



How to Avoid Leaving Benefits on the Table

With Open Enrollment Season Underway, Learn How to Qualify for a Dual Complete Plan with Better Benefits, Including Credits to Buy Healthy Food

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Navigating health plan offerings can be challenging, so it's important for consumers to understand whether they qualify for more benefits that may help save money and improve health, which can help provide for a more secure and active future as a person ages. Recently, Dr. Stephen Cha, the Chief Medical Officer at UnitedHealthcare Community & State, teamed with YourUpdateTV on a satellite media tour to explain how people can qualify for a dual complete plan.

A video accompanying this announcement is available at:

<https://youtu.be/MpNGLmYGmnA>



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People who have Medicare and find that money is tight may qualify for a UnitedHealthcare Dual Complete plan – a dual special needs health plan, which may allow them to get better benefits, including dental, hearing and vision coverage at no extra charge. **It can also include credits to buy healthy food and help purchase approved health items.**

Although requirements vary from state to state and by circumstances, if you are a family of one making less than \$16,000 a year or a family of 2 making less than \$21,000 a year, you may qualify.

You will also have someone to help you manage and coordinate your care to help manage through health concerns, which is so important during this pandemic. Putting off care, especially annual wellness visits, can leave health risks undiagnosed and untreated.

People eligible for a dual plan can usually enroll for no monthly premium, which may make it an affordable option.

These plans are designed for people with low income who could use some extra help because of disabilities, health conditions or age.

To learn if you are eligible and getting the most of your benefits, visit <http://www.getdual.com> or call 1-855-799-3199.

About Dr. Stephen Cha

Dr. Stephen Cha is Chief Medical Officer of UnitedHealthcare Community & State, where he oversees clinical strategies and programs while acting as the liaison for critical clinical initiatives. He also plays a key role in clinical thought leadership and serves as a subject matter expert in care decisions throughout Community & State. Prior to joining UnitedHealthcare, Dr. Cha served as the Group Director in the State Innovation Group at the Center for Medicare & Medicaid Innovation (CMMI). He has also served as the Chief Medical Officer at the Center for Medicaid & CHIP Services (CMCS), and is a practicing physician. Dr. Cha has a strong background in dynamic health policy thought leadership, health care transformation, and quality reporting.

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