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Jump Start to Project:Yourself
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You are the master of your destiny. You can influence, direct and control your own environment. You can make your life what you want it to be.

—Napoleon Hill (Think and Grow Rich)
Welcome to the Project: Yourself Tribe!

You and a tribe of like-minded individuals are about to embark on a journey to uncover the reality hacks within and around you... to start reinventing your ideal reality.

Project: Yourself is about action—not some cryptic philosophy.

Whether you want to make a bigger impact at work, seek liberating wealth, better health, a loving relationship, or simply become a better version of yourself, the power is now at your fingertips—and within YOU. The sole objective of this journey is to empower you to access this immense potential whenever you need it.

YOU CAN HAVE EVERYTHING YOU’VE EVER WISHED FOR IN LIFE!
The Root Power to Getting What You Want

This awesome geometric design is called the Sri Yantra or Sri Chakra. It’s a 12,000 year-old tool that literally has the power to unlock everything that lies deep inside of you.

Looking at it, let your mind wander for just a second…**what is it that you want MOST in your Life?** What is it that drives you to do the next thing in your life? Think about that, write it in the box below…and HOLD onto it.

**What I Want Most!**
Projecting yourself is powerful—it will deeply and profoundly change the way you live and perceive life.

The 9 Levels of Project:Yourself can, and will, help you create your perfect life. This isn't about “manifestation” or the “law of attraction.” This is about digging deeply into the confines of yourself and tapping into the superhuman powers that have, until now, slept dormant within you.

*Forget about “manifesting” what you want in life— you have to CREATE what you want!* 

This nine-level process will take you on a journey of getting to know and work with your inner and outer self to really create and live a life of true abundance.
World Famous Re-inventers of Reality

Many of the world’s “most successful” consciously and even unconsciously tap into these practices. Here are but a few examples…

The King of Weird! Napoleon Hill had a lot of ‘out there ideas…like mental meetings with ‘invisible counselors’ and subconscious mind tricks and his most outrageous concept, sexual transmutation. As you’ll see, these practices wield incalculable power.

Nikola Tesla was one of history’s greatest scientists and inventors. In addition to being a super genius, Tesla also believed in a form of intangible ‘Sexual Energy,’ which he claims was responsible for much of his drive and inspiration.

Marie Curie was the Nobel prize-winning physicist and chemist, was a pioneer in the field of radioactivity. In addition to promoting the use of radium to alleviate suffering, she was also an avid researcher of paranormal phenomena and forces invisible to the naked eye.
Best known for inventing the sewing machine, Elias Howe used lucid dreaming to mastermind his idea. It is said he dreamed of Red Indians attacking another Indian camp. They were firing arrows, and some arrows pierced the tents, snagged threads, and drew the threads through with the tips of the arrows creating large loops of loose thread. When he woke up, he rushed to his workshop... and the rest is history. Even though he had been working on the needle for years, the lucid dream let him see the obvious.

Helen Keller was a blind and deaf author and political activist who spent her life campaigning for social issues like women’s suffrage and labor rights. Despite her handicap, she was known to describe profound transcendent mind experiences where she connected with the “flame of eternity” in her soul.

Leonardo Da Vinci, who was arguably one of the most talented people who ever lived, was a rational scientist; yet he also drew ‘divine’ inspiration from his own non-dogmatic interpretation of a Higher Power.

One of the 20th century’s most revolutionary thought leaders, Richard Buckminster Fuller observed the fundamental truths of reality and ultimately reconstructed an intuitive understanding of geometry from the ground up.
Harnessing the Power of the Sri Yantra

Th Sri Yantra, also known as the “Mandala of Wisdom,” is an ancient Hindu-Buddhist symbol that literally translates to “Instrument of Creation.”

This geometric pattern is actually thought of as an instance or occurrence of the deepest laws of Mother Nature, versus a symbol, per se. As you can see, it’s made of several concentric figures (squares, circles, lotus petals, triangles and a center point). The point (or bindu) at the center of the Yantra signifies unity, bliss, “the origin”, or pure consciousness.

The word “Yantra” is Sanskrit and literally translates to device, gadget, mechanism or “Something of instrumental value.” In the next nine levels you’re going to learn and experience first-hand how you can use the Sri Yantra as a visual device to create everything you want in life. The energy and power contained within this image is limitless!

“In you, as in each human being, there is a dimension of consciousness far deeper than thought. It is the very essence of who you are.”

— Eckhart Tolle
The Sri Yantra Effect

Appearances of the Sri Yantra and its effects have been discovered and studied the world over and the findings are awe-inspiring!

Recently, Russian scientists from Moscow University used an EEG to see whether staring at a Sri Yantra actually does anything to a person. They discovered, just looking at the Sri Yantra induces altered cerebral activity in your mind...ultimately leading you into a state of meditation or self-hypnosis.

Source: http://www.sriyantrareserach.com/References/Kulaichev%20control.pdf

The great Egyptian pyramids have stood as one of the classic Seven Wonders of the World since the Middle Ages. In fact, the Great Pyramid of Giza is the only structure on the ancient list of seven wonders still standing today.

