

“Freedom: Coming Out Of The Spiritual Closet”



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...Or “How To Respect The Hard Work Of The Authors”

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Now let's learn how to be more successful with spirituality...

Revealing Your Deepest Darkest Secret

Whether you were born into a family line of psychics, or you worked hard and developed psychic abilities through practice, there is a major problem that freshmen mystics inevitably encounter... the people in your life will start to notice something "different" about you.

You need to learn to handle the new enhancements to your life elegantly and introduce your "new" self in a way that strengthens and empowers your relationships, not destroys them. And this is what you're going to learn in this eBook.

As you gain more and more psychic perception, and spirituality becomes a regular part of your life, your family, friends, and significant others will invariably see changes in how you think and act. It's unavoidable, because spiritual abilities like astral projection, clairvoyance, and energy work CHANGE your core personality on both the conscious and unconscious level.

Think about it... when you can view somebody's aura while they speak to you... when you are traveling inter-dimensionally and spending time in new worlds and realities... when you're able to see visions of what could happen in people's futures...

How could you NOT be a different person?

How could people NOT notice the change?

The thing that makes spiritual changes so interesting, is that they usually happen UNCONSCIOUSLY. Your behavior changes in subtle ways over a period of time, until you've changed SIGNIFICANTLY. And all the while, in your mind it may not seem like a big deal.

But it IS a big deal. It will affect your relationships, and EVERY OTHER AREA of your life. This is why it's CRUCIAL to understand this process, and learn how to integrate your spirituality into your reality.

Many spiritual practitioners are genuinely afraid to tell other people their true beliefs and lifestyle. Whether it's because they come from a family of closed-minded religious practitioners, or because they have friends who might ridicule them.

These people are afraid to "come out of the closet", much like some people are hesitant about revealing their sexual orientation to others.

Now, if you're reading this, I'm sure you can relate to this in SOME way. We live in a world that is not accepting, and often torments people just because they have different beliefs and spiritual practices.

On the other hand, if you're reading this and thinking that it's a bit "dramatic" to claim that being open about one's spiritual proclivities is a big step for some people, then you're dead wrong.

There are people who literally MOVE away to other areas of the planet to escape the abuse directed at them by their family and friends. All because they began practicing a different form of spirituality.

What To Expect

The interesting thing about all of this is that it's usually never as bad as people make it out be. In fact, it's often not that big a deal.

When people are afraid of something, they are apt to believe the problem is far worse than it actually is.

After all, it IS possible that your significant others could be understanding, and even happy for you. They

might have the SAME SECRET that YOU do. What a surprise that would be! People all around the world are waking up to real truth, and changing their beliefs and orientations.

So in that case, by coming out of the spiritual closet you might be helping to free somebody ELSE with the same problem.

Now, the other side of the coin is that the people may be very unhappy, and even castigate you for it. Or it could be less severe than that, and they might just have some questions, or be confused as to you how you could've gotten onto the path of "alternative" spirituality. (Which is inevitably going to become mainstream)

No matter which scenario happens, you should feel proud that you've been honest, and are being true to yourself and your world.

Only by admitting that you're psychic, or have strong spiritual tendencies, can you totally accept and harness your powers. If there is any shred of uncertainty or discomfort about your spiritual beliefs, then that will manifest in your practice, and hold you back from achieving your full potential.

Coming Out Of The Shadows

So how do you do it? How do you "come out of the shadows"?

How do you inform the important people in your life that you've adopted, or realized, a new spiritual ideology and practice in your life?

How do you do it in a way that enables you to continue the relationship, possibly even enhance it, or at least minimize the blowback?

The single most powerful thing you can do while coming out of the psychic closet... is to make it clear that your decision makes you happy, and is IMPROVING YOUR LIFE.

By making it sure inside the mind of your recipient that this is a positive addition and change in your life, they'll be MUCH MORE likely to accept it gracefully and understandably.

Generally, when people come out of the closet, or open up and share part of their deepest personality, the audience will only abreact or be abusive when they think that these changes will HURT THEM or make them look bad in some way.

