



RESOURCEPAD:

A Guide to Child Resources

East Harlem edition

About ResourcePad

ResourcePad is a product of the East Harlem Action Collaborative for Child Health and Well-being.

The New York Academy of Medicine brings together the trusted voices of resident caregivers, along with direct service providers, technical advisors, and elected and public officials to form the ***East Harlem Action Collaborative (EHAC) for Child Health and Well-being***. Local caregivers identify solutions and put forth recommendations for a better tomorrow for all children. Central to this work is learning about the assets that families leverage to raise healthy children in East Harlem despite systemic barriers.

ResourcePad Features

Since January 2019, the EHAC team has researched childhood resources in East Harlem. ResourcePad features a compilation of services found in existing directories, resources from local community meetings, and resources directly informed by East Harlem residents. ResourcePad features a diverse collection of programs for East Harlem children and families. This document, while comprehensive, does not represent all services offered in East Harlem and is designed for the benefit of the community. *Any service or organization listed in ResourcePad does not constitute or imply the endorsement, recommendation, or favoring of its employees by the New York Academy of Medicine.*

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East Harlem Child Health Services

East Harlem Edition (12/17/19)

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East Harlem Elected Officials

Hon. Diana Ayala
NYC Council member – 8th District
105 East 116th Street
New York, NY 10029
(212)-828-9800

Hon. Gale A. Brewer
Manhattan Borough President
Northern Manhattan Office
431 West 125th Street
New York, NY 10027
(212)-531-1609

Hon. Robert J. Rodriguez
NYS 68th Assembly District
55 East 115th Street
New York, NY 10029
(212)-828-3953

Hon. Jose M. Serrano
NYS 29th Senatorial District
1916 Park Avenue, Suite 202
New York, NY 10037
(212)-828-5829

Hon. Brain Benjamin
NYS 30th Senatorial District
163 West 125th Street, Suite 912
New York, NY 10027
(212)-222-7315

Hon. Adriano Espaillat
US 13th Congressional District
163 West 125th Street, 7th floor
New York, NY 10027
(212)-663-3900

East Harlem Community Centers

Booker T. Washington Learning Center

Community Urban Center
325 East 101st Street

Dewitt Clinton Houses

Cornerstone Community Center
120 East 110th Street

East Harlem Neighborhood Health Action Center

Public Health Department
158 East 115th Street

Isaacs Center/ Johnson Cornerstone

Community Center
1833 Lexington Avenue

Martin Luther King Jr. Towers

Cornerstone Community Center
2 West 115th Street

Thomas Jefferson Recreation Center

Community Center
2180 First Avenue

Corsi Community Center

Community Center
307 East 116th Street

East River Houses

Cornerstone Community Center
404 East 105th Street

Jackie Robinson Houses

Cornerstone Community Center
110 East 129th Street

Lehman Village

Cornerstone Community Center
1605 Madison Avenue

Wager Houses

Cornerstone Community Center
435 East 120th Street

Washington Community Center

Community Center
1775 Third Avenue

NYC Agencies

Administration for Children's Services (ACS).....	(212)-341-0900
Mayor's Community Affairs Unit (CAU).....	(212)-788-7418
Department of Correction (DOC).....	(718)-546-1500
Department of Cultural Affairs (DCLA).....	(212)-513-9300
Department of Education (DOE).....	(718)-935-2000
Department of Health and Mental Hygiene (DOHMH).....	(347)-396-4100
Department of Homeless Services (DHS).....	(212)-361-8000
Department of Probation (DOP).....	(718)-537-5197
Department of Veterans Services (DVS).....	(212)-416-5250
Department of Youth and Community Development (DYCD).....	(800)-246-4646
Fire Department of New York (FDNY).....	(718)-999-2000
Human Resources Administration/ Department of Social Services (HRA/DSS).....	(718)-557-1399
Housing Preservation and Development (HPD).....	(212)-863-7990
Mayor's Office of Immigrant Affairs (MOIA).....	(212)-788-7654
New York City Housing Authority (NYCHA).....	(212)-306-3000
NYC Service.....	(212)-788-7550
New York Domestic Violence Hotline.....	1-(800)-621-4673

Child Development

Child development is centered around programs that allow children to develop skills to increase their autonomy. Such services in this category will provide children and adolescents with a variety of skills centered around their specific development needs.

a. Early Childhood Development

LSA FAMILY HEALTH SERVICES

Parenting & Child Development

Eligibility: Parents with young children (up to age 3)

Location: 333 East 115th St. and home visits

Hours/Scheduling: Monday – Friday 9:00am-5:00pm, Walk-ins & Appointments

Contact: (646)-672-5200

Email: info@lsafhs.org

Description: *A program designed to work with parents to keep young children developmentally on track through home visits and socialization groups. A wide range of services supports and promotes parent empowerment.*

Payment: Services provided regardless of ability to pay, sliding fee scales

Language: English and Spanish

NORTHSIDE CENTER

Therapeutic Early Childhood Center

Eligibility: Families and children with special needs ages 0-8, autism and mental disorders not accepted

Location: Home visits and 35 East 110th St.

Hours/Scheduling: Monday – Friday 8:00am-8:00pm, Saturday 9:30am-3:30pm

Contact: (212)-426-3464 or (212) 347-5311

Description: *Early care and education initiatives to promote nurturing environments where typically developing and special needs children grow in their cognitive, social, literacy and physical development. Support for parents with postpartum depression and parents of children with special needs and psychiatric needs.*

Enrollment: Must be evaluated to receive services, call (212)-342-5311

Payment: Medicaid and Child Health Plus accepted, sliding fee scale and assistance based on need

Language: English, Spanish and Mandarin

Early Intervention Program

Eligibility: Parents and caregivers

Location: Home visits and 35 East 110th St.

Hours/Scheduling: Appointment based

Contact: (212)-426-3461

Description: *Collaborative effort between caregivers, service coordinators, evaluators and the NYC early intervention program to develop individualized family service plans for child development.*

Enrollment: Call to enroll

Payment: Medicaid and Child Health Plus accepted, sliding fee scale and assistance based on need

Language: English and Spanish

CENTER FOR COMPREHENSIVE HEALTH PRACTICE

Early Childhood Development Center

Eligibility: Parents with young children (up to age 3)

Location: Metropolitan Hospital, 1900 Second Ave., 9th Floor

Hours/Scheduling: Monday, Thursday and Friday 9:00am-5:00pm, Tuesday and Wednesday 9:00am-7:30pm

Contact: (212)-360-7803

Description: *Classes that teach the principles of childhood development with on-going support and guidance through a facilitated group setting. Weekly meetings organized by child's birthdate.*

Enrollment: Call to enroll

Payment: Sliding fee scales and assistance based on need

Language: English and Spanish

SHELTERING ARMS

Early Childhood Education & Development

Eligibility: Children and families

Location: 2289 Fifth Ave. and 669 Lenox Ave.

Hours/Scheduling: Scheduled

Contact: (929)-360-0905

Email: CHHReferrals@shelteringarmsny.org

Description: *Beginning from the moment a child is born this program provides hands-on learning and growing innovations for early success with family engagement. Programs for 0-4 years.*

Enrollment: Call or email to enroll

Language: English

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Early Intervention Program

Two locations in East Harlem

Eligibility: Infants and toddlers

Enrollment: Call to enroll

Language: English

Location: Cody Gifford House, 404 East 91st St.

Description: *Early intervention services for disadvantaged infants and toddlers who struggle with severe developmental disabilities or delays and serious medical conditions.*

Hours/Scheduling: Scheduled

Contact: (212)-369-2010

Email: czaccario@a-b-c.org

Location: Keith Haring School, 318 East 116th St.

Hours/Scheduling: Scheduled

Contact: (212)-426-3960

Email: cgould@a-b-c.org

Description: *Nurturing early intervention program that serves children with severe developmental disabilities and delays, are from formerly homeless families or are living with or affected by HIV/AIDS.*

NEW YORK PUBLIC LIBRARY

Variety of programs for East Harlem children

Location: Aguilar Library, 174 East 110th St.

Contact: (212)-534-2930

Website: <https://www.nypl.org/events/calendar?location=6>

Terrific Tots

Eligibility: Children ages 19 months-3 years and their caregivers

Hours/Scheduling: Thursdays at 10:30am

Description: *Storytime for toddlers! Children and their caregivers can enjoy interactive stories, action songs, and fingerplays and spend time with other toddlers in the neighborhood.*

Enrollment: Only 15 slots for each Storytime. Tickets are given out on the morning of on a first come, first served basis

Payment: No cost to families

Language: English and Spanish

Open Play

Eligibility: Children ages birth-5 and their caregivers

Hours/Scheduling: Monday – Saturday 10:00am

Description: *Join us for a library playdate and meet other caregivers as we explore developmentally appropriate play materials in a safe, warm, and joyful environment. Extend your child's learning through play!*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

Baby Bounce

Eligibility: Infants 0-18 months and their caregivers

Hours/Scheduling: Tuesdays at 10:30am

Description: *Even babies use their senses to explore the world! You and your little one are invited to check out different sensory experiences at the library. Babies and caregivers can enjoy interactive stories, action songs, and fingerplays.*

Enrollment: There is a limit of 15 children, tickets are given out the morning of the program on a first come, first served basis

Payment: No cost to families

Language: English and Spanish

b. Youth Development

SHELTERING ARMS

Juvenile Justice Reform

Eligibility: Teenagers

Location: 1966 First Ave.

Hours/Scheduling: Daily

Contact: (929)-360-0905

Email: CHHReferrals@shelteringarmsny.org

Description: *Comprehensive and effective youth rehabilitation. Homes and Programs to help get back on track and discover potential. Services paid through Medicaid.*

Payment: No cost

Language: English

Preparing Youth for Adulthood

Eligibility: Teenagers

Location: 424 East 147th St.

Hours/Scheduling: Daily

Description: *Support for teens in foster care during transition to adulthood.*

Payment: No cost

Language: English

Youth Centers

Eligibility: Teenagers

Hours/Scheduling: Daily

Description: *Centers and homes for young people to be nurtured when there is nowhere else to turn.*

Payment: No cost

Language: English

Youth Homes

Eligibility: Teenagers

Hours/Scheduling: Daily

Description: *Shelter and development opportunities for homeless youth.*

Payment: No cost

Language: English

THE BOYS CLUB OF NY (BCNY)

Variety of programs, contact for full programmatic schedule

Eligibility: Teenage boys

Location: Gerry Clubhouse, 321 East 111th St.

Hours/Scheduling: Monday – Friday 2:30pm-9:00pm

Contact: (212)-534-2661

Email: info@bcny.org

Enrollment: Call to enroll

Payment: Afterschool membership fee of \$5.00

Language: English

Career Prep

Description: *Preparation for post-secondary success. BCNY helps members to become workplace ready by providing training programs, offering workshops to improve interview skills and resume writing.*

Life Skills

Description: *Variety of programs that teach communication, listening, decision-making and leadership skills, as well as what stress is and how to manage it through positive decision-making techniques.*

SMART UNIVERSITY

SMART Youth

Eligibility: Youth ages 13-22

Location: Health Action Center, 158 East 115th St.

Hours/Scheduling: Fridays 4:30pm-6:30pm

Contact: (212)-289-3900

Email: frances.wood@smartuniversity.org

Description: *A peer-designed leadership program that utilizes nutrition education to promote comprehensive health for youth ages 13-22 of all genders and orientations. Each eight-week session of the program includes hands on training in cooking skills and health meal preparation. Participants enjoy the meals while engaging in facilitated discussions about HIV/AIDS education, sexual and reproductive health, LGBTQI rights, and advocacy. Field trips, parties and food provided. For session schedules and more information please contact.*

Enrollment: Call to enroll

Language: English

SCAN NY

WISH (We.I.She.He)

Eligibility: LGBTQ youth

Location: NYCHA developments

Hours/Scheduling: Scheduled weekly

Contact: (212)-289-8030

Email: info@scanny.org

Description: *A community-based program serving the full spectrum of LGBTQ at-risk youth. Based in a NYCHA development, WISH provides a safe environment for socialization, recreation, social services, and support. Young people work to initiate dialogue and confront ignorance, stereotypes and misperceptions.*

Payment: No cost

Language: English

Reach for the Stars

Eligibility: Teens ages 14-18

Location: Various SCAN program locations

Hours/Scheduling: Scheduled

Contact: (212)-289-8030

Email: info@scanny.org

Description: *A college bound program that targets underachieving and under-performing youth. Program is not limited to college-ready students. Program provides counseling, peer support, tutoring, mentoring, test prep, help with applications and financial aid as well as guided tours of colleges. So far 90% of program graduates have earned college acceptance.*

Payment: No cost

Language: English

Young Men's Initiative

Eligibility: Young men (and women) in grades 5-9

Location: SCAN Cornerstone Community Centers

Hours/Scheduling: Scheduled

Contact: (212)-289-8030

Email: info@scanny.org

Description: *This program connects young men and women with a mentor to navigate the transition from middle school to high school. This program supports youth and helps to cultivate positive personal relationships and provides enriching community service involvement.*

Payment: No cost

Language: English

UNION SETTLEMENT

Youth Hub

Eligibility: Youth ages 10-24

Location: Washington Community Center, 1775 Third Ave.

Hours/Scheduling: Daily

Contact: (212)-828-8547

Email: ehyoh@unionsettlement.org

Description: *In partnership with the Manhattan District Attorney's Office, this hub helps prevent youth involvement in the criminal justice system. With more than 25 different social service providers, the hub seeks to foster resilience and prosocial behavior by providing holistic, wraparound services that address academic, social, personal, familial, recreational and vocational needs to youth.*

Enrollment: Contact to enroll

Payment: No cost to families

Language: English and Spanish

Children with Intellectual and Developmental Disabilities

This category features services that target the specific needs of children of all ages with intellectual or developmental disabilities.

CHILDREN'S AID SOCIETY

Deaf & Hard Hearing Services

Eligibility: Children

Location: East Harlem Center, 130 East 101st St

Hours/Scheduling: Every Saturday

Contact: (212)-348-2343

Description: *Deaf and hard of hearing children are welcome to come and enjoy an array of enriching activities that expand their world.*

Language: English and Spanish

NORTHSIDE CENTER

Therapeutic Early Childhood Center

Eligibility: Families and children with special needs ages 0-8, autism and mental disorders not accepted

Location: Home visits and 35 East 110th St.

