OUR MISSION

The New York Academy of Medicine advances solutions that promote the health and well-being of people in cities worldwide.

OUR WORK

Established in 1847, The New York Academy of Medicine continues to address the health challenges facing New York City and the world’s rapidly growing urban populations. We accomplish this through our Institute for Urban Health, home of interdisciplinary research, evaluation, policy, and program initiatives; our world class historical medical library and its public programming in history, the humanities, and the arts; and our Fellows program, a network of more than 2,000 experts elected by their peers from across the professions affecting health. Our current priorities are healthy aging, disease prevention, and eliminating health disparities.
To our Fellows, Colleagues, and Supporters:

We are delighted to share with you The New York Academy of Medicine’s 2015 Annual Report, featuring some of the Academy’s key achievements during the past year to improve the health of people in cities through the work of our Institute for Urban Health, home of our research, evaluation, policy, and program initiatives; our Fellows program; and our Library and its Center for the History of Medicine and Public Health.

In 2015, we launched our new look to make our commitment to urban health even more visible. For over 160 years, the Academy has been an integral part of the fabric of this great city, pioneering progress in improving the health conditions of the city so the people who live here lead healthier, longer, and more active lives.

Our Institute for Urban Health made strides advancing the health of New Yorkers in our three priority areas of healthy aging, prevention, and eliminating health disparities. Our Age-friendly New York City Commission, launched under Mayor Bloomberg in 2008, was re-constituted in 2015 under Mayor de Blasio, and we have now reached 44 percent of New York City neighborhoods with Age-friendly initiatives. The series of community needs assessments conducted citywide by our research and policy staff has informed the development of 99 prevention and population health projects that will enhance care for more than 2.5 million Medicaid recipients. We have also continued our groundbreaking research that led to improved pharmacy language translation laws to assist the 25 percent of New Yorkers who are not English proficient.

Our prestigious Fellows program, the foundation on which the Academy was built in 1847, includes over 2,000 individuals elected by their peers from across the health professions. In 2015, the Fellows office launched the Fellows Ambassador program, through which we prepare interested Fellows to engage effectively with a variety of media as requests come in or we see opportunities to provide their expertise. Our Fellows’ Sections continued to lead important
discussions on health and health care through 40 events drawing more than 4,000 participants including major meetings about population health and evidence-based health care; and the Academy provided support to the next generation of health researchers through more than $400,000 in research grants and fellowships.

The Academy is home to one of the most significant historical libraries in medicine and public health in the world, safeguarding the heritage of medicine to inform its future. This year, the Library undertook major conservation and digitization projects to preserve and better disseminate the Academy’s collections, launched a series of public events bridging history, humanities and the arts with contemporary urban health issues, and continued to serve as a unique research and education resource for scholars, students, and the lay public alike.

The staff and Trustees of the Academy look forward to building on this important work in 2016 and beyond. With your support, the Academy continues to grow and innovate to meet the most critical health challenges facing New York City, and to serve as a leader and advisor to cities around the nation and the world.

Jo Ivey Boufford, MD
President

George Thibault, MD
Chairman, Board of Trustees
Improving health through research, evaluation, policy, and practice

CHALLENGE

70%

BY 2050 AN ESTIMATED
70% OF THE WORLD’S POPULATION WILL LIVE IN CITIES

Over half the world’s population lives in cities, and urbanization is increasing in all regions of the world. The Academy’s Institute for Urban Health, the home of its interdisciplinary research, evaluation, policy and program initiatives, works to address the urgent health needs of rapidly growing urban populations. Focusing on the Academy’s priority areas—healthy aging, prevention, and eliminating health disparities—the Institute pursues multi-dimensional answers that consider the social, physical, and economic conditions that impact the health of individuals and the communities in which they live. The Institute bridges the landscape of competing ideas by generating new knowledge through innovative research and evaluation, and by translating data and debate into decisive action and effective policies.

OUR IMPACT

The Academy currently focuses on three of the most important urban health challenges of our day: promoting healthy aging, preventing disease and promoting health, and eliminating health disparities. This year, our research and policy teams made significant progress in these areas by supporting groundbreaking policies and launching new projects and initiatives.

POLICY AND PROGRAMS

CENTER FOR HEALTH POLICY AND PROGRAMS

Through our Center for Health Policy and Programs, we provide evidence-based guidance to public and private sector leaders to help shape policies and programs that promote long, active, healthy lives, and healthy communities.

Age-friendly NYC

Advancing Prevention Project

PHP NYC

DASH-NY

DASH-NYC

Criminal Justice and Drug Policy

RESEARCH

CENTER FOR HEALTH INNOVATION

The Center for Health Innovation works at the intersection of health care delivery and the broader determinants of health.

CENTER FOR EVALUATION AND APPLIED RESEARCH

The Center for Evaluation and Applied Research (CEAR) conducts program evaluations and research to advance the development and implementation of health policies and medical practice.

