

Workshops Offered by Jody Johnston Pawel, LSW, CFLE
for Counselors, Social Workers, MFTs, and protective service caseworkers
(Jody can custom-design a workshop that suites *your* training needs, too!)

Take My Advice! Guidelines for Assessing and Advising Parents

6 hour workshop

Parents often hear and follow unhealthy advice or use quick-fix solutions that bring unhealthy long-term results. They need clear guidelines and practical skills that help them think for themselves and plan healthy, *individualized* solutions to their parenting problems. This interactive workshop teaches a reliable step-by-step method for assessing and guiding parents. You can even use the practical skills in *your* work or home settings, with children of any age or adults — empowering *everyone in life*.

Secrets for Empowering Any Parent or Child: The Universal Blueprint for Building Healthy Families

12 hour workshop

This interactive advanced workshop teaches a reliable formula for finding effective individualized responses to any relationship problem - in seconds! This "Universal Blueprint" and its practical skills are useful in any work or home setting, with children of any age or adults. Use these practical proven techniques to improve your professional performance and client/work relationships. Then model and teach the skills to the parents you serve. Excellent workshop for parent educators!

E.S.P. (Effective Single Parenting) For Single, Divorced and Widowed Parents

6 hour workshop

Single parents need ESP - Effective Single Parenting - to overcome the daily stresses and challenges they face. This interactive workshop will show you how to help single parents; balance their parenting styles and prevent stress overloads; build and maintain their self esteem and their children's; guide children through grief and separation issues; improve teamwork with parenting partners (ex-spouses, extended family, caregivers); and use effective communication skills to resolve conflicts with the children and adults in their lives.

Skills and Strategies for Working With Parents of Limited Cognitive Functioning

6 hour workshop

In this workshop we will discuss how to meet the special needs of parents with limited cognitive functioning. We will learn effective intervention strategies, which parenting skills these parents need to learn, and which parenting models best teach these skills.

Building a Bridge to Healthy Relationships With Parents

6 hour workshop

In this workshop, participants will see a parenting/teaching "style show" that illustrates the attitudes that can help or hinder cooperative working relationships between parents and family professionals. We will practice the special language and actions that build trust and can prevent or remove communication barriers. If you work with parents of diverse populations, make home visits, conduct case planning conferences or want to connect with resistant parents, this workshop is for you.