



Hello!

Thank you for your interest in learning more about how partnering with horses and nature can support personal growth and healing, by attending our 2026 CCTCA presentation.

We wanted to share this document that has some information that will help your day and experience here go smoothly. As we will be starting at 9am (As a reminder we will be together from 9am-3:15pm), you are welcome to arrive anytime after 8:30am. We highly recommend that you carpool if possible. When you enter through the gates that say Navigator Ranch above it, please follow the road to the parking areas in front of the facility. Someone will be there to assist in finding correct parking spots. Once you have parked, you can come on into the facility and hand in the waiver form to the staff member that is meeting you to show you where to get settled.

We have included some detailed directions to our place below, as if you are coming from the south end of Calgary off of Macleod Trail and from the Okotoks area. If you have any troubles finding us or are running late that day, please text or call the number that is listed on the directions part of the document.

Prior to coming that day, we ask that you please print off and fill out the attached waiver form to bring with you. If you would like to email the completed waiver to us ahead of time, you can send it to info@foothillswellnesscollective.com Thank you.

Here is a list of items to bring with you:

- **A bagged lunch** (as we there will not be enough time to run into town at the lunch break)
- **Filled water bottle**
- **Note pad and pen**
- **Wear or bring weather appropriate clothing** (having layers to add or take off is suggested as we will be in varying temperatures while inside the facility and out with the horses)
- **Horse safe footwear** (any form of boot is ideal)
- **Waiver form** (as noted in above paragraph)
- **An open mind!**

Thank you and we look forward to meeting you soon!

Carrie Watson and Jenn Kuntz

Foothills Wellness Collective

info@foothillswellnesscollective.com

www.foothillswellnesscollective.com

ACKNOWLEDGMENT OF RISK AND RELEASE OF LIABILITY

(AR-0103)

For Participants **Over the Age of Majority** in the Province or Territory in which the Equine Activities are Provided by the Host

WARNING: THIS AGREEMENT WILL AFFECT YOUR LEGAL RIGHTS. READ IT CAREFULLY!

Every Person Must Read and Understand this Waiver Before Participating in Equine Activities

The following waiver of all claims, release from all liability, assumption of all risks, agreement not to sue and other terms of this agreement are entered into by me (the Participant) with and for the benefit of: _____

_____ Whispering Equine Inc _____,
its directors, officers, employees, volunteers, business operators, agents and site property owners or lessees (collectively the "Host"). Without limiting the generality of the foregoing, "Equine Activities" includes but is not limited to trail rides, pack trips and riding instructions provided by the "Host" to the Participant.

Initial Each Item below after Reading and Understanding each item:

- _____ 1. I am aware that there are inherent dangers, hazards and risks (collectively "Risks") associated with "Equine Activities" and injuries resulting from these "Risks" are a common occurrence. I am aware that the "Risks" of "Equine Activities" mean those dangerous conditions which are an integral part of "Equine Activities", including but not limited to:
 - (a) the propensity of any equine to behave in ways that may result in injury, harm or death to persons on or around them and to potentially collide with, bite or kick other animals, people or objects;
 - (b) the unpredictability of an equine's reaction to such things as sounds, sudden movement, tremors, vibrations, unfamiliar objects, persons or other animals and hazards such as subsurface objects;
 - (c) the potential for other participants to behave in a negligent manner that may contribute to injury to themselves or others, including failing to act within their abilities to maintain control over an equine.
- _____ 2. I freely accept and fully assume all responsibility for all "Risks" and possibilities of personal injury, death, property damage or loss resulting from my participation in "Equine Activities".
- _____ 3. I agree that although the "Host" has taken steps to reduce the "Risks" and increase the safety of the "Equine Activities", it is not possible for the "Host" to make the "Equine Activities" completely safe. I accept these "Risks" and agree to the terms of this waiver even if the "Host" is found to be negligent or in breach of any duty of care or any obligation to me in my participation in "Equine Activities".
- _____ 4. In addition to consideration given to the "Host" for my participation in "Equine Activities", I and my heirs, next of kin, executors, administrators and assigns (collectively my "Legal Representatives") agree:
 - (a) to waive all claims that I have or may have in the future against the "Host";
 - (b) to release and forever discharge the "Host" from all liability for any personal injury, death, property damage, or loss resulting from my participation in the equine activity due to any cause, including but not limited to negligence (failure to use such care as a reasonably prudent and careful person would use under similar circumstances), breach of any duty imposed by law, breach of contract or mistake or error in judgment of the "Host"; and
 - (c) to be liable for and to hold harmless and indemnify the "Host" from all actions, proceedings, claims, damages, costs demands, including court costs and costs on a solicitor and own client basis, and liabilities of whatsoever nature or kind arising out of or in any way connected with my participation in "Equine Activities".
- _____ 5. I agree that this waiver and all terms contained herein are governed exclusively and in all respects by the laws of the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host". I hereby irrevocably submit to the exclusive jurisdiction of the courts of that Province or Territory of Canada and I agree that no other court can exercise jurisdiction over the terms and claims referred to herein. Any litigation to enforce this waiver will be instituted in the Province or Territory of Canada in which the "Equine Activities" are provided by the "Host".
- _____ 6. I confirm that I have had sufficient time to read and understand this waiver in its entirety. I understand that this agreement represents the entire agreement between myself and the "Host", and it is binding on myself and my "Legal Representatives".
- _____ 7. I confirm that I have reached the age of majority in the province in which I am participating in "Equine Activities".