CENTER FOR COGNITIVE STUDIES IN MEDICINE AND PUBLIC HEALTH

The Center for Cognitive Studies in Medicine and Public Health is a multidisciplinary research center devoted to understanding the decision-making behaviors of health care providers and their interactions with patients.
Making Cities Healthier for Older Adults

Over the next 25 years and beyond, we will see an increase of more than 40 percent in people over 65 living in New York City. They will also be the most diverse generation of older persons in any city in the U.S.

OUR IMPACT

To ensure that New York is a healthy place to live, work, play, and stay engaged as we grow older, the Academy’s Age-friendly New York City initiative, a partnership with the Office of the Mayor and the New York City Council, continued its work to embed age-friendly practices throughout the city by:

• Seating and staffing a new Mayorally appointed Age-friendly NYC Commission to provide a platform for partnerships among government, businesses, academia, and professional and community organizations.

• Advising President Obama on the critical role technology can play in improving the lives of older Americans—our work is included in the President’s Council of Advisors on Science and Technology’s (PCAST) report, “Technology and the Future of Cities.”

• Sharing the recommendations of Age-friendly NYC’s local business initiative with 85,507 businesses employing more than a million people, in partnership with the New York City Business Improvement District Association. The initiative was also cited as a “best practice” by National Area Agencies on Aging.

The Safe Streets for Seniors program (operated by the city’s Department of Transportation) achieved an 11 percent decrease in reducing senior pedestrian fatalities. The program was also highlighted in the recent World Health Organization report on aging and health.
Preventing Disease & Promoting Population Health

CHALLENGE

The leading causes of mortality are now chronic diseases, but 46 percent of deaths in New York State can be prevented through interventions that improve health care and health by increasing opportunities for individuals to eat healthier food, exercise more, and avoid the risks of tobacco and unsafe alcohol and drug use.

46% DEATHS IN NY ARE PREVENTABLE

OUR IMPACT

In 2015, the Academy worked to improve healthy living opportunities for all New Yorkers by:

- Partnering with the New York City Department of Health and Mental Hygiene to launch DASH-NYC, a new multi-sectoral workgroup of experts and advocates in transportation, housing, food systems, and environment, to name a few. Its goal is to identify priorities for City action that improve health and promote health equity for all New Yorkers and share and disseminate their best practices in community-wide interventions for chronic disease prevention.

The Academy engaged community voices in identifying their key health concerns to be addressed in the State’s health care reform. Our Institute for Urban Health conducted citywide community needs assessments that informed the development of 99 prevention and population health projects that will enhance care for more than 2.5 million Medicaid recipients in the NYC metropolitan area under the Medicaid DSRIP reforms in New York State.
• Working with the New York State Department of Health and with support from the New York State Health Foundation, the Academy continues to advance the New York State Prevention Agenda, an ambitious initiative to improve the health of state residents and make NY the healthiest state. We have been providing technical assistance to community coalitions statewide led by hospitals and local health departments to address their priority health problems. To date, there has been notable improvement in many of the Prevention Agenda measures, including:
  - An 8.8 percent reduction in the rate of preventable hospitalizations among adults 18 and over, since 2013.
  - A 6.6 percent drop in tobacco use by New York high school students, since 2013.
• Recognizing the potential of new technologies to revolutionize how health systems perform, the Institute’s researchers produced pioneering work showing how to identify and possibly avoid medical errors linked to technology use by physicians and other care providers in hospitals.
• Employing data analytics and simulation methods, the Institute’s research team assessed the effectiveness of nutrition education and social interaction on healthy food consumption, the health benefits of sodium reduction, and other preventive health measures.

Working with more than 100 partners, coalition and commission members across New York State, the Institute’s Designing a Strong and Healthy New York (DASH–NY) program advanced a 2016 policy agenda that helped bring about important increases in State budget support for environmental justice, the availability of healthy foods and the expansion of health-supporting, non-MTA transportation systems, specifically:
  - The 2016 NYS budget added $7 million to the environmental protection fund.
  - The fund for upstate transit increased by $5 million.
  - More than $800,000 was committed to increasing community access to healthy, fresh foods in NYS.

INFLUENCED THE GOVERNOR’S 2016 BUDGET:

$7,000,000 ENVIRONMENTAL PROTECTION FUND

$5,000,000 PUBLIC TRANSPORTATION

$800,000 ACCESSIBILITY TO HEALTHY FOODS
Reducing Health Disparities

CHALLENGE

One of the characteristics of cities that may be missed by looking at averages for health and other statistics is the wide-ranging health inequities across socioeconomic, cultural and ethnic groups and among certain neighborhoods. Mortality rates, for example, are nearly 30 percent higher in New York City’s poorest neighborhoods and life expectancy can vary up to eight years within a 20-block radius as it does between our own communities of East Harlem to the north and the Upper East Side to the south.

OUR IMPACT

Our work this past year has featured our focus on engaging elected officials and community partners to improve the health and well-being of East Harlem residents. We made progress through the following initiatives:

- Conducting the first East Harlem Health Impact Assessment to provide critical input on how the city’s new affordable housing and development plans can best improve the health of all East Harlem residents.
- Leading the health and the aging working groups for the recent East Harlem Neighborhood Plan and developing recommendations to improve the health of the community and more effectively engage older residents.
- Continuing to chair the Buy East Harlem Committee of the East Harlem Community Alliance to promote economic development of small businesses with an eye to increasing the availability of health options for consumers.
Our second major area of work on disparities has been in the area of drug policy:

- We are now evaluating the impact of the implementation of our groundbreaking research that led to improved pharmacy language translation laws to assist the 25 percent of New Yorkers who are not English proficient.

