

# BlueChew Review: Product Range, Benefits, and More

It's common for men to struggle with performance in the bedroom, but not unavoidable. BlueChew provides convenient, cost-effective treatment to your door.

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Although treatment for erectile dysfunction is widely available, you may still have difficulty accessing it. The cost of brand-name drugs and the time you need to schedule a doctor's appointment, which may be during your usual working hours, can make it seem like a hassle.

BlueChew is a **discreet, affordable service that delivers chewable erectile dysfunction medication to your door**. In this BlueChew review, we cover the tablets available, their benefits, and other factors that make the service stand out.

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## Pros

- No need to schedule a time to see a doctor, including driving and sitting in waiting rooms
- Three affordable compounded medications
- Evidence-based erectile dysfunction remedies with two dosage options and four options for the number of tablets delivered
- Positive BlueChew reviews online

## Cons

- Does not accept health insurance
- Unavailable in North Dakota and South Carolina

## BlueChew Highlights

- Chewable tablets are much easier to take if you don't tolerate swallowing pills
- Discreet service for men who find discussing sexual health embarrassing
- A highly convenient subscription model

## Contraindications

Do not take medications BlueChew offers if you take other PDE5 inhibitors, nitrates, or guanylate cyclase stimulators. Avoid all chewables covered in this BlueChew review if you have had allergic reactions to sildenafil, tadalafil, or vardenafil.

## What Is BlueChew?

**BlueChew is a telehealth service that provides you with a monthly subscription for chewable ED tablets.** It skips the awkward and often time-consuming process of seeing a doctor in person, with no need to travel to a clinic or sit in a waiting room. You can either have your subscription delivered or fill it yourself at a compounding pharmacy.

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## What Does BlueChew Offer?

BlueChew offers three erectile dysfunction medications: sildenafil, tadalafil, and vardenafil. **These are compounded into chewable tablets**, so they are not simply generic versions of brand-name drugs.

### Sildenafil

Sildenafil is the active ingredient in Viagra. First approved in 1998, patent expiries in 2013 allowed other companies to start producing generic versions.

Sildenafil is one of the PDE5 inhibitors, which maintain levels of a cellular signaling molecule known as cGMP. **This causes the smooth muscle in your blood vessels to relax**, helping you to achieve and maintain an erection [1].

The effects of sildenafil last for **four to six hours** so you can take it between one and four hours in advance. As food (especially fats) slows absorption, it's **best to chew on a tablet before a romantic dinner**. You don't need to worry about an unwanted erection because the effects of sildenafil only support an erection during sexual arousal.

### Tadalafil

Tadalafil is the active ingredient in Cialis, which was approved in 2003 and saw its patents expire in 2017. Like sildenafil, it is a PDE5 inhibitor, but the key advantage is that **it can last up to 36 hours**. One feature that stands out in this BlueChew review is its inclusion, as tadalafil can be perfect for weekend getaways filled with **spontaneous fun**.

### Vardenafil

Vardenafil is the active ingredient in Levitra and Staxyn, which are PDE5 inhibitors, too. Like sildenafil, it lasts up to six hours, so it is **best for sexy date nights**.

However, vardenafil may be more potent and specific, potentially leading to **a lower rate of side effects such as blurred vision**. This is a critical finding in our BlueChew review for men who stopped taking Viagra after vision alterations. Clinical studies on vardenafil also include

improvements for men with diabetes, which impairs blood vessel function [2]. Also, BlueChew's Vardenafil is mint-flavored, the perfect product to get hard and fresh!

## Who Is BlueChew For?

BlueChew is for men living in the United States who want stronger, longer-lasting erections without the fuss or awkwardness of a doctor's appointment. Every man who wants to know more about what is erectile dysfunction and how to handle it, should have a detailed look at this product.

Considering the enormous market for ED medications now on the market, selecting the best ED pills may be quite a challenge.

Perhaps you're living in a small town where seeing a doctor in person for ED medication is a little awkward. Maybe you need the afternoon off work to make it to an available appointment. Or, you may be reading this BlueChew review because you want the best sex pills, with no attempts at upselling you to brand-name drugs.

BlueChew is also best for men with erectile dysfunction that **cannot be explained by a serious illness or injury to the penis**. For example, you may have **performance anxiety or an aging-related impairment** in erectile function. However, if you have a condition such as hypertension or diabetes, you must stick to recommended healthy lifestyle changes.

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## How Does BlueChew Work?

Our **BlueChew review discovered just how convenient access to ED medications could be as an online service**.

Your journey starts with an online questionnaire, which helps to confirm your suitability for the medications available. Then, the BlueChew service will assign a licensed medical provider to you for a consultation. They will ask further questions about your needs and any critical medical information.

