Honoring Our Heroes This Veterans Day



All Gave Some...



...Some Gave All!

Every year on November 11, our nation pauses to observe Veterans Day, a dedicated time to honor the courage, sacrifice, and commitment of all military veterans who have served in the United States Armed Forces. Originally established as Armistice Day by President Woodrow Wilson in 1919, the holiday marked the exact "eleventh hour of the eleventh day of the eleventh month" when the major fighting of World War I ceased. In 1954, following World War II and the Korean War, President Dwight D. Eisenhower signed legislation renaming it Veterans Day to celebrate American veterans of all wars.

Unlike Memorial Day, which honors those who died while serving, Veterans Day is a thank-you message to all living veterans. It reminds us to actively appreciate their dedication to preserving our freedom. There are many ways to show gratitude to the heroes in our communities. You can attend a local parade, support veteran-focused nonprofits, or simply take a moment to say "thank you" to a colleague or family member who served. Let us always remember that our everyday freedoms are built on their extraordinary dedication.

November in Beantown

A crisp October breeze sweeps down the Charles,
Where rowing shells slice through the amber light.
The historic brick of Beacon Hill is framed
In brilliant canopies of gold and bright.
The Boston Common sheds its summer green,
As crimson leaves blanket the cobblestone.
A college student zips their jacket tight,
While cider steam warms fingers to the bone.
From Public Garden down to Quincy Market's halls,
The spirit of New England comes alive.
~Author Unkown



The Charles River in Fall

THE RESIDENCE at Boylston Place

Residence at Boylston Place

Associates

Amanda Palmieri
Executive Director Specialist

Tiffany Benjamin
Restaurant Operations Director

Andrew Bugbee
Sales and Marketing Director

Samantha DeMar
Reflections and Engagement Specialist

Kelly O'Keeffe
Resident Care Director

George Kuntz
Resident Engagement Director

Moises Martinez
Maintenance Director

Steve Watson
Business Office Director



Embracing Gratitude This November



Give Thanks!

As autumn winds cool the air, November invites us into a unique season of reflection and connection. Nestled between the high energy of Halloween and the busy winter holidays, this month serves as a gentle reminder to slow down, take a deep breath, and focus on what truly matters.

It is a time dedicated to cultivating a spirit of appreciation for the big and small blessings that enrich our lives every day. Practicing gratitude is more than just a polite holiday tradition; it is a powerful way to transform our perspective. Studies show that regularly expressing thanks boosts our emotional well-being, lowers stress, and strengthens the vital bonds we share with our family, friends, and community. Whether it is a warm home, a supportive colleague, or a hot cup of tea on a crisp morning, there is always something to celebrate.

Fun Facts for the Month:

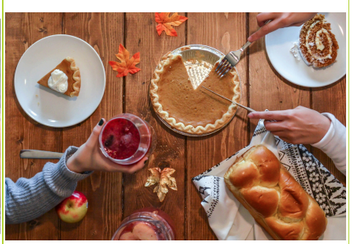
- Ninth, Not Eleventh: November gets its name from the Latin word "*novem*," meaning nine. It was originally the ninth month of the ancient Roman calendar before January and February were added.
- Movember Magic: Beyond Thanksgiving, November is globally recognized as "Movember." During these thirty days, people grow mustaches to raise crucial awareness and funds for men's health issues.
- The First Feast: The historic 1621 harvest celebration between the Pilgrims and the Wampanoag tribe—which inspired modern Thanksgiving—actually lasted for three whole days of eating and games.

As we move through the weeks ahead, let us challenge ourselves to carry this spirit of appreciation daily. Whether you write in a journal, send a thoughtful note, or share reflections around the dinner table, a little gratitude goes a long way.

Good Times | Good Friends| *Great* Care!

