



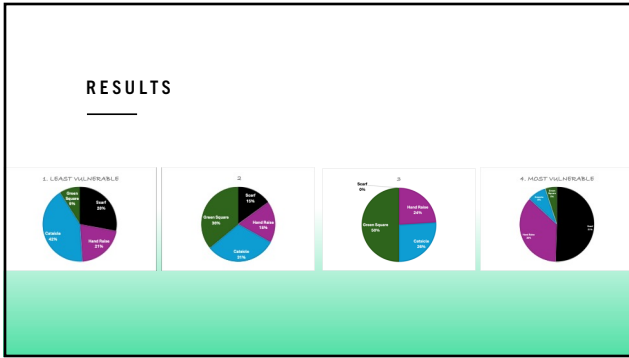
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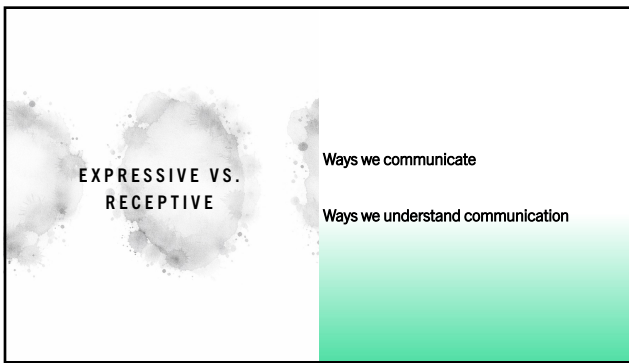
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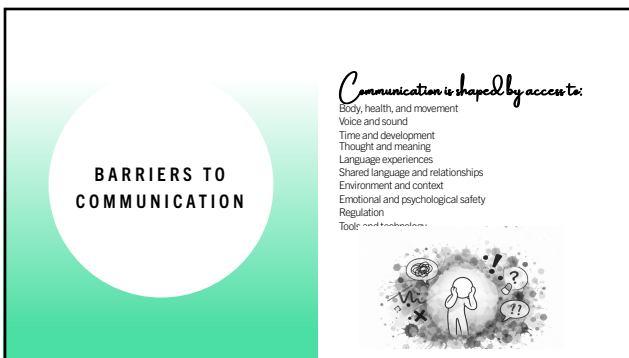
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When we assume someone's expressive tools reflect their understanding — or the other way around — we risk misunderstanding competence.

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FORMAT

- Concept/Provocation
- Some examples, some invitations (more on those later)
- Guiding questions with our students in mind
- Notecatcher- help you turn some of these concepts into strategies with the students you support.

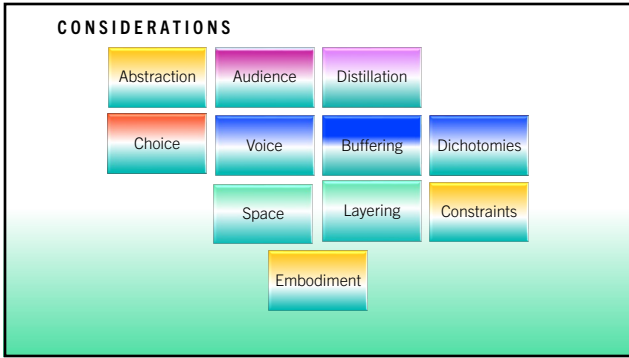
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WHAT MIGHT GIVE A STUDENT GREATER AUTONOMY/CONFIDENCE TO COMMUNICATE?

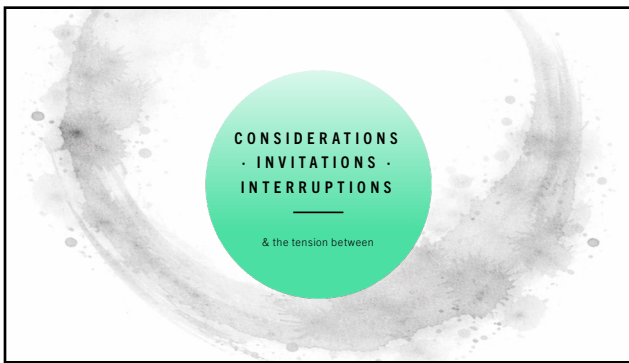
- Needs and wants
- Feelings and regulation
- Choice and consent
- Connection and identity
- Curiosity and learning