Once you learn which medication is suitable, including its recommended dose and frequency, **you set your subscription, and it is delivered to your door every month**. Another convenient benefit we found in this BlueChew review is that you can change your subscription anytime with clearance from your healthcare provider.

# Cost of BlueChew

The cost of BlueChew depends on the best chewable for your needs and how many tablets you need. Overall, **our BlueChew review found significant savings.**

## Subscription Rates

Subscription plans for sildenafil and tadalafil chewables cost the same, but the longer-lasting effects of tadalafil mean you get fewer tablets each month. This BlueChew review found two versions of each plan: a low dose of 30mg of sildenafil or 6mg of tadalafil; and a higher 45mg dose of sildenafil or 9mg of tadalafil:

- **Active:** \$20 per month for six 30mg sildenafil chewables or four 6mg tadalafil tablets. The high-dose plan costs \$30 per month for the same number of 45mg sildenafil or 9mg tadalafil chewables.
- **Busy:** \$30 monthly for ten 30mg sildenafil tablets or seven 6mg tadalafil chews. Its high-dose version costs \$40 per month.
- **Popular:** \$50 per month for 17 sildenafil or 14 tadalafil chewables at their lower dose. The high-dose Popular plan costs \$65 each month.
- **Pro:** \$90 monthly for the lower doses of either 34 sildenafil chews or 28 tadalafil tablets. To select the higher dose, you pay \$120 every month.

Vardenafil chewables have a separate subscription price list in our BlueChew review and come in one dosage form of 8mg:

- **Active:** \$20 per month for four tablets
- **Busy:** \$35 each month for eight chews
- **Popular:** \$65 per month for 15 chewables
- **Pro:** \$120 per month for 30 tablets, enough for daily use

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## Insurance Coverage

A key drawback uncovered in our BlueChew review is that you cannot pay for your subscription with health insurance. However, some health savings accounts (HSAs) will cover it.

It's important to remember that **the cost of your insurance copayment for a brand-name prescription is likely to be more expensive** than the BlueChew service.

## Cost Comparison

**Our BlueChew review found tremendous savings per tablet** compared to seeing a doctor for branded ED medications.

**Sildenafil costs no more than \$5 per dose** with BlueChew. On the other hand, Viagra can cost anywhere from \$40 per dose to \$139. Even generic sildenafil from online pharmacies may set you back more than \$30 per use.

Depending on your plan, purchasing tadalafil through BlueChew **costs anywhere from just under \$3 to \$7.50 per dose**. Branded Cialis can start from \$11.70 per 2-5mg tablet, and the For Hims website charges \$958 for one month's supply of daily Cialis.

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## BlueChew Free Trial and Coupon Codes

If you're new to taking ED medication and unsure how it will benefit your love life, you may want to consider a free trial or other discount offers. These generally run for the first month, giving you enough time to decide.

## BlueChew Pros and Cons

Our BlueChew review found several key benefits, including cost savings and convenience, and drawbacks related to the telehealth experience.

### Pros

- **Save over 90%** compared to Viagra or Cialis

- Eliminates **difficulty swallowing pills**, which are pointy in the case of Viagra
- The online questionnaire and consultation are **far more discreet and convenient than visiting a doctor's office**
- Three medication options, with different doses and numbers of tablets

## Cons

- The lack of in-person support may mean any underlying circulatory, hormonal, or neurological issues are overlooked
- Unavailable in North Dakota, South Carolina, and the US territories

## Does BlueChew Work?

For most men, yes. The active ingredients found in BlueChew medications are FDA approved.

Sildenafil is the most time-tested of all three ED medications BlueChew provides. It can even work in men of all ages, with one study showing that **59% of men aged over 75 had improved erections**. Volunteers of all age groups reported better sexual function across every measure, including orgasm, frequency of intercourse, and desire [3].

Many men prefer tadalafil because of its long-lasting effects. In an open-label trial, men were half as likely to quit taking tadalafil due to lack of efficacy. Almost **none felt that tadalafil placed any constraint on their sex lives**, too [4]. However, you may still prefer sildenafil if you are concerned about side effects or have a wandering mind.

As for vardenafil, a study on 384 men found that **81% enjoyed improved erectile function**. The most common side effect was facial flushing, but only 3.2% reported it. Even better, research on men with a history of nerve-sparing surgery for prostate cancer **reported improvement in 65% of those taking 20 mg**, despite ED being much harder to treat in these cases [2].

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## Are There Any Safety Concerns?

Our BlueChew review did uncover some possible side effects and potential (but rare) safety concerns. No medication is 100% safe for everyone, including ED drugs.

