

*Want to start winning motocross races almost immediately... even against stronger, more experienced, and better equipped riders?*

# **Astonishing “Insider” Short-Cut Secrets to Instantly Faster Times & Total Bike Control Finally Revealed By The One Expert Many Motocross Pro’s Want To *Keep Hidden!***

Until now, only a handful of professionals and hand-picked amateurs have been allowed to learn these amazing “win smart/win ugly” secrets that practically guarantee you will always be in serious contention in every race you enter (even if it’s your first one). Now, with the unexpected release of this “top secret” information, you can rocket from raw rookie to *respected mega-skilled winner* almost immediately! Best of all, you can check it out yourself for **FREE** if you like...

By Leo Costa, Jr.

Dear Fellow Motocross Junkie,

If you’ve ever wanted to “crack the code” on the secret skills that keep the best pro’s in the winner’s circle year after year... and do it *fast*, so you can start riding like a pro *almost immediately*... then this will be the most exciting thing you ever read.

**Here’s the story:** Every good rider knows there are just three basic things behind winning motocross -- (1) decent equipment... (2) keeping your bad ass in top physical shape... and (3) mastering the techniques of excellent riding.

Some guys think they can buy their way to the podium. You’ve seen ‘em. Top-of-the-line gear, mega-buck bike, the works. And they lose every race. Shameful.

Other guys pump weights and suck down nutrient-rich goop like it was soda pop. Still others scour the magazines and TV races for any hint they can find on technique.

**Well, guess what?** The top riders are *keeping a nasty secret from all of you*. Sure, they accept the freebie gear and bikes, and endorse candy bars, and even occasionally “reveal” their favorite tips on handling whoops and turns and tabletops.

**But here's something all the "fat cat" manufacturers and advertisers don't want you to know:** When you finally learn the REAL secrets of blending sports science and "dirt-eating" pro-level skills...

**You Can Win Riding Buck-Naked  
On A Clapped-Out 6-Year-Old Two-Stroke!**

Best of all...

**It's EASY...  
Once You Know The Inside Short-Cut Secrets!**

**Here's what we've got for you:** You probably never heard of Jeff McDonald... but top professional riders sure have. He's been the most sought-after "secret weapon" in motocross for over 10 years now. Riders from all over the world *beg* him for personalized instruction. Yes, even some of the Top 10 European riders (as well as up-and-coming hotshot pro's from Australia, Brazil, South Africa and Asia).

And they come despite the fact that Jeff has NEVER advertised his services. It's all word-of-mouth. One pro whispering to another.

Why do the best in motocross seek Jeff out? It's simple. He's the ONLY instructor who has taken *real racing experience*, and merged it with *cutting edge sports science*... to create the first hyper-effective rider/bike/technique holistic approach to winning races.

Yeah, that's a mouthful. **Here's what it means:**

- Jeff was a pro racer for 5 long years, back in the heady "evolutionary period" of motocross (from 1983 to 1987). Even young riders still talk about that period -- it was when the sport finally evolved completely from "iron-man" type endurance races (you and your heavy, kidney-thrashing bike against natural terrain)... to the types of wicked tracks and sleek machines everyone takes for granted today.
- Against some of the best of the best, Jeff won a major state championship in the 500cc Pro Class in 1983, and went on to be a Top-10 competitor at the national level in '84 and '85. He's still an "**A Level**" rider today, and competes regularly at major motocross events.
- Jeff almost left the sport for good at age 26 to get a degree in exercise sports science at Oregon State (where he also became strength and conditioning coach)... but was forced to come back to motocross as a teacher when the demands for his secrets became too hot-and-heavy to ignore. For over 10 years, he's been "The Source" for helping riders of every size, shape, experience level, and age to become MONSTERS on the track.

And yet... he's still a mystery man to most riders. The reason: The professionals simply *do not want to share these secrets* with you or anyone else.

If they could, they would lock Jeff up someplace where no "civilians" could ever find him. Don't be shocked... but... there are several pro's you read about in all the mags who *owe their success* to what Jeff taught them. They ain't talking, of course -- it would blow their image.

So they really, really, *really* want these secrets to stay secret.

Well, Jeff said "to heck with that". He now believes it's time to share what he knows with every rider who has the cojones to learn it.

And don't be intimidated by the fact these are pro-level tactics. The bottom line is, you can learn these secret skills and techniques almost immediately...