Keeping this in mind, here is a basic exercise for preparing you to get results.

EXERCISE: Preparing To Open Up Safely

- Make a list of all the positive results that coming out of the spiritual closet will bring into your life**

This will motivate you to follow through with this and actually do it.

- Create a second list, detailing all the benefits that spirituality is bringing into your life**

This list is what you'll draw from when educating your listener as to why you're happier with spirituality, and enjoying it. To repeat, when you make it ABUNDANTLY clear that this is a healthy, positive part of your life, others be more likely to embrace it.

- Plan to reveal this truth to your recipient audience in a normal, everyday setting- NOT in any extraordinary circumstance**

By keeping things as normal, and comfortable as possible, there is a higher chance the recipient of the news will take it as “normal”. By keeping things ordinary in the setting and style of chat, you’re also unconsciously communicating that this is a “normal” thing for you.

It’s a mistake to set up some “extraordinary” circumstance for revealing this, because then the recipient or audience will think something’s going on, and it’ll add suspicion into the mix.

For example, if you and the person you want to share with often have evening chats on your patio, then do it there and share as you normally would.

Keep things easygoing, normal, and positive.

- Lastly, after admitting your spiritual inclinations, look the person in the eye, and ASK THEM to be respectful and accepting of your new lifestyle

This final step is a way to turn the tables on them, and put the ball in their court. Simply asking them to be tolerant and RESPECTFUL of you communicates that you’re certain in what you’re doing, and are now going to be observing THEIR behavior, too.

By taking these safety steps, you’re SIGNIFICANTLY increasing the chances for a happy outcome.

If that doesn’t occur, and the people are too closed-minded to accept the new you, then you may want to rethink your social situation and start looking for more likeminded people with which to share your thoughts.

Sometimes it’s just not possible to completely move on and leave family ties behind, but you could increase the quality time you spend with more tolerant and likeminded people.

Why It’s Healthier To Come Out

There are some good reasons why you should go forward with this, and make your spirituality a staple in your life... something you're open to discussing and helping others to understand.

Here's a list of the TOP REASONS why you NEED to come out of the psychic closet.

WHY COME OUT OF THE SHADOWS:

- Mental Health

Keeping something like your core spiritual beliefs a hidden secret is terribly unhealthy. Never admitting or discussing these things can lead to a life full of resentment, despair, and loneliness.

Hiding your beliefs and spiritual practices can also make you constantly worry that the wrong person might find your spiritual books and other such items.

Furthermore, holding back on your real truth is a sure fire way to stunt and prevent any growth happening in certain areas of your psychic spiritual development.

This is like what happened when you were a child, where you would do ANYTHING to fit in and be considered normal by your family and friends. What kind of an expression of intention do you think this might send to your HIGHER SELF?

By trying to repress your spiritual ideology and thoughts, you'll be suppressing your creativity. And that's one of the worst things you could possibly do.

- Psychic Development

An important part of your mystical development is the ability to both give and to receive. This means, if you're constantly trying to hide and suppress your psychic

truth, then you'll be holding back on using your psychic abilities to the best of their ability.

This cannot be emphasized enough. You NEED to express yourself as a psychic. As somebody who receives more information mentally on a regular basis, you'll need a way to outlet your feelings and thoughts just to stay psychologically healthy and happy.

- Emotional Freedom

The biggest thing you'll notice after opening up and expressing the truth of your personal beliefs is that you'll feel an indescribable amount of emotional freedom.

Like taking off a piece of clothing that was too small and cutting off your circulation... you'll feel FREE and LIBERATED once you come out of the spiritual closet.

When you cross the line and begin living your truth, there's no going back. Your life will begin changing for the better.

This new inner-harmony will also affect the people in your life. Those who are out of tune with you will move further away, and those in harmony with you will move closer. And exciting new people who can help you evolve will appear out of nowhere.

While it'll feel great, there will also be a transitional phase of learning to live with this new personality that you're sharing with the world.

