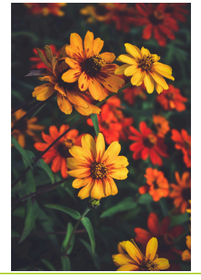
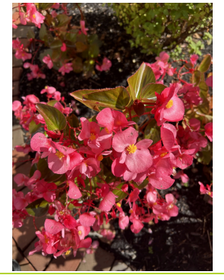
NOVEMBER 2026

THE RESIDENCE at Basking Ridge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **10:15** Yoga For Vitality & Wellness **11:00** Sign Language: Getting Started **11:30** Nail Spa - Polish & Pamper **1:15** Gather & Savor - Cranberry Pinwheel Bites **2:00** Sunday Social Hour **3:00** TED Talk - How Animals Prepare For Winter **4:00** Tai Chi For Balance **6:15** Healthy Living Club **7:00** Board Game Night	**02** **10:15** Stretch & Refresh Our Bodies **11:00** Fall In Bloom: Floral Design **11:30** Monday Morning Brain Boost **1:15** Open Art Studio **2:00** Hot Cider & Conversation **3:00** Under The Sea - Trivia **4:00** Destination FIT Walking Group **6:15** Monday Mindfulness & Meditation **7:00** Documentary: Puff, Wonders Of The Reef	**03** **10:15** Barre & Balance **11:00** Daily Dose Of Positivity **11:30** Picture This! Rebus Puzzles **1:15** Resident Council Meeting **2:00** Autumn Kitchen Creations - Cinnamon Sugar Bites **3:00** Reflection's Recycling **3:45** Stretch, Squeeze, & Strengthen: Our Hands **6:15** Rhythmic Movement With Ribbons **7:00** Adventure: Raiders Of The Lost Ark	**04** **10:15** Cardio Drumming **11:00** Creative Writing Workshop **11:30** Short Story Hour - Small-Town Stories **1:15** From Dough To Design **2:00** Cider, Charcuterie, & Conversation **2:15** Outing - Frelinghuysen Arboretum **3:00** Bingo Bonanza! **4:00** Scarves In Motion - Meet In Music Room **6:15** Sound Bowl Meditation **7:00** Card Club - Hearts	**05** **10:15** Resistance & Resilience With Bands **11:00** Relax & Create - Colors of Fall **11:30** Lucky Roll Dice Challenge **1:15** Fold With Flair - Napkin Creations **2:00** Afternoon Tea & Treats Social **3:00** Special Guest - Jessica **4:00** Volleyball Match **6:15** Barre & Balance **7:00** Boardgame Night	**06** **10:15** Wake Up & Zumba **11:00** Creative Expressions Art Class **11:30** Discover Ghana: Culture & Traditions **1:15** Hand Reflexology Workshop **2:00** Friday Friendship Social **2:15** Outing - Local Farm **3:00** Brain-Boosting Wordplay: Anagrams **4:00** Lights, Camera, Charade! **6:15** Slow Flow & Relaxation **7:00** Drama - Rescued By Ruby	**07** **10:15** Move 'n' Groove Aerobics Class **11:00** Twist, Loop & Create With Yarn **11:30** NY Times Crossword **1:15** Paint And Pour-Acrylics **2:00** Twist & Sip Pretzel Party **3:00** Game Show Frenzy! **4:00** Tai Chi For Mind & Body **6:15** Piano Lessons - Meet In Music Room **7:00** Comedy: YES DAY!