- We supported legislative expansion of policies promoting Naloxone for the management of overdoses.

- Working with community leaders, we have supported the adoption of municipal level strategies for addressing substance abuse in Ithaca, Buffalo and Albany, as well as the integration of harm reduction programs in Medicaid Health Home care models.
Global Impact

CHALLENGE

While the Academy’s work is primarily focused on NYC and NYS, our presence in a global city positions us well to promote urban health and healthy aging in cities worldwide. As the founder and Secretariat of the International Society for Urban Health (ISUH), the only international organization dedicated to urban health, the Academy is working to address a broad range of issues in cities around the world that are the result of rapid, unplanned urbanization.

90%
MORE THAN 90% OF URBAN POPULATION GROWTH WILL BE IN LOW- AND MIDDLE-INCOME COUNTRIES

OUR IMPACT

At our 2015 ISUH Conference in Dhaka, Bangladesh, we produced the Dhaka Statement on Urban Health in Sustainable Development. The statement was a call to action requesting the “recognition of urban health as a priority in sustainable development,” to be included in the 2015 United Nations Sustainable Development goals—specifically “targets and indicators for the post-2015 development agenda, the Third International Conference on Financing for Development, The United Nations Climate Change Conference, and Habitat III, the 2016 Conference on Housing and Sustainable Urban Development.”

2015 INTERNATIONAL CONFERENCE ON URBAN HEALTH

1,000 PARTICIPANTS
60 COUNTRIES
• As a World Health Organization Collaborating Center on Healthy Aging, Globalization and Urbanization, the Academy, through the work of Age-friendly NYC, submitted case studies for the World Report on Ageing and Health. Safe Streets for Seniors (an Age-friendly NYC initiative) is also cited in the report. In addition, the Academy connected WHO staff to the Senior and Intergenerational Entrepreneurship Global Summit Series organized by Elisabeth Isele.

• To advance the creation of age-friendly communities, Age-friendly NYC provided technical assistance in 2015 to seven cities around the world: Barcelona, Spain; Busan, South Korea; Bristol, England; Johannesburg, South Africa; London and Victoria, Canada; and Rome, Italy.
Leading the conversation in medicine and health

The Academy’s prestigious Fellows program, the foundation on which the Academy was established in 1847, includes more than 2,000 individuals, elected by their peers, from across the medical and health professions, and other disciplines affecting health. Working collaboratively across disciplines and specialties, the Fellows are organized into 19 diverse sections and workgroups that address clinical and population health issues facing individuals and communities in New York City and cities around the world.

A GENERATION OF LEADERS

Academy Fellows and Members are distinguished professionals who embody the highest levels of achievement and leadership in cutting edge research, education, clinical and public health practice, health care delivery and health policy. Through their Sections, Fellows organize events addressing critical health issues and enjoy unprecedented networking opportunities as well as active engagement with staff of the Academy in the work conducted by the Institute for Urban Health and the Library. In 2015, the Academy further strengthened and engaged this group of leaders by:

- Inducting 128 new Fellows and Members, representing an increasingly diverse range of professional fields including nursing, social work, dentistry, public health, and health care administration.
• Establishing the Fellow Ambassadors program to expand the critical role Fellows can play for the Academy as resources to share their experience and expertise with the public through blogging, op-eds, and media interviews.

• Providing more than $400,000 in Awards to distinguished health sector leaders and research grants and fellowships to 26 young investigators to support the advancement of our understanding of clinical and broader determinants of health.

LEADING THE DISCUSSION

The Academy Fellows Office, working with the 18 Fellows Sections and Workgroups, organized 40 events in 2015 that drew more than 4,000 participants and brought together the New York health professions community in discussing and addressing critical issues in health and health care. Events included:

• “Future of Nursing and Medical Education: Technology in the Classroom,” the first in a three-part series hosted by the Academy’s newly established Section on Nursing and sponsored by the Jonas Center on Nursing and Veterans Healthcare.

• The second Evidence-Based Guidelines Affecting Policy, Practice and Stakeholders (E-GAPPS II) Conference presented by the Evidence-Based Health Care Section in association with the Guideline International Network of North America (G-I-N/NA), which brought together 235 national and international professionals and other stakeholders to address the topic, “The Challenges of Implementation.”

• The 2015 Duncan Clark Lecture by Thomas H. Lee, MD, MSc, Chief Medical Officer for Press Ganey and a noted national health care leader and policy expert, on “Engaging Physicians in the Health Care Revolution.”

• Student and Residents’ Nights in Anesthesiology, Dermatology, Social Work, and Urology.

