

City of New York, Largest City in the US, to use Shatterproof's Online Addiction Training as a Resource for Employees and their Families



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Today, the City of New York has made Shatterproof's **Just Five**, an online education program about the disease of addiction, available to more than 335,000 employees and their families. Just Five is a self-paced, mobile-enabled program focused on increasing awareness, reducing stigma, and sharing important information about addiction prevention and treatment. It is available in both English and Spanish languages.

Participants will learn who is at risk, how to discern whether a person has a substance use disorder, how to support loved ones with this disease, and more. Just Five includes six guided learning experiences that combine animated and expert videos, interactive learning, and supplemental materials. All lessons are woven together with a positive message that change is possible for everyone.

"We are extremely proud to have the largest city in the United States, New York City, use Just Five to educate their employees" said Shatterproof Executive Vice President, Stephen D'Antonio. "Nearly one hundred million people in the US are impacted by substance use disorders, whether it is themselves or a loved one. Just Five provides easy access to critical information and resources giving employers and communities a simple and scalable tool to deliver both."

"NYC recognizes that substance misuse and addiction is a public health crisis. We are committed to ensuring that all of our employees and their families have access to information, education, high quality treatment and support. Just Five will be an excellent and accessible complement to our Employee Assistance Program, our unions' member assistance programs and our WorkWell NYC health and well-being programs," said Renee Campion, Commissioner, NYC Mayor's Office of Labor Relations.

Rates of addiction and overdoses are at the highest ever seen in the United States in the wake of the COVID-19 pandemic. The CDC recently reported that between August 2019 and August 2020 nearly 90,000 people died on an overdose and those numbers are expected to rise.

If you would like to learn more about this program, including how to make it available, please visit www.justfive.org or email justfive@shatterproof.org.

About Shatterproof: Shatterproof is a national nonprofit organization dedicated to reversing the addiction crisis in the United States. Shatterproof harnesses the models of business, the rigor of science and the power of a national movement to create change and save lives through three pillars of work: revolutionizing the addiction treatment system, breaking down addiction-related stigmas and supporting and empowering our communities. To learn more visit www.Shatterproof.org.

Contact Details

Holly Jespersen

+1 646-334-1024

hjespersen@shatterproof.org

Company Website

<https://www.shatterproof.org/>

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