
Name

School

Grade

Subject

All 11 lessons should be taught one week apart in order to maintain program fidelity and for maximum effectiveness. Use this form to specify the date that each lesson was presented to the students. A teacher and principal signature is important if using this form to verify program compliance.

Lesson

Date Presented

1-Introduction to Project ALERT

2-Consequences of Smoking Cigarettes & Marijuana

3-Drinking Consequences and Alternatives

4-Introduction to Pressures

5-Social Pressures to Use Drugs

6-Resisting Internal & External Pressures to Use Drugs

7-Practicing Resistance Skills

8-Inhalant Abuse

9-Review and Practice of Resistance Techniques

10-Smoking Cessation

11-Benefits of Not Using Drugs

Teacher Signature

Date

Principal Signature

Date