NOVEMBER 2026

THE RESIDENCE at Pearl Street

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **9:15** Spiritual Wellness **9:30** Tai Chi for Arthritis **10:15** Virtual Catholic Mass **11:00** Smartboard Games **1:00** Music Spotlight **1:30** Watercolor Workshop **2:30** Sundae Bar **3:15** Famous Faces **4:00** Strengthen & Lengthen **6:00** Classic Movie Night	**02** **9:15** Aromatherapy Session **9:30** Upper Body Conditioning **10:15** Current Events **11:00** Zumba **1:00** Music & Memories **1:30** Excursion - Cider Hill Farm **2:00** Flower Arranging **3:15** Reflective Moments - Past Elections **4:00** Lower Body Conditioning **6:00** Movie Night	**03** **9:15** Music Listening Hour **9:30** Barre & Balance **10:15** Election Day Trivia **11:00** Cornhole Tournament **1:00** Short Story Reading **1:30** Bingo **3:15** Hand Massage & Manicures **4:00** Yoga for Vitality **6:00** Travelogue - South Dakota	**04** **9:15** Guided Meditation **9:30** Tai Chi for Arthritis **10:15** Today in History **11:00** Drama Club **1:00** Poetry Studio **1:30** Dice Games **3:15** Music & Memories **3:30** Be Steady **6:00** Blockbuster Movies	**05** **9:15** Mind & Body Stress Workshop **9:30** Light Weight Body Pump **10:15** The Learning Lounge - Milton Bradley **11:00** Crafter's Corner - Button Wreaths **1:00** Finish The Phrase **1:30** Music Listening Hour **2:30** Pearl Street Pub **3:00** Live Entertainment **4:00** Pilates Stretch **6:00** Comedy Movie Night	**06** **9:15** Spiritual Wellness **9:30** Low Intensity Aerobics **10:15** Name That Tune **10:30** Scenic Ride **11:00** Open Art Studio - Wooden Fall Leaves **1:00** Music Spotlight **1:30** Baking Workshop - Brownies **3:15** You Be The Judge **4:00** Barre & Balance **6:00** Famous Films	**07** **9:15** Aromatherapy Session **9:30** Yoga for Vitality **10:15** Family Feud Challenge **11:00** Bingo **1:00** Choir Club **1:30** Jewelry Design Workshop **2:30** Mocktail Social **3:15** Spa Offerings **4:00** Pilates Stretch **6:00** Musical Movie Night
08 **9:15** Spiritual Wellness **9:30** Tai Chi for Arthritis **10:15** Virtual Catholic Mass **11:00** Resident Council **11:00** Smartboard Games **1:00** Music Spotlight **1:30** Watercolor Workshop **2:30** Sundae Bar **3:15** Famous Faces **4:00** Strengthen & Lengthen **6:00** Classic Movie Night	**09** **9:15** Aromatherapy Session **9:30** Upper Body Conditioning **10:15** Current Events **11:00** Zumba **1:00** Music & Memories **1:30** Scenic Ride **2:00** Live Music with Steve O'Connell **3:15** Reflective Moments - Home Remedies **4:00** Lower Body Conditioning **6:00** Movie Night	**10** **9:15** Music Listening Hour **9:30** Barre & Balance **10:15** November Trivia **11:00** Cornhole Tournament **1:00** Short Story Reading **1:30** Bingo **3:15** Hand Massage & Manicures **4:00** Yoga for Vitality **6:00** Travelogue - London	**11** **Veterans Day** **9:15** Guided Meditation **9:30** Tai Chi for Arthritis **10:15** Today in History **11:00** Drama Club **1:00** Poetry Studio **1:30** Name Five **3:15** Music & Memories **4:00** Strength Training **6:00** Blockbuster Movies	**12** **9:15** Mind & Body Stress Workshop **9:30** Light Weight Body Pump **10:15** The Learning Lounge - Garry Marshall **11:00** Resident Council **1:00** Finish The Phrase **1:30** Music Listening Hour **2:30** Pearl Street Pub **3:00** Live Entertainment **4:00** Pilates Stretch **6:00** Comedy Movie Night	**13** **9:15** Spiritual Wellness **9:30** Low Intensity Aerobics **10:15** Name That Tune **10:30** Scenic Ride **11:00** Open Art Studio - Wooden Pumpkins **1:00** Music Spotlight **1:30** Baking Workshop - Cupcakes **3:15** You Be The Judge **4:00** Barre & Balance **6:00** Famous Films	**14** **9:15** Aromatherapy Session **9:30** Yoga for Vitality **10:15** Family Feud Challenge **11:00** Bingo **1:00** Choir Club **1:30** Jewelry Design Workshop **2:30** Mocktail Social **3:15** Spa Offerings **4:00** Pilates Stretch **6:00** Musical Movie Night
