

SIDE-STEPPING A CRISIS

Try using validation and the TIP skill to quickly calm an emotionally activated student.

STEP 1

Validate the student. Use this to connect and collect.

STEP 2

Offer the student to use a TIP strategy to cool down before they do anything else, including dealing with the issue.

STEP 3

Support the student to use 1 or more TIP strategies.

STEP 4

Check in by asking the student if they feel more in control.

STEP 5

If so, collaborate on what will happen next.
If not, try another strategy.

