

## THANK YOU FOR USING THE VERTALOC® LIFT PRO BACK BRACE

(MODEL # VL711LPBB)

Your VertaLoc® LIFT PRO Lumbar Orthosis (LO) designed to maximize support of your lower back while providing you with the comfort you require.

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### YOU HAVE RECEIVED:

- ONE (1), one-piece Lumbar Orthosis with an attached closure system
- Abdominal support panel (non-removable)
- Side fabric extensions for each size from S to XL (standard) and from 2XL to 5XL (plus size) (2 fabric extensions of each size)
- Posterior plastic insert (removable)

For your convenience, we have developed this unique back brace with side fabric extensions for different sizes that can be easily interchanged by gently unsnapping middle part and replacing with another size fabric if needed. To select correct size for the side extension fabric, please check measurements and corresponding sizes on the next page. The size of the brace is determined with a measurement tape at the level of the navel. Once the size is determined, follow the steps below.

## FIT YOUR BRACE IN A FEW EASY STEPS

1.



Once you determine the size of the brace, choose two fabric extensions with your size. Gently remove extensions that are already attached to the brace and replace with your size extensions on both sides.

2.



Slide the side extensions through the black elastic bands with blue pinstripes that are attached to the brace. Once completed, center the posterior panel of the brace in the middle of the lower back.

3.



Fasten the right end of the abdominal support panel on the top of the left panel. Tighten to allow optimal support. Pull the compression strings to achieve optimal support. Fasten them to the abdominal panel surface.

If you need to adjust the length of the compression strings, detach oval fabric from the end of the string on both sides, cut off excess string with scissors. Tie back the string to the oval fabric. **DO NOT CUT THE STRINGS IF YOU ARE NOT CERTAIN OF THE MEASUREMENTS. ASK SOMEONE TO ASSIST.**



**CARING FOR YOUR VERTICALOC® LIFT PRO BACK BRACE:**

Remove all fabric components from 2 back panels with strings and plastic nubs. Hand wash only fabric components in warm water using mild soap. Rinse thoroughly. Air dry out of direct sunlight.

- DO NOT STORE THE BRACE IN A HOT (80°F OR MORE) OR HUMID (80% OR MORE) LOCATION.
- STORE THE BRACE IN A COOL, DRY PLACE (HEAT MAY CAUSE BRACE DEFORMATION).
- KEEP THE BRACE AWAY FROM DUST OR POLLUTANTS.

**VERTALOC® LIFT PRO BACK BRACE WARRANTY:**

- ✓ YOUR VERTICALOC® LIFT PRO BACK BRACE IS WARRANTED TO BE FREE OF MATERIAL OR WORKMANSHIP DEFECTS.
- ✓ ANY DEFECTIVE COMPONENTS OF YOUR VERTICALOC® LIFT PRO BACK BRACE MAY BE REPLACED OR CREDITED AT THE DISCRETION OF VERTICALOC.
- ✓ THIS PRODUCT IS WARRANTED FOR ONE YEAR FROM THE DATE OF PURCHASE.

SIZE	MEASUREMENTS (inches)
S	30 - 34
M	35 - 39
L	40 - 43
XL	44 - 47
2 XL	48 - 51
3XL	52 - 56
4 XL	57 - 62
5 XL	63 - 68

QUESTIONS OR COMMENTS? WE ARE ALWAYS HERE TO HELP YOU.

CALL US TOLL FREE 855-VERTICALOC (855-837-8256)