Hours/Scheduling: Monday – Friday 8:00am-8:00pm, Saturday 9:30am-3:30pm

Contact: (212)-426-3464

Description: *Early care and education initiatives to promote nurturing environments where typically developing and special needs children grow in their cognitive, social, literacy and*

physical development. Support for parents with postpartum depression and parents of children with special needs and psychiatric needs.

Enrollment: Must be evaluated to receive services, call (212)-342-5311

Payment: Medicaid and Child Health Plus accepted, sliding fee scale and assistance based on need

Language: English, Spanish and Mandarin

Recreational & Therapeutic After School Program

Eligibility: Children with special needs ages 5-12

Location: 35 East 110th St.

Hours/Scheduling: Afterschool, 3:00pm-6:00pm

Contact: (212)-426-3449

Description: *A host of creative, athletic and recreational activities designed to ensure the development of motor skills, appropriate socialization, sports skills and fun. Homework help as well.*

Enrollment: Must be evaluated to receive services, call (212)-342-5311

Language: English and Spanish

INCLUDE NYC

Various locations and programs throughout NYC, visit website for details

Eligibility: Children and youth ages birth-26, all disabilities

Website: www.INCLUDEnyc.org

Description: *Variety of programs that focus on providing the essential services for young people with any type of disabilities and their families in NYC. Programs include direct help lines, educational workshops, event fairs for disabled youth, college campus tours, disability conferences and more.*

Payment: No cost to families

Language: English, Spanish and more

Direct Help

Hours/Scheduling: 24/7

Contact: Call (212)-677-4660

Text (646)-693-3175

Description: *Personalized, in-depth advice and support on wide range of disability-related issues.*

Education

Eligibility: Children with disabilities and caregivers of children with disabilities

Description: *Disability workshops and trainings for families and professionals as well as in school programs for children with disabilities to develop social-emotional competencies and life skills.*

Special Events

Eligibility: Children with disabilities and caregivers of children with disabilities

Description: *Special events include, INCLUDEnyc Fair, Outdoors for Autism, Citywide Disability Conference, and College is Possible.*

High School Launch Program

Eligibility: High school students with disabilities

Contact: (212) 677-4650

Description: *Teaches special education students about how to participate meaningfully in their Individualized Education Program (IEP) meetings and advocate for the accommodations they need to be successful in school.*

REECE SCHOOL

Ungraded School for Children with Special Needs

Eligibility: Children with special needs ages 5-14 that can speak

Location: 25 East 104th St.

Hours/Scheduling: Monday – Friday daily school schedule

Contact: (212)-289-4872

Description: *Highly academic elementary special education program for children who need more support than can be provided in a traditional school setting. Students experience small classes and instruction based on their current functioning. Applications online.*

Enrollment: Rolling admissions, number of spots varies on number of applications

Payment: Service provided by DOE, no cost to families

Language: English only

COOKE SCHOOL

Variety of school-based programs for children with special needs

Location: 1713 Madison Ave, location opening fall 2020

Hours/Scheduling: Monday – Friday daily school schedule

Contact: (212)-995-1987

Email: admissions@cookeschool.org

Enrollment: Apply online, space is limited 8-12 students per class

Payment: No cost to families

Language: English and Spanish welcomed, classes conducted in English only

Cooke Grammar School (CGS)

Eligibility: Children with special needs kindergarten-8th grade, all disabilities

Description: *Multi-faceted approach incorporating traditional and innovative methods that address the specific needs of students. Teachers and therapists instruct students in a supportive setting to build on each student's strengths and developmental needs.*

Cooke Academy (CA)

Eligibility: Teenagers with special needs 9th-12th grade, all disabilities

Description: *A specialized high school that meets a critical need in NYC. Superior, individual special education with rigorous academics and integrated therapeutic programs for students to develop academic, social, vocational and adaptive living skills.*

SKILLS

Eligibility: Youth ages 18-21, all disabilities

Description: *A program designed to round out the academic, social, and life skills needed to make the transition from high school to adulthood.*

Cooke Summer Academy

Eligibility: Children and youth ages 5-21, all disabilities

Description: *6-week special education summer program that is designed to reinforce the academic and social skills that were developed in classrooms during the school year.*

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Early Childhood Education

Eligibility: Children ages 3-5 of low-income families, including children with special needs

Location: The Graham School at Echo Park, 1841 Park Ave.

Hours/Scheduling: Scheduled

Contact: (646)-459-6029

Email: mrooney@abc-b-c.org

Description: *With 10 early childhood education rooms as well as home based services a high quality program has been designed to provide East Harlem with quality Early Head Start, Head Start, Preschool special education and Universal Pre-Kindergarten. Breakfast, lunch and play time activities provided. Registration required.*

Enrollment: Contact a family worker, enrollment is yearlong and first come, first served basis

Payment: No cost to families provided low-income requirements are met

Language: English and Spanish

High Risk Preschool

Eligibility: Children ages 3-5 with special needs of low-income families

Location: Cassidy's Place, 419 East 86th St.

Hours/Scheduling: Scheduled

Contact: (212)-845-3821

Email: dsiegler@abc-b-c.org

Description: *Full day of education and supportive services blending Head Start, Preschool special education and UPK. This program is for children of poverty that have serious developmental and medical disabilities as well as those who are homeless, in foster care or have suffered neglect, abuse or violence. Breakfast, lunch and play time activities provided. Registration required.*

Enrollment: Contact a family worker, enrollment is yearlong and first come, first served basis
Payment: No cost to families provided low-income requirements are met
Language: English and Spanish

NEW YORK CENTER AUTISM CHARTER SCHOOL

School of All Grades (K-12)

Eligibility: Children with autism ages 5-21

Location: 433 East 100th St.

Hours/Scheduling: Monday – Friday daily school schedule

Contact: (212)-860-2580

Website: www.nycautismcharterschool.org/

Description: *A public charter school devoted solely to children with autism. This program offers a high quality, well-rounded, functional education that is designed to help children and teens lead productive, meaningful lives with as much independence as possible. Enrollment based on lottery. All are welcome to apply but preference will be given to those with autism.*

Enrollment: Open January-April, and is lottery based

Payment: No cost to families

Language: English and Spanish

DAWINING VILLAGE BY CES

Preschool Classes

Eligibility: Children ages 2-4, including children with special needs

Location: 2090 First Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (212)-369-5315

Description: *Full day care services with specially designed programming designed to meet the needs of children with a developmentally appropriate curriculum. Speech therapy, physical therapy and occupational therapy is provided if necessary. Breakfast, lunch and a snack is provided to all enrolled children.*

Enrollment: Space is limited to 8 spots, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

Universal Pre-Kindergarten (UPK)

Eligibility: Children ages 4-5, including children with special needs

Location: 2090 First Ave.

Hours/Scheduling: Monday – Friday 8:00am-2:20pm

Contact: (212)-369-5315

Description: *Comprehensive childhood education that promotes social-emotional, creative expression as well as physical, cognitive, linguistic and cultural development. Speech therapy,*

physical therapy and occupational therapy is provided if necessary. Breakfast, lunch and a snack is provided to all enrolled children.

Enrollment: Space is limited to 8 spots, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

COMMUNITY EDUCATIONAL SERVICES (CES)

Variety of programs for children with special needs

Location: 2090 First Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (212)-369-5315

Email: communityedservices@yahoo.com

Alternate Interim Bilingual Special Class 12:1:2

Eligibility: Children 3-5

Description: *A special early childhood core curriculum class consisting of students with disabilities. Students are grouped together based on similar individual needs. Supplemental aids and services are incorporated to meet the needs of all students. Each class has 12 students, 1 teacher, and 2 assistants. Available for Spanish and English-speaking children. Breakfast, lunch and a snack are provided to enrolled children.*

Enrollment: Space is limited, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

Special Education Class

Eligibility: Children ages 3-5

Description: *A classroom setting that ensures students master specific skills and concepts in the general education curriculum, as well as ensuring that their special education needs are met. This program helps to master developmental milestones along with the traditional preschool education. Breakfast, lunch and a snack are provided to enrolled children.*

Enrollment: Space is limited, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

Evaluations

Eligibility: Children ages 3-5

Description: *New York State Department of Education approved multidisciplinary evaluations in both English and Spanish for preschool age children. Evaluations include: social history, psychological evaluation, speech evaluation, educational evaluation, occupational therapy evaluation, and physical therapy evaluation.*

Enrollment: Call to schedule

Payment: Service is free and provided by the Department of Education

Language: English and Spanish

Speech and Language Therapy

Eligibility: Children

Description: *Speech and language therapy for students with communication problems, including comprehension and expression.*

Enrollment: Call to schedule

Language: English

Counseling

Eligibility: Children

Description: *Program designed to improve social and emotional functioning in the areas of appropriate school behavior, discipline, self-control and conflict resolution.*

Enrollment: Call to schedule

Language: English

Occupational Therapy

Eligibility: Children

Description: *Occupational therapy that focuses on the daily "occupations" of a child in school. Therapy can help children with various needs improve their cognitive, physical, sensory, and motor skills.*

Enrollment: Call to schedule

Language: English

Physical Therapy

Eligibility: Children

Description: *Physical therapy to improve or restore child's motor functioning.*

Enrollment: Call to schedule

Language: English

Enrichment Activities

Eligibility: Children

Description: *Enrichment activities include creative movement, yoga, art, art farm featuring animal interactions, animal therapy, music, and gardening.*

Enrollment: Included with classroom programs

Language: English

ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI

Seaver Autism Clinical Services

Eligibility: Children, teenagers, and adults with autism

Location: Seaver Autism Center, 1 Gustave L Levy Place (5th Ave between 101 and 98 St.)

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (212)-241-0961

Email: theseavercenter@mssm.org

Description: *Hospital-based research program that provides children, youth and adults with have autism spectrum disorder and related conditions with assessments, evaluation, and psychopharmacological treatment.*

Enrollment: Call to see if eligibility requirements are met

Payment: Offers free services, call for more information

Language: English

Early Education

Early education is focused on children under five years old. This category features day care programs, preschool programs, and universal pre-kindergarten programs for the little ones of East Harlem.

UNION SETTLEMENT

Early Childhood Education/ Day Care

Variety of locations throughout East Harlem listed below

Eligibility: Children ages 2-5

Contact: (212)-828-6052

Description: *All year programs that feature child care as well as Head Start programs and Universal Pre-Kindergarten for all 4 year olds. Conveniently located throughout East Harlem. Healthy breakfast, lunch and snack provided. Capable to support children with special needs.*

Enrollment: Email ece-enrollment@unionsettlement.org to enroll

Payment: Sliding scaled based on ACS

Language: English and Spanish

Location: Franklin Plaza, 2081 Second Ave.

Hours/Scheduling: Monday – Friday 8:00am-4:30pm

Location: Metro North, 304 East 102nd St.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Location: Leggett Memorial, 237 East 104th St.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Location: Pequeno Souls, 114-34 East 122nd St.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Location: Union Carver, 1565 Madison Ave.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Location: Union Johnson, 1829 Lexington Ave.
Hours/Scheduling: Monday – Friday 8:00am-4:30pm

Location: Union Washington, 1893 East 97th St.
Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Family Child Care Network

Various locations/ availability contact for details

Eligibility: Children 8 weeks old - 3 years

Contact: (212)-828-6059

Email: nrivera@unionsettlement.org

Description: *Community members are trained by Union Settlement to establish and run their own home-based child care businesses. Providers care for children in an educationally stimulating home-based setting.*

CHILDREN'S AID SOCIETY

Early Childhood Education/ Day Care

Eligibility: Children ages 0-5

Location: Taft Early Childhood Center, 1724-26 Madison Ave.

Hours/Scheduling: Monday – Friday 8a-6p

Contact: (212)-831-0556

Description: *Inclusive child care and early education center for children located at Taft Houses. Work begins at home with infants and young toddlers to stimulate learning and motor skills. At 2, the child transitions to the classroom-based preschool program.*

Enrollment: Enrollment forms are located online

Payment: Sliding scaled based on ACS

Language: English and Spanish

SCAN NY

Early Childhood Education/ Day Care

Two locations in East Harlem listed below

Eligibility: Children ages 2-5

Hours/ Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (212)-876-9200 or (212)-289-8030

Email: info@scanny.org

Description: *Day care nursery with family-focused care and education. Cognitive, creative and social development for children from infancy to preschool.*

Enrollment: Must obtain referral from ACS to enroll

Payment: Can apply for public funding by calling ACS at 1-877-KIDSNYC

Language: English and Spanish

Location: Eisman Nursey at NYCHA Holmes Towers, 1794 First Ave.

Location: Laguardia House Nursery at East River, 414-18 105th St.

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Early Childhood Education

Eligibility: Children

Location: The Graham School at Echo Park, 1841 Park Ave.

Hours/Scheduling: Scheduled

Contact: (646)-459-6029

Email: mrooney@abc.org

Description: *With 10 early childhood education rooms as well as home based services a high quality program has been designed to provide East Harlem with quality Early Head Start, Head Start, Preschool special education and Universal Pre-Kindergarten.*

Enrollment: Call or email to enroll, only 10 classes available

Payment: No cost to families provided low-income requirements are met

Language: English and Spanish

High Risk Preschool

Eligibility: Children with special needs

Location: Cassidy's Place, 419 East 86th St.

Hours/Scheduling: Scheduled

Contact: (212)-845-3821

Email: dspegler@abc.org

Description: *Full day of education and supportive services blending Head Start, Preschool special education and UPK. This program is for children of poverty that have serious developmental and medical disabilities as well as those who are homeless, in foster care or have suffered neglect, abuse or violence.*

Enrollment: Contact a family worker, enrollment is yearlong and first come, first served basis

Payment: No cost to families provided low-income requirements are met

Language: English and Spanish

Preschool

Eligibility: Children ages 3-5

Location: Merricat's Castle School, 316 East 88th St.

