Keys & Cordials: A Piano Bar Affair - Nov. 16th at 6:30pm

Join us for an evening of Broadway magic! Former Noble & Greenough School Music Director, Mike Turner tickles the ivories and serenades us with beloved show tunes in our main lobby. Bask in the warm glow of candles, dim lighting and elegant ambiance while sipping after-dinner cordials, including Baileys, Amaretto, Grand Marnier and a smooth aged Scotch. Sing along and savor an unforgettable evening of music and sophistication, right here at home! Let's kick-off the holidays in grand style.



November Notables

At Penniman Hill, LCB's Five Principles of Vitality come alive through engaging experiences that nourish mind, body, and spirit. From our Renew & Relax Spa Sessions and daily fitness to art workshops, live entertainment and lectures, there's something for everyone. This month look for our Thanksgiving Floral Design Workshop, a cultural Diwali Luncheon Celebration, and a Soap Making Workshop with Vicky. Challenge your mind daily with NYT Crosswords, Wordle, and other brain-building fun. Check our calendar for specific dates, times and locations!

We Salute Our Veterans ...

Veterans Day traces its origins to November 11, 1918, when an armistice ended the figthing of World War I at the eleventh hour of the eleventh day of the eleventh month. Originally known as Armistice Day, it was established to honor those who served in the Great War. In 1954, President Dwight D. Eisenhower signed legislation renaming it Veterans Day, expanding its purpose to recognize all American veterans. On behalf of everyone here at The Residence of Penniman Hill, we thank and honor you!

Join us as we proudly honor the courageous men and women here at The Residence at Penniman Hill who have served our nation. Our Veterans Day Ceremony and Breakfast begins at 9:30am, bringing residents, families, and friends together for a heartfelt tribute of gratitude, remembrance, and patriotism. Please be sure to join us as we celebrate the service and sacrifice of our American heroes.



THE RESIDENCE at Penniman Hill

The Residence at Penniman Hill

Leadership Team

Roberto Costa
Executive Director

Debra Hyson
Senior Sales & Marketing Director

Abby Rose Plourde
Business Office Director

Laura Lefebvre
Reflections Director

Anthony Wallace-Light
Maintenance Director

Ellen Sherman
Customer Experience Coordinator

Erin Barry
Resident Engagement Director

April Boynton
Resident Care Director



Happy Thanksgiving ...



Thanksgiving is a time to reflect on the people who enrich our lives and the blessings we share. At The Residence at Penniman Hill, our greatest reason for gratitude is the wonderful community we call home. Each resident, associate, and family member brings a unique collection of talents, experiences, and traditions that make our community so vibrant and special. Together, we create a place where friendships flourish, laughter is shared, and everyone belongs.

This Thanksgiving, we invite you to gather around our table for a delicious holiday feast prepared by Chef Chrystal and our culinary team. Enjoy traditional roasted turkey with all the fixings and an assortment of holiday favorites. Save room for dessert, featuring classic pies and other sweet treats.

Family and guests are warmly welcomed to join us ($25 per person). Seating is limited, and reservations are strongly encouraged in advance through reception.

From our Penniman Hill family to yours, we wish you a Thanksgiving filled with warmth, gratitude, and togetherness!

