

# Medical Expenses Dampen Holiday Cheer for Many Families

The pandemic has increased the number of Americans dealing with health care costs in the past year, which may lead to some tough choices.

NEWS RELEASE BY AFLAC INCORPORATED

Northampton, MA | January 04, 2022 09:03 AM Eastern Standard Time



By **Alan Goforth**

Although the holidays typically are one of the most joyous times of the year, it also can be a time of great stress for some families.

Many American households struggle to pay for **medical expenses**, forcing some to make difficult decisions. These choices include working more, forgoing medical care and cutting back on holiday spending, according to the **2021 Aflac Health Care Issues Survey**.

**Continue reading the full article here**

**View additional multimedia and more ESG storytelling from Aflac Incorporated on [3blmedia.com](https://3blmedia.com)**

## Tags

RESEARCH, REPORTS & PUBLICATIONS