Hours/Scheduling: Scheduled

Contact: (212)-534-3656 or www.merricats.org

Email: lwosczyk@abc.org

Description: *An inclusionary preschool program that allows developing children and children with special needs grow and learn together.*

Enrollment: Applications can be found online, \$50 application fee applies

Language: English and Spanish

EAST HARLEM CHURCHES AND COMMUNITY URBAN CENTER

Early Childhood Education

Eligibility: Children ages 2-5

Location: Booker T. Washington Learning Center, 325 East 101st St.

Hours/Scheduling: Monday – Friday 10:00am-6:00pm

Contact: (212)-831-5506

Description: *Learning center that offers early childhood education.*

Enrollment: Enrollment intake seasons occur on Wednesdays at 1:00pm

Payment: Monthly fees may apply, contact for more information

Language: English and Spanish

DAWNING VILLAGE

Preschool Classes

Eligibility: Children ages 2-4, including children with special needs

Location: 2090 First Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (212)-369-5315

Description: *Full day care services with specially designed programming designed to meet the needs of children with a developmentally appropriate curriculum. Speech therapy, physical therapy and occupational therapy is provided if necessary. Breakfast, lunch and a snack is provided to all enrolled children.*

Enrollment: Space is limited to 8 spots, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

Universal Pre-Kindergarten (UPK)

Eligibility: Children ages 4-5, including children with special needs

Location: 2090 First Ave.

Hours/Scheduling: Monday – Friday 8:00am-2:20pm

Contact: (212)-369-5315

Description: *Comprehensive childhood education that promotes social-emotional, creative expression as well as physical, cognitive, linguistic and cultural development. Speech therapy, physical therapy and occupational therapy is provided if necessary. Breakfast, lunch and a snack is provided to all enrolled children.*

Enrollment: Space is limited to 8 spots, rolling and ongoing admissions

Payment: No cost to eligible low-income families

Language: English and Spanish

EAST HARLEM BLOCK NURSERY

Universal Pre-Kindergarten (UPK)

Two locations in East Harlem listed below

Eligibility: Children ages 4-5

Description: *Universal pre-k programs that are aligned with NYC's department of education. This program encourages individual freedom and self-directed learning through directed play within a structured, nurturing and safe environment where all children will be helped.*

Enrollment: Call to enroll

Payment: ACS eligible and HRA vouchers accepted

Location: Block Nursery #1, 215 East 106th

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Contact: (212)-427-2571

Location: Block Nursery #2, 2112 Madison Ave.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Contact: (212)-234-3333

BORIKEN NEIGHBORHOOD HEALTH CENTER

Bilingual Head Start (UPK)

Two locations in East Harlem listed below

Eligibility: Children ages 3-4

Hours/Scheduling: Daily

Description: *12 months/ full day education and dual language program that provides culture promotion, healthy meals, nutrition workshops, dental and vision screenings, mental health consultants and more. Open door policy.*

Enrollment: Call to enroll

Language: English and Spanish

Location: 440 East 116th St.

Contact: (212)-427-9010

Location: 30 East 111th St.

Contact: (212)-860-7201

ADDIE MAE COLLINS CHILD CARE

Bilingual Head Start (UPK)

Three locations in East Harlem listed below

Eligibility: Children ages 3-4

Hours/Scheduling: Daily

Contact: (212)-831-9222

Description: Year-round child care and EarlyLearn Head Start location that provides care for 8 hours a day including healthy meals and snacks. Highlights include music lessons and field trips.

Enrollment: Call to enroll, priority to low income families in East Harlem

Language: English and Spanish

Location: Child Care 1, 110 East 129th St.

Location: Child Care 2, 345 East 101st St.

Location: Child Care 3, 2322 Third Ave.

BOYS & GIRLS HARBOR

Universal Pre-Kindergarten (UPK)

Eligibility: Children ages 4-5

Location: 1 East 104th St.

Hours/Scheduling: Monday – Friday 8:00am-6:00pm

Contact: (212)-427-2244

Description: Universal pre-k programs that are aligned with NYC's department of education.

Enrollment: Call to enroll

Payment: No cost to families

Language: English

COMMUNITY LIFE CENTER, INC.

Early Childhood Education/ Day Care

Eligibility: Children ages 3-5

Location: Taino Towers, 221 East 122nd St.

Hours/Scheduling: Daily

Contact: (212)-427-6800

Description: Free head start preschool that has been around for 54 years. Open year long, accepting to all children including those with special needs. 3 free meals a day provided.

Enrollment: Call to enroll

Payment: No cost to families

Language: English

LEXINGTON CHILDRENS CENTER

Universal Pre-Kindergarten (UPK)

Eligibility: Children ages 3-5

Location: 115 East 98th St.

Hours/Scheduling: Daily

Contact: (212)-410-1060

Description: Universal pre-k programs that are aligned with NYC's department of education.

Enrollment: Call to enroll

Payment: No cost to families
Language: English

NORTHSIDE CENTER

Early Childhood Education/ Day Care

Three locations in East Harlem listed below

Eligibility: Children birth-age 5

Hours/Scheduling: Daily

Description: *Programs that provide a comprehensive child and family development for low income pregnant women and children. Early head start and head start classes are provided for free as well as home-based services and visits.*

Enrollment: Call to enroll

Payment: No cost to families

Language: English

Location: Susan Patricof Head Start, 302-306 East 111th St.

Contact: (646)-351-1300

Location: Therapeutic Early Childhood Center, 1301 Fifth Ave.

Contact: (212)-426-3400

Location: Odyssey House Manor Facility, 219 East 121st St.

Contact: (212)-987-5100

Afterschool

Afterschool activities provide children with a chance to access additional help in school, develop their talents and skills, and make new friends. This category features many options for children of all ages and interests, including summer programs.

a. Afterschool Education

THE BOYS CLUB OF NY (BCNY)

Afterschool Education

Eligibility: Boys

Location: Gerry Clubhouse, 321 East 111th St.

Hours/Scheduling: Monday – Friday 2:30pm-9:00pm

Contact: (212)-534-2661

Email: info@bcny.org

Description: *Academic support programs include homework help, tutoring, academic clubs, early literacy interventions and more. BCNY also assists families with high school and college admissions processes.*

Enrollment: Call to enroll

Payment: Afterschool membership fee of \$5.00

Language: English

CHILDREN'S AID SOCIETY

Afterschool Programs for Children ages 6-18

Eligibility: Children and teenagers ages 6-18

Location: East Harlem Center, 130 East 101st St.

Hours/Scheduling: Monday – Friday 8:00am-8:30pm, Saturday 9:00am-4:00pm

Contact: (212)-348-2343

Description: *A wide array of programs that are offered to children enrolled in Children's Aid services throughout the year. Academic enrichment, arts and technology, leadership development, recreation, community engagement, and more await in these programs.*

Enrollment: Call to enroll

Payment: Some services may require a small fee, sliding scale and assistance available

Language: English and Spanish

NORTHSIDE CENTER

One on One Remedial Tutoring

Eligibility: School aged children and teenagers (kindergarten-12th grade)

Location: 1301 Fifth Ave

Hours/Scheduling: After School, 3:30pm-7:00pm

Contact: (212)-426-3464

Description: *For students below grade level, tutors will work intensively with them to improve their writing skills through creative, functional and remedial activities - individually and in groups.*

Enrollment: Call to enroll

Language: English

EAST HARLEM TUTORIAL PROGRAM (EHTP)

Afterschool Programs

Eligibility: Children and youth ages 5-21

Location: 2035 2nd Ave

Hours/Scheduling: Monday – Friday 9:00am-6:00pm

Contact: (212)-831-0650

Description: *Programs for youth ages 5 through 21 residing in East Harlem that include tuition free after-school, summer programs and supports college matriculations, graduation and career readiness.*

Enrollment: Call or visit website to enroll

Payment: No cost to families

Language: English and Spanish

NEW YORK PUBLIC LIBRARY

Variety of programs for East Harlem children

Location: Aguilar Library, 174 East 110th St.

Contact: (212)-534-2930

Website: <https://www.nypl.org/events/calendar?location=6>

Wee Readers

Eligibility: Children ages 3-5 and their caregivers

Hours/Scheduling: Tuesdays at 3:30pm

Description: *Storytime for preschoolers! Participants can enjoy interactive stories, action songs, and activities and spend time with other preschoolers in the neighborhood.*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

The Magic Shelf Children's Book Club

Eligibility: Children and teens in grades 4-8

Hours/Scheduling: Second to last Friday of the month at 3:00pm

Description: *Monthly book club for school aged children. Explore the library calendar to know what story will be featured each month.*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

Creative Writing Youth Series

Eligibility: Children ages 8-12

Hours/Scheduling: Mondays at 4:00pm

Description: *Each month features a different theme. Throughout the four sessions children will be instructed to develop different creative writing abilities and techniques.*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

UNION SETTLEMENT

Rising Stars Afterschool Program

Eligibility: Children ages 5-12

Location: Washington Community Center, 1775 Third Ave.

Hours/Scheduling: Daily afterschool

Contact: (212)-828-6132

Email: ksimpson@unionsettlement.org

Description: *Year round activities that include homework assistance, tutoring, computer instruction, visual and performing arts, recreational activities. Innovative programs such as multidisciplinary Theme Teams, Kids Lit, hands-on preventative arts workshops and circus arts are included.*

Enrollment: Email to register and for more information

Payment: No cost to families

Language: English and Spanish

Bridges Afterschool Program

Eligibility: Children and teenagers ages 11-15

Location: Issac Newton Middle School for Math and Science, 260 Pleasant Ave.

Hours/Scheduling: Daily afterschool

Contact: (917)-774-4496

Email: awalker@unionsettlement.org

Description: *This program works with youth that are interested in academic enhancement and physical education. Modeled after successful college preparation programs, Bridges differs by welcoming all motivational levels and addressing all needs of participants and families through Union Settlement's diverse services.*

Enrollment: Email to register and for more information

Payment: No cost to families

Language: English and Spanish

Intergenerational Tutoring Program

Eligibility: School aged children (kindergarten-3rd grade)

Location: Washington Community Center, 1775 Third Ave.

Hours/Scheduling: Daily afterschool

Contact: (212)-828-6114

Email: kgiles@unionsettlement.org

Description: *Trained older adults tutor and mentor children of East Harlem who need help developing reading and writing skills. During the school year adults work with children to build reading skills, self-esteem and positive attitudes towards learning.*

Enrollment: Email to register and for more information

Payment: No cost to families

Language: English and Spanish

NYC DEPT. OF YOUTH & COMMUNITY DEVELOPMENT

Isaacs Center/ Johnson Cornerstone Afterschool Program

Eligibility: Children

Location: Isaacs Center/ Johnson Cornerstone 1833 Lexington Ave.

Hours/Scheduling: Daily afterschool, 2:30pm-6:00pm

Contact: (212)-360-7625

Description: *A variety of programs offered for children afterschool. Children are picked up from school and brought to the center where they are provided with a snack, physical education, S.T.E.A.M., literacy, art, and tech classes. Participants are also fed dinner.*

Enrollment: Call to enroll

Language: English

NYPD

Police Explorers

Eligibility: Teenagers and youth ages 14-20

Location: 23rd Precinct, 162 East 102nd St. or 25th Precinct, 120 East 119th St.

Hours/Scheduling: Afterschool

Contact: (718)-312-4471

www1.nyc.gov/site/nypd/services/law-enforcement/youth-programs/explorers.page

Description: *Young men and women are introduced to a career in law enforcement or related field in the criminal justice system. This program teaches the importance of higher education, self-discipline, respect for diversity and human dignity, involvement in community.*

Enrollment: Call to enroll

Language: English

THE BROTHERHOOD/ SISTER SOL

Afterschool Program

Eligibility: Teenagers

Location: Central Park High School East, 1573 Madison Ave.

Hours/Scheduling: Afterschool

Contact: (212)-283-7044

Description: *Afterschool program that engages youth offering a safe space where they can learn and grow, form lasting friendships, have fun, and be enriched by a curriculum that fosters knowledge, respect, healthy lives, responsibility and leadership. Additional program opportunities are available for children (8-12) at the West Harlem location 140 Hamilton Pl.*

Enrollment: Call to enroll

Payment: Most programs are free, some have a small annual fee

Language: English and Spanish

SCAN NY

SONYC (School's Out NYC) Middle School Initiative

Eligibility: Middle school students

Location: Harbor Science and Art Charter School, 132/142 East 111th St.

Hours/Scheduling: Afterschool

Contact: (212)-289-8030

Email: info@scanny.org

Description: *Afterschool program that engages youth offering a safe space where they can learn and grow, form lasting friendships, have fun, and be enriched by a curriculum that fosters knowledge, respect, healthy lives, responsibility and leadership. Additional program opportunities are available for children (8-12) at the West Harlem location 140 Hamilton Pl.*

Payment: Most programs have no cost to families, some may require a small annual fee

Language: English and Spanish

Cornerstone Community Centers

Various East Harlem locations listed below

Eligibility: Youth and families

Hours/Scheduling: Daily

Contact: (212)-289-8030

Email: info@scanny.org

Description: *Community centers that offer afterschool activities for youth. Activities include creative arts, street/ gang outreach and violence prevention, computer classes, recreation, academic tutoring, ESL classes and more.*

Payment: No cost to families

Language: English and Spanish

Location: Dewitt Clinton Houses, 120 East 110th St.

Location: East River Houses, 404 East 105th St.

Location: Jackie Robinson Houses, 110 East 129th St.

Location: Martin Luther King Jr. Towers, 2 West 115th St.

Location: Lehman Village, 1605 Madison Ave.

Location: Wagner Houses, 435 East 120th St.

Beacon Program at El Faro Beacon

Eligibility: Youth and families

Location: Coalition High School, 2351 First Ave.

Hours/Scheduling: Daily

Contact: (212)-289-8030

Email: info@scanny.org

Description: *East Harlem community center that features a variety of programs. Youth programs include academic support, cultural appreciation, recreation, creative arts, Regents, SAT and college prep, career education, counseling and peer support.*

Payment: No cost to families

Language: English and Spanish

Summer Youth Employment Program (SYEP)

Eligibility: Youth

Location: Various SCAN locations

Hours/Scheduling: Hours vary based on program

Contact: (212)-289-8030

Email: info@scanny.org

Description: *East Harlem youth are hired to work in SCAN programs and summer camps to develop their workforce skills.*

Language: English

b. Recreation/ Socialization

NEW YORK PUBLIC LIBRARY

Variety of programs for East Harlem children

Location: Aguilar Library, 174 East 110th St.