NOVEMBER 2026

THE RESIDENCE at Penniman Hill

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **10:00** Chair Yoga **10:30** Comfort Cavalier Visits **11:00** Docuseries: The American Revolution **11:00** Communion Service **1:15** Culinary Creations **2:00** Clubhouse Games **3:15** Active Fitness **4:00** Sip & Socialize **4:30** NE Patriots Game	**02** **10:00** Tai Chi for Arthritis **10:30** Zen Meditation **11:00** Kings in the Corner Cards **11:00** Jeopardy Challenge **1:15** Rummikub **2:00** Biography: Lives Worth Knowing **3:15** Gentle Cardio **4:00** Pub Hour	**03** **10:00** Bayada Fitness **10:00** REACT Neuro Sessions **10:30** Therapeutic Hand Spa **11:00** NYT Wordle **12:00** Diwali Celebration **1:15** Artisan Workshop **2:00** Smartboard Social **3:15** Barre Fitness Session **4:00** Signature Sips **6:00** Vocalist: Paul Coronella	**04** **10:00** Music & Movement **10:30** Guitarist: Matt Browne **10:30** Relax & Renew **11:00** NYT Crossword **1:15** Film Selection Meeting **1:30** Outing: Paul Revere Museum **2:00** Learning Curve Lecture **3:15** Cardio Drumming **4:00** Charcuterie & Cheers **6:00** Evening Classical Piano	**05** **10:00** Barre & Balance **10:30** Artist Led Acrylics Workshop **10:30** Nail Boutique **11:00** Calendar Planning Meeting **2:00** New: Giant Yahtzee **3:15** Balance & Flex **4:00** High Tea: Teas of India **6:00** Resident Led Card Games	**06** **10:00** Cardio Aerobics **10:30** Visualization Meditation **11:00** Local Errands & CVS **11:00** Trivia Challenge **1:15** Courtcase Roundable **2:00** Watercolor Painting **3:15** Tai Chi for Arthritis **3:45** Vocalist: Paul Coronella **4:00** Welcome Social	**07** **10:00** Rhythm & Motion **10:30** Modern Expressive Art Instructor **10:30** Guided Imagery **11:00** Earth Explorers: **1:15** Film Series-Meryl Streep **1:15** Art Expressions Studio **2:00** Curated Games **3:15** Flow & Flexibility **4:00** Treats & Sweets
08 **10:00** Active Fitness **10:30** Pet Therapy with Finn **11:00** Communion Service **1:15** Mindful Color Therapy **2:00** Collective Games **3:00** Chair Yoga **4:00** Mocktails & Conversations **4:30** NE Patriots Game	**09** **10:00** Gentle Cardio **10:30** Beach Visualization **11:00** Trivia Café **11:00** Kings in the Corner Cards **1:15** Rummikub **2:00** Meet The Makers: **2:00** Book Club Meeting **3:15** Tai Chi for Arthritis **4:00** Mix & Mingle	**10** **10:00** Parkinson's Fitness **10:30** Serenity Nail Bar **10:30** Chaboom Fitness **11:00** Snapshots & Stories **11:00** NYT Wordle **1:15** Floral Design Workshop **1:30** Taste & Travel: South Korea **3:15** Barre & Vitality **4:00** Creative Sips **6:00** Vocalist: Paul Coronella	**11** **Happy Birthday Suzanne H.** **Veterans Day** **9:30** Sig Series: Veterans Ceremony & Breakfast **10:00** REACT Neuro Sessions **10:00** Strength & Stability **10:30** A Touch of Tranquility **11:00** NYT Crossword **11:00** St. Paul's Catholic Mass **2:00** Lecture: Birds & Vermin **3:15** DrumFit: Rhythm & Energy **4:00** Veterans Day: Who am I? **4:00** Wine & Cheese Social **6:00** Classical Listening Hour	**12** **Happy Birthday Claudia B.** **10:00** Barre in Motion **10:30** Radiance & Renewal **11:00** NYT Connections **1:15** Creative Studio: **2:00** New: The Hole in One Club **3:15** Tunes & Toning **4:00** Tea & Conversations **6:00** Resident Led Board Games	**13** **10:00** Invigorating Tai Chi **10:30** Guided Meditation Session **11:00** Local Errands & CVS **11:00** Jeopardy Challenge **1:15** Spotlight: Audrey Hepburn **2:00** Soap Making Workshop w/ Vicky **3:15** Cardio Aerobics **3:45** Pianist: Steve Lanzilotta **3:45** Birthday Social	**14** **Happy Birthday Jane P.** **10:00** Flow & Flexibility **10:30** Mantra Meditation **11:00** Biography-Lucielle Ball **1:15** Film Series-Meryl Streep **1:15** Watercolors Studio **2:00** Leisure Pursuits **3:15** Rhythm and Motion Exercise **4:00** Sips & Sweets