In 1997 R.K.S. Muthukrishnan discovered that the Sri Yantra is the basis of the great Egyptian pyramids. Using fractal mathematics, he established that the base triangles of the Egyptian pyramids are equal in angular measurements to those of the Sri Yantra.

Source: http://malleeswarimuthukrishnanarts.biz/aboutuss.html
A massive Sri Yantra was created by Bill Witherspoon in 1990, along with his son and a group of friends in a remote alkali lake bed in Oregon. They chose the location for its beauty, remoteness and the fact that very few ranchers ever went out there and inscribing in the barren surface would not destroy vegetation or the surface of the earth. Upon completion, the massive design covered over 40 acres, was a 1/4 mile wide, consisted of 13.3 miles of lines, each 10 inches wide and scored to a depth of 3 inches into the earth. It was so massive the central point, or bindu, was large enough to live in. Remarkably, binoculars and a simple hand plow were the only tools used to create this massive image—all in a span of 10 days.

Years of study led Witherspoon to the realization that the art of the Sri Yantra was in fact a powerful technology. After completion it was reported that the energy of the area and the quality of the actual physical environment had improved, people reported feeling energetic peacefulness, harmony with nature and advanced intuition when they were in the middle of the design. Physically, the soil started showing signs of increased fertility and resiliency and the entire 50 miles of the valley started seeing an increase in rainfall. All of these enhanced environmental factors led to increased vegetation and the appearance of animal species never seen there before.

It was as if the design of the Sri Yantra had started the ball of creation in motion in that dry, remote Oregon valley!

Even Hollywood is tapped into the Sri Yantra. In the movie, “The Last Mimzy,” children use the Sri Yantra as a portal to the future.
Involution vs. Evolution

Project: Yourself doesn’t just set you off on a one-way path of mono-development. Instead, the beauty of it is that this sacred symbol is the vehicle for both involution and evolution.

**Involution:** What is it that you really want? For example, do you want to make lots of money, find the love of your life, or just live a full and happy life? Are these really the root of your desires? Getting to the absolute source at the root of your desires is important. Write down what you want in the box below and keep it in mind when you start Level One of Project: Yourself.

I want…

Starting Project: Yourself at level one, will allow you to explore and grow your “outer reality” and ultimately get to the heart of what will truly, specifically make you happy (involution.)

**Evolution:** Know what you truly desire, with every fiber of your being? Well, in order to get a lot of money, the love of your life, or an abundant life, you need to act in a way, take specific actions or even draw on certain resources, to get money, love or abundance. In this case start from your “inner reality” and work your way outwards to ultimately evolve in your exploration and realization of how to get what you deeply desire (evolution.)

I truly desire…

“Everyone needs a chance to evolve.”
— Jay-Z
Getting Consciousness Minded

Each level of the Sri Yantra corresponds with a level of human consciousness. For example, the Center of the Sri Yantra (Level 9: Create, also called the Bindu) symbolizes the origin of the Cosmic Consciousness. Get ready to build your consciousness at each level, culminating with projecting yourself through cosmic consciousness!

Drawing on Your Chakra Powers

Along with the visual aspect of the Sri Yantra, you’re going to be drawing power from another layer of the Sri Yantra—the **nine chakras within your body**. Their name derives from the Sanskrit word “wheel” or “turning.”

Chakras can be found in numerous belief systems around the world and are centers of Prāna, life force, or vital energy. Chakras correspond to vital points in your physical body such as the major plexuses of your arteries, veins and nerves. Even though there’s no standard system for chakras, you’ll see many commonalities between them all, such as...

- They form part of your body, along with your breath channels.
- They’re always located along your central channel.
- Two side channels cross the center channel at the location of the chakras.
- They possess a number of ‘petals’ or ‘spokes’...and,
- They are generally associated with a specific sound (mantra) and color.
In addition to having a unique color, sound and location within your body, each of the chakras is also associated with a visual yantra...in this case, the Sri Yantra.

As you move along through each level of Project:Yourself, you’ll be tapping into the power of the chakra that’s associated with each layer of the Sri Yantra, as well as clearing out and revitalizing your vital energy centers along the way.

**Invoking Your Six Senses**

It’s time to invoke your five senses (sight, smell, taste, touch and hearing,) plus your sixth sense of intuition, to achieve a higher state of consciousness, and experience sensations, emotions and ultimately get everything you want out of life!
Tap Those Senses

It’s essential for you to prepare your mind and body before each and every level to be open, receptive and fully engaged to what follows.

Founded thousands of years ago, Pratyahara is composed of two Sanskrit words, “prati” and “ahara” that, when combined, mean “gaining mastery over external influences.” However, it usually translates to “withdrawal from the senses.”

Practicing Pratyahara is a twofold process. It involves withdrawing your five senses from negative external factors, while simultaneously opening up to mentally clear, positive imagery and light. Controlling your senses ultimately frees and strengthens your mind, leaving it available to expend energy where it’s really needed… on creating your ideal reality.

Revisit the Pratyahara exercise any time to you need to get back in touch with your senses and operate at your highest potential.

What did you experience during the Pratyahara exercise?