Contact: (212)-534-2930

Website: <https://www.nypl.org/events/calendar?location=6>

Arts and Crafts

Eligibility: Children ages 5-12

Hours/Scheduling: Wednesdays at 4:00pm

Description: *Arts and crafts classes that include painting, crafting, building and more.*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

Gaming Club

Eligibility: Children and teens in grades 4-9

Hours/Scheduling: Thursdays at 3:00pm

Description: *Every Thursday children are invited to come play board games, card games, and video games on Aguilar's Nintendo Switch.*

Enrollment: No enrollment necessary

Payment: No cost to families

Language: English and Spanish

THE BOYS CLUB OF NY (BCNY)

Eligibility: Boys

Variety of activities for boys listed below

Location: Gerry Clubhouse, 321 East 111th St.

Hours/Scheduling: Variety of days/ times

Contact: (212)-534-2661

Email: info@bcny.org

Enrollment: Call to enroll

Payment: Afterschool membership fee of \$5.00

Language: English

Aquatics

Description: *All members are enrolled in the learn-to-swim program and have access to their clubhouses' on-site pool. Competitive teams and lifeguard certification are also offered.*

Arts

Description: *Boys can explore visual, digital and performing arts. Music instruction, drama and dance are just some of the programs offered to members.*

Physical Education

Description: *Foster a sense of belonging, community and friendship with these programs. Members learn what it is like to be a part of a team on and off the field.*

CHILDREN'S AID SOCIETY

Creative Arts & Dance

Eligibility: Children

Location: East Harlem Center, 130 East 101st St

Hours/Scheduling: Monday – Friday 8:00am-8:30pm, Saturday 9:00am-4:00pm

Contact: (212)-348-2343

Description: *A self-expression and empowerment program utilizing the arts. High quality arts education and socialization programming.*

Enrollment: Call to enroll

Payment: No cost to families

Language: English and Spanish

MANNA HOUSE CENTER FOR THE PERFORMING ARTS

Manna House Workshops

Eligibility: Children ages 3 and older

Location: 338 East 106th St.

Hours/Scheduling: Monday – Friday 10:00am-7:00pm, Saturday 10:00am-5:00pm

Contact: (212)-722-8223

Description: *A cultural center that offers programs for youth that feature exercise/fitness, music and dance lessons as well as access to a recording studio and rehearsal space.*

Enrollment: Call to enroll

Payment: Call for information on fees, possible assistance available case by case

Language: English and Spanish

BOYS & GIRLS HARBOR

Variety of programs offered

Location: 1 East 104th St.
Contact: (212)-427-2244
Language: English and Spanish

Performing Arts Academy

Eligibility: Children
Hours/Scheduling: Daily afterschool and on Saturdays
Description: *Performing arts instruction on weekday afternoons and Saturdays. Three different levels of classes for a wide range of talent with an end of the year showcase at Radio City Music Hall.*
Enrollment: Enroll online
Payment: No cost to families

Harbor K.I.D.S.

Eligibility: Children ages 5-12
Hours/Scheduling: Daily afterschool
Description: *Afterschool program that provides a learning environment that empowers student choice and encourages participants to break out of their comfort zone.*
Enrollment: Enroll online
Payment: Fees depend on program, sliding scale and assistance based on need

Harbor T.E.E.N.

Eligibility: Teens ages 13-18
Hours/Scheduling: Daily afterschool
Description: *A program designed with partner schools to enrich the regular school day with engaging and challenging activities that participants get to choose.*
Enrollment: Enroll online
Payment: Fees depend on program, sliding scale and assistance based on need

GROOVE WITH ME

Dance Classes

Eligibility: Girls ages 4-18 who live in East Harlem or the South Bronx
Location: 186 East 123rd St.
Hours/Scheduling: Variety of days/ times
Contact: (212)-987-5910
Description: *A dance studio that offers a Teen Leadership program over 35 weekly programs that provide a safe way to express and discover their capacities in a stable environment. Programs include: hip hop, jazz, tap, ballet, theatre jazz, Indian/ Bollywood, Latin/ Caribbean, creative movement, and modern.*
Enrollment: Call to enroll
Payment: No cost to families
Language: English and Spanish

SATURDAY NIGHT LIGHTS (SNL)

Youth Development & Athletic Training

Various locations/ times in East Harlem listed below

Description: *A program developed through the Manhattan District Attorney's Office to promote youth development and violence prevention. World-class sports and fitness training are offered in safe spaces for youth across Manhattan. See locations for which sport is offered at what time.*

Payment: No cost to families

Language: English and Spanish, instructions in English

Location: The Boys' Club of NY, Gerry Clubhouse, 321 East 111th St.

Sport: Basketball

Ages: Children ages 11-18

Hours/ Scheduling: Saturdays 5:00pm-10:00pm

Contact: (347)-505-4528

Location: BCNY's Beacon Program, 20 W 112th St.

Sport: Basketball

Ages: Children 11-18

Hours/Scheduling: Mondays 6:00pm-8:30pm (Ladies only), Friday 6:35pm-10:35pm, Saturdays 5:00pm-10:00pm

Email: amar.kelly@bcny.org

Location: Corsi Community Center, 307 East 116th St.

Sport: Soccer

Ages: Children ages 9-18

Hours/ Scheduling: Fridays and Saturdays 5:00pm-9:00pm

Contact: (847)-997-4731

Location: P.S. 57, 176 East 115th St.

Sport: Soccer

Ages: Girls ages 9-18

Hours/ Scheduling: Fridays and Saturdays 6:00pm-9:00pm

Contact: (847)-997-4731

SCAN NY

Healthy Cooking Classes

Various East Harlem locations listed below

Eligibility: Teens

Hours/Scheduling: Afterschool

Contact: (212)-289-8030

Email: info@scannny.org

Description: *Healthy cooking classes offered after school at four SCAN Cornerstone locations for East Harlem teens.*

Payment: No cost to families

Language: English and Spanish

Location: East River Houses, 404 East 105th St.

Location: Jackie Robinson Houses, 110 East 129th St.

Location: Martin Luther King Jr. Towers, 2 West 115th St.

Location: Lehman Village, 1605 Madison Ave.

CODE FOR LIFE

Tech and Life Skills Training

Eligibility: Children and teens ages 12-16

Location: Taino Towers, 221 East 122nd St.

Hours/Scheduling: Afterschool 4:30pm-6:30pm, additional trips and summer times

Contact: (917)-405-3612

Website: www.codeforlife.us

Description: *An exciting program that is dedicated to equipping young people with life and tech skills to thrive in the new economy. East Harlem students can learn web basics such as HTML, CSS and Agile Methods that will culminate with a Capstone project including the development of a website.*

Enrollment: Must complete application online, typically only 16 spots available

Payment: No cost

Language: Classes are conducted in English

c. Summer Programs

UNION SETTLEMENT

Rising Stars Summer Program

Eligibility: Children ages 5-12

Location: Washington Community Center 1775 Third Ave. and 2029 Second Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (212)-828-6132

Email: ksimpson@unionsettlement.org

Description: *Summer day camp that features computer instruction, visual and performing arts, and recreational activities. Each participant can select a club activity to join, club activities vary based on contract and may include yoga, soccer, basketball and health management. Breakfast and lunch are provided.*

Enrollment: Enrollment open between late May and early June. Children must have a physical and immunization records. Email to register and for more information.

Payment: No cost to families

Language: English and Spanish

Bridges Summer Program

Eligibility: Students ages 11-15

Location: Issac Newton Middle School for Math and Science, 260 Pleasant Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:45pm

Contact: (917)-774-4496

Email: awalker@unionsettlement.org

Description: *As children age out of the Rising Stars program, they can transition to the Bridges program. This program works with youth that are interested in academic enhancement and physical education. All motivational levels are welcomes and all needs of participants and families are addressed through Union Settlement's diverse services.*

Enrollment: Enrollment open between late May and early June. Children must have a physical and immunization records. Email to register and for more information.

Payment: No cost to families

Language: English and Spanish

Summer Camp

Eligibility: Children 5-12

Location: 1175 3rd Ave. (98th St.) and 104th St.

Hours/Scheduling: 8:00 am – 5:45 pm

Contact: (212) 828-6110

Description: *Summer program that features yoga, soccer, basketball, and health management*

Enrollment: Open enrollment between May 25, 2020 and June 19, 2020. Children must have physical and immunization records to enroll.

Payment: No cost to families

Language: English and Spanish

MANNA HOUSE CENTER FOR THE PERFORMING ARTS

Summer TAM Program

Eligibility: Children ages 7-15

Location: 338 East 106th St.

Hours: 9:00am-5:00pm

Contact: (212)-722-8223

Description: *A daily program from July through August of instruction in theater, dance and music including field trips for children ages 7-15 which culminates in a rousing outdoor performance.*

Enrollment: Call to enroll

Payment: Fees may apply, call for more information

Language: English and Spanish

EAST HARLEM TUTORIAL PROGRAM (EHTP)

Three summer programs offered

Contact: (212)-831-0650

Language: English and Spanish

Payment: No cost to families

Elementary Summer Program

Eligibility: Children (rising 1st grade-5th grade)

Location: Jackie Robinson Education Complex, 1573 Madison Ave.

Hours/Scheduling: Monday – Friday during July 8:00am-3:30pm

Description: *Prepare for academic success with the East Harlem Tutorial Program! A four-week enrichment curriculum that is academically appropriate. Activities include: intensive academic instruction in literacy, math and science, music, art, dance, yoga, sports and field trips.*

Breakfast and lunch are provided to participants.

Enrollment: Apply online for enrollment

Middle School Summer Program

Eligibility: Children (rising 6th grade-8th grade)

Location: East Harlem Scholars Academy, 2050 Second Ave.

Hours/Scheduling: Monday – Friday during July 8:30am-4:00pm

Description: *Prepare for academic success with the East Harlem Tutorial Program! A four-week enrichment curriculum that is academically appropriate. Activities include: intensive academic instruction in literacy, math and science, music, art, dance, yoga, sports and field trips.*

Breakfast and lunch are provided to participants.

Enrollment: Apply online for enrollment

High School Summer Program

Eligibility: Teens (rising 9th grade-12th grade)

Location: East Harlem Scholars Academy, 2050 Second Ave.

Hours/Scheduling: Monday – Friday during July 8:00am-3:30pm

Description: *A five-week summer institute that features rigorous college-preparatory coursework in math and writing, as well as support to build social-emotional skills for college success. At the end of the program students can participate in a one-week college trip to Washington, D.C., where they visit a college campus and participate in collegiate life and visit cultural sites and museums.*

Enrollment: Apply online for enrollment

SCAN NY

Summer Camp

Various East Harlem locations listed below

Eligibility: Children and teens

Hours/Scheduling: Daily during summer

Contact: (212)-289-8030

Email: info@scanny.org

Description: *A summer camp that provides safe recreation for students in East Harlem. This program also helps participants to develop school-related skills.*

Payment: No cost to families

Language: English and Spanish

Location: Dewitt Clinton Houses, 120 East 110th St.

Location: East River Houses, 404 East 105th St.

Location: Jackie Robinson Houses, 110 East 129th St.

Location: Martin Luther King Jr. Towers, 2 West 115th St.

Location: Lehman Village, 1605 Madison Ave.

Location: Wagner Houses, 435 East 120th St.

Location: El Faro Beacon at M.S. 45, 2351 First Ave.

Location: SONYC Harbor Science and Art Charter School, 132/142 East 111th St.

EAST HARLEM CHURCHES AND COMMUNITY URBAN CENTER

Summer Camp

Eligibility: Children

Location: Booker T. Washington Learning Center, 325 East 101st St.

Hours/Scheduling: Daily during summer

Contact: (212)-831-5506

Description: *Learning center that offers summer programs for East Harlem Children.*

Enrollment: Enrollment intake sessions occur Wednesdays at 1:00pm

Payment: Monthly fees may apply, contact for more information

Language: English and Spanish

BOYS & GIRLS HARBOR

Two summer programs offered

Location: 1 East 104th St.

Contact: (212)-427-2244

Language: English and Spanish

Summer at the Harbor

Eligibility: School aged children

Hours/Scheduling: Monday - Friday 9:00am-5:00pm during the summer

Description: *For 7 weeks during the summer children can make the Harbor their second home. Children can participate in arts, crafts, sports, music, and dance along with recreational, educational and cultural events. Every schedule includes creative and journal writing, vocabulary, math and strategy games, peer groups, neighborhood walks and community service.*

Enrollment: Enroll online

Payment: No cost to families

Summer on Stage

Eligibility: Middle school and high school students

Hours/Scheduling: Monday - Friday 9:00am-5:00pm during the summer

Description: *A 5-week long program where 50 students are immersed in music, dance, and acting to create, produce and perform a full musical theatre production at the end of camp for their families and community.*

Enrollment: Enroll online, only 50 spots available

Payment: No cost to families

92nd STREET Y

5 summer programs offered

Location: 1395 Lexington Ave.