Turning A New Leaf

Now let's assume that you've opened up, and your audience is receiving it and processing the news. Now you're free to be yourself and express your true desires and way of living.

Your new life awaits you, and you will find that your psychic and spiritual inclinations are inspired to be active more often and at a higher level.

By turning this new leaf in your life, you're going to discover new opportunities opening up to you.

Your social networking will expand as you feel more comfortable associating with others who are like-minded, and as you explore more spiritual activities and interests.

An old saying... "When a door shuts in a wise man's face, he stops and listens to all the doors and windows that are creaking open all around him." This is how life works.

The above is absolute truth – albeit too simple for most people to understand, let alone put into practice. But this is the way ahead for the aspiring student... the way to mastery!

Your spirituality will blossom more than ever if you allow life to guide you.

Here's a fitting question.

How can you create a deeply rich spirituality, if you're holding back?

It's not possible.

How can you "go for gold" spiritually speaking, if you're hiding your true self and pretending to be someone else?

You can't.

You need to FREE YOURSELF, by freeing up EVERY channel of communication between you and your social circle and personal universe.

Be yourself. Speak your mind. Live honestly.

To successfully move into the next phase of your life, living honestly in The Greater Reality, you need to now take all that old time you used for hiding your spirituality, and replace it with spiritual activities.

So if you were concealing your psychic abilities during the day, it's time now to start using them and letting it be known that you have them.

By taking that old space, and filling it with your new spirituality, you're going to secure it as a normal part of your life.

Here are a couple ideas for cementing your psychic abilities into your new world...

EXERCISE: Activities For A Growing Spirituality

- Join a local psychic circle

A "psychic circle" is a group of spiritual people who meet up, like a book club, to meditate, astral project, or do energy work together. This is a way to begin socializing with the local mystics. By planting roots in your home area, you'll find that your spirituality will become more grounded, and more tangible. Plus, it'll MAJORLY boost your confidence as now you'll have people who have your back, and will sympathize with your "coming out of the closet". Chances are, they all had to do the same things you have done at one time or other.

And beyond this, they'll be willing to help you develop your abilities, by giving you tips and sharing the collective wisdom of the group.

This is a FANTASTIC way to quickly get moving with psychic development.

- Have Reading Parties

If you've got a group of friends who are interested in all things psychic, or may be curious enough to get a reading, then invite them all over your house, and have a local psychic stop by to do group readings... or do the readings yourself.

The key here is to make it fun, so your friends begin moving further into spirituality along with you.

- Become a member of a local meditation center

There are yoga studios and alternative therapy centers ALL OVER the world. This includes Buddhist Vipassana meditation centers, where you can attend training retreats for very little cost.

Begin frequenting these places, and consider taking courses and getting certified as a trainer in something you like. Do it part-time or on the weekends. You may one day develop a side-stream of income, while having a great time.

These places are filled with people who are still getting accustom to the idea of spirituality. Many of them are just like you.

The fastest and MOST POWERFUL way for you to become more confident and comfortable with your spirituality, is to surround yourself with people who are CONFIDENT AND COMFORTABLE with THEIR spirituality.

Parting Thoughts

The key to remember here is that you need to come out of the spiritual closet to free up your emotional and spiritual energies. This will dramatically increase your creativity and psychic abilities.

The easiest way to successfully inform your friends and family that you're psychic, or developing your

spirituality, is by explaining in a normal, ordinary way that you've taken it on, and it's a healthy, positive addition to your life, and that you want them to respect that, or at least agree to differ.

Then, after you've liberated your mind and emotions, and are moving in a new direction... you need to put yourself in social situations where other people are going to be happy and loving toward you for your spirituality.

It's only by following these steps that you're ensuring a successful "coming out of the spiritual closet" that will not only improve your life, but also empower your spiritual development.

If you have any questions or comments, go ahead and write to: SuccessStories@AstralDynamics.com All letters are read by a real live person.

Now, go take the necessary steps for letting your inner light shine!