## Possible Side Effects of Sildenafil

The most common side effects of sildenafil are:

- A sudden rush of blood to your head and face (flushing)
- Headache
- Heartburn
- Upset stomach
- Muscle aches, including back pain
- Stuffy nose

If these bother you, you may benefit from a lower dose or switching to the more specific vardenafil.

## Possible Side Effects of Tadalafil

Our BlueChew review found several common yet relatively mild side effects of tadalafil:

- Flushing
- Headache
- Muscle and back pain
- Upset stomach
- An irritated nose and throat, like you've got a cold coming on

## When to Stop Taking ED Medications

Although the active ingredients covered in our BlueChew review are usually safe, there is a small risk of serious adverse effects. Stop using your tablets immediately if you notice any of the following:



- Blurred or otherwise altered vision; PDE5 inhibitors can give you blue-tinted vision
- Fainting or dizziness, which is caused by a drop in blood pressure
- Swollen limbs, including hands and feet
- Serious headache or migraine
- Chest pains or a rapid heart rate
- Fever
- Upset stomach, including vomiting
- Unexplained bruising or bleeding
- Difficulty hearing

If you have any stroke symptoms, such as drooping or weakness on one side of your body; a sudden loss of balance; trouble speaking; or blurred vision, particularly in one eye, go to an emergency room immediately.

Our BlueChew review is not medical advice, but it's best to see a doctor in person if nothing seems to work. If you have additional symptoms such as difficulty urinating or altered sensation, including in your pelvic area, an underlying condition may require in-person support.

## BlueChew vs Viagra

We found two significant advantages over Viagra when researching for our BlueChew review.

First, the BlueChew service model provides you with **three options for ED medications**. One is sildenafil, the active ingredient in Viagra. If you may benefit more from the long-acting tadalafil or the more specific vardenafil, your healthcare provider will unlock their prescription instead.

The second bonus we found in our BlueChew review is that **all three choices are compounded into chewable tablets**. Up to 40% of adults have difficulty swallowing pills, which can put a damper on your date night. Viagra's diamond shape may make this even worse.

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## Benefits of Viagra and Cialis

The active ingredients in Viagra and Cialis are sildenafil and tadalafil, which we previously described in this BlueChew review. Both **dilate the blood vessels to promote harder, longer erections after arousal**. Additionally, both sildenafil and tadalafil work by inhibiting PDE5.

Looking at any positive BlueChew review online, you'd notice dramatic improvements to users' relationships and mental health. But that's not all (maybe). An analysis of 7.23 million patients' insurance data found an amazing **69% reduced risk of Alzheimer's disease among sildenafil users** [5].

We aren't saying that sildenafil prevents Alzheimer's disease, as this BlueChew review only covers proven claims. **Improvements in your mental health and social relationships** may, in fact, be behind these effects. Certain aspects of poor social relationships may more than double the risk of the disease, including feeling unhelpful to loved ones [6].

On the other hand, a lab study found that sildenafil may even be able to protect your neural regeneration capacity and prevent plaque buildup [5]. Even more, research suggests that PDE5 inhibitors could protect the cardiovascular system from the damaging effects of high blood pressure [7].

If you are tight on your budget, make sure you look for some Cheap Viagra alternatives.

## How We Evaluated BlueChew

This BlueChew review evaluated the service based on available treatments, their efficiency and cost, and customers' experience during the consultation.

### Treatments

The chewables we highlight in this BlueChew review include options for men who want short-acting effects and those who prefer long-lasting benefits for greater spontaneity. You can choose between two dosages and four options for the number of tablets sent per month, too.

### Costs

Our BlueChew review found that **each subscription option costs an average of \$3–7.50 per dose**, which is far cheaper than their on-brand versions.

## Consultation Experience

Men posting their own BlueChew reviews describe **a satisfying customer experience**. The medical questionnaire and consultation are delivered in a professional, effective manner covering all necessary information with none of the awkwardness.

## Efficiency of Treatment

Perhaps the most crucial point in any BlueChew review is that sildenafil, tadalafil, and vardenafil are **evidence-based medications**. They can be effective in healthy men and those with conditions such as diabetes or a history of prostate cancer. For example, research on sildenafil shows that **57% of men can expect to have successful intercourse when taking it**, compared to 21% of the placebo group [8].

[>>Check the best prices for BlueChew](#)

## BlueChew Reviews: What Are Customers Saying?

The typical BlueChew review online describes effective medication and convenient, professional consultations.

Supplement Critique also adds in his BlueChew review that chewable tablets may work faster, but more evidence is needed to draw a firm conclusion. He had taken Viagra in the past and said it normally took 30 minutes to kick in. With BlueChew it was different, "I started chewing the tablets and it was like a fire hose of blood rushing to my penis within 5 minutes". Again, it can always vary from one user to the other.