• Five Author’s Nights featuring newly published books by Academy Fellows on topics ranging from medical informatics to healthy aging, including a special evening with former U.S. Health and Human Services Secretary Louis W. Sullivan, MD, discussing his acclaimed memoir *Breaking Ground: My Life in Medicine.*
SUPPORTING THE MISSION

The Fellows Sections and Workgroups also work closely with staff of the Academy’s Institute of Urban Health and its Library on events and conferences focused on improving the health of New Yorkers, including:

- Population Health Summit III: From Innovators to Early Adopters: A Closer Look at Bridging Health Care and Population Health, sponsored by The New York State Health Foundation and featuring a diverse set of national and New York State leaders who shared details of their work, how they were tracking progress, lessons learned, and opportunities to replicate efforts in health systems and primary care settings.

- The Section on Health Care Delivery’s popular Albany Update panel, which focused on progress in New York State health care reform. The keynote speaker was Paul Francis, Deputy Secretary for Health and Human Services.

- Two History of Medicine Nights hosted by the Section for the History of Medicine and Public Health, featuring short talks on the history of medicine in the Early Modern Period and the 19th and 20th Centuries, selected through an open application process.
Learn from the past to inform the future

The Academy is home to one of the most significant historical libraries in medicine and public health in the world, safeguarding the heritage of medicine to inform the future. The Library is dedicated to building bridges among an interdisciplinary community of scholars, educators, health professionals, and the general public, and fills a unique role in the cultural and scholarly landscape of New York City.

PRESERVING THE HERITAGE OF MEDICINE

The Academy has a longstanding commitment to the care of its collections, which contain many of the formative texts of medicine and allied fields from the 16th, 17th, and 18th centuries. Since 1982, the Library’s Gladys Brooks Book and Paper Conservation Laboratory has worked to maintain the best possible conditions for the library’s materials through skilled and ethical item-level conservation treatment, routine collections-care activities, and large-scale preservation actions.

The Library is also committed to preserving history through digitization, which makes its incredible collections visible and accessible to the public, creates opportunities for researchers near and far to explore its resources, and brings new audiences and collaborators to the Library and Academy. Preservation and digitization of the collections continued in 2015 through:

- A project funded by the New York State Department of Education to conserve 42 medical student notebooks from the 19th and early 20th centuries, the first part of a proposed two-year project to assure the preservation of this class of valuable materials.

EVENTS/LECTURES/SERIES

Eating Through Time: Food, Health & History

Garbage and the City: Two Centuries of Dirt, Debris & Disposal

Atlas Obscura After Hours Series

Friends of the Rare Book Room Lecture

The Lilianna Sauter Lecture: From Plants to Pharmaceuticals: Take Bitter Roots for Malaria

The Iago Galdston Lecture: Hypochondria in Early Modern Istanbul

The Invention of Nature: Alexander von Humboldt’s New World
• An 18-month NEH-funded study of the environmental conditions in the “Old Stacks,” which hold the bulk of the journal runs and 19th- and 20th-century monographs, as the first step to planning environmental upgrades—the most important single step an institution can do to preserve its collections.

• A multi-year project supported by the National Endowment for the Humanities (NEH) to provide acid-free enclosures for the Library’s extensive 19th and 20th century health pamphlet collection.

• A major two-year project to produce a digital collection of journals of American state medical societies, with four other medical libraries nationwide and supported by the NEH. The digital copies of the approximately 100 journals, which represent almost every state and encompass over 2,500,000 pages, will be freely available through the Medical Heritage Library, a consortium of historical medical libraries.

SUPPORTING THE MISSION

The Library’s collections are uniquely positioned to support the Academy’s mission of improving health in cities by providing historical context for the health issues that persist today, from epidemics to food safety to drug use, including:

• Partnering with the Academy’s Age-friendly NYC initiative with the Mayor’s Office and City Council to host a four-part reading and discussion group on aging supported by the New York Council on the Humanities.

• Presenting its first yearlong themed programming series, “Eating Through Time,” which was designed in partnership with the Academy’s IUH policy staff and added a historical dimension to current issues in food and health in society, culture, and policy, through lectures throughout the year and a major daylong festival in October headlined by chef Jacques Pépin.
• Hosting a summer lecture series on New York City sanitation history, “Garbage and the City: Two Centuries of Dirt, Debris, and Disposal,” with the Museum of the City of New York and ARCHIVE Global, supported by the New York Council on the Humanities.

INFORMING THE FUTURE

Through a unique combination of research support, customized tours and classes, professional workshops and seminars, and public programming, the Library’s collections and services inform the future by illuminating the past. In 2015, the Library and its Center for the History of Medicine and Public Health served a variety of audiences—from historians and visual artists, to health professionals and medical and humanities students of all ages, to the general public—through:

• Sharing the Library’s collections with thousands of researchers, students, and members of the general public through research and reference support, reproductions, tours, and specialized classes on topics including public health, anatomy, and herbal medicine.

• Offering specialized professional workshops; seminars for the library, historical, and conservation communities; and training and volunteer opportunities in these fields.

• Hosting public programs integrating medicine with history, the humanities, and the arts that reached an audience of over 2,000, including the Eating Through Time series on the history of food and health, the Garbage and the City series with the Museum of the City of New York on NYC sanitation history, the After Hours series with Atlas Obscura featuring themed highlights of the Library’s rare book collections, and the annual History of Medicine lecture series.

