NOVEMBER 2026

THE RESIDENCE at Boylston Place

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **10:00** Positive News Exchange **10:30** Gym Exercise **11:00** Virtual Catholic Mass **1:30** Sundae Social **2:00** Barre & Balance **3:00** Nostalgic Notes Class **4:00** Hand Massages **6:30** Musical Memories	**02** **10:00** World News Report **10:30** Community Quiz **11:00** Cardio Drumming **1:30** Flower Arranging Workshop **2:30** Mindful Mandalas **3:00** Zumba Dance **3:00** Resident Council **4:00** Chestnut Hill Happy Hour **6:30** Zen Breathing	**03** **10:00** Positive News Exchange **10:30** Tai Chi for Health **11:00** Scenic Excursion **11:00** Glamour & Gloss Manicure **1:30** Poetry Corner **2:00** TED Talks **3:00** Chair Yoga **4:00** Chestnut Hill Happy Hour **6:30** Hymn Sing	**04** **10:00** World News Report **10:30** Light Weight for Strength **11:00** Card Sharks Club **11:30** Italian Bistro **1:30** Seated Soccer **2:00** Afternoon Humor **3:00** Strength & Balance **4:00** Chestnut Hill Happy Hour **6:30** Gratitude Circle	**05** **10:00** Positive News Exchange **10:30** Flow & Flexibility **11:00** Drawing Session **1:00** Bone Builder Exercise **2:00** Guided Meditation **3:00** World Trivia **4:00** Chestnut Hill Happy Hour **6:30** Expressive Art	**06** **10:00** World News Report **10:30** Tai Chi for Health **11:00** PBS Origins **1:30** Intellectual Puzzles **3:00** Sensory Circle **3:15** Deep Stretch Exercise **4:00** Chestnut Hill Happy Hour **6:30** Open Art Studio	**07** **9:30** Virtual Shabbat Service **10:00** Positive News Exchange **10:30** Sun Salutation Exercise **11:00** Sense & Soothe **1:30** Baking Club **2:00** Movie Matinee **3:00** Gentle Yoga **4:00** Watercolor Basics **6:30** Guided Meditation
08 **10:00** Positive News Exchange **10:30** Gym Exercise **11:00** Virtual Catholic Mass **1:30** Cider and Scones **2:00** Barre & Balance **3:00** Nostalgic Notes Class **4:00** Hand Massages **6:30** Musical Memories	**09** **10:00** World News Report **10:30** Community Quiz **11:00** Bayada Mind/Body Fitness **1:30** Flower Arranging Workshop **2:30** Fine Line Drawing **3:00** Zumba Dance **4:00** Chestnut Hill Happy Hour **6:30** Zen Breathing	**10** **10:00** Positive News Exchange **10:30** Tai Chi for Health **11:00** Scenic Excursion **11:00** Glamour & Gloss Manicure **1:30** Poetry Corner **2:00** TED Talks **3:00** Chair Yoga **4:00** Chestnut Hill Happy Hour **6:30** Hymn Sing	**11** **Veterans Day** **10:00** World News Report **10:30** Cardio Drumming **11:00** Card Sharks Club **11:30** Italian Bistro **1:30** Basketball Tournament **2:00** Afternoon Humor **3:00** Strength & Balance **4:00** Chestnut Hill Happy Hour **6:30** Gratitude Circle	**12** **10:00** Positive News Exchange **10:30** Light Weight Exercise **11:00** Drawing Session **1:00** Bone Builder Exercise **2:00** Scrapbooking Workshop **3:00** World Trivia **4:00** Chestnut Hill Happy Hour **6:30** Spiritual Music	**13** **10:00** World News Report **10:30** Tai Chi for Health **11:00** PBS Origins **1:30** The Artists Circle **2:30** Intellectual Puzzles **3:15** Deep Stretch Exercise **4:00** Chestnut Hill Happy Hour **6:30** Open Art Studio	**14** **9:30** Virtual Shabbat Service **10:00** Positive News Exchange **10:30** Sun Salutation Exercise **11:00** Sense & Soothe **1:30** Baking Club **2:00** Movie Matinee **3:00** Gentle Yoga **4:00** Watercolor Basics **6:30** Guided Meditation
15 **10:00** Positive News Exchange **10:30** Gym Exercise **11:00** Virtual Catholic Mass **1:30** Sundae Social **2:00** Barre & Balance **3:00** Nostalgic Notes Class **4:00** Hand Massages **6:30** Musical Memories	**16** **10:00** World News Report **10:30** Community Quiz **11:00** Cardio Drumming **1:30** Flower Arranging Workshop **2:30** Mindful Mandalas **3:00** Zumba Dance **4:00** Chestnut Hill Happy Hour **6:30** Zen Breathing	**17** **10:00** Positive News Exchange **10:30** Tai Chi for Health **11:00** Scenic Excursion **11:00** Glamour & Gloss Manicure **1:30** Poetry Corner **2:00** TED Talks **3:00** Chair Yoga **4:00** Chestnut Hill Happy Hour **6:30** Hymn Sing	**18** **10:00** World News Report **10:30** Light Weight for Strength **11:00** Card Sharks Club **11:30** Italian Bistro **1:30** Seated Soccer **2:00** Afternoon Humor **3:00** Strength & Balance **4:00** Chestnut Hill Happy Hour **6:30** Gratitude Circle	**19** **10:00** Positive News Exchange **10:30** Flow & Flexibility **11:00** Drawing Session **1:00** Bone Builder Exercise **2:00** Guided Meditation **3:00** World Trivia **4:00** Chestnut Hill Happy Hour **6:30** Expressive Art	**20** **10:00** World News Report **10:30** Tai Chi for Health **11:00** PBS Origins **1:30** Intellectual Puzzles **3:00** Sensory Circle **3:15** Deep Stretch Exercise **4:00** Chestnut Hill Happy Hour **6:30** Open Art Studio	**21** **9:30** Virtual Shabbat Service **10:00** Positive News Exchange **10:30** Sun Salutation Exercise **11:00** Sense & Soothe **1:30** Baking Club **2:00** Movie Matinee **3:00** Gentle Yoga **4:00** Watercolor Basics **6:30** Guided Meditation
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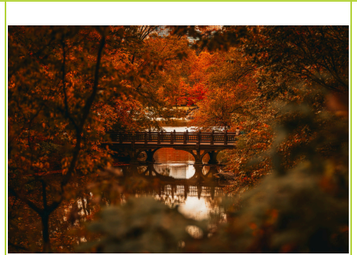
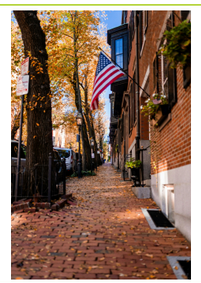
29 **10:00** Positive News Exchange **10:30** Gym Exercise **11:00** Virtual Catholic Mass **1:30** Sundae Social **2:00** Barre & Balance **3:00** Nostalgic Notes Class **4:00** Hand Massages **6:30** Musical Memories	**30** **10:00** World News Report **10:30** Community Quiz **11:00** Cardio Drumming **1:30** Flower Arranging Workshop **2:30** Mindful Mandalas **3:00** Zumba Dance **4:00** Chestnut Hill Happy Hour **6:30** Zen Breathing					

Our Engagement program is built upon both our residents' interests and our Five Principles for Vitality:
Continued Learning – Arts & Culture – Physical Fitness – Community Connections – Wellness & Self Care

AN LCB SENIOR LIVING COMMUNITY