Guiding Question

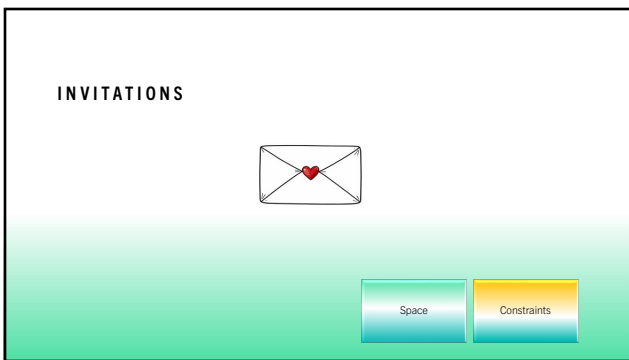
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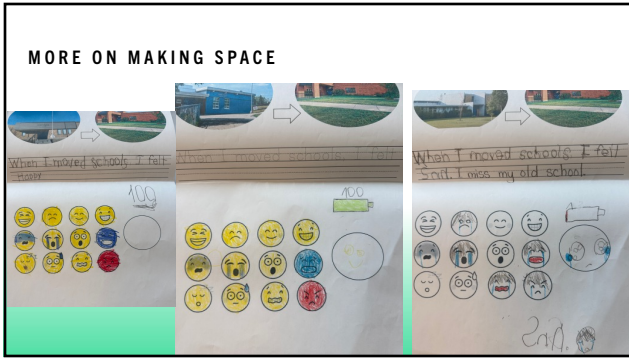
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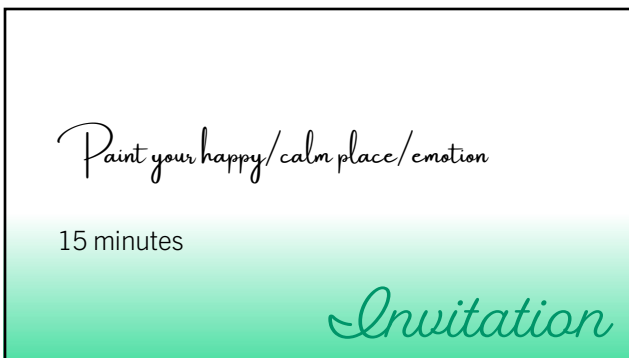
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15

Diego Velázquez, *Las Meninas*, 1656

ON BEING SEEN

Audience Voice



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THE JOURNEY *Invitation*

- Choose a difficult journey- one where you experienced competing emotions
- It may be of a duration of your choosing- a significant day, the strike, your whole life.
- Make a black mark in the center or somewhere on the acetate.
- What does the journey look like?
- Work with the acetate as bottom layer.
- Using only tissue paper and your glue stick (this activity works better with white glue or mod podge), rip or cut the tissue paper and layer it on the acetate to represent your journey.
- One Rule- Leave the back of the acetate as is without anything glued to it.

12 minutes

Containment Layering

17



**GEL CRAYON
PAINT PEN
DEMO**

18

ANOTHER LAYER *Invitation*

What is beneath it all?
 Is there a connection to that original black mark? Does anything want to move toward it, away from it, or around it?
 Does it need anything else to capture your journey?
 Is there an image or mark that represents something being **resolved**—or held differently?
 Is there anything that feels **trapped**, and if so, is there an image or mark that represents it being **freed**?

7 minutes Layering

19


ANOTHER LAYER *Invitation*

Optional:
 There are three boxes on the table over there with string and tape (or you can use your glue stick). The connection might be very direct — fastening the pieces together — or there might be some distance between them.

10 minute break Layering

20

What do you notice?



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CONSIDERATIONS

22

A FINAL PROVOCATION

consider whether this series of experiences uncovered or affirmed anything about your journey. In what ways did this particular engagement allow you to go deeper, or offer buffering where depth felt too close? Was one medium more enjoyable/ productive than another? Is there another layer you might add?
(a written piece, music, sculpture, movement etc.)

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ABSTRACTION

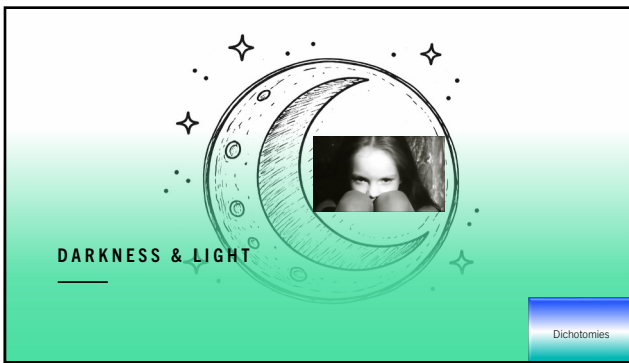
- "Abstraction strips the phenomenon of its individual features... This renders the presented phenomenon anonymous, and this anonymity is the [person]'s valuable invention for [their] own temporary protection, at least until [they] can trust [someone] with [their] secret."