Contact: (212) 415-5500

Enrollment: Apply online

Payment: Cost varies per program

Language: Many including English and Spanish

Summer Clubhouse

Eligibility: Children ages 2^{1/2} - 6

Hours/Scheduling: Monday - Friday 9:00am-12:30pm

Description: *Campers participate in arts & crafts, dance & song, gymnastics play time, and swim instruction with the May Center's certified Red Cross instructors.*

Summer Gymnasts Camp

Eligibility: Girls ages 5-15

Hours/Scheduling: Monday – Friday 9:00am-4:45pm

Description: *Campers of all levels receive instruction in gymnastics, swimming, dance, art, recreational sports and circus arts. Weekly trips to museums, farms, and other educational destinations.*

Summer Dance & Theater Intensive

Eligibility: Children and teens ages 4-18

Hours/Scheduling: Monday – Friday 9:00am-4:00pm

Description: *Performers of all levels have an extraordinary opportunity to train with professionals in the 92Y Summer Dance and Theater Intensives. Students participate in various classes, including ballet, modern, musical theatre, jazz, hip hop, acting, choreography/composition, swimming, art, and gymnastics.*

Parkour & Sports Adventure Camp

Eligibility: Children ages 5-12

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Description: *A camp experience for boys and girls focused on developing skills in Parkour and Ninja Warrior, and other sports. Weekly enrichment activities such as Photography, Stop Motion Animation and Parkour Design Lab where campers use a variety of equipment to design their own obstacle courses. Children grouped according to age and abilities.*

Summer Gym & Ninja Tykes

Eligibility: Children age 4 (3 and 5 years old considered)

Hours/Scheduling: Monday – Friday 9:00am-3:00pm

Description: *An active 92Y-based camp experience for 4-year-old boys and girls focused on a fun introduction and development of skills in sports such as GymMaze Playtime, Gymnastics, Swimming, Ninja Obstacle Courses, outdoor playground fun, sports, story and socialization time with daily arts enrichment activities. Children grouped according to age and abilities.*

Health Services

Health Services features organizations that serve the health needs of East Harlem residents. In this category there are resources for mental health needs, hospitals, clinics, emergency rooms, and more.

a. Mental Health

HEALTH ACTION CENTER

Children's Fast Break 115 Mental Health Clinic

Location: 158 East 115th St.

Hours/Scheduling: Tuesday – Thursday 11:00am-1:00pm

Contact: (855)-789-8760

www1.nyc.gov/doh/health/

Description: *Drop in mental health clinic for children in the East Harlem community. Multiple services provided. No appointment necessary. Times subject to change by month.*

Payment: Public insurance accepted, no private insurance

Language: English

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Fast Break Clinic

Location: 1841 Park Ave. or 158 East 115th St.

Eligibility: Referral needed. Children between 0-17

Hours/Scheduling: Monday – Friday 9:00am-7:00pm

Contact: (646)-459-6165 or (646) 459-6160

Description: *Full range of mental health clinics for children, adolescents and families. Family therapy, psychotherapy, play therapy, cognitive behavioral therapy and group therapy available. Referrals call contact number.*

Payment: Medicaid accepted with sliding fee scale for uninsured

Language: English and Spanish

School Based Mental Health Service

Location: 5 NYC Middle Schools, 3 NYC High Schools & 1 NYC Elementary School

Hours/Scheduling: School availability

Contact: (646)-288-4467 or (646) 459-6155

Email: tbrown@abc.org or cgallagher@abc.org

Description: *ABC offers on-site crisis intervention, broad-based mental health screenings, individual and group therapy, and capacity-building training for faculty and parents. Contact for more information.*

Language: English and Spanish

THE BOYS CLUB OF NY (BCNY)

Mental Health & Wellness

Eligibility: Boys and families

Location: Gerry Clubhouse, 321 East 111th St.

Hours/Scheduling: Monday – Friday 2:30pm-9:00pm

Contact: (212)-534-2661

Email: info@bcny.org

Description: *Individual mental health counseling for members with professional counselors or social workers. BCNY families may also be assisted if needed.*

Payment: Afterschool membership fee of \$5.00

Language: English

CHILDREN'S AID SOCIETY

Behavioral Health Services

Eligibility: Clients must meet SED criteria

Location: Dunlevy Milbank Center, 14-32 West 118th St.

Bronx Location: 910 East 172nd Street

Hours/Scheduling: Monday – Thursday 11:00am-7:00pm, Friday 9:00am-5:00pm

Contact: (212)-996-1716 or (212) 369-8339

Description: *Behavioral health services to help children cope with emotional problems so they can thrive in school and in life.*

Payment: Free services, some services require small fee with sliding scale and assistance

Language: English and Spanish

NORTHSIDE CENTER

Behavioral Mental Health

Location: 35 East 110th St., home services and in-school services

Hours/Scheduling: Monday – Friday 8:00am-8:00pm, Saturday 9:30am-3:30pm

Contact: (212)-426-3417

Description: *Psychiatric, psychopharmacological and psychotherapy services provided by clinical staff training in several evidence-based treatment models.*

Payment: Sliding scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

Early Childhood Mental Health

Eligibility: Children ages birth-5 and families

Location: 35 East 110th St.

Hours/Scheduling: Appointment Based

Contact: (212)-426-3403

Description: *NYC Thrive initiative that provides support for children birth to 5 and their families/caregivers. An indepth intake is performed to best determine a solution for each situation.*

Payment: Sliding scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

CENTER FOR COMPREHENSIVE HEALTH PRACTICE

A variety of services for mental health listed below

Location: Metropolitan Hospital, 1900 Second Ave., 9th Floor

Hours/Scheduling: Monday, Thursday and Friday 9:00am-5:00pm, Tuesday and Wednesday 9:00am-7:00pm

Contact: (212)-360-7893

Description: *Health center in East Harlem that provides individuals of all ages with primary and specialty medical care and mental health treatment, including substance abuse.*

Payment: Sliding scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

Behavioral Health/ Social Services for Children & Families

Mental Health Assessment Services

No walk-ins, appointments only

Mental Health Support Groups

MOUNT SINAI ADOLESCENT HEALTH CENTER

Mental Health Clinic

Eligibility: Teenagers and youth ages 10-22, no parent/ guardian presence required

Location: 312-320 East 94th St.

Hours/Scheduling: Monday, Tuesday, Wednesday and Friday 9:00am-5:00pm,
Thursday 12:00pm-5:00pm, Saturday 8:00am-4:00pm

Contact: (212)-423-2900

Description: *Health center that provides comprehensive, integrated medical and mental health services and prevention education to young people. All services are free of charge and do not require a parent/ guardian presence. Check out the free app, Health Squad, to request advice, setup reminders for medications and appointments at the Center.*

Payment: No cost

Language: English

UNION SETTLEMENT

Johnson Counseling Center

Eligibility: Children and families

Location: 2089 Third Ave.

Hours/Scheduling: Weekdays

Contact: (212)-828-6144

Email: ysencion@unionsettlement.org

Description: *Licensed mental health clinic providing East Harlem with comprehensive services by sensitive, experienced mental health professionals.*

Language: English and Spanish

Children's Care Management

Eligibility: Children and teens ages 5-18

Location: 2089 Third Ave.

Hours/Scheduling: Scheduled appointments

Contact: (212)-828-6177

Description: *Services that help children with serious emotional difficulties stay in the community and with their family. Care managers work to find specialized programs and services to meet specific needs.*

Language: English and Spanish

Early Childhood Mental Health

Eligibility: Families of young children

Location: Satellite clinics at early education sites

Hours/Scheduling: See early education sites

Contact: See early education sites

Description: *Clinics help families of young children access mental health services to address issues early and help children who are having difficulties.*

Language: English and Spanish

School Mental Health Program

Eligibility: East Harlem students

Location: Satellite clinics at P.S. 72, P.S. 102 and P.S. 146

Hours/Scheduling: School hours

Contact: (212)-996-6127

Email: aruiz@unionsettlement.org

Description: *Mental health clinics that provide individual, group and family therapy to students, parents and teachers.*

Language: English and Spanish

INSTITUTE FOR FAMILY HEALTH

School Based Health Center

Two school locations throughout East Harlem listed below

Eligibility: Students and community members

Description: *Behavioral health services provided. Additionally, primary care and dental services are available.*

Payment: Free

Language: English and Spanish

Location: P.S. 57 James Weldon Johnson, 176 East 115th St.

Hours/Scheduling: Monday – Friday 8:30am-4:00pm

Contact: (212)-289-0428

Location: Harlem Children's Zone Promise Academy II, 35 East 125th St.

Hours/Scheduling: Monday – Friday 8:30am-4:00pm

Contact: (212)-360-3278

THE NEW YORK FOUNDLING

Integrated Behavioral Health Services

Eligibility: Children under 18 and families

Location: Home of Integrated Behavioral Health, 109 East 115th St.

Hours/Scheduling: Monday – Thursday 9:00am-8:00pm, Friday 9:00am-8:00pm, scheduled appointments

Contact: (917)-485-7280

Email: MHCAppointments@nyfoundling.org

Description: *An organization that specializes in trauma therapy. At the East Harlem location services are provided to aid with academic challenges, defiant behavior, school attendance, substance abuse, traumatic life events, violence and aggression, and more.*

Enrollment: Referrals from school counselors, court services, foster care providers, community agencies, and walk-ins accepted

Payment: Medicaid and a variety of other insurances accepted, sliding scale for determining cost of uninsured patients

Language: English and many other languages

b. Health Care Facilities

CHILDREN'S AID SOCIETY

Comprehensive Medical Services

Location: Dunlevy Milbank Center, 14-32 West 118th St

Hours/Scheduling: Monday, Wednesday and Friday 9:00am-5:00pm,
Tuesday and Thursday 11:00am-7:00pm

Contact: (212)-996-1716

Description: *Comprehensive medical services provided to children and teens throughout under-resourced communities.*

Payment: Free services, some services may require small fee with sliding scale and assistance

Language: English and Spanish

Dental Services

Location: Dunlevy Milbank Center, 14-32 West 118th St

Hours/Scheduling: Monday and Wednesday 9:00am-5:00pm

Contact: (212)-996-1761

Description: *Good dental hygiene is a fundamental piece to health that can be overlooked. Licensed dentists provide services for children and teens.*

Payment: Free services, some services may require small fee with sliding scale and assistance

Language: English and Spanish

SETTLEMENT HEALTH

A variety of services offered for East Harlem listed below

Location: 212 East 106th St.

Contact: (212)-360-2600

Description: *Health center in East Harlem providing residents with primary medical care, women's health services, social services, testing, insurance enrollment, WIC screenings and support groups. Appointments only, walk-ins only available for emergencies.*

Language: English and Spanish

Health Center/ Clinic

Hours/Scheduling: Monday 8:30am-4:45pm

Health Information/ Support

Hours/Scheduling: Tuesday and Thursday 8:30am-6:45pm

Maternal/ Child Support

Hours/Scheduling: Wednesday 10:30am-4:30pm

Testing Services

Hours/Scheduling: Friday 8:30am-4:30pm, Saturday 8:30am-12:30pm

CENTER FOR COMPREHENSIVE HEALTH PRACTICE

Health Center/ Clinic

Location: Metropolitan Hospital, 1900 Second Ave., 9th Floor

Hours/Scheduling: Monday, Thursday and Friday 9:00am-5:00pm,
Tuesday and Wednesday 9:00am-7:00pm

Contact: (212)-360-7893

Description: Health center in East Harlem that provides individuals of all ages with primary and specialty medical care and mental health treatment. Walk-ins welcome.

Payment: Sliding scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

Case Management/ Service Coordination

Location: Metropolitan Hospital, 1900 Second Ave., 9th Floor

Hours/Scheduling: Monday, Thursday and Friday 9:00am-5:00pm,
Tuesday and Wednesday 9:00am-7:00pm

Contact: (212)-360-7893

Description: No walk-ins, appointments only.

Payment: Sliding scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

MOUNT SINAI MEDICAL CENTER

Hospital, Children's Hospital, and Emergency Room

Location: 1 Gustave L Levy Pl.

Hours/Scheduling: Emergency room walk-ins, schedule for all other services.

Contact: (212)-241-6500

Description: *One of the oldest private teaching hospitals in the United States. This comprehensive medical center features many different specialties of medical care and an emergency room. Call for appointment.*

Payment: Most major insurance accepted, Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare, financial assistance is available for patients who do not have insurance and qualify

Language: English and Spanish

MOUNT SINAI ADOLESCENT HEALTH CENTER

Health Center/ Clinic

Eligibility: Teenagers and youth ages 10-22, no parent/ guardian presence required

Location: 312-320 East 94th St.

Hours/Scheduling: Monday, Tuesday, Wednesday and Friday 9:00am-5:00pm, Thursday 12:00pm-5:00pm, Saturday 8:00am-4:00pm

Contact: (212)-423-2900

Description: *Health center that provides comprehensive, integrated medical and mental health services and prevention education to young people. All services are free of charge and do not require a parent/ guardian presence. Check out the free app, Health Squad, to request advice, setup reminders for medications and appointments at the Center. Services offered are listed below.*

Payment: No cost

Language: English

Primary Health Care

Counseling, Support, Mental Health and Family Therapy

Sexual and Reproductive Health

Dental Care

Nutrition, Fitness and Wellness Program

INSTITUTE FOR FAMILY HEALTH

A variety of services offered for East Harlem listed below

Location: Family Center of Harlem, 1824 Madison Ave.

Hours/Scheduling: Monday – Friday 8:00am-8:00pm, Saturday and Sunday 8:00am-6:00pm

Contact: (212)-423-4500

Description: *Organization providing East Harlem with primary and specialty medical care, mental health services, dental services and more.*

Payment: Free services, some services require fees, accepts Child Health Plus, Medicaid, Medicare, HMOs and most private insurance, sliding scale available for uninsured, no one is turned away due to inability to pay

Language: English and Spanish

Health Center/ Clinic	Primary Care
Dental Services	Women's Health Care
Health Information/ Support	HIV/AIDS Care
Maternal/ Child Support	Diabetes Care
Behavioral Health/ Social Services	
Health Insurance Enrollment	

BORIKEN NEIGHBORHOOD HEALTH CENTER

A variety of services offered for East Harlem listed below

Location: 2265 Third Ave.

Hours/Scheduling: Monday and Wednesday 8:00am-6:00pm,
Tuesday, Thursday and Friday 8:00am-5:00pm

Contact: (212)-289-6650 or boriken.org

Email: info@boriken.org

Description: *A fully bilingual health center that provides comprehensive services to the East Harlem community. "One location for all your needs".*

Language: English and Spanish

Health Center/ Clinic	Ophthalmology
Podiatry	Dental Services
Pharmacy	Pharmacy
Pediatrics/ Family Medicine	Care Management
Behavioral Health	Cardiology

METROPOLITAN HOSPITAL

Hospital and Emergency Room

Location: Metropolitan Hospital 1901 1st Ave., 1D31

Hours/Scheduling: Emergency room walk-ins, schedule for all other services.