08 **10:15** Yoga For Vitality & Wellness **11:00** Sign Language: Everyday Greetings **11:30** Nail Spa - Polish & Pamper **1:15** Gather & Savor - Loaded Apple Pie **2:00** Sunday Social Hour **3:00** TED Talk - Why Leaves Change Color **4:00** Tai Chi For Balance **6:15** Healthy Living Club **7:00** Board Game Night	**09** **10:15** Stretch & Refresh Our Bodies **11:00** Autumn Arrangements: Floral Design Workshop **11:30** Monday Morning Brain Boost **1:15** Open Art Studio **2:00** Hot Cider & Conversation **3:00** Feathered Friends Trivia **4:00** Destination FIT Walking Group **6:15** Monday Mindfulness & Meditation **7:00** Documentary: Dancing With The Birds	**10** **10:15** Barre & Balance **11:00** Daily Dose Of Positivity **11:30** Picture This! Rebus Puzzles **1:15** Tai Chi For Balance **2:00** Autumn Kitchen Creations - Pumpkin Pie Cups **3:00** Reflection's Recycling **3:45** Stretch, Squeeze, & Strengthen: Our Hands **6:15** Rhythmic Movement With Ribbons **7:00** Adventure: Indiana Jones And The Temple Of Doom	**11** **Veterans Day** **10:15** Cardio Drumming **11:00** Creative Writing Workshop **11:30** A Veterans Day Tribute **1:15** Thank You Cards **2:00** Coffee, Charcuterie, & Conversation **2:15** Outing - Local Library **3:00** Short Story Hour - Unexpected Friendships **4:00** Stars, Stripes & Music **6:15** Sound Bowl Meditation **7:00** Card Club - Pinochle	**12** **10:15** Move, Groove, & Dance Fitness **11:00** Exploring The World Of Color **11:30** Lucky Roll Dice Challenge **1:15** Fold With Flair - Napkin Creations **2:00** Afternoon Tea & Treats Social **3:00** An Afternoon With A Special Animal Guest - Piggy Party **4:00** Volleyball Match **6:15** Barre & Balance **7:00** Boardgame Night	**13** **10:15** Wake Up & Zumba **11:00** Creative Expressions Art Class **11:30** Discover Ghana: Landmarks & Natural Wonders **1:15** Strength & Endurance With Lori Ann **2:00** Friday Friendship Social **2:15** Outing - Alstede Farms **3:00** Brain-Boosting Word Play - Anagrams **4:00** Lights, Camera, Charade! **6:15** Slow Flow & Relaxation **7:00** Drama: Blue Miracle	**14** **10:15** Move 'n' Groove Aerobics Class **11:00** Twist, Loop & Create With Yarn **11:30** NY Times Crossword **1:15** Paint And Pour-Acrylics **2:00** Cranberry Sips & Chips Social **3:00** Game Show Frenzy! **4:00** Tai Chi For Mind & Body **6:15** Piano Lessons - Meet In Music Room **7:00** Comedy: Blue Miracle
15 **10:15** Yoga For Vitality & Wellness **11:00** Sign Language: Useful Words & Phrases **11:30** Nail Spa - Polish & Pamper **1:15** Gather & Savor - Harvest Yogurt Parfaits **2:00** Sunday Social Hour **3:00** TED Talk - Power Of Gratitude **4:00** Tai Chi For Balance **6:15** Healthy Living Club **7:00** Board Game Night	**16** **10:15** Stretch & Refresh Our Bodies **11:00** Fall In Bloom: Floral Design **11:30** Monday Morning Brain Boost **1:15** Open Art Studio **2:00** Hot Cider & Conversation **3:00** Eight Arms Of Wonder - Trivia **4:00** Destination FIT Walking Group **6:15** Monday Mindfulness & Meditation **7:00** Documentary: My Octopus Teacher	**17** **10:15** Barre & Balance **11:00** Daily Dose Of Positivity **11:30** Picture This! Rebus Puzzles **1:15** Tai Chi For Balance **2:00** Autumn Kitchen Creations - Cinnamon Roll Bites **3:00** Reflection's Recycling **3:45** Stretch, Squeeze, & Strengthen: Our Hands **6:15** Rhythmic Movement With Ribbons **7:00** Adventure: Indiana Jones And The Last Crusade	**18** **10:15** Cardio Drumming **11:00** Creative Writing Workshop **11:30** Short Story Hour - The Pie On The Windowsill **1:15** Shape, Mold & Create **2:00** Cider, Charcuterie, & Conversation **2:15** Outing - Great Swamp Wildlife Education Center **3:00** Bingo Bonanza! **4:00** Scarves In Motion - Meet In Music Room **6:15** Sound Bowl Meditation **7:00** Card Club - Bridge	**19** **10:15** Move, Groove, & Dance Fitness **11:00** Exploring The World Of Color **11:30** Lucky Roll Dice Challenge **1:15** Fold With Flair - Napkin Creations **2:00** Afternoon Tea & Treats Social **3:00** Special Guest - Jessica **4:00** Volleyball Match **6:15** Barre & Balance **7:00** Boardgame Night	**20** **10:15** Wake Up & Zumba **11:00** Creative Expressions Art Class **11:30** Discover Ghana: Music & Dance **1:15** Hand Reflexology Workshop **2:00** Friday Friendship Social **2:15** Outing - Gabriel's Fountain **3:00** Brain-Boosting Word Play - Anagrams **4:00** Lights, Camera, Charade! **6:15** Slow Flow & Relaxation **7:00** Drama: Dog Gone	**21** **10:15** Move 'n' Groove Aerobics Class **11:00** Twist, Loop & Create With Yarn **11:30** NY Times Crossword **1:15** Paint And Pour-Acrylics **2:00** Pretzels & Sips Social **3:00** Game Show Frenzy! **4:00** Tai Chi For Mind & Body **6:15** Piano Lessons - Meet In Music Room **7:00** Comedy: The Dig
22 **10:15** Yoga For Vitality & Wellness **11:00** Sign Language: Putting It All Together **11:30** Nail Spa - Polish & Pamper **1:15** Gather & Savor - Cinnamon Doughnuts **2:00** Sunday Social Hour **3:00** TED Talk - The Story Of The Macy's Thanksgiving Day Parade **4:00** Tai Chi For Balance **6:15** Healthy Living Club **7:00** Board Game Night	**23** **10:15** Stretch & Refresh Our Bodies **11:00** Autumn Arrangements: Floral Design Workshop **11:30** November In History Slideshow **1:15** Open Art Studio **2:00** Hot Cider & Conversation **3:00** Trunks & Tusks - Trivia **4:00** Destination FIT Walking Group **6:15** Monday Mindfulness & Meditation **7:00** Documentary: The Elephant Whisperers	**24** **10:15** Barre & Balance **11:00** Daily Dose Of Positivity **11:30** Picture This! Rebus Puzzles **1:15** Tai Chi For Balance **2:00** Autumn Kitchen Creations - Cinnamon-Sugar Twists **3:00** Reflection's Recycling **3:45** Stretch, Squeeze, & Strengthen: Our Hands **6:15** Rhythmic Movement With Ribbons **7:00** Adventure: Indiana Jones And The Kingdom Of The Crystal Skull	**25** **10:15** Cardio Drumming **11:00** Creative Writing Workshop **11:30** Short Story Hour - The Sunday Piano **1:15** Arts & Culture Expressive **2:00** Cider, Charcuterie, & Conversation **2:15** Outing - Great Swamp Wildlife Observation Center **3:00** Bingo Bonanza! **4:00** Scarves In Motion - Meet In Music Room **6:15** Sound Bowl Meditation **7:00** Card Club - UNO	**26** **Thanksgiving Day** **10:15** Move, Groove, & Dance Fitness **11:00** Thankful Tree Creations **11:30** Thanksgiving Traditions Trivia **1:15** Fold With Flair - Napkin Creations **2:00** Gather & Give Thanks Social **3:00** Reflections Recycling **4:00** Thanksgiving Toss **6:15** Turkey Trot Walk **7:00** Boardgame Night	**27** **Day after Thanksgiving Day** **10:15** Stretch & Refresh Our Bodies **11:00** Creative Expressions Art Class **11:30** Discover Ghana: Food & Flavors **1:15** Strength & Endurance With Lori Ann **2:00** Friday Friendship Social **2:15** Outing - Gabriel's Fountain **3:00** Brain-Boosting Word Play - Anagrams **4:00** Lights, Camera, Charade! **6:15** Slow Flow & Relaxation **7:00** Romance: Good Sam	**28** **10:15** Move 'n' Groove Aerobics Class **11:00** Twist, Loop & Create With Yarn **11:30** NY Times Crossword **1:15** Paint And Pour-Acrylics **2:00** Cranberry & Crunch Social **3:00** Game Show Frenzy! **4:00** Tai Chi For Mind & Body **6:15** Piano Lessons - Meet In Music Room **7:00** Comedy: Home Team
29 **10:15** Yoga For Vitality & Wellness **11:00** Beginner Sign Language Class **11:30** Nail Spa - Polish & Pamper **1:15** Gather & Savor - Cinnamon Pinwheels **2:00** Sunday Social Hour **3:00** Bingo Bonanza **4:00** Tai Chi For Balance **6:15** Healthy Living Club **7:00** Board Game Night	**30** **10:15** Stretch & Refresh Our Bodies **11:00** Fall In Bloom: Floral Design **11:30** Monday Morning Brain Boost **1:15** Open Art Studio **2:00** Hot Cider & Conversation **3:00** Purr-fectly Curious Cat - Trivia **4:00** Destination FIT Walking Group **6:15** Monday Mindfulness & Meditation **7:00** Documentary: Inside The Mind Of A Cat					

Our Engagement program is built upon both our residents' interests and our Five Principles for Vitality:
Continued Learning – Arts & Culture – Physical Fitness – Community Connections – Wellness & Self Care

AN LCB SENIOR LIVING COMMUNITY