Mina Betensky (1978)
Phenomenological Inquiry in Psychology

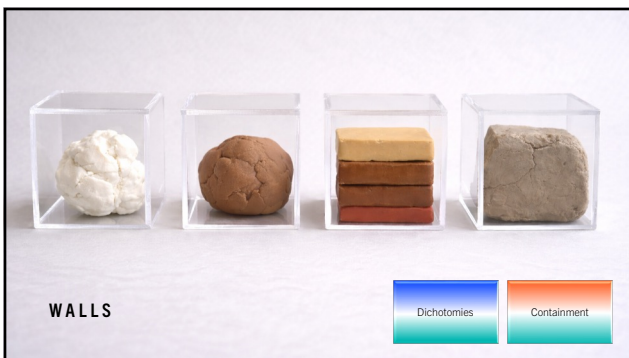
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1	It feels like my emotions are in control of me	1	10% white, 90% black
2	almost never in control	2	20 % white, 80 % black
3	My emotions often get the best of me	3	30 percent white, 70 % black
4	I have one strategy that works.. Most of the time	4	40 percent white, 60 % black
5	I have a strategy or two but could use a lot of support	5	50/50
6	I have a few strategies but am still working on it	6	60% white, 40 % black
7	There is one emotion I'm still learning how to deal with effectively	7	70% white, 30 % black
8	I'm on the verge of having effective coping strategies for almost every occasion	8	80% white, 20 % black
9	I am almost always in control	9	90% white 10% black
10	I always feel in control	10	100% White

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EMBODIMENT AS A GROUNDING NOTE



In charades, embodiment expresses emotion

- In sign/gesture, embodiment carries language
- In regulation, embodiment signals safety or threat
- In art-making, embodiment authors identity




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ABSTRACTED EMBODIMENT: EMOTIONAL GINGERBREAD MEN

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For sale: baby shoes, never worn



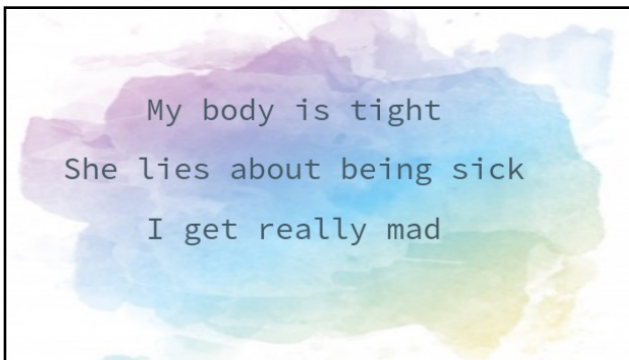
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5 syllables to describe the body sensation

7 syllables to describe the triggering event

5 syllables to describe the emotion

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My body is tight
 She lies about being sick
 I get really mad

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COLLECTIVE ART PIECE

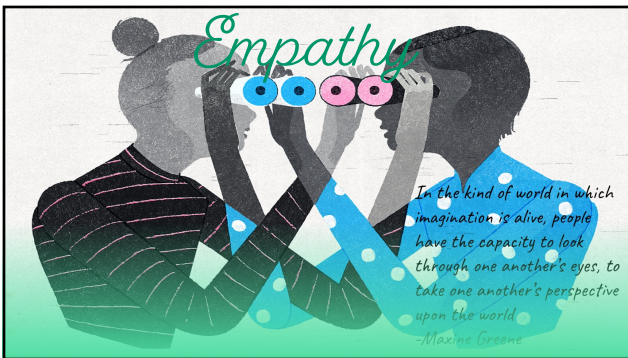
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34



35



36

PUT SOMETHING ELSE
IN THEIR HAND AND
WATCH WHAT HAPPENS



37

THANK YOU

—

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fini

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• <https://www.tiktok.com/@brittany.gillies/video/7463678085670538502>

What did you notice?

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VOICE



Scott Mallinson
Something to Say

41

CURRICULUM JUSTIFICATIONS



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