15 **9:30** NE Patriots Game **10:00** Chair Yoga **10:30** Comfort Cavalier Visits **11:00** Docuseries: The American Revolution **11:00** Communion Service **1:15** Culinary Creations **2:00** Clubhouse Games **3:15** Active Fitness **4:00** Sip & Socialize	**16** **10:00** Tai Chi for Arthritis **10:30** Zen Meditation **11:00** HealthTalk with Dr. Swaran Goswami **11:00** Kings in the Corner Cards **11:00** Jeopardy Challenge **1:15** Rummikub **2:00** Biography: Lives Worth Knowing **3:00** Guest Speaker: Dana Zaiser **3:15** Gentle Cardio **4:00** Pub Hour **6:30** Live: Keys & Cordials; A Piano Bar Affair	**17** **10:00** Bayada Fitness **10:00** REACT Neuro Sessions **10:30** Therapeutic Hand Spa **11:00** NYT Wordle **1:15** Artisan Workshop **2:00** Smartboard Social **2:00** New: Nearesto Word Challenge **3:15** Barre Fitness Session **4:00** Signature Sips **6:00** Vocalist: Paul Coronella	**18** **10:00** Music & Movement **10:30** Outing: Q Spa-Hingham **10:30** Relax & Renew **11:00** NYT Crossword **11:00** Outing: Pilgrim Hall Museum **1:15** Poetry Reading **2:00** Sig Series: Art Showcase **3:15** Cardio Drumming **3:45** Jazz Trio Concert **4:00** Charcuterie & Cheers **6:00** Evening Classical Piano	**19** **10:00** Barre & Balance **10:30** Open Art Studio **10:30** Signature Glow Ritual **10:30** Watercolor Art Instructor **11:00** NYT Connections **1:15** Digital Word Challenge **2:00** Resident Council Meeting **3:15** Balance & Flex **4:00** High Tea **6:00** Resident Led Card Games	**20** **10:00** Cardio Aerobics **10:30** Visualization Meditation **11:00** Local Errands & CVS **11:00** Trivia Challenge **1:15** Courtcase Roundable **2:00** Watercolor Painting **3:15** Tai Chi for Arthritis **3:45** Violinist: Lynne Canavan **4:00** Gather & Toast	**21** **10:00** Rhythm & Motion **10:30** Guided Imagery **11:00** Biography-Dolly Parton **1:15** Film Series-Meryl Streep **1:15** Art Expressions Studio **2:00** Curated Games **3:15** Flow & Flexibility **4:00** Treats & Sweets
22 **Happy Birthday Sheila A.** **10:00** Active Fitness **10:30** Pet Therapy with Finn **11:00** Communion Service **1:15** Mindful Color Therapy **2:00** Collective Games **3:00** Chair Yoga **4:00** Mocktails & Conversations	**23** **Happy Birthday Fred J.** **10:00** Gentle Cardio **10:30** Beach Visualization **11:00** Trivia Café **11:00** Kings in the Corner Cards **1:15** Cornhole Competition **1:15** Spotlight: Lauren Bacall **2:00** Meet The Makers: **2:00** Book Club Meeting **3:15** Tai Chi for Arthritis **4:00** Mix & Mingle	**24** **10:00** Parkinson's Fitness **10:30** Serenity Nail Bar **11:00** Snapshots & Stories **11:00** NYT Wordle **1:15** Floral Design Workshop **2:00** Pain Management with Bayada **3:15** Barre & Vitality **4:00** Creative Sips **6:00** Vocalist: Paul Coronella	**25** **Happy Birthday Leslie K.** **10:00** REACT Neuro Sessions **10:00** Strength & Stability **10:30** A Touch of Tranquility **11:00** NYT Crossword **1:30** Lecture: Thanksgivings Around the World **2:00** Learning Curve Lecture **3:15** DrumFit: Rhythm & Energy **4:00** Wine & Cheese Social **6:00** Classical Listening Hour	**26** **Thanksgiving Day** **9:00** Macy's Day Parade **10:00** Barre in Motion **10:30** Radiance & Renewal **11:00** NYT Connections **1:15** Creative Studio: **2:00** Movie Matinee: Meet Me in St. Louis **3:15** Tunes & Toning **4:00** Tea & Conversations **6:00** Resident Led Board Games	**27** **Day after Thanksgiving Day** **10:00** Invigorating Tai Chi **10:30** Guided Meditation Session **11:00** Local Errands & CVS **11:00** Jeopardy Challenge **1:15** Court Case Discussion **2:00** Still Life Sketches **3:15** Cardio Aerobics **3:45** Vocalist: Kate Coronella	**28** **10:00** Flow & Flexibility **10:30** Mantra Meditation **11:00** Biography-Helen Mirren **1:15** Film Series-Meryl Streep **1:15** Watercolors Studio **2:00** Leisure Pursuits **3:15** Rhythm and Motion Exercise **4:00** Sips & Sweets
29 **10:00** Chair Yoga **10:30** Comfort Cavalier Visits **11:00** Docuseries: The American Revolution **11:00** Communion Service **1:15** Culinary Creations **2:00** Clubhouse Games **3:15** Active Fitness **4:00** Sip & Socialize	**30** **10:00** Tai Chi for Arthritis **10:30** Zen Meditation **11:00** Kings in the Corner Cards **11:00** Jeopardy Challenge **1:15** Rummikub **2:00** Biography: Lives Worth Knowing **3:15** Gentle Cardio **4:00** Pub Hour					

Our Engagement program is built upon both our residents' interests and our Five Principles for Vitality:
Continued Learning – Arts & Culture – Physical Fitness – Community Connections – Wellness & Self Care

AN LCB SENIOR LIVING COMMUNITY