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Getting Real With Exercises and Meditations

Projecting a new reality is going to take getting and staying in the right state of mindset and physiology. That’s why you’re going to encounter various meditational exercises and techniques and guided meditations as you continue along your journey through the nine levels. Here are some useful tips to get the most out of the experience....

1. Create a balance between being awake and alert, while at the same time, having a relaxed mental state. I know, I know, that sounds like a lot to focus on while you’re going through these exercises and meditations. The point is you want to get into a balanced state so you can be a careful observer of your own mind and thoughts. Only then are you truly going to be able to draw on the powerful energies lying dormant inside you.

2. Focus your intentions. Stay focused, with your eyes on the prize, to squeeze out every last iota of energy and power, channeling it toward creating your wants and desires.

3. Stay relaxed. Don’t push yourself, don’t expect instant results… and don’t expect to feel as if you’ve achieved instant nirvana after one try. These aren’t necessarily real indicators of success anyway. Sometimes your greatest gains are going to come from subtle shifts in your energy or reality. Reinventing your reality isn’t going to happen overnight. Altering the very fabric of your reality will come from putting everything you learn over the course of the next nine levels into practice, focusing your intentions and applying every fiber of yourself.

4. Reboot and reload. Did I just say don’t push yourself? Well, DO push yourself when it comes to really digging into all of the information, exercises and meditations to follow!
The 9 Levels of Project: Yourself

Learning to Project Yourself through the 9 Levels of the Sri Yantra is your access and virtual road map to getting everything you want in life. Each level contains the secrets to projecting your untapped inner power and harnessing the power surrounding you so you can reinvent your ultimate reality.

**Level 1: Connect**—supercharges your self-awareness and illuminates a clear path to your inner self. You’ll be preparing your mind and drawing on the powerful forces of forgiveness, gratitude, positivity and good ego within yourself to get your deepest desires.

**Level 2: Fulfill**—empowers your inner self with the clarity to understand, explore, and spark massive change in the outside world. It’s about mastering your desires and channeling your sexual energy into creating the passionate, fulfilling life you crave and sharing your abundance with the world.

**Level 3: Activate**—switches on your dormant “super powers” to turn your deepest, most ambitious desires into reality. This is where you can access the unseen forces of autosuggestion, eating and exercising right, and an advanced breathing technique known as spiral breathing to influence the deepest recesses within you. Ultimately you’ll learn that “being yourself” is going to lead you to your greatest success.

**Level 4: Access**—opens your eyes (and heart) to the people and wisdom that will rocket you toward your desires. You’ll learn how to harness the vital forces of your own enthusiasm and heart to energize yourself into action.
Level 5: Implement—turns you into an unstoppable magnet for attracting those people and wisdom into your reality. Remember, “No man (or woman) is an island.” You’ll learn how the right kind of mastermind group is a powerful tool to aid in creating your new reality, how affirmations bring about tangible results and how a change in your frequency can literally change your life.

Level 6: Protect—renders you invincible against internal and external setbacks holding you back from your destiny. As you master changing your frequency through chanting you’ll be invoking powerful physical protections.

Level 7: Cleanse—flushes out the negative energy and blocks that silently sabotage your every step. On a mental plain, you’ll learn how to control your subconscious mind and reprogram it through lucid dreaming, as well as put the little known power of sacred geometry to practical use. On a physical level, you’ll learn how to “program” your food to obtain cellular-level change in your body. Be prepared to become a virtual Human Satellite Dish, for activating your Third Eye, and channeling all the energy around you into getting what you want.

Level 8: Accomplish—unshackles you from the confines of your current reality, so you are free to begin accomplishing the “impossible.” Getting there will have you going beyond your five senses and diving deeper into the depths of your beliefs and accessing your sixth sense. You’ll also be adding a powerful collaboration adapted from Napoleon Hill, to your arsenal of projection tools.

Level 9: Create—nourishes you with the clarity, knowledge and joy to create anything you want, completing your transformation into an unstoppable Realty Hacker. You’ll be diving into complex concepts like quantum mechanics and exploring the unknown depths of Astrology. Get ready to stand at the “gateway to creation” and tap into the Universe at an Astral level.

Project:Recommendation

Start your exploration and application of the 9 Levels of Project:Yourself, beginning with Level 1: Connect, and continuing through to Level 9: Create.
LEVEL 1-9
LEVEL OF CONSCIOUSNESS

POWER
Illuminates the “power” of each Level of the Sri Yantra.

REAL LIFE
The “real life” application of each Level.

LEARN
Learnings and exercises that get to the nitty-gritty, heart of each Level.

PROJECT: WORK
Ending exercise—a culmination of each Level’s work.

COLOR & ELEMENTS
Color psychology & element infusions that ignite the 6 senses.
“You have great potential for success, but first you must know your own mind and live your own life—then you will find and enjoy that mighty potential. Become acquainted with your inner self and you can win what you want within a time limit of your own choosing. Certain special techniques help you to win the goals of your dearest dreams, and every one of these techniques is easily within your power.”

--Napoleon Hill

WARNING!

Use your new-found powers for good, not evil!