Contact: (212)-423-7000

Description: *NYC Health + Hospitals public hospital in East Harlem. Hospital features many different specialties of medical care and an emergency room. Call for appointment.*

Payment: Accepts most major insurance, Child Health Plus, Medicaid, Medicaid Managed Care, Medicare

Language: English and Spanish

UNION SQUARE EYE CARE

Eye Care Center featuring a variety of services listed below

Location: 1815 Madison Ave.

Hours/ Scheduling: Monday – Friday 8:00am-5:00pm

Contact: (212)-844-2020

Description: *An all-inclusive eye care practice for the whole family. Patient-focused, specialized care that features skilled ophthalmologists to provide the most comprehensive eye care and vision care found in New York. Walk-ins welcome!*

Payment: Accepts most major insurance, Medicaid, and Medicare, sliding scale for uninsured

Language: English and Spanish

Ophthalmology

Pediatric Eye Care

Optometry

Medical/ Surgical Eye Care

Retinal Disease

Glaucoma

Cataracts

Strabismus

Oculoplastics

LA CLINICA DEL BARRIO

Health Care Center/ Clinic

Location: 413 East 120th St.

Hours/Scheduling: Monday – Friday 8:00am-5:00pm, Saturday 8:00am-12:00pm

Contact: (212)-410-7940

Description: *As part of the Metropolitan Hospital Center, La Clínica del Barrio offers comprehensive primary and preventive health services to you and your family, right here in your own neighborhood. Call for more information or to schedule an appointment.*

Language: English and Spanish

Pediatrics/ Family Medicine

New Born Care

Asthma Care

Laboratory

Vaccines

Specialist Referrals

Caregivers

Caregivers have their own needs when it comes to raising children. This category features caregiver support programs, classes to learn new child care tips and tricks, as well as services to assist soon-to-be moms and new moms.

a. New Moms & Moms-to-be

CENTER FOR COMPREHENSIVE HEALTH PRACTICE

Pregnant Addicts & Addicted Mothers (PAAM)

Eligibility: Mothers and expecting mothers over 18 years old with an opiate addiction

Location: Metropolitan Hospital, 1900 Second Ave., 12th floor

Hours/ Scheduling: Monday – Friday 8:30am-5:00pm

Contact: (212)-360-7793

Description: *Family-care program designed to meet the needs of all opioid-dependent women, including those who have children or are pregnant. Program goals for each woman are to curtail substance use, reduce the risk of disease, manage chronic health conditions, gain medical and economic stability, have a healthy delivery if pregnant, be an able parent and help children develop both physically and psychologically. Women 18 years and older who are pregnant or have children with an opiate addiction are eligible.*

Enrollment: Call to enroll

Payment: No cost to families

Language: English and Spanish

SHELTERING ARMS

Maternal Child Health

Eligibility: Expecting mothers

Location: Home visits

Hours/Scheduling: Regular scheduling

Contact: (929)-360-0905

Email: CHHReferrals@shelteringarmsny.org

Description: *Giving low-income mom access to basic prenatal care and resources that empower them to give their young children everything they need for a strong start.*

Payment: No cost to families

Language: English

Healthy Families

Eligibility: Expecting mothers and families

Location: 4 West 125th St.

Hours/Scheduling: Variety of days/ times

Description: *A community of fellow parents who support each other during parenthood navigation. Connection to resources like safe housing, WIC, food stamps, car seats, diapers, medical care and more.*

Payment: No cost to families

Language: English

NURSE FAMILY PARTNERSHIP (NFP)

First Time Mom Program

Eligibility: First time mothers who are 28 weeks pregnant or less

Location: 1901 First Ave., 5 West 136th St. and home visits

Hours/Scheduling: Regularly scheduled visits

Contact: (212)-771-0174 or www.nyc.gov/health/nfp

Email: nycnfp@health.nyc.gov

Description: *Specially trained nurses are provided to young, first time moms-to-be. Visits begin with pregnancy and continue through the child's second birthday. NFP provides proper care and support needed for a healthy pregnancy. Eligibility criteria of first time mom and income requirements must be met.*

Enrollment: Must complete application, can be found online

Language: English

HEALTH ACTION CENTER

Baby Café

Eligibility: Mothers

Location: 158 East 115th St.

Hours/Scheduling: Wednesdays 10:00am-12:00pm

Contact: (646)-682-3416

Email: pdejsus@health.nyc.gov

Description: *Meeting with community mothers about breastfeeding providing education, information and support. Center is always open.*

Payment: No cost to families

Language: English and Spanish

Infant Breastfeeding Workshop

Eligibility: Mothers

Location: 158 East 115th St.

Hours/Scheduling: Wednesdays 12:30pm

Contact: (347)-977-0092

www1.nyc.gov/site/doh/health/

Description: *In collaboration with CHN the center provides weekly breast feeding workshops for mothers. Center Hours Monday – Friday 8:00am-8:00pm and Saturdays 8:00am-4:00pm.*

Payment: No cost to families

Language: English and Spanish

Crib Distribution

Eligibility: Mothers and caregivers

Location: 158 East 115th St.

Hours/Scheduling: Wednesdays 10:00am-1:00pm

Contact: (855)-789-8760

Email: bmiller4@health.nyc.gov

Description: *Free crib, fitted sheet and sleep sack provided with Safe Sleep training and a crib demonstration. Birth certificate or hospital discharge papers required. Distribution offered for up to 9 months old.*

Payment: No cost to families

Language: English and Spanish

Childbirth Education

Eligibility: Expecting mothers

Location: 158 East 115th St.

Hours/Scheduling: Saturdays 11:00am-1:00pm

Contact: (646)-682-3322

www1.nyc.gov/site/doh/health/

Description: *Educational classes that help prepare for birth while providing information about maintaining a healthy pregnancy. Additional resources and refreshments provided.*

Payment: No cost to families

Language: English and Spanish

CHILDREN'S AID SOCIETY

Expectant Parents Program

Eligibility: Expecting mothers and families

Location: Home visits

Hours/Scheduling: Regular scheduling

Contact: (212)-348-2343

Description: *At home program to provide education to prepare expecting parents for their newborn.*

Enrollment: Call to enroll

Payment: Free services, some services require small fee with sliding scale and assistance

Language: English and Spanish

METROPOLITAN HOSPITAL

Breastfeeding Counseling

Eligibility: Expecting mothers and breast-feeding mothers

Location: Metropolitan Hospital, 1901 First Ave., 1D31

Hours/Scheduling: Monday, Tuesday, Thursday and Friday 8:00am-5:00pm,
Wednesday 8:30am-6pm

Contact: (212)-423-7395

Description: *Services for low income moms or soon-to-be moms. Services include enrollment for WIC, government sponsored food program. Additional services provided. Walk ins accepted but appointments are preferred.*

Enrollment: Call to make an appointment

Payment: No cost to families

Language: English and Spanish

Maternal/ Child Support

Eligibility: Mothers and new mothers

Location: Metropolitan Hospital, 1901 First Ave., 1D31

Contact: (212)-423-7395

Description: *Supportive services for moms and new moms.*

Enrollment: Call to enroll

Language: English

LSA FAMILY HEALTH SERVICES

At Home Nursing

Eligibility: Expecting mothers, new mothers and infants

Location: 333 East 115th St. and home visits

Hours/Scheduling: Monday – Friday 9:00am-5:00pm, and appointments

Contact: (646)-672-5200

Email: info@lsafhs.org

Description: *Special expertise in maternity and pediatric populations. LSA home nurses support pregnant women and new moms by providing necessary care and education. Home nurses have helped to reduce infant mortality rates in East Harlem.*

Payment: No cost to families

Language: English and Spanish

SELENI INSTITUTE

New Moms Group

Eligibility: New mothers

Location: 207 East 94th St., 2nd Floor

Hours/Scheduling: Wednesday 1:00pm-2:00pm

Contact: (212)-939-7200

Description: *Weekly (5 session) open ended group with other new moms to discuss the motherhood journey while having the guidance of a Seleni clinician. Babies are welcome!*

Enrollment: Call to enroll

Payment: 4 session pack for \$30.00, sliding scale and assistance based on need

Language: English and Spanish

Young Parent Workshop

Eligibility: Expecting or new mothers who are under 25

Location: 207 East 94th St., 2nd Floor

Hours/Scheduling: Variety of days/ times

Contact: (212)-939-7200

Email: nicole.alvarez@seleni.org

Description: *Workshop for young moms and partners to learn how to navigate prenatal care, labor/delivery, reproductive health, newborn care and how to effectively communicate with partners. Free workshop.*

Enrollment: Call to enroll

Payment: No cost to families

Language: English and Spanish

b. Fathers & Additional Caregivers

NURSE FAMILY PARTNERSHIP (NFP)

Dads Need Help, Too

Eligibility: New fathers

Location: Metropolitan Hospital, 1901 First Ave., 5 West 136th St., and home visits

Hours/Scheduling: Regularly scheduled visits

Contact: (212)-771-0174 or nyc.gov/health/nfp

Email: nycnfp@health.nyc.gov

Description: *In junction with their first time mom program, NFP works to nurture healthy fatherhood development. Equal training is available so fathers too can have the same skills for childcare.*

Enrollment: Must complete application for program, can be found online

Language: English

Family Support

Family Support includes resources for families dealing with a variety of challenges. These programs include how to respond to a child's emotional needs, family building and trust exercises, and general family health information.

VIBRANT EMOTIONAL HEALTH

Circle of Security Parenting Class

Eligibility: Parents and caregivers of children ages birth-5

Location: Health Action Center, 158 East 115th St.

Hours/Scheduling: Thursdays 10:00am-12:00pm

Contact: (212)-410-1820 or (347)-380-2571

Description: *Group meetings to help parents and caregivers understand and respond to child's emotional needs. Training for building a health foundation and relationship with your child is provided as well. 8 session program with graduation and certificate.*

Enrollment: No waiting list, call to register

Payment: No cost to families

Language: English, Spanish, Mandarin and Cantonese

LSA FAMILY HEALTH SERVICES

Preventive Services

Eligibility: Fragile and crisis-impacted families

Location: 333 East 115th St. and home visits

Hours/Scheduling: Monday – Fridays 9:00am-5:00pm, walk-ins and Appointments

Contact: (646)-672-5200

Email: info@lsafhs.org

Description: *An overall focus on building strong, trusting relationships this program helps to keep families safe and together through caring, hands-on interventions by skilled staff.*

Payment: Services provided regardless of ability to pay

Language: English and Spanish

NORTHSIDE CENTER

Project CARE

Eligibility: Families

Location: 35 East 110th St.

Hours/Scheduling: Monday - Friday 9:00am-6:00pm, and Saturday 10:00am-2:00pm

Contact: (212)-426-3417

Description: *Family treatment/ rehabilitation intensive prevention program geared toward families with significant substance abuse and mental health concerns.*

Payment: Sliding fee scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

CARDINAL MCCLOSKEY COMMUNITY SERVICES

Preventive Services

Eligibility: Families with children at risk of foster care placement

Location: 2082 Lexington Ave., Suite 203

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (212)-987-1806

Description: *Social workers strive to reduce all safety and risk issues within families that could warrant foster care placement. Services are intended for families with a child with special medical needs, a child and/or parent with a developmental disability.*

Enrollment: Must call to receive services

Payment: Free services and reimbursement through ACS

Language: English and Spanish

ASSOCIATION TO BENEFIT CHILDREN (ABC)

All Children's House

Eligibility: Children ages birth-5 at risk for abuse and neglect

Location: 345 East 102nd St. and home visits

Contact: (646)-459-6142

Email: cbautista@a-b-c.org

Description: *A child-parent psychotherapy model that uses intervention strategies to strengthen child-parent attachment, parental empathy and resilience in families. Liscensed therapists work to break the cycle of abuse and neglect.*

Enrollment: Call to enroll

Payment: No cost to families that qualify

Language: English and Spanish

The Saturday Program

Eligibility: Families and children ages 6-16 of the community, children with disabilities welcomed

Location: Echo Park Children and Family Center, 1841 Park Ave.

Hours/Scheduling: Scheduled Saturdays

Contact: (646)-459-6175

Email: jcasanova@a-b-c.org

Description: *Safe refuge for children and families. Children participate in fun age appropriate activities like arts and crafts, music and sports, while parents can access various skill building workshops, parent training, yoga, counseling and more. Nutritious meals provided to participants.*

Enrollment: Call to register, there is no limit on attendance

Payment: No cost to families

Language: English, Spanish and others if needed

The Open Door

Eligibility: Families

Location: Echo Park Children and Family Center, 1841 Park Ave.

Contact: (646)-459-6149

Email: ptoribio@a-b-c.org

Description: *Family-strengthening activities for disconnected families in East Harlem. Provides assistance to gain GED, citizenship, English proficiency, immigration and legal services, and more.*

Payment: No cost to families

Language: English and Spanish

EDWIN GOULD SERVICES FOR CHILDREN & FAMILIES

Incarcerated Mother's and General Preventive Program

Eligibility: Families

Location: 413 East 120th St.

Contact: (646)-831-6217

Email: bmoss@egscf.org

Description: *Free services to support families in a variety of ways. Support groups, counseling, advocacy, referral information, foster care transitioning, educational support, parenting empowerment and more. Call to make referral.*

Enrollment: Call to make referral

Payment: No cost to families

Language: English and Spanish

CHILD WELFARE ORGANIZING PROJECT

Parenting Support

Eligibility: Parents

Location: 80 East 110th Street

Contact: (212) 384-3000

Description: *Our programming supports parents by bringing them together to heal, educate, and advocate in the child welfare system so their families can thrive.*

Food Services

Food Services features the local food pantries of East Harlem along with nutrition and cooking programs, fresh food programs, and enrollment sites for WIC and SNAP programs.

SCAN NY

Get Healthy East Harlem

Three East Harlem locations listed below

Eligibility: NYCHA residents of developments where program is located

Hours/Scheduling: Variety of days/ times

Contact: (212)-289-8030

Email: info@scannny.org

Payment: No cost to NYCHA residents

Language: English

Location: Lehman Village, 1605 Madison Ave.

Description: *A Lehman Village resident-run café promoting healthy food choices for all Lehman residents and families.*

Location: Martin Luther King Jr. Towers, 2 West 115th St.