## BlueChew Review: Reddit

Reddit is filled with unfiltered, unpaid product reviews, BlueChew included. This BlueChew review comment thread contains several positive testimonials from some very excited men.

Anonymousowl1776 managed hours in bed with his partner. He described the feeling as "magical" and said in his BlueChew review that he felt like Superman.

Randomhero710 recommends taking the sildenafil before sex, it "usually kicks in 30 mins on an empty stomach, drink plenty of water". He said in his BlueChew review that users will be "surprised how hard [they] are, and should remain hard for longer sex sessions".

## Company Reputation

BlueChew has a **clean legal reputation**, with no lawsuits or product recalls. Additionally, the average BlueChew review on TrustPilot is 3.8/5 stars, a good rating for a website where most complaints are down to individual employees' actions. The Better Business Bureau's BlueChew review is an A+ overall.

## Is BlueChew Discreet?

Yes, not even the neighbors will know that you've had ED medication delivered to your door (unless you want to share your own BlueChew review with the world). The online consultation ensures that you don't need to sit in a waiting room or worry about potentially needing to tell your boss you have a doctor's appointment, too.

As BlueChew is a medical service, the company must protect your information just like any in-person consultation.

[>>Check the best prices for BlueChew](#)

## Is BlueChew FDA Approved?

The compounded tablets covered in this BlueChew review do not have FDA approval. However, **their active ingredients, sildenafil, tadalafil, and vardenafil, have been FDA approved for years.** Their use, including in compound medication, is also legal thanks to patent expiry.

## When To See a Doctor

There are situations where BlueChew may not be suitable for you. For example, see a doctor for further advice if you experience any symptoms under the When to Stop Taking ED Medications section of this BlueChew review.

Visit a doctor if you do not find any benefit from these medications, either. An in-person examination is essential to confirm or exclude nerve damage, heart insufficiency, a vascular issue, or low testosterone. You may need a blood test to measure your T levels or require a revascularization procedure [9].

## FAQs: BlueChew Review

Here are some of the most essential takeaways from this BlueChew review.

### How Long Does BlueChew Make You Hard?

If you order Sildenafil or Vardenafil through BlueChew, you can enjoy its effects for up to six hours. Tadalafil lasts much longer, at up to 36 hours. Your erection will only last as long as you are aroused.

### Does BlueChew Work as Well as Viagra?

Yes, BlueChew provides sildenafil, the active ingredient in Viagra, in 30mg and 45mg doses. This is comparable to the 25mg and 50mg dosage levels of Viagra available as prescriptions.

### What Exactly Does BlueChew Do?

The BlueChew service provides you with chewable erectile dysfunction medication via an online consultation. Read the BlueChew review above for more details on the service.

### Does BlueChew Make You Harder?

Clinical trials show that the main ingredients of tablets used in BlueChew services can give men of all ages harder, longer-lasting erections. They may even be effective in difficult-to-treat cases, such as diabetes or in prostate cancer survivors, but there are no guarantees. BlueChew review posts and comments describe these benefits, too.

[>>Check the best prices for BlueChew](#)

## BlueChew Alternatives

No BlueChew review would be complete without assessing the competition, so how do the alternatives stack up?

## BlueChew vs Roman

Roman is another online men's health service that sells generic sildenafil and tadalafil. However, they aren't chewable, a key advantage we found in our BlueChew review. Other products, such as testosterone-boosting supplements, hair loss medication, and premature ejaculation wipes, are also available.

[>>Check the best prices for Roman](#)

## BlueChew vs Hims

Hims provides one-on-one support from medical professionals for various men's health issues, including erectile dysfunction, premature ejaculation, hair loss, herpes, and mental health difficulties. Check our Hims review to see its numerous ED treatment options, many of which are more expensive than those we cover in this BlueChew review.

[>>Check the best prices for hims](#)

## BlueChew vs Keeps

Keeps has a similar subscription model to BlueChew, except it provides hair loss treatment. Men can expect to save 50% compared to pharmacy-bought medication, and your subscription is delivered every three months.

If you are considering natural products, you should have a look at some of the best male enhancement pills.

[>>Check the best prices for Keeps](#)

## BlueChew Review: Final Thoughts

BlueChew removes common barriers to accessing ED treatment. With **significantly lower prices and a convenient subscription and telehealth model**, our final verdict of this BlueChew review is a highly positive one. Our BlueChew review search also found **a high degree of satisfaction with the chewable tablets' efficacy**.

Our BlueChew review answers “What is BlueChew” and other questions. Their chewable form is an ideal alternative to the diamond-shaped Viagra, too, which can be unpleasant for men who dislike swallowing pills. Even better, you can **change your dosage, medication, or number of tablets delivered each month** with clearance from a medical professional.

**Overall, we say, it's time to chew it and do it!**

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## Tags

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