• Becoming a hub for the monthly seminars of the Medicine and Health working group of the national Consortium for the History of Science, Technology, and Medicine. The seminars connect younger scholars with senior members of the field, with the aim of improving the quality and scope of their work.

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Lynn Kasner Morgan
Stacey Moriates
Lawson A. Moyer
David Muller
Alan Multz
Charles Murphy
David Musher
National Medical Fellowships
Ilana Newman
Stephen W. Nicholas
David M. Nocenti
Michael North
Stephen Novak
Lynda Olender
Kenneth Ong
June E. Osborn
Lisa O’Sullivan
Sharon Packer
Edmund J. Y. Pajarillo
Christopher Panczner
Timothy Pedley
Ignatius Perkins
Kristin Peterson
Robert Piemonte
Miriam Pinon
Henry Pinsker
Louis Pizzarello
Amy Post
Christina Pressl
Joseph Presto
Leslie Pyenson
Michael Radeos
Shahnaz Radji
David Rankine
Gina Ravosa
Jane Redicker
Donna Regenstreif
Elizabeth Reis
Patricia Remer
Ira Rezak
Hila Richardson
Voza W. Rivers
Dolly Rosen
Benjamin Rosenberg
Doreen Wray Wroth
Ellen Rubin
Richard Ruddy
Alfred Sadler
Benjamin Sadock
Priscilla Sagar
Martin J. Salwen
Moe Thet San
Luticia Santipriya
Guy Scalzi
Robert Scharf
David Schechter
James Scheuer
Scheuer Associates Foundation
Beverly Schlesinger
Sandra Schnaithman
William Schneider
Richard Schwimmer
Sciame Construction, LLC
Elizabeth & Stanley D. Scott Foundation
Christopher Searle
Senior Health Consulting
Martin J. Sepulveda
Eric Shakin
Huntington Sheldon
Seth Shulman
El Hassane Sidibe
Jerome Siegel
May Skinner
Christina Spellman
Suzanne Stevens
William Strider
Sullivan Family Foundation
Elihu Sussman
Paul Teixiera
Paul H. Theerman
Jenn Thomas
Gerald E. Thomson
Henrie Treadwell
Marie Truglio–Londrigan
Gerard Turino
Union Settlement Association
Connie Vance
Paul Visintainer
Rebecca Voaklander
Gregory Washington
Bonnie Webber
John L. and Sue Ann Weinberg Foundation
Audrey Weiner
Linda Weiss
Jeffrey Weiss
Jeffrey S. & Cynthia M. Wiesenfeld
John Wiley & Sons, Inc
Elizabeth Wilk-Rivard
Kriota Willberg
Peter Williams
Gilbert Wise
Ellen Wolf
Michael Wolfe
Paul Wrynn
Marilyn Wyatt
Judith Wylie-Rosett
Elizabeth Young
Richard Younge
Barbara Zeller
GIFTS-IN-KIND
American Symphony Orchestra
Anonymous
Jo Ivey Boufford
Bouley
Children’s Museum of Manhattan
City Winery
Cowgirl SeaHorse
da Umberto
Kerianne & James Flynn
Metropolitan Opera
NY1 News
Sterling Affair
Thalassa Restaurant
The Chamber Music Society of Lincoln Center
Mandarin Oriental

MATCHING GIFTS
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The Altman Foundation

2015 Awards, Grants, Fellowships & Lectures

The Academy has a long tradition of recognizing excellence in achievements in medicine and public health with distinguished awards and funding of new research, fellowships, and lectureships through the generosity of donors who established endowed funds. In 2015, the Academy distributed more than $400,000 in endowed grants and awards. We are honored to acknowledge the Academy’s 2015 award, grant, fellowship, and lectureship recipients.

ACADEMY DISTINGUISHED AWARDS

ACADEMY MEDAL FOR DISTINGUISHED CONTRIBUTIONS IN BIOMEDICAL SCIENCE
Charles L. Sawyers, MD
Chair of the Human Oncology and Pathogenesis Program and Marie-Josée and Henry R. Kravis Chair, Memorial Sloan Kettering Cancer Center

JOHN STEARNS MEDAL FOR DISTINGUISHED CONTRIBUTIONS IN CLINICAL PRACTICE
Diane E. Meier, MD, FACP
Director of the Center to Advance Palliative Care, Vice Chair for Public Policy at the Hertzberg Palliative Care Institute, and Professor of Geriatrics and Palliative Medicine at the Icahn School of Medicine at Mount Sinai

ACADEMY MEDAL FOR DISTINGUISHED CONTRIBUTIONS IN HEALTH POLICY
Margaret A. Hamburg, MD
Former Food and Drug Administration Commissioner

STEPHEN SMITH MEDAL FOR DISTINGUISHED CONTRIBUTIONS IN PUBLIC HEALTH
Alfred Sommer, MD, MHS
Dean Emeritus of the Johns Hopkins Bloomberg School of Public Health and University Distinguished Service Professor, Johns Hopkins University