Description: *Hands-on cooking lab for families of King Towers.*

Location: Wagner Houses, 435 East 120th St.

Description: *Hands-on cooking lab for families of Wagner Houses.*

METROPOLITAN HOSPITAL

WIC/ SNAP Enrollment Site

Location: Metropolitan Hospital, 1901 First Ave., 1D31

Hours/Scheduling: Monday, Tuesday, Thursday and Friday 8:00am-5:00pm,
Wednesday 8:30am-6:00pm

Contact: (212)-423-7395

Description: *WIC is a nutrition and breastfeeding program for women, infants and children that helps new mothers and children eat well. SNAP is a supplemental nutrition program that provides assistance in purchasing nutritious food.*

Enrollment: Call to make appointment

Payment: No cost to families

Language: English and Spanish

LSA FAMILY HEALTH SERVICES

Food Pantry

Location: 333 East 115th St.

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (646)-672-5200

Email: info@lsafhs.org

Description: *Program that helps families meet their immediate need for food.*

Payment: No cost to families

Language: English and Spanish

Food Stamps/ SNAP Enrollment Site

Location: 333 East 115th St.

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (646)-672-5200

Email: info@lsafhs.org

Description: *Enrollment site for SNAP, the supplemental nutrition program that provides assistance in purchasing nutritious food.*

Payment: No cost to families

Language: English and Spanish

INSTITUTE FOR FAMILY HEALTH

WIC Enrollment Sites

Hours/Scheduling: Tuesdays and Thursdays 9:00am-5:00pm

Description: *Public enrollment site for the WIC program, government sponsored food program that provides nutrition services, breastfeeding counseling, and food coupons for low income pregnant and breast-feeding women and women with children under age 5.*

Enrollment: Call to make appointment, walk-ins accepted

Payment: No cost to families

Language: English and Spanish

Location: 1824 Madison Ave. at 119th St.

Contact: (212)-423-4201

Location: 1701 Lexington Ave. between 106th and 107th

Contact: (646)-218-4888

Location: 2082 First Ave. at 108th St.

Contact: (212)-831-5380

BORIKEN NEIGHBORHOOD HEALTH CENTER

WIC Enrollment Site

Location: 2265 Third Ave.

Hours/Scheduling: Monday – Friday 8:00am-5:00pm

Contact: (212)-289-6650

Description: *Public enrollment site for the WIC program, government sponsored food program that provides nutrition services, breastfeeding counseling, and food coupons for low income pregnant and breast-feeding women and women with children under age 5.*

Enrollment: Call to make appointment

Payment: No cost to families

Language: English and Spanish

NY COMMON PANTRY

Common Pantry Community Program

Location: 8 East 109th St.

Hours/ Scheduling: Monday – Saturday 9:00am-6:00pm

Contact: (917)-720-9700 or www.nycommonpantry.org

Description: *A program designed to reduce hunger and promote dignity, health and self-sufficiency. Pantry members can choose a 4-day supply of groceries every 14 days for each family member in the household. Fresh fruits, vegetables, proteins, grains and dairy are included. Case managers are onsite to help with access to assistance programs such as SNAP, housing and Medicaid.*

Enrollment: Adults must have identification and proof of address, children need identification

Language: English

CATHOLIC CHARITIES COMMUNITY SERVICES

St. Cecilia's Food Pantry

Location: 125 East 105th St.

Hours/Scheduling: Wednesdays 9:00am-11:00am

Contact: (212)-348-0488

Language: English

COUNCIL OF CHURCHES OF THE CITY OF NEW YORK

Good Neighbor Presbyterian Church Food Pantry

Location: 115 East 106th St.

Hours/Scheduling: Thursdays 8:30am-10:30am

Contact: (212)-369-0505

Language: English

MACEDONIA CHURCH ASSEMBLY OF GOD

Food Pantry

Location: 340 East 106th St.

Hours/Scheduling: Tuesdays and Wednesdays 8:00am-1:00pm, Fridays 9:00am-11:00am

Contact: (212)-410-3412

Language: English

MT ZION AME CHURCH

Outreach Program Food Pantry

Location: 1765 Madison Ave.

Hours/Scheduling: Fridays 10:00am-11:00am

Contact: (212)-369-6643

Language: English

FRIENDLY HANDS MINISTRY, INC.

Food Pantry

Location: 229 East 118th St.

Hours/Scheduling: Wednesdays 9:00am-12:00pm

Contact: (347)-380-1436

Language: English

FRATERNITE NOTRE DAME

Food Pantry

Location: 2290 First Ave.

Hours/Scheduling: Fridays 2:00pm-6:00pm

Contact: (212)-876-5855

Language: English

HARVEST OF SOULS

Food Pantry

Location: 13-15 East 125th St.

Hours/Scheduling: Fridays 10:00am-12:00pm

Contact: (845)-464-2871

Language: English

SALVATION ARMY

Manhattan Citadel Food Pantry

Location: 145 East 125th St.

Hours/Scheduling: Mondays – Wednesdays 9:00am-4:00pm

Contact: (212)-860-3200

Language: English

CHAMBERS MEMORIAL BAPTIST CHURCH

Food Pantry

Location: 219 East 123rd St.

Hours/Scheduling: Wednesdays and Thursdays 10:00am-3:00pm

Contact: (917)-822-6429

Language: English

UNIDOS SI SE PUEDE, INC.

Food Pantry

Location: 221 East 122nd St.

Hours/Scheduling: Mondays 1:00pm-3:00pm

Contact: (646)-321-5045

Language: English and Spanish

BAILEY HOUSE

Food Pantry

Location: 1751 Park Ave.

Hours/Scheduling: Wednesdays and Fridays 12:00pm-1:30pm

Contact: (212)-633-2500

Language: English

BETH HARK CHRISTIAN COUNSELING CENTER

Food Pantry

Location: 1832 Madison Ave.

Hours/Scheduling: Tuesdays 1:00pm-3:30pm and Thursdays 3:30pm-6:00pm

Contact: (646)-215-6175

Language: English

UPTOWN GRAND CENTRAL

Fresh Food Box

Location: East 125th St. and Park Ave.

Hours/Scheduling: Wednesdays 3:00pm-7:00pm

Email: info@uptowngrandcentral.org

Description: A food-justice initiative located in the East Harlem community plaza. Every Wednesday fresh food boxes are available for purchase. All food is fresh and locally sourced directly from farmers. Program runs all year!

Payment: \$14 per box with flexibility of week-to-week purchasing

Language: English and Spanish

Housing

Readjustment options for formally homeless families.

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Supportive Housing Program

Eligibility: Formerly homeless families living with HIV/AIDS

Location: 318 East 116th St.

Contact: (212)-426-3960

Email: lrodriguez@a-b-c.org

Description: *Bright, furnished apartments with critical supportive services to families in need. Families also have access to the Keith Haring School (on-site) as well as case management, psychiatric, educational and recreational services.*

Payment: No cost to families

Language: English and Spanish

Crisis Situations

Services designed to assist children and families dealing with difficult situations.

ASSOCIATION TO BENEFIT CHILDREN (ABC)

Children's Mobile Crisis Team

Eligibility: Children

Location: Anywhere in Manhattan

Hours/Scheduling: 24/7

Contact: 1-888-NYC-WELL

Description: *A hotline that provides rapid mental health crisis intervention to children anywhere in Manhattan while keeping them out of costly, restrictive institutions.*

Payment: No cost to families

Language: English and Spanish

NORTHSIDE CENTER

Home-Based Crisis Intervention Program

Eligibility: Children

Location: Home visits

Hours/Scheduling: 24/7

Contact: (212)-426-3417

Description: *A program designed to help seriously emotionally disturbed children avoid psychiatric hospitalization through short-term, intensive, family-centered therapeutic and supportive services.*

Payment: Sliding fee scale and assistance based on need, accepts Child Health Plus, Medicaid, Medicaid Managed Care, and Medicare

Language: English and Spanish

EAST HARLEM NEIGHBORHOOD BASED ALLIANCE CORPORATION

Victims Assistance Program

Location: 413 East 120th St.

Hours/Scheduling: Walk-ins accepted

Contact: (212)-289-1900

Email: carroyo@ehnbac.org or mfigueroa@ehnbac.org

Description: *A program designed to assist victims and/ or their families in applying for monetary compensation as well as provide advocacy and support while in the criminal justice system. Program is for anyone who is a victim of robbery, assault/ sexual assault, domestic violence, arson, or stalking. Assistance is also provided for incurring costs due to medical bills or burial expenses from crime related incidences.*

Language: English and Spanish

SPENCE-CHAPIN

Counseling for Pregnant Women

Eligibility: Expecting mothers

Location: 410 East 92nd St.

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (212)-400-8150

Hotline Counseling: 1-800-321-5683

Text Counseling: (646)-306-2586

Description: *Confidential pregnancy counseling to consider all options and connect to local resources. Information about parenting, adoption, kinship care, foster care and abortion. All services are free. Can call or text for counseling as well.*

Payment: No cost to families

Language: English and Spanish

Adoption

Location: 410 East 92nd St.

Hours/Scheduling: Monday – Friday 9:00am-5:00pm

Contact: (212)-400-8150

Description: *Adoption services provided by experienced social workers from an organization that has specialized in adoption for over 100 years.*

Schools

Choosing the right school for a child can be a difficult choice. This category shows the variety of schools that are located in East Harlem such as charter schools, private schools, public schools, art schools, relocation schools, STEM education and more.

a. Charter Schools

DREAM

All Grades (K-12)

Location: 1991 Second Ave.

Hours/Scheduling: Monday – Friday 9:00am-6:00pm

Contact: (212)-722-0232

Email: info@wearedream.org

Description: *A model learning community with high expectations, a strong culture of care, and a vision of student success and excellence.*

Enrollment: Applications online, enrollment based on lottery with preference for East Harlem residents

Payment: No cost to families

Language: English and Spanish

EAST HARLEM SCHOLARS ACADEMY

Elementary Schools (PK-4) and Middle Schools (5-8)

Location: 2050 Second Ave. (School I)

1573 Madison Ave. (School II)

Hours/Scheduling: Monday – Thursday 7:45am-4:00pm, Friday 7:45am-1:00pm

Contact: (212)-348-2518

Description: *Elementary and middle schools designed to prepare students with academic skills, strength of character and emotional well-being to excel in high school and college.*

Enrollment: Applications online, enrollment based on lottery with preference for East Harlem residents

Payment: No cost to families

Language: English and Spanish

High School (9-12)

Location: 320 East 96th St. (Temporary location)

104th St. (New location)

Hours/Scheduling: Daily

Description: *Brand new state of the art high school facility that will open the doors Summer 2021, however enrollment is occurring for 2019 at their temporary facility.*

Enrollment: Applications online, enrollment based on lottery with preference for East Harlem residents

Payment: No cost to families

Language: English and Spanish

SUCCESS ACADEMY

Elementary Schools (K-4)

Location: Harlem 2, 144 East 128th St.

Harlem 3, 410 East 110th St.

Hours/Scheduling: Daily

Contact: Harlem 2 (646)-442-6600 or Harlem 3 (646)-790-2177

Description: *The largest and highest-performing free public charter school network in all of NYC. Admission is open to all NYS children including those with special needs and English language learners.*

Enrollment: Enrollment is based on lottery

Language: English and Spanish

Middle School (5-8)

Location: Harlem East 141 E 111th St.

Hours/Scheduling: Daily

Contact: (646)-747-6700

Enrollment: Enrollment is based on lottery

Language: English and Spanish

AMBER CHARTER SCHOOL

Elementary School (K-5)

Location: 220 East 106th St.

Hours/Scheduling: Daily

Contact: (212)-534-9667

Description: *The first Latino-led charter school in NYS. Students have a core curriculum in literacy, math, science and social studies. All students receive education in Spanish as a second language from Kindergarten to graduation.*

Enrollment: Enrollment is based on lottery, preference given to siblings of students

Language: English and Spanish

HARBOR SCIENCE & ARTS CHARTER SCHOOL (HSACS)

Elementary and Middle School (K-8)

Location: 123 East 111th St.

Hours/Scheduling: Daily

Contact: (917)-261-2700

Description: *A balanced literacy approach in early grades with Wit & Wisdom materials by Great Minds and Expeditionary Learning curricular modules from EngageNY.*

Enrollment: Enrollment is based on lottery, applications can be found online

Language: English

RENAISSANCE CHARTER HIGH SCHOOL FOR INNOVATION

High School (9-12)

Location: 410 East 100th St.

Hours/Scheduling: Daily

Contact: (212)-722-5871

Description: *A learning environment that addresses the needs of students through creative and engaging instruction with career readiness tracks designed for future success.*

Enrollment: Application can be found online, preference for those who live within the East Harlem Community School District

Language: English

DEMOCRACY PREP PUBLIC SCHOOLS

Charter school district in East Harlem offering programs for all grades

Hours/Scheduling: Daily

Contact: (212)-876-9953

Description: *With a mission to educate responsible citizen-scholars for success in the college of their choice and a life of active citizen ship prep schools allow students to perform at high academic levels not matter what their zip code is.*

Enrollment: Applications can be found online, lottery selection for enrollment

Language: English

Elementary Schools (K-5)

Location: Harlem Prep, 240 East 123rd St.

Democracy Prep Harlem, 2005 Madison Ave.

Middle School (6-8)

Location: Harlem Prep, 232 East 103rd St.

High School (9-12)

Location: Harlem Prep, 240 East 123rd St.

HARLEM CHILDREN'S ZONE PROMISE ACADEMY II

Charter school district in East Harlem offering programs for all grades

Hours/Scheduling: Daily

Contact: (212)-360-3230

Description: *High quality education with longer school days to keep students safe and engaged while ensuring their success in core subject areas and provide an immersive, well-balanced education that includes the arts, physical education and field trips.*

Enrollment: Enrollment is based on lottery

Language: English

Elementary School (K-5)

Location: 2005 Madison Ave.

Middle and High School (6-12)

Location: 35 East 125th St.

HARLEM VILLAGE ACADEMY (HVA) EAST

Elementary and Middle School (K-8)

Location: 2351 First Ave.

