1. Did we achieve our goals?
   a. If yes, what did we learn as a result?
   b. If not, why?

2. What was successful about our mentoring relationship?

3. What specific insight, approach, or perspective did we both gain?

4. How will we apply what we have learned?

5. What did you learn about yourself as a person?

6. What did you learn about mentorship? About being a mentee? A mentor?

7. What words of wisdom your mentor or mentee shared during this process have stuck with you?

8. What are you going to do differently or make an effort to try to do in your next mentorship relationship?

9. Do we want to continue to be in contact? If so, on what basis?

NOTES

Adapted From: