

The Latest Roundup of Sustainability-Focused Movies, Shows, and Documentaries Worth Binging

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The holiday season is typically accompanied by time off work, quality time spent with friends and family, and (for many of us) chilly outdoor conditions. This creates the ideal time to get cozy, kick your feet up, and binge some shows and movies.

If you start feeling burnt out on Holiday movies or just need some inspiration for what to watch next, we've got you covered. We've curated a list of documentaries and series that focus on different aspects of sustainability and environmentalism. Watching them may open your eyes to overlooked concerns, while also reinforcing why the work we do as environment, health, safety, and sustainability professionals is so important.

10 Shows and Movies About Sustainability You Can Stream Now

From circular farming and ocean warming to food waste and climate change, these enlightening, educational productions highlight critical topics in the sustainability

movement. And they're all available on popular streaming platforms.

David Attenborough: A Life on Our Planet (2020)

Streaming on: Netflix

Broadcaster David Attenborough has made many cherished nature films in his 94 years of life. In his latest documentary, Attenborough uses his own life and experiences as a timeline to show just how drastically the world has changed and how it will soon be destroyed. While many of us have seen his more uplifting work, like *Life on Earth*, this latest documentary shares a much heavier, but more important message: the time to act is now, before it's too late.

2040 (2019)

Streaming on: YouTube

For a more positive, hopeful viewing, check out *2040*. In this film, a father explores what the world could look like for his daughter by the year 2040. Rather than letting the ominous future of climate change bring him down, Damon Gameau looks at how we can change the world by embracing the best technologies available in fighting climate change today.

Biggest Little Farm (2018)

Streaming on: Hulu

This documentary follows the journey of John and Molly Chester, who pack up and leave Los Angeles to purchase an abandoned 200-acre lot in suburban Moorpark, CA with ambitions of transforming it into a fully-functional circular farm, coexisting with nature in perfect harmony. Viewers follow along in John and Molly's seven-year process, with all its many ups and downs. Full of touching and beautiful scenes, *Biggest Little Farm* is a powerful display of nature's awesome (and sometimes enigmatic) power.

Rotten (2018)

Streaming on: Netflix

This docuseries dives deep into the corruption of the global food supply chain. In its two seasons, each episode explores a new food and the impacts of our everyday eating habits. The series covers all sorts of foods from honey to avocados to bottled water and features interviews from manufacturers, suppliers, and other important figures in the food supply chain.

Kiss the Ground (2020)

Streaming on: Netflix

Understandably, documentaries about climate change tend to be a bit somber and deflating. And while Kiss the Ground is not shy about the seriousness of the problems we face, it strikes an optimistic note by centering on a real solution: a farming technique called “regenerative agriculture,” which focuses on topsoil regeneration as a means to sequester carbon emissions and stem the tide of climate change. Also, it’s narrated by Woody Harrelson!

Broken (2019)

Streaming on: Netflix

In a four-episode series, Broken aims to answer one important question: what is the true price of the products we buy? In a world of influencer marketing and social media hype, younger generations are seeking to buy the latest trending products at the cheapest prices. But what is the cost of these seemingly affordable goods? Broken sheds light on how industries are impacting public health and safety as well as the environment.

Welcome to Earth (2021)

Streaming on: Disney+

In this six-episode docuseries by National Geographic, Will Smith takes on adventures including plunging to ocean depths of more than 3,300 feet with a marine biologist, visiting the edge of an active volcano and scaling the side of a glacier. The series follows Smith as he goes on a journey to connect with the Earth and encourage others to do the same.

Down to Earth (2020)

Streaming on: Netflix

In this eight-episode series, actor Zac Efron is joined by wellness expert Darin Olien to travel around the world and learn how different cultures and geographies strive to lead healthy and sustainable lifestyles. From Iceland to France to Puerto Rico and beyond, the duo encounters many different inspiring people who are all doing their parts to reduce pollution, advance renewable energy, and support the longevity of their native ecosystems.

Our Planet (2019)

Streaming on: Netflix

If you want to experience the spectacular splendor of Planet Earth and remind yourself why this place is worth saving (aside from the fact that, you know, our long-term continuity as a species depends on it), look no further. Narrated by David Attenborough, Our Planet features stunning footage captured in habitats around the world, from jungles to deserts to the high seas. Through this breathtaking experience, you'll come to understand the fragile and deeply interconnected state of our global ecosystem.

Jane Goodall: The Hope (2020)

Streaming on: Disney+

Jane Goodall: Activist, scientist, conservationist. In this documentary, we learn how Goodall's awe of nature has inspired her work as an activist and her mission to empower young generations to make a difference. This inspirational work will leave you with a sense of hope and optimism for the future of our planet and help you find your own purpose and activist spirit.

Watch and Learn

Each of these films and series offers an informative yet entertaining and engaging look at our environment and the many different elements of a sustainable vision for the future. As 2021 winds down, now is the time to get motivated and inspired to enter 2022 with a driven purpose do make a difference on our planet.

About Antea Group Antea® Group is an environment, health, safety, and sustainability consulting firm. By combining strategic thinking and multidisciplinary perspectives with technical expertise, we do more than effectively solve client challenges; we deliver sustainable results for a better future. We work in partnership with and advise many of the world's most sustainable companies to address ESG-business challenges in a way that fits their pace and unique objectives. Our consultants equip organizations to better understand threats, capture opportunities and find their position of strength. Lastly, we maintain a global perspective on ESG issues through, not only our work with multinational clients, but also through our sister organizations in Europe, Asia, and Latin America and as a founding member of the Inogen Alliance.

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