Please Print Clearly

Print - Participant Name _____ Date of Birth _____
DAY / MONTH / YEAR

Address _____ City _____ Province _____ Postal _____

Phone # (_____) _____ Email: _____

(Signature of Participant) Signed this ____ day of _____, 20 ____

(Print Name of Witness to Signing and Initialing)

(Signature of Witness) Signed this ____ day of _____, 20 ____



Directions from the south end of Calgary:

- While on Macleod Trail south heading out of the city towards Okotoks (do not take Deer Foot Trail, as you will end up on a wrong road), you will want to be in your right lane when you go through the last set of lights by the "Spruce It Up Garden Center".
- Once you pass the garden center you will be turning right (west) immediately at the top of the first small hill on to Highway 552. (There is a sign for " DeWinton", right before the turn. If you hit the next set of lights at Heritage Point and the turn to the hamlet of DeWinton etc, you have missed the turn and gone too far.)
- Stay on 552 until you come to 306th Ave west. (Once you are on 552, you will cross some train tracks and then keep heading straight). You will see a sign for the Calgary Polo Club on your right just before the turn. But you will be turning right (west) which is opposite of where the Polo Club is.
- Stay on 306th Ave until you come to 48th Street. Here you will turn left (south) on to 48th Street. We are the first entrance on your right-hand side. **(Turn right on to gravel driveway, through the large wooden beam structure that says Navigator Ranch on it, and follow up to the grey building)**
- You can park in front of the building on the gravelled area, just be mindful of the turnaround that people may need to use to get back out. If it has snowed out, we will have plowed an area for you to park in.

If you plan to use a GPS system, please enter our blue sign address as 306093 48 St W, using spaces between the numbers and letters. **(The blue sign is actually on our home site entrance, NOT the entrance to the facility, so please note to turn in at the arena entrance with Navigator Ranch on it.)**

If you get lost, just text or call my cell 403-835-6039. Thanks!

Carrie



Directions from Okotoks:

- From the Fas Gas station (corner of Northridge Dr and Elizabeth St) you will head west on what starts as hwy 549 and turns into hwy 552 as you go along it. You will stay on this road until you hit 306th Ave W, where you will turn left (west). (you will pass Bar None Ranches on your left and then a sign for the Calgary Polo Club on your right just before the turn for 306th Ave W...but you will be turning left which is opposite of the Polo Club)
- Stay on 306th Ave until you come to 48th Street. Here you will turn left (south) on to 48th Street. We are the first entrance on your right-hand side. **(Turn right through the large wooden beam structure that says Navigator Ranch on it, and follow up to the grey building.)**
- You can park in front of the building on the gravelled area, just be mindful of the turnaround that people may need to use to get back out. If it has snowed out, we will have plowed an area for you to park in.
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