NOVEMBER 2026

THE RESIDENCE at Boylston Place

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **Daylight Savings Time Ends** **Happy Birthday Ross B.** **10:00** Virtual Catholic Mass **10:00** Mindful Movement **11:00** Wordle Unlimited **1:00** BroadwayHD Presents **2:00** Barre & Balance **3:00** The Cribbage Tavern **3:00** The Discovery Hour **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**02** **10:00** Resistance Band **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **2:00** Floral Arranging **3:00** Mindful Meditation **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**03** **Election Day** **10:00** Barre and Balance **11:00** Wordle Unlimited **1:00** Creative Writing **1:30** Rummikub Rumble **2:00** Exercise with Sergio **3:00** The Discovery Hour **4:00** Happy Hour & Trivia **4:00** Live: Archie Richards **7:00** Cinema Soirée	**04** **10:00** Wordle Unlimited **11:00** Tai Chi with Arthur **1:00** Mid-Week Matinee **2:00** Barre & Balance **3:00** Beyond the Podiums Discussions **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**05** **10:00** Strength & Stretch **11:00** Biography Series **1:00** Rummikub Rumble **2:00** Move and Groove Fitness **3:00** Anagram Scramble **3:00** Book Lovers Club **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**06** **Happy Birthday Thomas F.** **10:00** Bone Density Lifting **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **1:00** New Resident Welcome **2:00** Local Errands **2:00** Mindful Meditation **3:00** Newsworthy Conversations **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**07** **9:30** Virtual Shabbat Service **10:00** Strength & Tone Session **11:00** Wordle Unlimited **1:00** Chestnut Hill Bingo **2:15** PBS Presents **3:00** Stretch and Balance **4:00** Happy Hour & Trivia **7:00** Cinema Soirée
08 **Diwali** **Happy Birthday Marilyn R.** **10:00** Virtual Catholic Mass **10:00** Mindful Movement **11:00** Wordle Unlimited **1:00** BroadwayHD Presents **2:00** Barre & Balance **3:00** The Cribbage Tavern **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**09** **10:00** Resistance Band **11:00** Rabbi Kummer Text Study **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **2:00** Floral Arranging **3:00** Mindful Meditation **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**10** **10:00** Barre and Balance **11:00** Wordle Unlimited **1:00** Outing: Davis Museum **1:00** Creative Writing **2:00** Exercise with Sergio **3:00** The Discovery Hour **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**11** **Veterans Day** **10:00** Wordle Unlimited **11:00** Tai Chi with Arthur **1:00** Mid-Week Matinee **2:00** Barre & Balance **3:00** Resident Only Council Mtg **3:00** We've Got Stories for That! **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**12** **10:00** Strength & Stretch **11:00** Biography Series **1:00** Rummikub Rumble **2:00** Jeff Todd Lecture Series **2:00** Move and Groove Fitness **2:15** B-Steady Exercise Class **3:00** Anagram Scramble **4:00** Happy Hour & Trivia **6:30** Live After 5: Josh Friedman **7:00** Cinema Soirée	**13** **10:00** Bone Density Lifting **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **1:00** New Resident Welcome **2:00** Local Errands **2:00** REACTNeuro **3:00** Newsworthy Conversations **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**14** **9:30** Virtual Shabbat Service **10:00** Strength & Tone Session **11:00** Wordle Unlimited **1:00** Chestnut Hill Bingo **2:15** PBS Presents **3:00** Stretch and Balance **4:00** Happy Hour & Trivia **7:00** Cinema Soirée
15 **10:00** Virtual Catholic Mass **10:00** Mindful Movement **11:00** Wordle Unlimited **1:00** BroadwayHD Presents **2:00** Barre & Balance **3:00** The Cribbage Tavern **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**16** **10:00** Resistance Band **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **1:00** Outing: Museum of Bad Art **2:00** Floral Arranging **3:00** Mindful Meditation **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**17** **Happy Birthday Arline B.** **10:00** Barre and Balance **11:00** Wordle Unlimited **1:00** Creative Writing **1:30** Debra Block Lecture **2:00** Exercise with Sergio **3:00** The Discovery Hour **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**18** **10:00** Wordle Unlimited **11:00** Tai Chi with Arthur **1:00** Mid-Week Matinee **2:00** Fitness Equipment 101 **3:00** Beyond the Podiums Discussions **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**19** **10:00** Strength & Stretch **11:00** Biography Series **1:00** Rummikub Rumble **2:00** Move and Groove Fitness **2:15** Parkinson's Support Group **3:00** Anagram Scramble **4:00** Happy Hour & Trivia **6:30** Live After 5: Lucas Kamon **7:30** Cinema Soirée	**20** **10:00** Bone Density Lifting **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **1:00** New Resident Welcome **2:00** Local Errands **2:00** Mindful Meditation **3:00** Newsworthy Conversations **4:00** Happy Hour & Trivia **4:00** Live - Clyde Wheatley **7:00** Cinema Soirée	**21** **Happy Birthday Marilyn S.** **9:30** Virtual Shabbat Service **10:00** Strength & Tone Session **11:00** Wordle Unlimited **1:00** Chestnut Hill Bingo **2:15** PBS Presents **3:00** Stretch and Balance **4:00** Happy Hour & Trivia **7:00** Cinema Soirée
22 **10:00** Virtual Catholic Mass **10:00** Mindful Movement **11:00** Wordle Unlimited **1:00** BroadwayHD Presents **2:00** Barre & Balance **3:00** The Cribbage Tavern **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**23** **10:00** Resistance Band **11:00** Rabbi Kummer Text Study **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **2:00** Floral Arranging **3:00** Mindful Meditation **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**24** **Happy Birthday Marcia Z.** **10:00** Barre and Balance **11:00** Wordle Unlimited **1:00** Creative Writing **2:00** Exercise with Sergio **3:00** The Discovery Hour **4:00** Happy Hour & Trivia **6:30** Live After 5: Alice Lee **7:00** Cinema Soirée	**25** **10:00** Wordle Unlimited **11:00** Tai Chi with Arthur **1:00** Mid-Week Matinee **2:00** Barre & Balance **3:00** We've Got Stories for That! **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**26** **Thanksgiving Day** **10:00** Strength & Stretch **11:00** Wordle Unlimited **1:00** Rummikub Rumble **2:00** Move and Groove Fitness **2:15** Bayada's B-Steady Fitness Class **3:00** Thanksgiving Discovery Hour **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**27** **Day after Thanksgiving Day** **10:00** Bone Density Lifting **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **1:00** New Resident Welcome **2:00** Local Errands **2:00** REACTNeuro **3:00** Newsworthy Conversations **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**28** **9:30** Virtual Shabbat Service **10:00** Strength & Tone Session **11:00** Wordle Unlimited **1:00** Chestnut Hill Bingo **2:15** PBS Presents **3:00** Stretch and Balance **4:00** Happy Hour & Trivia **7:00** Cinema Soirée
29 **10:00** Virtual Catholic Mass **10:00** Mindful Movement **11:00** Wordle Unlimited **1:00** BroadwayHD Presents **2:00** Barre & Balance **3:00** The Cribbage Tavern **4:00** Happy Hour & Trivia **7:00** Cinema Soirée	**30** **10:00** Resistance Band **11:00** Wordle Unlimited **1:00** Medici Cinema Symphony **2:00** Floral Arranging **3:00** John Clark Lecture Series **3:00** Mindful Meditation **4:00** Happy Hour & Trivia **7:00** Cinema Soirée					

Our Engagement program is built upon both our residents' interests and our Five Principles for Vitality:
Continued Learning – Arts & Culture – Physical Fitness – Community Connections – Wellness & Self Care

AN LCB SENIOR LIVING COMMUNITY