Hours/Scheduling: Daily

Contact: (646)-812-9600

Email: enrollment@harlemvillageacademies.org

Description: *Committed to progressive education philosophy while emphatically embracing a sense of urgency, strong work ethic, accountability for student learning and belief that the needs of children come first in Harlem. Email to enquire about enrollment. Applications online.*

Enrollment: Email to inquire about enrollment, applications found online

Language: English

CAPITAL PREPARATORY HARLEM CHARTER SCHOOL

Middle and High School (6-12)

Location: 1 East 104th St.

Hours/Scheduling: Daily

Contact: (212)-328-9370

Description: *A prep school designed to provide historically disadvantaged students with the college and career readiness skills needed to become responsible and engaged citizens for social justice.*

Enrollment: Applications can be found online, enrollment is based on lottery

Language: English

STOREFRONT ACADEMY HARLEM

Elementary and Middle School (PK-8)

Location: 70 East 129th St.

Hours/Scheduling: Daily

Contact: (718)-664-5200

Email: info@storefrontacademy.org

Description: *A charter school with an optimized student/ teacher ratio that enables faculty to support the individual needs of students.*

Language: English

b. Private Schools

THE EAST HARLEM SCHOOL AT EXODUS HOUSE

Middle School (4-8)

Location: 309 East 103rd St.

Hours/Scheduling: Daily

Contact: (212)-876-8775

Description: *A private school that places emphasis on students with a strong will to learn, deep respect for self and others, and desire to embrace new challenges. Test scores do not determine admission.*

Enrollment: Applications can be found online, highest preferences to families with low income

Language: English and Spanish

ISLAMIC CULTURAL CENTER SCHOOL

Elementary School (PK-6)

Location: 222 East 97th St.

Hours/Scheduling: Daily

Contact: (212)-828-1838

Description: *Private school where the religious affiliation is Islamic.*

Language: English

OUR LADY QUEEN OF ANGELS SCHOOL

Elementary and Middle School (PK-8)

Location: 229 East 112th St.

Hours/Scheduling: Daily

Contact: (212)-722-9277

Description: *A private Catholic school that provides students with a high quality, well-rounded education rooted in Gospel values and attentive to individual differences.*

Enrollment: Applications can be found online

Payment: Scholarships available for qualifying families

Language: English and Spanish

ST ANN THE PERSONAL SCHOOL

Elementary and Middle School (PK-8)

Location: 314 East 110th St.

Hours/Scheduling: Daily

Contact: (212)-722-1295

Description: *An award-winning grade school that prides itself on a family environment. While Catholic, all faiths, cultures, and backgrounds are welcome.*

Enrollment: Applications can be found online, non-refundable application fee required

Payment: Scholarships available for qualifying families

Language: English

ST BERNARD'S SCHOOL

Elementary and Middle School (K-9)

Location: 4 East 98th St.

Hours/Scheduling: Daily

Contact: (212)-289-2878

Description: *All boys private school.*

Enrollment: Applications can be found online

Payment: Financial aid available for qualifying families

Language: English

ST PAUL SCHOOL

Elementary and Middle School (PK-8)

Location: 114 East 118th St.

Hours/Scheduling: Daily

Contact: (212)-534-0619

Description: *Private Catholic school that provides enrichment programs and STEM education.*

Enrollment: Applications can be found online

Payment: Scholarships available for qualifying families

Language: English

THE AGILE LEARNING CENTER

All Grades (1-12)

Location: 115 East 106th St.

Hours/Scheduling: Daily

Contact: (888)-317-4506

Email: admin@nycagile.org

Description: *A independent private school that individualizes the learning of each student within the context of a supportive community.*

Enrollment: Applications can be found online

Payment: Tuition is offered on a sliding scale

Language: English

c. Public School

CENTRAL PARK EAST I

Elementary School (PK-5)

Location: 1573 Madison Ave.

Hours/Scheduling: Daily

Contact: (212)-860-5821

Description: *NYC district school.*

Language: English

High School (9-12)

Location: 1573 Madison Ave.

Hours/Scheduling: Daily

Contact: (212)-860-5929

Description: *NYC district school.*

Language: English

ISAAC NEWTON MIDDLE SCHOOL FOR MATH & SCIENCE (INMS)

Middle School (6-8)

Location: 260 Pleasant Ave.

Hours/Scheduling: Daily

Contact: (212)-860-6006

Description: *NYC district school that challenges students with a sequence of high level academic coursework while promoting collaboration and independence to research issues, develop solutions, measure effectiveness and publish their findings.*

Language: English and Spanish

MANHATTAN CENTER FOR SCIENCE AND MATHEMATICS

High School (9-12)

Location: 260 Pleasant Ave.

Hours/Scheduling: Daily

Contact: (212)-876-4639

Description: *Challenging academic programs that enable students to compete for admission to selective four-year post-secondary institutions.*

Language: English and Spanish

PS 108 ASSEMBLYMAN ANGELO DEL TORO EDUCATIONAL COMPLEX

Elementary and Middle School (PK-8)

Location: 1615 Madison Ave.

Hours/Scheduling: Daily

Contact: (212)-860-5803

Description: NYC district school.

Language: English

THE HERITAGE SCHOOL

High School (9-12)

Location: 1680 Lexington Ave.

Hours/Scheduling: Daily

Contact: (212)-828-2858

Description: NYC district school with a focus in humanities and interdisciplinary learning. Open educational option admissions. Speak to guidance counselor.

Language: English

CENTRAL PARK EAST II

Elementary and Middle School (PK-8)

Location: 433 East 100th St.

Hours/Scheduling: Daily

Contact: (212)-860-5992

Description: NYC district school.

Language: English

PS 57 JAMES WELDON JOHNSON

Elementary and Middle School (PK-8)

Location: 176 East 115th St.

Hours/Scheduling: Daily

Contact: (212)-876-5522

Description: NYC district school.

Language: English and Spanish

MANHATTAN EAST SCHOOL FOR ARTS & ACADEMICS

Middle School (6-8)

Location: 410 East 100th St.

Hours/Scheduling: Daily

Contact: (212)-860-6047

Description: NYC district school that goes beyond a mere integration of the arts into the curriculum. Promotes both the student's need to achieve academic excellence and individual artistic expression.

Language: English

MOSAIC PREPARATORY ACADEMY

Elementary School (PK-5)

Location: 141 East 111th St.

Hours/Scheduling: Daily

Contact: (212)-722-3109

Description: NYC district school focused on scholars uniting in a collaborative community engaged in strategies to soar.

Language: English and Spanish

PS 083 LUIS MUNOZ RIVERA

Elementary School (PK-5)

Location: 219 East 109 St.

Hours/Scheduling: Daily

Contact: (212)-860-5847

Description: NYC district school.

Language: English

PS 102 JACQUES CARTIER

Elementary School (PK-5)

Location: 315 East 113th St.

Hours/Scheduling: Daily

Contact: (212)-860-5834

Description: NYC district school that explores through learning. Breakfast in the classroom program for all students.

Language: English

PS 146 ANN M. SHORT

Elementary School (PK-5)

Location: 421 East 106th St.

Hours/Scheduling: Daily

Contact: (212)-860-5877

Description: NYC district school that strives to educate children towards success.

Language: English and Spanish

PS 171 PATRICK HENRY PREPARATORY

Elementary and Middle School (PK-8)

Location: 19 East 103rd St.

Hours/Scheduling: Daily

Contact: (212)-860-5801

Description: NYC district school that's core curriculum goes beyond state standards that strives for college readiness.

Language: English and Spanish

PS 38 ROBERTO CLEMENTE LEARNING COMPLEX

Elementary School (PK-5)

Location: 232 East 103rd St.

Hours/Scheduling: Daily

Contact: (212)-860-5882

Description: NYC district school that focuses on empowering children to be creative and to use their intellectual and decision-making skills to become academically, socially, physically and emotionally successful and responsible. Free breakfast and lunch program through NYC Public Schools.

Enrollment: Applications can be found online at www.myschoolapps.com/application

Language: English and Spanish

PARK EAST HIGH SCHOOL

High School (9-12)

Location: 230 East 105th St.

Hours/Scheduling: Daily

Contact: (212)-831-1517

Description: NYC district school that's mission is to education all students to be critical thinkers with a rigorous curriculum.

Language: English

TAG YOUNG SCHOLARS

Elementary and Middle School (K-8)

Location: 240 East 109th St.

Hours/Scheduling: Daily

Contact: (212)-860-6003

Description: NYC district school for talented and gifted young scholars where children come first.

Enrollment: Students must be tested by NYC Department of Education to see if they qualify for a gifted and talented program

Language: English

THE BILINGUAL BICULTURAL SCHOOL

Elementary School (PK-5)

Location: 219 East 109th St.

Hours/Scheduling: Daily

Contact: (212)-860-6031

Description: NYC district school.

Language: English and Spanish

THE LEXINGTON ACADEMY

Elementary and Middle School (PK-8)

Location: 131 East 104th St.

Hours/Scheduling: Daily

Contact: (212)-860-5831

Description: *NYC district school.*

Language: English

ESPERANZA PREPARATORY ACADEMY (EPA)

Middle and High School (6-12)

Location: 240 East 109th St.

Hours/Scheduling: Daily

Contact: (212)-722-6507

Description: *NYC district school that works hard to prepare students for professional lives.*

Language: English

YOUNG WOMEN'S LEADERSHIP SCHOOL

Middle and High School (6-12)

Location: 105 East 106th St.

Hours/Scheduling: Daily

Contact: (212)-289-7593

Description: *NYC district school that empowers young women to achieve their higher education dreams and fulfill their learning and leadership potential.*

Enrollment: Application can be found online

Language: English

GLOBAL TECHNOLOGY PREPARATORY

Middle School (6-8)

Location: 160 East 120th St.

Hours/Scheduling: Daily

Contact: (212)-722-1395

Description: *A public school with a supportive tone that promotes the school's "wellness" theme. This school features an Edible Schoolyard project where students learned to plant, harvest and cook vegetables. Families and community members are encouraged to shop at the student-run farm stand. This school also features small classes for children with special needs only, and team-teaching classes that place students with special needs with their general peers.*

Language: English

HARLEM RENAISSANCE HIGH SCHOOL

High School (9-12)

Location: 22 East 128th St.

Hours/Scheduling: Daily

Contact: (212)-996-3795

Description: A NYC transfer school that provides a small, supportive academic environment for students who haven't had success at their previous high school. Applications online. Admission process includes an interview with a parent/guardian.

Language: English

MS 224 MANHATTAN EAST SCHOOL FOR ARTS & ACADEMICS

Middle School (6-8)

Location: 410 East 100th St.

Hours/Scheduling: Daily

Contact: (212)-860-6047

Description: A school that strives to provide a safe and caring learning environment for students that fosters high academic expectations with an integration of the arts.

Enrollment: Applications can be found online

Language: English

PS 112 JOSE CELSO BARBOSA

Elementary School (PK-2)

Location: 535 East 119th St.

Hours/Scheduling: Daily

Contact: (212)-860-5868

Description: NYC district school.

Language: English

PS 206 JOSE CELSO BARBOSA

Middle School (3-8)

Location: 508 East 120th St.

Hours/Scheduling: Daily

Contact: (212)-680-5809

Description: NYC district school.

Language: English

PS 138

All Grades (PK-12)

Location: 144-176 East 128th St.

Hours/Scheduling: Daily

Contact: (212)-369-2227

Description: NYC district school.

Language: English

PS 155 WILLIAM PACA

Elementary School (PK-5)

Location: 319 East 117th St.

Hours/Scheduling: Daily

Contact: (212)-860-5885

Description: *NYC district school.*

Language: English

PS 30 HERNANDEZ/ HUGHES

Elementary School (PK-5)

Location: 144-176 East 128th St.

Hours/Scheduling: Daily

Contact: (212)-876-1825

Description: *NYC district school.*

Language: English

PS 7 SAMUEL STERN

Elementary and Middle School (PK-8)

Location: 160 East 120th St.

Hours/Scheduling: Daily

Contact: (212)-860-5827

Description: *NYC district school.*

Language: English

PS 79 HORAN SCHOOL

Middle and High School (6-12)

Location: 55 East 120th St.

Hours/Scheduling: Daily

Contact: (212)-369-3134

Description: *NYC district school.*

Language: English

PS 96 JOSEPH LANZETTA

Elementary and Middle School (PK-8)

Location: 216 East 120th St.

Hours/Scheduling: Daily

Contact: (212)-860-5851

Description: *NYC district school.*

Language: English

RENAISSANCE SCHOOL OF THE ARTS

Middle School (6-8)

Location: 319 East 117th St.

Hours/Scheduling: Daily

Contact: (212)-534-6072

Description: *Middle school that offers classes in dance, music, and visual arts. Open to students from Manhattan with priority in District 4, East Harlem.*

Language: English

RIVER EAST ELEMENTARY

Elementary (PK-5)

Location: 2351 First Ave.

Hours/Scheduling: Daily

Contact: (212)-802-3035

Description: *NYC district school.*

Language: English

THE URBAN ASSEMBLY SCHOOL FOR GLOBAL COMMERCE

High School (9-12)

Location: 2005 Madison Ave.

Hours/Scheduling: Daily

Contact: (212)-787-1189

Description: *NYC district school that's mission is to advance students' economic and social mobility by improving public education.*

Language: English

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provided by the Doris Duke Charitable Foundation**

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The Doris Duke Charitable Foundation

East Harlem Residents

Maribel Arias	Christina Arroyo	Sharon Cotton
Marleny De La Cruz	Meyra Martinez	Mercedes Perez
Concepcion Sanchez	Cheryl Starks	Suleyma Urias

East Harlem Direct Service Providers

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Michael Valarde		

EHAC for Child Health and Well-being Technical Advisors

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The New York Academy of Medicine (NYAM) tackles the barriers that prevent every individual from living a healthy life. NYAM generates the knowledge needed to change the systems that prevent people from accessing what they need to be healthy such as safe and affordable housing, healthy food, healthcare and more. Through its high-profile programming for the general public, focused symposia for health professionals, and its base of dedicated Fellows and Members, NYAM engages the minds and hearts of those who also value advancing health equity to maximize health for all.

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