15 **9:15** Spiritual Wellness **9:30** Tai Chi for Arthritis **10:15** Virtual Catholic Mass **11:00** Smartboard Games **1:00** Music Spotlight **1:30** Watercolor Workshop **2:30** Sundae Bar **3:15** Famous Faces **4:00** Strengthen & Lengthen **6:00** Classic Movie Night	**16** **9:15** Aromatherapy Session **9:30** Upper Body Conditioning **10:15** Current Events **11:00** Zumba **1:00** Music & Memories **1:30** Excursion - Kitty Cat Cafe **2:00** Flower Arranging **3:15** Reflective Moments - Homemade Recipes **4:00** Lower Body Conditioning **6:00** Movie Night	**17** **9:15** Music Listening Hour **9:30** Barre & Balance **10:15** Knowledge 'Bout Challenge **11:00** Cornhole Tournament **1:00** Short Story Reading **1:30** Bingo **3:15** Hand Massage & Manicures **4:00** Yoga for Vitality **6:00** Travelogue - Spain	**18** **9:15** Guided Meditation **9:30** Tai Chi for Arthritis **10:15** Today in History **11:00** Drama Club **1:00** Poetry Studio **1:30** Card Game Club **3:15** Music & Memories **4:00** Strength Training **6:00** Blockbuster Movies	**19** **9:15** Mind & Body Stress Workshop **9:30** Light Weight Body Pump **10:15** The Learning Lounge - Georgia O'Keeffe **11:00** Crafter's Corner - Decoupage Pumpkins **1:00** Finish The Phrase **1:30** Music Listening Hour **2:30** Pearl Street Pub **3:00** Live Entertainment **4:00** Pilates Stretch **6:00** Comedy Movie Night	**20** **9:15** Spiritual Wellness **9:30** Low Intensity Aerobics **10:15** Name That Tune **10:30** Scenic Ride **11:00** Open Art Studio - Wooden Turkeys **1:00** Music Spotlight **1:30** Baking Workshop - Chocolate Chip Cookies **3:15** You Be The Judge **4:00** Barre & Balance **6:00** Famous Films	**21** **9:15** Aromatherapy Session **9:30** Yoga for Vitality **10:15** Family Feud Challenge **11:00** Bingo **1:00** Choir Club **1:30** Jewelry Design Workshop **2:30** Mocktail Social **3:15** Spa Offerings **4:00** Pilates Stretch **6:00** Musical Movie Night
22 **9:15** Spiritual Wellness **9:30** Tai Chi for Arthritis **10:15** Virtual Catholic Mass **11:00** Smartboard Games **1:00** Music Spotlight **1:30** Watercolor Workshop **2:30** Sundae Bar **3:15** Famous Faces **4:00** Strengthen & Lengthen **6:00** Classic Movie Night	**23** **9:15** Aromatherapy Session **9:30** Upper Body Conditioning **10:15** Current Events **11:00** Zumba **1:00** Music & Memories **1:30** Excursion - Newburyport **2:00** Flower Arranging **3:15** Reflective Moments - Thanksgiving Traditions **4:00** Lower Body Conditioning **6:00** Movie Night	**24** **9:15** Music Listening Hour **9:30** Barre & Balance **10:15** Knowledge 'Bout Challenge **11:00** Cornhole Tournament **1:00** Short Story Reading **1:30** Bingo **3:15** Hand Massage & Manicures **4:00** Yoga for Vitality **6:00** Travelogue - New England	**25** **9:15** Guided Meditation **9:30** Tai Chi for Arthritis **10:15** Today in History **11:00** Drama Club **1:00** Poetry Studio **1:30** Mini Golf Tournament **3:15** Music & Memories **4:00** Strength Training **6:00** Blockbuster Movies	**26** **Thanksgiving Day** **9:15** Mind & Body Stress Workshop **9:30** Light Weight Body Pump **10:15** History of Thanksgiving **11:00** Crafter's Corner - Thankful Tree **1:00** Finish The Phrase **1:30** Music Listening Hour **2:30** Pearl Street Pub **3:00** Live Entertainment **4:00** Pilates Stretch **6:00** Comedy Movie Night	**27** **Day after Thanksgiving Day** **9:15** Spiritual Wellness **9:30** Low Intensity Aerobics **10:15** Name That Tune **10:30** Scenic Ride **11:00** Open Art Studio - Pressed Flower Picture **1:00** Music Spotlight **1:30** Baking Workshop - Croissants **3:15** You Be The Judge **4:00** Barre & Balance **6:00** Famous Films	**28** **9:15** Aromatherapy Session **9:30** Yoga for Vitality **10:15** Family Feud Challenge **11:00** Bingo **1:00** Choir Club **1:30** Jewelry Design Workshop **2:30** Mocktail Social **3:15** Spa Offerings **4:00** Pilates Stretch **6:00** Musical Movie Night
29 **9:15** Spiritual Wellness **9:30** Tai Chi for Arthritis **10:15** Virtual Catholic Mass **11:00** Smartboard Games **1:00** Music Spotlight **1:30** Watercolor Workshop **2:30** Sundae Bar **3:15** Famous Faces **4:00** Strengthen & Lengthen **6:00** Classic Movie Night	**30** **9:15** Aromatherapy Session **9:30** Upper Body Conditioning **10:15** Current Events **10:30** Dancing With Ramon **1:00** Music & Memories **1:30** Excursion - Beverly **2:00** Flower Arranging **3:15** Reflective Moments - Holiday Shopping **4:00** Lower Body Conditioning **6:00** Movie Night					

Our Engagement program is built upon both our residents' interests and our Five Principles for Vitality:
Continued Learning – Arts & Culture – Physical Fitness – Community Connections – Wellness & Self Care

AN LCB SENIOR LIVING COMMUNITY