- No matter how out-of-shape you are now...
- No matter what your current skill-level is (in fact, it's almost *better* if you're a raw rookie beginner, because you won't have to un-learn any of your bad habits)...
- And no matter what kind of bike you're now riding, or what sort of courses or terrain you're tackling.

It's astonishingly *easy*... the secrets are simple to "get"... and, best of all...

### **You Can See Everything For FREE If You Choose!**

**Here's the deal:** We took Jeff and a couple of his students (with their favorite bikes), plus a couple of trucks full of Hollywood-quality cameras and sound equipment down to a secret super-nasty track near the Oregon border. (Shh -- don't tell the BLM.) There, we shot 3 entire days worth of video -- capturing nearly every single detail of Jeff's "professional lessons" on becoming a faster and more efficient rider. He explains it, and then you SEE it as the bikes take on the course. It's the **ONLY** way to learn fast.

Then we went back to the editing bay, and "condensed" those 3 days of tape into **one killer video tape** that is already sending shock waves through the motocross world. What Jeff reveals in this video will *instantly* make you a faster and more efficient rider, in any condition you race in.

This means you'll suddenly have faster lap times... have more energy throughout the race than you ever believed possible (while everyone else is wheezing and gasping after 10 minutes)... and you will finally **win races**.

Yes, even against stronger, more experienced and better equipped opponents.

Here's a taste of what you're about to learn:

- ✓ What to look for in the “launch pad” behind the gate -- so you get out quicker, and find your perfect line around the first turn *ahead of everyone else!*
- ✓ **How to “read” the dirt, mud and ruts just like a hard-core pro!** (Stop being rudely *surprised* on every turn.)
- ✓ How to use nasty-ass ruts to your *advantage* -- to gain speed, pass other riders in a blink (or force them outside) and slash minutes off your total time!
- ✓ **Clutch control secrets for maximum traction in any kind of dirt!** (Plus -- the ONE simple clutch tactic you must use to be first out of the gate! Even most pro's don't know this secret!)
- ✓ How to use simple pivot and alignment tactics on the bike to keep your stamina at peak levels... and **finally be the MASTER of your bike!** (*Easy*, once you see how overlooked grip techniques and better forearm angles take the stress out of “fighting” with your bike.)
- ✓ How to use your *size* to total advantage! (Jeff is 6'4" -- usually considered a huge disadvantage in motocross. This “disadvantage” forced him to study bio-mechanics, which led him to many of his most sought-after “advantages”. Doesn't matter if you're a squirt, still growing, light or heavy on the pegs... Jeff will *quickly* show you how to eliminate *all* problems and use your size to gain speed and agility on the track.)
- ✓ **Instantly eliminate drift and bogging from too-wild clutch/throttle useage!** (The most *common* mistake rookies make... which murders your chances of winning! Easy fix.)
- ✓ **Braking around corners for maximum traction!** (Hint: Stay back in the seat and use your weight to come forward, over the tank, and unload as you carry your speed through each corner.) Crucial stuff for serious riders, explained in such simple terms you will understand *instantly*. (And be able to use it *tomorrow!*)
- ✓ **Instantly pick your best line through any dirt with just a glance** (even if you come up on new ruts unexpectedly)! Most rookies guess, and pay dearly. Pro's know how to always hit the best lines... *and now you will, too!*
- ✓ **When your instincts are *dead wrong!*** (Don't put your foot down on most banks, for example. It “seems” wrong to your brain, but the first time you rail

through and stay ahead of the pack, you'll understand this and other critical winner's tactics.)

- ✓ **Pro warm-up secrets no one told you about!** (*Instantly* reduce your risk of injury... be loose and totally juiced all through the race... and get after it with precious "deep fuel" energy and *super-focused attention* right out of the gate!)
- ✓ Wicked "body English" positioning secrets that will save energy, increase control like crazy!
- ✓ How to crank out maximum distance off jumps... and totally avoid harsh landings while maintaining *maximum control* of your bike! (Very cool suspension secrets than separate the pro's from the amateurs.)
- ✓ **How to create blocks and pass guys in a blur during the race!**
- ✓ Incredible *speed secrets* that help the pro's "make it all look easy". (Because, once you know the secrets... it really IS easy!)

And a ton more. **How to make corrections in mid-air** (by using the "gyro" motion of your tires)... how to "load" your suspension to "pogo" over big jumps... **when to stand up in whoop sections**... where to look *beyond the gate* for faster starts... and way too much more to explain here.