ACADEMY PLAQUE FOR EXCEPTIONAL SERVICE TO THE ACADEMY
Ruby P. Hearn, PhD
Senior Vice President Emerita, Robert Wood Johnson Foundation
FELLOWSHIPS

THE GLORNEY-RAISBECK FELLOWSHIP AWARD IN CARDIOVASCULAR DISEASES ($70,000)
Adam Castaño, MD
Columbia University Medical Center
“Technetium Pyrophosphate Cardiac Imaging to Determine if Transthyretin Cardiac Amyloidosis Explains Paradoxical Low-Flow Severe Aortic Stenosis”

Amy Kontorovich, MD
Icahn School of Medicine at Mount Sinai
“Modeling Myocarditis with Human Induced Pluripotent Stem Cells”

Joshua Lader, MD
New York University School of Medicine
“Mechanisms of K(ATP) Channel Activation in Adrenergically-Mediated Atrial Fibrillation”

Nathaniel Langer, MD
Columbia University Medical Center
“The Role of Myostatin in Right Ventricular Dysfunction during Pressure Overload”

AUDREY AND WILLIAM H. HELF AND FELLOWSHIP IN THE HISTORY OF MEDICINE AND PUBLIC HEALTH ($5,000)
Laura Robson, PhD
“Using Vesalius: Adapting Images and Transforming Texts in Sixteenth Century Medical Manuals”

PAUL KLEMPERER FELLOWSHIP IN THE HISTORY OF MEDICINE ($5,000)
Heidi Knoblauch, PhD
“Medical Photography, Record Keeping and the Doctor Patient Relationship: The Photographic Department at Bellevue Hospital, 1868–1906”

THE FERDINAND C. VALENTINE FELLOWSHIP AWARD FOR RESEARCH IN UROLOGY ($50,000)
David Golombos, MD
Weill Cornell Medical College
“Mutational Analysis to Predict Prostate Cancer Aggressiveness”

THE NEW YORK ACADEMY OF MEDICINE ACADEMIC RESEARCH AWARD IN DERMATOLOGY PROGRAM ($10,000)
Andrea Suarez, MD
Weill Cornell Medical College
“The Role of SOX10 in Invasive Melanoma”

ENDOWED LECTURES

THE MILLIE AND RICHARD BROCK LECTURE IN PEDIATRICS
Jan Blacher, PhD
Distinguished Professor of Education and UC Presidential Chair in the Graduate School of Education, University of California, Riverside
“The Collateral Effects of Autism on Families: Why Professionals Should Care”

THE DUNCAN CLARK LECTURE
Thomas H. Lee, MD, M.Sc.
Chief Medical Officer for Press Ganey Associates, Inc.
“Engaging Physicians in the Health Care Revolution”

THE HOWARD FOX MEMORIAL LECTURE
Kenneth Tomecki, MD
Staff Physician, Department of Dermatology, The Cleveland Clinic
“What’s New in Dermatological Therapy?”

THE IAGO GALDSTON LECTURE
B. Harun Küçük
Assistant Professor, History and Sociology of Science, University of Pennsylvania
“Hypochondria in Early Modern Istanbul”

THE JOHN K. LATTIMER LECTURE
Steven Shapin, PhD
Franklin L. Ford Professor of the History of Science, Harvard University
“Beef-Eaters: A Cultural History of Food and Identity”

THE THOMAS WILLIAM SALMON LECTURE AND AWARD IN PSYCHIATRY
Bruce S. McEwen, PhD
Alfred E. Mirsky Professor, Harold and Margaret Milliken Hatch Laboratory of Neuroendocrinology, The Rockefeller University
“The Brain on Stress: Epigenetic Mechanism of Brain Plasticity Through the Life Course”

THE LILIANNA SAUTER LECTURE
Abena Dove Osseo-Asare, PhD
“From Plants to Pharmaceuticals: Take Bitter Roots for Malaria”
THE FERDINAND C. VALENTINE LECTURE AND AWARD
Jerry G. Blaivas, MD, FACS
Clinical Professor of Urology, Weill Cornell Medical College; Adjunct Professor, SUNY Downstate; Attending Surgeon, New York Presbyterian Hospital and Lenox Hill Hospital
“Innovation, Serendipity and Falling Through the Cracks”

William C. de Groat, MD
Distinguished Professor, Department of Pharmacology and Chemical Biology, University of Pittsburgh Medical School
“Neuromodulation: Mechanisms of Action in the Treatment of Overactive Bladder”

THE NAHUM J. WINER LECTURE
Jeffrey S. Borer, MD
Professor of Medicine, Cell Biology, Radiology and Surgery at the State University of New York Downstate Medical Center
“Heart Rate Modulation: Is it Therapeutic and if so for Whom?”

