bariatric Surgery

June 4-7, 1997 • Palmer House Hilton • Chicago, Illinois