You already know motocross is the most physically demanding sport in the universe.

Well... here, finally, are the **pro-level secrets** that will instantly help you harness your energy, keep you fully-juiced and strong all through the race... while you use your new skills and tactics to *blow everyone else off the track*. World-class riders have paid Jeff outrageous fees to learn this exact information. It's the KEY to winning motocross.

Want to see this amazing video for yourself? You can... *without risking a penny*.

**Here's what to do now:** Just call our offices at **1-800-000-0000**, and tell whoever answers you want "Jeff McDonald's Killer Motocross Secrets" video. The price is just \$69, and you can use your credit card. Or, if you prefer to pay with a check or money order (payable to OHP), just fill out and mail the Priority Order Coupon at the end of this article with your payment to: OHP Motocross, 000 S. Acequia, Visalia, CA 99999. Your video will be rush-shipped to you immediately.

You do not risk a penny by ordering now. Why? Because you are covered by a super-generous...

**6-Month 100% Money-Back  
Guarantee!**

**Here's how it works:** Order the video. Watch it, use it, treat it as your own. If you are not *completely blown away* by what you've learned, after 6 months (plenty of time to check out everything for yourself on the track)... then I INSIST you return the video to us (in any condition) for a fast refund of your purchase price. No questions asked. No hassles, either.

We've been in the sport-intensive "video teaching" business for over 15 years now. (Maybe you've seen our articles in Golf Digest, Black Belt, Men's Journal, or Muscle & Fitness.) We guard our reputation like a bulldog guards his home. If you're not happy, we're not happy. The address you mail to is our office, here in the heart of Visalia. Stop by anytime. We're fans of the sport, just like you.

**You must order right away, however.** This is the FIRST TIME in the history of motocross that anyone has tried to share this type of insider information like this. It's a risk for Jeff -- if he catches too much "heat" for revealing these secrets, he may just go back to being a highly-paid personal trainer.

Therefore, we have only duped 300 of these videos for this first run. When they sell out -- which should happen almost immediately -- we'll see where we stand before duping any more. This batch may be the ONLY videos that get distributed. So don't delay. *Call or write today, while it's on your mind.*

Remember -- you do not risk a penny. If you decide to return the video for a fast refund within your 6-month "check it out" period, you will have seen ALL these secrets for FREE. That's how confident I am of Jeff's stuff. I think you're gonna flip over what you discover. I think it's gonna change your life, overnight.

You've spent a small fortune on bikes and gear already. Why not float *just a few dollars more* for the insider secrets of world-class motocross riding that will increase your enjoyment of the sport... and help you slaughter the competition at races? This is how you earn respect, awards and notoriety.

Call now. Don't get left out. And go get dirty just like the pro's.

Leo

**P.S.** Almost forgot -- I will also send you a super-cool FREE BONUS if you order as soon as you get this magazine. It's a special audio tape interview we did with Jeff called "**Moto-Mind Mojo**"... and he spills the beans on how the pro's get *mentally ready* for a race. Laser-sharp focus. Quick decisions. An animal "killer instinct" for winning against all odds. It's an amazing peek into how the top riders think... and it's yours *free*, to keep even you change your mind later about the video.

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Priority Order Coupon

[ ]YES! Please rush me this amazing video, so I can devour these insider secrets on winning motocross races! I understand I have a no-risk 6-month 100% Money-Back Guarantee... and I get to keep the bonus audio tape no matter what. That's just too generous to pass up. Here's how I want to pay:

[box]

Here's What Pro's Are Saying:

Brad Hagseth, 2001 Canadian National Motocross Champion: "The training has helped me be much more aggressive on the course, especially in demanding events like the arenacross. Since Jeff MacDonald is a seasoned rider himself, he has the gift of taking his knowledge and experience and translating it DIRECTLY to the sport of motocross. He knows exactly what it takes to be strong and win!"

Dana Hansen, former flat track racing pro, consultant for Roseberg Cycle Center: "I used to do brutal 3 hour desert races and with Jeff's training, I was able to ride faster, harder and with much less fatigue."

Kelly Smith, Factory MX Pro: "Jeff MacDonald's training enables me to perform at my best right off the bat when I'm on the track. I don't need to get into rhythm while riding because I am ready and warmed up before I climb on the bike."

Ryan Terlecki, Top MX Pro: "The physical endurance I've gotten from Jeff's training has given me an edge over other pro riders, especially in the long motos!"