STUDENT GRANTS

THE GLORNEY-RAISBECK MEDICAL STUDENT GRANTS IN CARDIOVASCULAR RESEARCH ($4,000)
Christian Piña
Icahn School of Medicine at Mount Sinai
“Effect of Cardiovascular Risk Factors and Statin Use on Plaque Morphology Characteristics and Microembolization Rates during Carotid Revascularization”

THE MARGARET E. MAHONEY FELLOWSHIPS ($4,500)
Hewett Chiu, MPA candidate
NYU Wagner School of Public Service
“Achieving Full Integration: Empowering Community-Based Organizations in Medicaid Reform”

Neal Emery, MD candidate
Columbia University College of Physicians and Surgeons
“From Interferon to Insurance: A Qualitative Analysis of Treatment Barriers Facing People with Hepatitis C”

Michael Fogge, DDS candidate
Columbia University College of Dental Medicine
“Assessment and Mobilization of Community Oral Health Resources in Northern Manhattan”

Jill Humphrey, MPH candidate
Columbia University Mailman School of Public Health
“When Policy Isn’t Enough: Enhancing Effectiveness & Sustainability through Monitoring & Evaluation in the NYC School Vision Program”

Caleb McEntire, MD candidate
Columbia University College of Physicians and Surgeons
“Doc, I Am Trans: An Interactive Story-Based Training Module for Transgender Healthcare”

Baho Sidiqi, BS/MD candidate
Sophie Davis School of Biomedical Education
“Prioritize Health!”

Saeyoan Thirunavukkarasu, MPH candidate
Hofstra University

Roosa Tikkanen, MPH candidate
Harvard TH Chan School of Public Health
“Hospital Community Benefits Revisited: Access to Hospital Care for Minority and Low-Income New Yorkers”

THE DAVID E. ROGERS STUDENT FELLOWSHIP AWARD (FOR MEDICAL AND DENTAL STUDENTS) ($4,000)
Jemma Alarcón
University of California, Irvine School of Medicine
“Inconsistently Wrong: Point-In-Time Homeless Counts in the United States”

Brooke Hyman
University of Maryland School of Medicine
“Prevalence of HIV Infection among Children Born to HIV-Infected Mothers after the Implementation of Option B+ in Rwanda”

Marquis Peacock
University of North Carolina – Chapel Hill School of Medicine
“Utilizing Targeted, User-Experience Driven Online Media to Educate Patients on Cardiovascular Nutrition”

Daniel Riggins
Albert Einstein College of Medicine
“The Influence of Incarceration on Outcomes for Opioid-Dependent Individuals”
Rohini Rau-Murthy
Albany Medical College
“Schenectady Asthma Support Collaborative: A Coordinated Community-Based Approach to Reducing the Burden of Asthma”

Danny Lascano
Columbia University College of Physicians and Surgeons
“Is Fibroblast Growth Factor-23, A Marker of Medical Chronic Kidney Disease, Elevated In Cases of De-Novo Surgical Chronic Kidney Disease?”

Neil Mendhiratta
New York University School of Medicine
“Informing Prostate Biopsy Strategies for Men with Previous Negative Biopsies”

Ifeanyi Onyeji
Columbia University College of Physicians and Surgeons
“Investigation of Nab-Rapamycin for Bacillus Calmette-Guerin Refractory Non-Muscle Invasive Bladder Cancer”

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Health Systems and Policy Research, IBM Corporation

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Arizona State University, Adjunct Professor, Dept.
of Biomedical Informatics, Columbia University; Adjunct
Professor of Health Policy & Research, Weill Cornell
Medical College

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Dean, Albert Einstein College of Medicine of Yeshiva
University

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Former Chairman of the Board, New York City Health and
Hospitals Corporation

Mark L. Wagar
President, Heritage Medical Systems

Jack T. Watters, MD (in memoriam)
The New York Academy of Medicine
Statements of Financial Position
December 31, 2015 with comparison to December 31, 2014

<table>
<thead>
<tr>
<th></th>
<th>DECEMBER 31</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2015</td>
<td>2014</td>
</tr>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
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</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$111,364</td>
<td>$1,051,681</td>
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<tr>
<td>Investments</td>
<td>69,168,235</td>
<td>79,932,154</td>
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<tr>
<td>Contributions and grants receivable</td>
<td>2,033,876</td>
<td>1,675,579</td>
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<tr>
<td>Accounts receivable</td>
<td>125,189</td>
<td>104,358</td>
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<tr>
<td>Prepaid expenses and other assets</td>
<td>349,132</td>
<td>246,285</td>
</tr>
<tr>
<td>Property and equipment, net of accumulated depreciation</td>
<td>10,654,780</td>
<td>11,550,592</td>
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<tr>
<td>Beneficial interest in perpetual trust</td>
<td>199,215</td>
<td>209,650</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$82,641,791</td>
<td>$94,770,299</td>
</tr>
<tr>
<td><strong>LIABILITIES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$872,870</td>
<td>$1,267,873</td>
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<tr>
<td>Deferred income</td>
<td>177,240</td>
<td>252,647</td>
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<tr>
<td>Grants payable</td>
<td>102,251</td>
<td>69,500</td>
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<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>$1,152,361</td>
<td>$1,590,020</td>
</tr>
<tr>
<td><strong>NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>48,640,856</td>
<td>59,430,425</td>
</tr>
<tr>
<td>Temporarily restricted</td>
<td>20,885,579</td>
<td>22,023,004</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>11,962,995</td>
<td>11,726,850</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td>81,489,430</td>
<td>93,180,279</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$82,641,791</td>
<td>$94,770,299</td>
</tr>
</tbody>
</table>
### The New York Academy of Medicine

#### Statements of Activities

**Year Ended December 31, 2015**

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>2015 Total</th>
<th>2014 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Operating Support and Revenues:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Operating support:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contributions</td>
<td>$297,665</td>
<td>$5,326,395</td>
<td>–</td>
<td>$5,624,060</td>
<td>$5,743,040</td>
</tr>
<tr>
<td>Special events revenue (net of direct benefit to donors of $191,257 in 2015 and $211,823 in 2014)</td>
<td>311,633</td>
<td>–</td>
<td>–</td>
<td>311,633</td>
<td>486,997</td>
</tr>
<tr>
<td><strong>Total Operating Support</strong></td>
<td>609,298</td>
<td>5,326,395</td>
<td>–</td>
<td>5,935,693</td>
<td>6,230,037</td>
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<tr>
<td>Operating revenues:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment earnings designated for current operations</td>
<td>7,093,962</td>
<td>–</td>
<td>–</td>
<td>7,093,962</td>
<td>6,974,805</td>
</tr>
<tr>
<td>Subscriptions and fees</td>
<td>1,935,098</td>
<td>54,738</td>
<td>–</td>
<td>1,989,836</td>
<td>1,822,850</td>
</tr>
<tr>
<td>Membership dues</td>
<td>161,530</td>
<td>–</td>
<td>–</td>
<td>161,530</td>
<td>163,999</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>350,049</td>
<td>–</td>
<td>–</td>
<td>350,049</td>
<td>365,320</td>
</tr>
<tr>
<td><strong>Total Operating Revenue</strong></td>
<td>9,540,639</td>
<td>54,738</td>
<td>–</td>
<td>9,595,377</td>
<td>9,326,974</td>
</tr>
<tr>
<td>Net assets released from restrictions for operations</td>
<td>6,209,408</td>
<td>(6,209,408)</td>
<td>–</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td><strong>Total Operating Support, Revenues and Reclassifications</strong></td>
<td>16,359,345</td>
<td>(828,275)</td>
<td>–</td>
<td>15,531,070</td>
<td>15,557,011</td>
</tr>
<tr>
<td><strong>Operating Expenses:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>11,998,132</td>
<td>–</td>
<td>–</td>
<td>11,998,132</td>
<td>11,648,237</td>
</tr>
<tr>
<td>Management and general</td>
<td>5,082,816</td>
<td>–</td>
<td>–</td>
<td>5,082,816</td>
<td>4,624,740</td>
</tr>
<tr>
<td>Fund-raising</td>
<td>669,560</td>
<td>–</td>
<td>–</td>
<td>669,560</td>
<td>649,185</td>
</tr>
<tr>
<td><strong>Total Operating Expenses</strong></td>
<td>17,750,508</td>
<td>–</td>
<td>–</td>
<td>17,750,508</td>
<td>16,922,162</td>
</tr>
<tr>
<td><strong>Decrease from Operating Activities</strong></td>
<td>(1,391,163)</td>
<td>(828,275)</td>
<td>–</td>
<td>(2,219,438)</td>
<td>(1,365,151)</td>
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<tr>
<td><strong>Non-Operating Activities:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Permanently restricted contributions</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>$324,811</td>
<td>324,811</td>
</tr>
<tr>
<td>Change in value of beneficial interest in perpetual trust</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>(10,435)</td>
<td>(10,435)</td>
</tr>
<tr>
<td>Investment losses not designated for current operations</td>
<td>(9,398,406)</td>
<td>(309,150)</td>
<td>(78,231)</td>
<td>(9,785,787)</td>
<td>(4,633,294)</td>
</tr>
<tr>
<td><strong>Change in Net Assets</strong></td>
<td>(10,789,569)</td>
<td>(1,137,425)</td>
<td>236,145</td>
<td>(11,690,849)</td>
<td>(5,806,730)</td>
</tr>
<tr>
<td><strong>Net Assets—January 1</strong></td>
<td>59,430,425</td>
<td>22,023,004</td>
<td>11,726,850</td>
<td>93,180,279</td>
<td>98,987,009</td>
</tr>
<tr>
<td><strong>Net Assets—December 31</strong></td>
<td>$48,640,856</td>
<td>$20,885,579</td>
<td>$11,962,995</td>
<td>$81,489,430</td>
<td>$93,180,279</td>
</tr>
</tbody>
</table>
About the Academy

The New York Academy of Medicine advances solutions that promote the health and well-being of people in cities worldwide.

Established in 1847, The New York Academy of Medicine continues to address the health challenges facing New York City and the world’s rapidly growing urban populations. We accomplish this through our Institute for Urban Health, home of interdisciplinary research, evaluation, policy and program initiatives; our world class historical medical library and its public programming in history, the humanities and the arts; and our Fellows program, a network of more than 2,000 experts elected by their peers from across the professions affecting health. Our current priorities are healthy aging, disease prevention, and eliminating health disparities.